

## **BIOGRAPHICAL INFORMATION FOR INSTRUCTORS: Spring 2019**

**CHARLES ATKINS, M.D.**, is a Board-certified psychiatrist with extensive administrative and clinical experience. He is a national speaker and published author. He is currently the Chief Medical Officer, Community Mental Health Affiliates (CMHA) where oversees clinical and medical services. He is the author of the books Opioid Use Disorders: A Holistic Guide to Assessment, Treatment, And Recovery; Co-Occurring Disorders: The Integrated Assessment and Treatment of Substance Use and Mental Disorders; The Bipolar Disorder Answer Book; The Alzheimer's Answer Book; and multiple articles and columns. In addition he has several works of fiction and young adult/new adult novels.

**MADOLON BARANOSKI, Ph.D.**, is Associate Professor for the School of Medicine, Department of Psychiatry, Law and Psychiatry Division at Yale University with the Connecticut Mental Health Center. She has over 35 years of experience in forensic and legal issues. Dr. Baranoski is also an author, consultant, and trainer.

**JENNIFER D. BERTON, PhD, L.C.S.W., CADC-II**, is currently in private practice. Dr. Berton has extensive experience working in a variety of substance use disorder and mental health treatment programs. An experienced trainer and consultant, she is the author of the book Ethics for Addiction Professionals.

**THOMAS E. BROFFMAN, PhD, L.I.C.S.W., C.A.A.D.A.C., C.C.S., C.E.A.P.**, has been a social worker and addictions counselor for many years. He is a regionally known motivational interviewing trainer and consultant for over 23 years. He recently retired from academia after 14 years. He returned to clinical practice at the Connection, Inc. He has a BSW and a MSW from the University of Pittsburgh, SSWK and a Ph.D. from Boston College, GSSW. He is the vice president of the CT-NASW.

**ANTHONY CRETELLA, R.N.**, is a Registered Nurse who has worked as a Medical / Surgical Nurse since 2010 in the state's largest hospital systems. Previous to coming to Department of Mental Health and Addiction Services he worked in Connecticut's Department of Corrections as a Nurse and Facility Staff Educator. While with CT Department of Mental Health and Addiction Services he has functioned as a Nurse Consultant and Clinical educator.

**TAYLOR D'ADDARIO, B.A.** is a Grant Manager and Consultant who provides state departments and mental health agencies technical assistance around developing substance use programs. Taylor received her bachelor's degree from The University of Rhode Island. Taylor is a Licensed Substance Use Counselor. She is pursuing her Master's degree at Salve Regina University in Clinical Mental Health Counseling.

**LAUREN DONINGER, EdD, L.A.D.C, L.P.C.**, has been in the field of mental health and addiction services since 1983. She is on the faculty at Gateway Community College in New Haven with primary teaching responsibility in the Drug and Alcohol Recovery Counselor Program (DARC).

**CHRIS DORVAL,, L.C.S.W., L.C.D.P., L.C.D.C.S., I.C.A.D.C.**, is a therapist in private practice, a Business Development Officer for Recovery Centers of America, a Project Coordinator for Rhode Island College SBIRT Training and Resource Center. He has worked as the Director of Clinical Outreach and Development for an international training and consulting agency, and as a clinician and clinical supervisor in addiction treatment for over 6 years.

**FIORIGIO (FRED) FETTA, L.P.C., ICGC-II, BACC, AADC**, is the Clinical Director of Problem Gambling Services with the Department of Mental Health & Addiction Services (DMHAS) in Connecticut. Prior to his work with DMHAS, he provided treatment at United Community & Family Services (UCFS) for gamblers and persons affected by gambling in Eastern Connecticut for seven years in the roles of Supervisor and clinician of the Bettor Choice Gambling Treatment Program. Fred was also a substance abuse clinician in a Methadone Maintenance Treatment Program for nearly two years at Community Substance Abuse Centers (CSAC) in Hartford. He obtained his undergraduate degree at Eastern Connecticut State University and his Master's degree in Community Counseling at Fairfield University. Fred is on the Board of Directors for the Connecticut Certification Board (CCB).

**RICHARD FISHER, L.C.S.W.**, the Director of the Connecticut Department of Mental Health and Addiction Services Office of Workforce Development. He has over thirty five years of experience in the behavioral health field as a clinician, program director and administrator. He is an adjunct faculty of the UCONN School of Social Work and the New England Institute of Addiction Studies and was formerly a clinical instructor for the UCONN School of Medicine Psychiatric Residency Program. He has maintained a private practice in individual, couples, and family therapy since 1984.

