

RECOVERY COACHES IN CT HOSPITAL EMERGENCY DEPARTMENTS



In March 2017, the CT Department of Mental Health and Addiction Services (DMHAS) partnered with the Connecticut Community for Addiction Recovery (CCAR) to launch an initiative that pairs on-call recovery coaches with Emergency Departments in four hospitals in eastern Connecticut. The recovery coaches assist people who are admitted with opioid overdose and other alcohol or drug-related medical emergencies and connect them to treatment and other recovery support services.

In September 2017 and again in 2018, with the support of federal grants, eight additional hospitals are now able to offer Recovery Coach Services to ED patients.

The model:

- Trained recovery coaches link Emergency Department patients with substance use disorder treatment and community-based recovery resources
- Recovery coaches are trained, skilled professionals who support patients, family members and hospital personnel, providing assistance to help people begin recovery or to stabilize recovery when needed
- As people with lived addiction recovery experience, the recovery coaches demonstrate that people can recover, offering guidance and hope to those who are living with substance use disorders.

The hospitals participating in the initiative are:

- Bridgeport Hospital (Bridgeport)
- Charlotte-Hungerford Hospital (Torrington)
- Danbury Hospital (Danbury)
- Day Kimball Hospital (Putnam)
- Manchester Memorial Hospital (Manchester)
- Lawrence + Memorial Hospital (New London)
- Mid State Medical Center (Meriden)
- St. Francis Hospital and Medical Center (Hartford)
- St. Mary's Hospital (Waterbury)
- Stamford Hospital (Stamford)
- William W. Backus Hospital (Norwich)
- Windham Hospital (Windham)

This initiative is funded in part through federal funds from the federal Substance Abuse and Mental Health Services Administration (SAMHSA) as part of a \$5.5 million grant awarded to Connecticut through the 21st Century Cures Act to combat the opioid crisis.



Connecticut
Department of Mental
Health and Addiction
Services