STATEMENT OF PURPOSE: The Department of Mental Health and Addiction Services (DMHAS) has established that patients in all DMHAS inpatient facilities may be administered medication intended for the treatment of psychiatric disabilities only with their informed consent, except as provided in the Connecticut General Statutes, Sections 54-56d, 17a-566, 17a-543 and 17a-543a.
POLICY: This policy specifically addresses (a) administration of medication under emergency circumstances and (b) the administration of medications for patients who are (1) capable of providing informed consent and are assessed as posing a direct threat of harm to self or others or (2) incapable of providing informed consent and deemed to be in need of medication for the treatment of their psychiatric disabilities. It is the preference/goal of the DMHAS that medication decisions be made by the patient (or conservator of person if already so appointed and given authority to consent to psychiatric medication) in consultation with the prescribing physician. At each point in the process described below, the prescriber shall attempt to bring about joint agreement, whenever possible.

Definitions:

1. **Informed Consent** means permission given competently and voluntarily after a patient has been informed of the reason for treatment, the nature of the proposed treatment, the potential advantages or disadvantages of the treatment, medically acceptable alternative treatment, the potential risks associated with receiving the proposed treatment and the potential risk of no treatment.

2. **Direct Threat of Harm** means that the patient’s clinical history demonstrates a pattern of serious physical injury or life-threatening injury to self or to others which is caused by the psychiatric disability with which the patient has been diagnosed and is documented by objective medical and other factual evidence. Such evidence of past pattern of dangerous behavior shall be manifested in the patient’s medical history and there shall exist a high probability that the patient will inflict substantial harm on him/herself or others.

3. An **emergency** exists when, in the clinical judgment of a physician, as determined by personal observation by the physician or a senior clinician, the patient’s condition is (a) extremely critical and presents an immediate risk to the patient’s well being and/or to the physical safety of others, (b) obtaining consent (in the procedures that follow) would cause a medically harmful delay to the patient or an immediate risk to the physical safety of others. Medically harmful delay means a delay that could result in a serious mental or physical injury on the patient or producing in the patient a disturbed mental state or impaired judgment which may be grossly detrimental to the patient’s physical or mental well being. An emergency exists only as long as the above conditions exist.

4. **Senior Clinician** means a Registered Nurse with supervisory responsibility over one or more units.

Procedure:

I. **Emergency Medication**

   A. **Assessment Criteria**
1. Medication, excluding “depot” or long-acting medications, may be administered on an emergency basis without the consent of the patient, and without obtaining authorization through the procedures set forth in Sections II, III, & IV of this policy, only when a physician or a senior clinician has personally observed the patient, and determined that an emergency exists and the emergency cannot be addressed through less intrusive means.

2. The decision to administer emergency medications shall be based on an assessment of the individual patient’s condition, and the clinical judgment of the professional making the decision, who may consider the effect that violent behavior would have on the patient’s physical and mental well-being.

3. The physician authorizing emergency medication shall document the conditions required to initiate emergency medication in the progress notes of the medical record, including the reason that less intrusive means could not contain the emergency.

4. Involuntary medication may be administered under this section only as long as an emergency continues, and it is documented in the progress notes of the medical record that the conditions needed to initiate emergency medication persist.

II. Involuntary Medication

A. Medication Consultation

1. When medication is thought to be medically indicated in the treatment of any patient, the physician shall:
   a. continue and further the therapeutic alliance with the patient to the extent possible;
   b. inform the patient regarding the reasons for medication;
   c. discuss the nature of the proposed treatment with the patient;
   d. describe the potential advantages and disadvantages of treatment;
   e. discuss medically acceptable alternative treatment;
   f. discuss the potential risks associated with the proposed treatment;
   g. discuss the potential risk of no treatment;
   h. respond as fully and constructively as possible to the patient’s questions, concerns, and reasonable preferences; and
   i. document these efforts in the patient’s medical record in a progress note.

2. The attending physician shall seek a second opinion regarding the necessity and appropriateness of medication when:
   a. efforts at education and advice are not successful; and
      there is no less intrusive beneficial treatment; and
the patient appears to be incapable of providing informed consent; or

b. the patient appears to be capable of informed consent but, without medication, the psychiatric disabilities with which the patient has been diagnosed will continue unabated, and place the patient or others in direct threat of harm.

