



SAFETY EDUCATION AND TRAINING CATALOG

For DMHAS State Operated Employees

JULY 2015—June 2016

CT Department of Mental Health and Addiction Services
Office of the Commissioner, Division of Safety Services
Safety Education and Training Unit



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Dear Colleagues,

The Safety Education and Training Unit (SETU) is pleased to present the FY16 Annual Safety Education and Training Catalog. These courses meet training regulations established by federal, state, DMHAS policy, The Joint Commission, CARF and the New England Healthcare Union District 1199.

The non-mandatory courses are designed to enhance awareness about safety in the workplace. All of the courses offered are aligned with our mission to "promote safety, health and wellness in the DMHAS community".

All classes listed in this print Catalog are also listed on line via the Saba Learning Management System.

As always, feel free to contact me for any matter pertaining to the courses.

Sincerely,



Sharon L. Ciarlo RN, BSPA, MHSA
Director, DMHAS Division of Safety Services
Safety Education and Training Unit

New Employee Safety Training

DMHAS NEOP (SETU)

1:15—4:00 pm during on Fridays except as noted.

July 10 and 24, 2015

August 7 and 21, 2015

September 4 and 18, 2015

October 2, 16 and 30, 2015

November 13 and 27, 2015

December 11, 2015

January 8 and 22, 2016

February 5 and 19, 2016

March 4 and 18, 2016

April 1, 15 and 29, 2016

May 13 and 27, 2016

June 10 and 24, 2016

Collaborative Safety Strategies

8:00 am—3:30 pm

Tuesdays-Thursdays except as noted.

Class Location: CT. Valley Hospital, Page Hall Room 364

July 2015	June 30, July 1- 2 14-16 28-30
August 2015	11-13 25-27
September 2015	9-11 (Wed-Fri) 22-24
October 2015	6-8 20-22
November 2015	3-5 17-19
December 2015	1-3 15-17
January 2016	12-14 26-28
February 2016	9-11 23-25
March 2016	8-10 22-24
April 2016	5-7 19-21
May 2016	3-5 17-19
June 2016	1-3 (Wed-Fri) 14-16

American Red Cross Adult CPR, AED & First Aid

8:30 am—2:30 pm

Friday following CSS N except as noted.

CT. Valley Hospital, Page Hall Room 364

July 2015	6 (Mon) 17 31
August 2015	14 28
September 2015	14 (Mon) 25
October 2015	9 23
November 2015	6 20
December 2015	4 18
January 2016	4 (Mon) 15 29
February 2016	16 (Tues) 26
March 2016	11 28 (Mon)
April 2016	8 22
May 2016	6 20
June 2016	6 (Mon) 17

Capital Region Mental Health Center
Contact Person: Linda Jordan-Parker, Ed.D. (860) 297-0885
Registration Contact: Jellena Jones (860) 297-0933
All classes are conducted in the Auditorium

CSS OR and SFA/AED 8:30 am—4:00 pm
14 dates/196 seats per date (182)

September 2, 2015	Wed
October 1, 2015	Thur
October 22, 2015	Thur
November 3, 2015	Tues
November 16, 2015	Mon
December 16, 2015	Wed
January 21, 2016	Thur
February 2, 2016	Tues
February 18, 2016	Thur
March 16, 2016	Wed
April 21, 2016	Thur
May 4, 2016	Wed
May 12, 2016	Thur
June 23, 2016	Thur

CSS IR and SFA/AED 8:15 am—4:00 pm
7 dates/8 seats each for CRMHC and BHH at 56 seats each per date

Plus 1 class date for CVH/BHH staff only at 14 seats

September 21, 2015	Mon
October 6, 2015	Tues
November 4, 2015	Wed
December 8, 2015	Tues
January 20, 2016	Wed
February 17, 2016	Wed CVH/BHH Staff only
April 13, 2016	Wed
May 25, 2016	Wed

These classes are open to CRMHC and CVH/BHH staff that work in acute or inpatient units except as noted.

FPR/AED/FA
2 classes/24 seats

This course is open to DMHAS Police Officers only.

