What to know
BEFORE
YOU THROW

Here’s how to dispose of prescription drugs properly.

• Don’t flush medications down the toilet or sink. Water quality and wildlife are affected.
• Delete information on the container. Remove the label or use a permanent marker to cross out personal information.
• Make excess drugs less dangerous. Mix drugs (liquid or pills) with hot water to dissolve them. Then mix with salt, ashes, saw dust, used coffee grounds or kitty litter.
• Contain and seal. After mixing, place inside an opaque plastic container and tape it shut.
• Throw out the container in your trash can. Do not put the container in your recycling bin.
• Or find a prescription drug drop box at a police department and drop off excess supply.