3. The attending physician/designee shall inform the patient orally and in writing of available advocacy services whenever the physician requests a second opinion regarding the necessity and appropriateness of medication (under provisions of Sections II, IV, V and VI below) in order to determine if the patient would like an advocate to represent him/her. This notice and determination shall be documented in the medical record. A sample form for “Notice of Advocacy Services” (CF-01-1) is attached. The advocate may be:
   a. the patient’s private counsel;
   b. a legal representative from the Connecticut Legal Rights Projects (CLRP);
   c. a legal representative of the Office of the Public Defender;
   d. a representative of the Office of Protection and Advocacy; or
   e. any person of the patient’s choice.

4. The attending physician/designee shall notify the advocate, if one has been identified by the patient, and if the patient has authorized the release of information to the advocate in writing, within 24 hours, and in writing, of the request for a second opinion including the name of the patient and location at the time this process is initiated. A sample form for “Notice to Patient’s Advocate of Involuntary Medication Procedures” (CF-01-2) is attached.

5. The physician rendering the second opinion (the Consultant) shall not be directly involved in the patient’s current treatment or evaluation and shall:
   a. review the patient’s medical record;
   b. perform a direct evaluation of the patient after informing the patient of the purpose of the evaluation;
   c. interview others involved in the patient’s treatment as appropriate; and
   d. submit written recommendations to the attending physician and facility medical director or designee and file them in the patient’s medical record within three days of the date the consultation is requested.

6. The Consultant shall include in his/her report an opinion as to:
   a. whether medication is necessary and appropriate for the patient’s treatment and,
   b. whether the patient is incapable of providing informed consent, or
   c. whether the patient is capable of providing informed consent but without medication, the psychiatric disabilities with which the patient has been
7. If the Consultant recommends that the medication in question be provided only with the consent of the patient and the attending physician concurs, no further action will occur.

8. In the event of disagreement between the attending physician and the Consultant, the Facility Medical Director/designee in consultation with the DMHAS Medical Director shall make an independent recommendation to the head of the hospital/designee [as defined in CGS 17a-540(7), and applying to all further uses of this term below] as to whether or not further action should be taken to administer involuntary medication, and the head of the hospital/designee shall make an independent determination regarding the need to proceed.

9. If two physicians agree to go forward with the involuntary medication procedure, the head of the hospital/designee shall review the information available and make an independent determination regarding the need to proceed.

10. If a decision is made to go forward with involuntary medication, the attending physician shall determine if:
   a. an internal involuntary medication hearing should be held, following the procedures outlined in section II.B. below; or
   b. a petition should be filed with the Probate Court either:
      (1) to appoint a Conservator for purposes of making medication decisions for a patient assessed as being incapable of providing informed consent, following the procedures outlined in section III. below; or
      (2) to order involuntary medication for a patient found to be capable of providing informed consent, but without medication the psychiatric disabilities with which the patient has been diagnosed will continue unabated, and place the patient or others in direct threat of harm, following the procedures outlined in section IV. below; or
   c. both an internal involuntary medication hearing and a petition to the Probate Court should proceed simultaneously, following the procedures outlined in section II.B. and III. below. This should occur if the attending physician determines that an internal involuntary medication hearing should be held and there is an expectation that the patient will require medication for more than 30 days to stabilize his/her psychiatric condition.

B. Internal Involuntary Medication Hearings

1. The attending physician/designee shall notify, in writing (a) the Facility Medical Director/designee (b) the patient, and (c) the patient selected advocate, if one has been identified by the patient, and if the patient has authorized the release of
information to the advocate in writing, within 24 hours of the decision to schedule an internal involuntary medication hearing, including the patient’s name and patient’s location at the time this process is initiated. A sample form for “Notice to Patient’s Advocate of Involuntary Medication Procedures” (CF-01-2) is attached. If the patient has not already chosen an advocate, at this time the physician/designee shall also remind the patient of the availability of advocacy services, following the procedures outlined in section II.A. 3. above.

2. The Facility Medical Director/designee, the patient, and advocate shall discuss and seek agreement on the appointment of a hearing officer who is not an employee of the inpatient facility.

3. If no consensus on the choice of a hearing officer is reached, the Facility Medical Director shall contact the DMHAS Medical Director who will make the choice of a hearing officer following consultation with the parties.

4. The attending physician shall provide the patient with a copy of the CLRIP informational booklet explaining his/her rights and responsibilities regarding consent to medication.

5. The Facility Medical Director/designee shall give written notice to the patient and advocate, if one has been identified by the patient, and if the patient has authorized the release of information to the advocate in writing, three working days in advance of the hearing, providing the reason(s) the physician believes the medication is appropriate and necessary.