October 5, 2015	Mon	7:00 -10:30 am
October 20, 2015	Tues	12:00-3:30 pm

Safety Measures for Support Staff
1 class/15 seats

This course is open to all non-clinical support staff.

December 2, 2015	Wed	12:30 –2:30 pm
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Restraint/Seclusion Application Training
1 class/10 seats

This course is for CSS OR certified staff to meet the restraint and seclusion requirement for working overtime in a DMHAS inpatient unit.

December 2, 2015	Wed	2:45-3:45 pm
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CT. Mental Health Center

Contact: Janice Jones (203) 974-7800

Registration Contact: Matthew Fischer at 203-974-7638

All classes are conducted in W212 unless noted

CSS OR and SFA/AED 8:30 am—4:00 pm

13 dates/182 seats

September 16, 2015	Wed
October 15, 2015	Thur
November 24, 2015	Tues
February 3, 2016	Wed
March 22, 2016	Tues
April 6, 2016	Wed
April 12, 2016	Tues
April 27, 2016	Wed
May 11, 2016	Wed
May 17, 2016	Tues
June 7, 2016	Tues
June 16, 2016	Thur

FPR/AED/FA

(3 classes/12 seats at 36 seats)

This course is open to DMHAS Police Officers only

September 2, 2015	Wed	8:00 -11:30 am
October 1, 2015	Thur	8:00 -11:30 am
October 14, 2015	Wed	2:00 -5:30 pm

Safety Measures for Support Staff

1 class/15 seats

This course is open to all non-clinical support staff.

May 24, 2016	Tues	9:00-11:00 am
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RSAT for Outpatient Staff only

1 class/12 seats

May 24, 2016	Tues	11:15-12 pm
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Hearing Voices that are Distressing

October 26, 2015	Mon	9:00-11:00 am
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CSS IR and SFA/AED 8:30 am—4:00 pm

8 dates/112 seats (101)

September 3, 2015	Thur
September 23, 2015	Wed
January 20, 2016	Wed
March 16, 2016	Wed
March 31, 2016	Thur
April 20, 2016	Wed
May 25, 2016	Wed
June 22, 2016	Wed

Specialized Training

Professional Students

June 25, 2015	Thur	CSS New	9:00 am-4:00 pm
July 6, 2015	Mon	SFA/AED Ch	11 am -1:00 pm 1:30-3:30 pm
July 20, 2015	Mon	CSS New	8:30 am-3:30 pm
July 24, 2015	Fri	CSS Review	12:30-4:00 pm
July 27, 2015	Mon	SFA/AED N	8:30 am-2:30 pm
September 10, 2015	Thur	CSS N	8:00 am-3:00 pm
September 14, 2015	Mon	SFA/AED N	8:30 am-2:30 pm
January 25, 2016	Mon	CSS N	8:00 am-3:00 pm
January 27, 2016	Wed	SFA/AED N	8:30 am—2:30 pm

Yale MD's

CSS R and SFA/AED 12:00-4:00 pm	
September 9, 2015	Wed
January 6, 2016	Wed
March 23, 2016	Wed

West Haven MHC

March 7, 2016	Mon	SFA/AED/Chd & Inf CH	12:00-3:30 pm
March 15, 2016	Tues	CSS OR	8:30 am-1:45 pm

CT. Valley Hospital

Contact: Meari Avery (860) 262-5107

Registration Contact: Nursing Support Office Schedulers

All classes are conducted in Havilland Hall unless noted

CSS IR and SFA/AED DAYS 7:30 am-3:15 pm

53 dates/732 seats

September 1, 2015	Tues
September 3, 2015	Thur
September 15, 2015	Tues
September 17, 2015	Thur
September 22, 2015	Tues
September 29, 2015	Tues
October 1, 2015	Thur
October 8, 2015	Thur
October 14, 2015	Wed
October 20, 2015	Tues
October 27, 2015	Tues
October 29, 2015	Thur
November 3, 2015	Tues
November 5, 2015	Thur
November 12, 2015	Thur
November 17, 2015	Tues
November 19, 2015	Thur
November 24, 2015	Tues
December 1, 2015	Tues
December 8, 2015	Tues
December 10, 2015	Thur
December 15, 2015	Tues
December 17, 2015	Thur
January 7, 2016	Thurs
January 12, 2016	Tues
January 14, 2016	Thur
January 21, 2016	Thur
February 2, 2016	Tues
February 4, 2016	Thur
February 9, 2016	Tues
February 18, 2016	Thur
February 23, 2016	Tues
March 1, 2016	Tues
March 8, 2016	Tues
March 15, 2016	Tues
March 17, 2016	Thur
March 21, 2016	Mon
March 29, 2016	Tues
March 31, 2016	Thur
April 5, 2016	Tues
April 7, 2016	Thur
April 19, 2016	Tues
April 26, 2016	Tues

