



DMHAS INITIATIVE

SBIRT OVERVIEW

Trainers: Kathleen Callahan, MSW & Shannon Perkins, LMSW

SBIRT is a comprehensive, evidence-based public health practice for early intervention. SBIRT identifies, reduces, and prevents problematic substance use, abuse and dependence in individuals at risk for substance use disorders as well as those with substance use disorders. SBIRT providers work to identify problematic substance use that increases risks for physical and emotional health problems, disease, injuries, poor job performance, and family and social problems and help to decrease their impact.

SBIRT practice involves quick screenings of individuals utilizing a brief intervention to identify behaviors and motivate change, this motivation combines multiple sets of skills including Motivational Interviewing techniques and referral to additional treatment as needed. Through this training, participants will become familiar with SBIRT and begin to understand how to incorporate the model in their practice. This training is particularly well suited to individuals working in prevention including: primary care physicians, mental health workers, guidance counselors, intake coordinators, case managers and in-home caregivers. The training will provide supportive techniques for the implementation of SBIRT including screening tools and emerging technology.

Two training dates available:

August 19th or September 23rd

9:30am - 2:00pm

Comprehensive prevention method for adults

Free to DMHAS employees and DMHAS funded private non-profits

Register at www.womensconsortium.org

Apply code at checkout: [2019DMHASSBIRT-BG1](#)



DMHAS INITIATIVE

SBIRT TRAINING OF TRAINERS

Trainers: Kathleen Callahan, MSW & Shannon Perkins, LMSW

SBIRT is a comprehensive public health approach for delivering prevention, early intervention and referral to treatment services to individuals using substances in a harmful or risky way. The Training of Trainers incorporates didactic teaching, role plays, group discussion, and peer feedback to participants to train others to use SBIRT in clinical and community settings.

Participants are encouraged to interact, dialogue, and practice their SBIRT skills.

Learning Objectives:

- Identify SBIRT as a system change initiative
- Compare and contrast the current system with SBIRT
- Introduce the public health approach
- Discuss the need to change the way we thinking about substance use behaviors, problems, and interventions
- Understand the information screening does and does not provide
- Define brief intervention/brief negotiated interview
- Describe the goals of conducting a BI/BNI
- Understand the counselor's role in providing BI/BNI
- Develop knowledge of Motivational Interviewing
- Describe referral to treatment
- Conduct teach-backs of various modules of the training curriculum

September 9th and 10th | 9am-4pm

***must attend both training dates**

Comprehensive prevention method for adults

Free to DMHAS employees and DMHAS funded private non-profits

Register at www.womensconsortium.org

Apply code at checkout: [2019DMHASSBIRT-TOT](#)