

Imani Breakthrough Recovery Program*



WE aim to Promote Health and Healing for Ourselves and Our Communities!

A program designed for

People with Opioid Problems and Other Drug/Alcohol Use

The program takes place in churches and is designed to be culturally, spiritually and trauma-informed to assist individuals recovering from opioid use/abuse and other drug or alcohol problems. Call or email to see if you are eligible and sign up. Participants will receive a small monetary stipend for transportation.

What is it? Involves 2 parts:

1. **A Group component** – 12 weeks of classes and mutual support focused on wellness enhancement and the 5 Rs: Roles, resources, responsibilities, relationships, and rights, and their importance to recovery and community connection.
2. **A Wellness Coaching component** – to continue for 12 weeks after the group. Coaches provide weekly check-ins and support in navigating your recovery goals.

4 Locations – YOU MUST CONTACT US TO SIGN UP!

- **Mount Aery Baptist, 73 Frank St., Bridgeport: Thursday 6pm-8pm**
Michael Walton – michaelwalton17@yahoo.com – 475-224-1228
Rev. Velva Tucker – vjtucker@sbcglobal.net – 203-434-9761
- **224 EcoSpace/ Conference of Churches, 224 Farmington Ave., Hartford: Wednesdays 10am-12pm**
Stephen Best – sbest79876@aol.com – 203-907-7872
Akilah Barr – akilahbarr@gmail.com – 475-224-1067
- **Varick Memorial AME Zion, 242 Dixwell Ave., New Haven: Wednesday 5pm-7pm**
Sylvia Cooper – coopersylvia@yahoo.com – 475-224-1448
Michelle Alford – 203-907-5482
- **Burning Bush Family Life Center, 117 Sharon Road Mallview, Waterbury: Wednesday 6pm-8pm**
Bobby Wells – rwells6292@yahoo.com – 203-525-1433
Marjorie Teasley – 203-440-7478