CSS IR and SFA/AED DAYS 7:30 am-3:15 pm

May 5, 2016	Thur
May 10, 2016	Tues
May 12, 2016	Thur
May 17, 2016	Tues
May 24, 2016	Tues
May 26, 2016	Thur
June 2, 2016	Thur
June 7, 2016	Tues
June 14, 2016	Tues
June 21, 2016	Tues
June 23, 2016	Thur

Take Charge: Cottage Staff only P364

March 9, 2016 Wed 1:00-3:00 pm

CT. Valley Hospital
Contact: Meari Avery (860) 262-5107
Registration Contact: Nursing Support Office Schedulers
All classes are conducted in Haviland Hall unless noted

CSS IR and SFA/AED EVES 3:30-11:15 pm
21 dates/364 seats

August 27, 2015	Thur
September 17, 2015	Thur
September 24, 2015	Thur
October 8, 2015	Thur
October 22, 2015	Thur
October 28, 2015	Wed
November 17, 2015	Tues
December 3, 2015	Thur
December 15, 2015	Tues
January 7, 2016	Thur
January 20, 2016	Wed
January 28, 2016	Thur
February 24, 2016	Wed
March 10, 2016	Thur
April 7, 2016	Thur
April 14, 2016	Thur
April 28, 2016	Thur
May 10, 2016	Tues
May 19, 2016	Thur
June 8, 2016	Wed
June 15, 2016	Wed

CSS IR and SFA/AED NIGHTS 11:30 pm-6:45 am
13 dates/182 seats

Note these classes start on the date before dates listed.
Dates listed are class end dates.

September 17, 2015	Thur
September 30, 2015	Wed
October 29, 2015	Thur
November 10, 2015	Tues
November 19, 2015	Thur
December 10, 2015	Thur
January 28, 2016	Thur
February 4, 2016	Thur
February 17, 2016	Wed
March 2, 2016	Wed
March 24, 2016	Thur
April 14, 2016	Thur
April 28, 2016	Thur
May 26, 2015	Thur
June 9, 2016	Thur

FPR/AED/FA

4 classes/12 seats at 48 seats and 1 class/24 seats

This course is open to DMHAS Police Officers and CVH Lifeguards only.

September 30, 2015	P364	Wed	8:00 -11:30 am	LIFEGUARDS
October 6, 2015	Haviland	Tues	8:00 -11:30 am	(12)
October 19, 2015	P364	Mon	8:00 -11:30 am	(12)
October 27, 2015	P364	Tues	8:00 -11:30 am	(12)
October 29, 2015	Haviland	Thurs	4:15-8:15 pm	EVES (12)

Safety Measures for Support Staff Page Hall Rm 364

2 classes/15 seats at 30 seats

This course is open to all **CVH and RVS** non-clinical support staff. Two classes are offered each date from 10:00 am-12:00 pm or 1:00-3:00 pm

September 15, 2015 P364 Tues

Hearing Voices Page Hall Rm 364

April 11, 2016 1:00-3:00 pm

River Valley Services

Registration Contact: Denise Learmand (860) 262-5357

All classes are conducted in Page Hall Rm 364 except as noted

CSS OR and SFA/AED 8:30 am—4:00 pm

7 dates/98 seats (80)

September 1, 2015	Tues
November 12, 2015	Thur
January 13, 2016	Wed HAVILAND HALL
March 30, 2016	Wed
April 13, 2016	Wed
May 25, 2016	Wed
June 8, 2016	Wed

Safety Measures for Support Staff in Page Hall Rm 364

(1 classes/15 seats at 30 seats)

This course is open to all CVH and RVS non-clinical support staff.