**KAITLIN FOSHAY BROWN L.P.C., L.A.D.C.** is a licensed professional counselor, licensed drug and alcohol counselor, internationally certified gambling counselor, and board certified clinical consultant for the National Council on Problem Gambling. She graduated with her undergraduate degree in psychology and sociology and received her master's in clinical mental health counseling. In her role with the Council, she has facilitated workshops both regionally and nationally for students, providers, seniors, and recovery communities. Kaitlin currently serves on CT Suicide Advisory Board, Women's Services Practice Improvement Collaborative as well as the National Council on Problem Gambling's Helpline, Treatment, and Prevention Committees. Kaitlin previously worked as a therapist for Connecticut Bettor Choice gambling-specific treatment programs, at The Connection Inc. and MCCA. She has experience with inpatient, detoxification, and intensive/outpatient treatment settings with a specialization in the field of co-occurring disorders for over 10 years.

**SCOTT GAGNON, M.P.P., PS-C**, is the Director of Operation for AdCare Educational Institute of Maine. He is a member of the National Advisory Council. He is Co-Founder and Director of Smart Approaches to Marijuana. He is the Board President of the Maine Council on Problem Gambling.

**MICHAEL GAUDET, L.I.C.S.W., L.C.D.P.,** earned his undergraduate degree at Bridgewater State College and his MSW from Rhode Island College in 1984. He is currently the Center Director at Arbour Counseling Services, Rockland, MA. He has extensive clinical and supervision experience in substance abuse treatment. Mr. Gaudet trains and consults across the country on clinical and professional growth topics. He is a faculty member of the New England Institute of Addiction Studies since 1986.

**HANER HERNANDEZ, Ph.D,** earned a Bachelor of Science in Human Services from Springfield College and a Master of Education with concentrations in Counseling Psychology and Addiction Studies from Cambridge College in Massachusetts. His doctoral degree was earned at the School of Public Health and Health Sciences at the University of Massachusetts, Amherst. His major was Community Health Education and his minor was Social Justice Education. In addition, Mr. Hernandez holds an advance Certification in Drug and Alcohol Counseling at the reciprocal level, is licensed in Massachusetts, and is a Certified Prevention Specialist.

**DAVID HOWE L.C.S.W.,** has over 40 years of experience in the mental health and addiction recovery field as an administrator, psychiatric clinician, consultant and trainer. He served as Director of Recovery Services and Consumer Affairs Director from 2007-2014 at Connecticut Valley Hospital. During that time, he was twice honored with the State of CT Distinguished Managerial Services Award for his administrative oversight, research and implementation of Person-Centered Recovery-Oriented Services. Known for his ability to effectively improve systems through creative problem solving, he pioneered a collaborative patient/staff committee that implemented significant reduction in the use of restraint and seclusion on inpatient units. He has developed and implemented a variety of innovative recovery oriented initiatives that have ongoing influence on services and culture at CVH and the surrounding state mental health and addiction community. David is Clinical Director of the St Vincent DePaul Mission of Waterbury and is a member of the adjunct faculty in Psychiatry at the Yale School of Medicine.

**STEPHEN MATOS** is a person in long-term recovery of over 30 years from gambling, drugs and alcohol. After retiring from the State of CT in 2012, Stephen began working for The Connection's Bettor Choice Gambling Treatment Program and MCCA's Bettor Choice Program as a Peer Counselor and Recovery Support Specialist. Stephen facilitates recovery groups, family support groups and harm reduction groups along with seeing clients individually focusing on supporting those with gambling disorders and their family members along the road of recovery. Stephen works closely with the DMHAS Problem Gambling Services in the facilitation of trainings, prevention and awareness activities. Most recently, Stephen worked with CCAR to create a gambling focused training for recovery coaches. He has presented on peer support related issues at the 2015 National Conference on Problem Gambling, CCAR's Pathways to Recovery Conference in 2016, honored with the CT Council on Problem Gambling's Recovery Award in 2015 and presented at their State Conference in 2017. Stephen is a graduate of Advocacy Unlimited Recovery University, certified as a Recovery Support Specialist and has completed CCAR's Recovery Coach Academy and is an Internationally Certified Gambling Counselor (ICGC-II).

