START THE CONVERSATION ABOUT UNDERAGE DRINKING

10% of 12-year-old kids say they’ve tried alcohol
That number jumps to 50% by age 15

But 80% of kids believe their parents should have a say in whether they drink alcohol
And parents have a significant influence on whether their kids drink

Source: samhsa.gov

Warning Signs

- Mood changes: flare-ups of temper, irritability, and defensiveness
- School problems: poor attendance, low grades, and/or recent disciplinary action
- A “nothing matters” attitude: sloppy appearance, a lack of involvement in former interests, and general low energy
- Physical or mental problems: memory lapses, poor concentration, bloodshot eyes, lack of coordination, or slurred speech

Learn more:
[CT.GOV/DMHAS/NPWResources](http://CT.GOV/DMHAS/NPWResources)

Parents - if you want your teens to stay away from alcohol - stay connected:
- Share family meals
- Keep tabs on their whereabouts
- Offer consistent love & support

#ctpreventionweek