September 15, 2015 Mon 10:00-12:00 am or 1:00-3:00 pm

Safety Measures for RIDE Staff

Howard Reid Conference Room

1 class/15 seats

This course is open to **RVS RIDE staff only**.

June 1, 2016 3:00-5:00 pm

Hearing Voices Page Hall Rm 364

April 11, 2016 1:00-3:00 pm

Southeast Mental Health Authority
Contact Person: Marybeth Jordan (860) 859-4500
All classes are conducted in the Multipurpose Rm

CSS OR and SFA/AED 8:30 am—4:00 pm
10 dates/140 seats (138)

September 10, 2015	Thur
September 30, 2015	Wed
October 7, 2015	Wed
December 9, 2015	Wed
January 5, 2016	Tues
February 3, 2016	Wed
March 2, 2016	Wed
March 22, 2016	Tues
April 12, 2016	Tues
May 24, 2016	Tues
June 2, 2016	Thur
June 8, 2016	Wed

Safety Measures for Support Staff
(1 class/15 seats)

This course is open to all non-clinical support staff.

February 24, 2016	Wed	10:00am-12:00pm
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Community Conference Room

Hearing Voices that are Distressing

May 2, 2016	Mon	10:00 am – 12:00 pm
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Southwestern CT. Mental Health System DONE
Contact Person: Lee Radke (203) 551-7543
Registration Contact: Immacula Cann (203) 551-7564

CSS OR and SFA/AED 8:30 am—4:00 pm at GBMCHC Rm 818
8 dates/112seats (126)

September 2, 2015	Wed
November 5, 2015	Thur
December 2, 2015	Wed
December 17, 2015	Thur
January 26, 2016	Tues
February 9, 2016	Tues
March 17, 2016	Thur
April 5, 2016	Tues
June 14, 2016	Tues
March 8, 2016	Tues 8:30 am—1:30 pm (CSS only/collateral staff)

CSS OR and SFA/AED 8:30 am—4:00 pm at FSD
2 dates/28 seats

February 10, 2016	Wed
May 26, 2016	Thur

FPR/AED/FA at GBMCHC Rm 818
(2 classes/12 seats at 24 seats)

This course is open to DMHAS Police Officers only

October 7, 2015	Wed	7:00 -10:30 am 1:00-4:30 pm
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Safety Measures for Support Staff at GBMCHC Rm 818
1 class/15 seats

This course is open to all non-clinical support staff.

March 10, 2016	Thur	10:00 am-12:00 pm
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Restraint and Seclusion Application Review
 2 classes limited to 10 each

March 10, 2016	Wed	8:00 am—9:00 am 12:30 –1:30 pm
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Hearing Voices that are Distressing

May 11, 2016	Wed	9:30 –11:30 am
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CSS IR and SFA/AED 8:15 am—4:00 pm
at GBMCHC Rm 818

16 dates/224 seats (206)

All classes are conducted from 8:15 am-4:00 pm unless otherwise noted.

September 24, 2015	Thurs
October 21, 2015	Wed EVE 3:45-11:30 pm
October 28, 2015	Wed
November 18, 2015	Wed
December 9, 2015	Wed
January 5, 2016	Tues
January 14, 2016	Thur
February 4, 2016	Thur
March 3, 2016	Thur
March 24, 2016	Thur
April 19, 2016	Tues
April 27, 2016	Wed EVE 3:45-11:30 pm
May 10, 2016	Tues
May 18, 2016	Wed
June 1, 2016	Wed
June 22, 2016	Wed

Western CT. Mental Health Network
Contact Person: Ellen Brotherton (203) 805-6414

CSS OR and SFA/AED 8:30 am—4:00 pm at **Greater Danbury**
Registration Contact: Cynthia Carloni (203) 448-3227
4 dates/56 seats (50)

All classes conducted at Greater Danbury Conference Rm

October 23, 2015	Fri
January 11, 2016	Mon
March 7, 2016	Mon
June 3, 2016	Fri

CSS OR and SFA/AED 8:30 am—4:00 pm at **Greater Waterbury**
All classes are conducted in the Executive Conference Rm
Registration Contact: Arlene Arias 203 805-5300 NEED NEW NUMBER
9 dates/136 seats (103)