**MARY MCCARLY-ARIAS, M.A., CRC,** is Program Manager for NDRI-USA. She is a training specialist and consultant for the East and West Coast. She has developed training curriculum for NADAP and for the AmeriCorps/Substance Abuse Services. She has been a trainer for Addiction Technology Transfer Center (ATTC).

**SALLENE MURPHY, L.C.S.W.,** previously a doctoral candidate at Smith College School for Social Work in Northampton MA, received her BSW from University of Saint Joseph and her MSW from NYU. Sallene is an adjunct professor at both Manchester Community College and the University of Saint Joseph in West Hartford, CT. She practices her clinical skills in both her West Hartford and Hartford, CT locations. She specializes in the diagnoses and treatment of Depressive and Mood disorders. She works especially close with clients and family members who are newly diagnosed with Bipolar disorder in seeking and exploring medicinal and non-traditional forms of treatment. Sallene's previous experience has been in the field of co-occurring disorders within the homeless population.

**MARGARET O'HAGAN-LYNCH, M.S., L.P.C.,** is the Addiction Services Division Director for Connecticut Valley Hospital for campuses in Middletown and Hartford, CT and maintains a private practice in Wallingford, CT. She has worked in the behavioral health field for over 25 years and is known for her expertise in working with people who have co-occurring substance use and mental health disorders. She has vast experience in program design/implementation, staff development, training and consultation, community networking, and remains active in addressing treatment needs on both a local and statewide level.

**KIMBERLY PLATT, L.C.S.W., L.A.D.C.,** is Program Manager for the Wheeler Clinic and a member of the DMHAS Office of Workforce Development. She has over twenty years of experience as a clinician, program director and consultant in the behavioral health field. She serves as adjunct faculty at Manchester Community College and maintains a private practice.

**DONALD SCHERLING, Psy.D., L.A.D.C., C.C.S.,** is a Senior Clinical Consultant and Clinical Supervisor in the Department of Psychiatry and Behavioral Sciences at Berkshire Medical Center in Pittsfield, MA. He is a senior trainer and consultant to SAMSHA/CSAT, the Connecticut Department of Mental Health and Addiction Services, and other regional and statewide agencies in the Northeast & Midwest.

**CHER SHANNON, M.H.S.A., L.A.D.C., SAP,** is an experienced lecturer, trainer and instructor. She is the Program Coordinator for DARC and Human Services at Gateway Community College. She is an experienced substance abuse professional with a strong background working in human services administration and higher education.

**CHARLOTTE STANLEY, L.C.S.W., L.A.D.C., C.C.S,** is a social worker at DMHAS Whiting Forensic Division. Ms. Stanley has over 25 years of experience in the behavioral health field. She is also an adjunct faculty member at Manchester Community College in the D.A.R.C. Program.

**RAYMOND TAFRATE, Ph.D.**, is an associate professor and clinical psychologist at Central Connecticut State University, as well as a fellow and supervisor at the Albert Ellis Institute for Behavior Therapy. He is also an author, consultant and trainer.

**DAVID TOLIN, Ph.D.**, is the Founder and Director of the Anxiety Disorders Center at the Institute of Living, and an Adjunct Professor of Psychiatry at Yale University School of Medicine. He was the 2014 President of the Clinical Psychology Division of the American Psychological Association, and a principal investigator for the National Institutes of Health. He received the Award for Lifetime Contribution to Psychology from the Connecticut Psychological Association. Dr. Tolin is the author of over 150 scientific journal articles, as well as the books *Doing CBT: A Comprehensive Guide to Working with Behaviors, Thoughts, and Emotions* and *Face Your Fears: A Proven Plan to Beat Anxiety, Panic, Phobias, and Obsessions*. Dr. Tolin has been featured on the reality TV series *Hoarders*, *The OCD Project*, and *My Shopping Addiction*, and has been a recurrent guest on *The Oprah Winfrey Show*, *The Dr. Oz Show*, and *Anderson Live!*

**JEREMY WAMPLER, L.C.S.W., ICGC-II, BACC, L.A.D.C.** is the Program Director for the State of Connecticut, Department of Mental Health and Addiction Services, Problem Gambling Services. Jeremy earned his Master in Social Work from Southern Connecticut State University, and he has been practicing in the field of problem gambling for over a decade. He is a board member on the International Gambling Counselor Certification Board, as well as the Association of Problem Gambling Services Administrators. Jeremy is a licensed clinical social worker, internationally certified gambling counselor, licensed alcohol and drug counselor, as well as a board approved clinical consultant, through the IGCCB.