All classes conducted in the 95 Thomaston St Conference Rm

September 15, 2015	Tues
September 29, 2015	Tues EVE 3:30-11:00 pm OPEN TO ENTIRE NETWORK
October 5, 2015	Mon
November 23, 2015	Mon
December 11, 2015	Fri
February 2, 2016	Tues
March 1, 2016	Tues
May 3, 2016	Tues
June 6, 2016	Mon

CSS OR and SFA/AED 8:30 am—4:00 pm
Registration Contact: Gail Emmerson (203) 496-3757
9 dates/90 seats (76)

All classes conducted at **Greater Torrington**

September 14, 2015	Mon
October 15, 2015	Thur
November 30, 2015	Mon
January 26, 2016	Tues
February 26, 2016	Fri
March 15, 2016	Tues
April 25, 2016	Mon
May 18, 2016	Wed
June 9, 2016	Thur

Safety Measures for Support Staff

2 classes/15 seats at 30 seats at 95 Thomaston St.

This course is open to all non-clinical support staff. **OPEN TO ENTIRE NETWORK**

October 9, 2015 Fri 10:00 am –12:00 noon & 1:00-3:00 pm

Hearing Voices that are Distressing

This course is open to **OPEN TO ENTIRE NETWORK**

June 20, 2016 Mon 9:30 –11:30 am

DMHAS Police Training

All DMHAS Police personnel are required to maintain certification in Collaborative Safety Strategies and CPR for the Professional Rescuer, First Aid and AED. These classes are listed on the Facility pages in this catalog. Please refer to those pages for class information.

Responding to Situations Involving People with Mental Illness

All classes are conducted on Mondays from 8:30 am-4:00 pm

The Division of Safety Services conducts training at the Meriden Police Academy for Certified Police Officers. Please refer to the POSTc Field Services website to register. This course is taught by DMHAS employees that are POSTc certified instructors.

The training begins with **Hearing Voices** that are Distressing, where Officers experience hearing voices that are distressing (auditory hallucinations) through a simulated exercise and learn how to identify effective interventions for people who hear voices. After the simulation, Police Officers learn about the symptoms of mental illness and substance abuse, the medications used to treat them, and how to conduct an on-scene assessment, including a suicide screen. Officers also learn how to use the Police Emergency Evaluation (PEER) and DMHAS clinical resources to make effective referrals. Emphasis is placed on using verbal and non-physical interventions in non-emergencies that are most likely to help stabilize the scene.

Mon October 19, 2015
Mon December 14, 2015
Thurs February 25, 2016
Mon April 18, 2016
Mon June 13, 2016

CPR for the Professional Rescuer, First Aid and AED Training (FPR/AED/FA) (132 seats)

These classes are available at the following locations for all DMHAS Police Officers and CVH Lifeguards ONLY. Officers are encouraged to take classes at their work locations, but may take this class at any location.

CRMHC: Auditorium

2 classes at 12 each with 24 seats

October 5, 2015 Mon 7:00 -10:30 am
October 21, 2015 Wed 12:00-3:30 pm

CMHC: W212

3 classes/12 seats at 36 seats

September 2, 2015 Wed 8:00 -11:30 am
October 1, 2015 Thur 8:00 -11:30 am
October 14, 2015 Wed 2:00 -5:30 pm



CVH: Note class locations below

4 classes at 12 each with 48 seats and 1 class/24 seats

September 30, 2015 P364 Wed 8:00 -11:30 am (24) **LIFEGUARDS ONLY**
October 6, 2015 Haviland Tues 8:00 -11:30 am (12)
October 19, 2015 P364 Mon 8:00 -11:30 am (12)
October 27, 2015 P364 Tues 8:00 -11:30 am (12)
October 29, 2015 Haviland Thur 4:15-8:15 pm (12) **EVES**

GBMCHC Rm 818

2 classes at 12 each with 24 seats

October 7, 2015 Wed 7:00 -10:30 am
1:00-4:30 pm