6. The attending physician may not medicate the patient, absent an emergency, until a decision is rendered from the hearing.

7. Prior to the hearing, the patient is informed of the following rights:
   a. to attend;
   b. to present evidence, including witnesses;
   c. to question witnesses;
   d. to be assisted by legal counsel or a patient advocate, if selected by the patient.

8. The following participants are present at the hearing, as indicated:
   a. the patient, if he/she wishes to attend;
   b. the patient advocate or representative as per the patient’s wishes;
   c. the Hearing Officer;
   d. the attending physician;
   e. other representatives of the patient’s treatment team from the facility and community programs (where relevant);
   f. the Consultant who has rendered the second opinion in the case;
   g. an Assistant Attorney General, if requested by the facility and if deemed appropriate by the Attorney General’s Office; and
h. other relevant witnesses who may be called by either party.

9. The meeting is to be tape recorded and the tape will be available to both sides in the event of appeal. The Hearing Officer will preside and swear in witnesses, who will testify and be subject to questions. The tape will be maintained in the Medical Records (Health Information Management) Department of the facility and retained as part of the medical record.

10. The Hearing Officer may only authorize involuntary medication if she/he finds that either:
   a. 1) the patient is incapable of informed consent; and
       2) the medication is medically necessary and appropriate; and
       3) there is substantial probability that without such medication, the condition of the patient will rapidly deteriorate; and
       4) the provision of such medication would not violate an advanced health care directive; or
   b. 1) the patient while capable of giving informed consent is refusing to accept medically appropriate and necessary medication; and
       2) there is no less intrusive beneficial treatment; and
       3) without medication the patient’s psychiatric disabilities will continue unabated and place the patient or others in direct threat of harm; and
       4) there is substantial probability that without such medication, the condition of the patient will rapidly deteriorate.

11. The Hearing Officer shall render a written decision within three (3) working days after the hearing and shall forward a copy to the patient, his/her advocate, if one has been identified by the patient, the Facility Medical Director/designee, and the attending physician. A sample form for “Decision of Hearing Officer on Involuntary Medication” (CF-01-3) is attached.

12. The Hearing Officer shall notify the patient and advocate, if any, that he or she may request an expedited hearing before the Probate Court if he/she disagrees with the hearing decision.

13. Should the patient request an expedited hearing before the Probate Court, the attending physician may provide medication to the patient for 15 days or until a decision is rendered by the Probate Court, whichever is sooner.

14. Should the patient not file a request for an expedited hearing, the Attending Physician may provide medication to the patient for no more than 30 days. If medication is required beyond 30 days, an application must be filed with the Probate Court for appointment of conservator of person as described below, if the patient continues to decline, or be unable to give, consent to the medication.
III. Conservatorship Petitions for Patients Incapable of Informed Consent

A. Consultation and Application

1. If the attending physician concludes that medication is appropriate and necessary and a patient is incapable of providing informed consent for the treatment of psychiatric disabilities, regardless of his/her willingness to accept medication, the attending physician shall request consultation with another physician.

2. If the second physician (consultant) concurs with the attending physician’s opinion, the head of the hospital shall review the information available and make an independent decision regarding the need to proceed. If a decision is made to go forward with involuntary medication and if the attending physician determines that a petition should be filed with the Probate Court, the attending physician shall file a petition with the Probate Court for the appointment of a Conservator of person with specific authority to consent to medication administration. If the patient has a Conservator, the hospital or the Conservator must still petition the Probate Court to grant the Conservator specific authority to consent to medication administration, unless such specific authority has already been granted and is currently valid.

3. If the patient has not already chosen an advocate, at this time the physician/designee shall also remind the patient of the availability of advocacy services, following the procedures outlined in section II.A.3 above. If the patient has selected an advocate, and if the patient has authorized the release of information to the advocate in writing, the attending physician/designee shall ensure that the advocate is notified within 24 hours in writing of the patient’s name and location at the time this process is initiated. A sample form for “Notice to Patient’s Advocate of Involuntary Medication Procedures” (CF-01-2) is attached.

4. The attending physician and consultant physician shall follow procedures outlined in Section II.A.3 through II.A.10 in seeking involuntary medication under this Section.

B. Appointment and Responsibility of the Conservator

1. If the court appoints a Conservator, the Conservator shall:
   a. meet with the patient and the physician; and
   b. review the patient’s medical records; and
   c. consider the following in deciding whether to consent to medicate:
      1. risks and benefits from the medication;
      2. the likelihood and seriousness of adverse side effects;
3. the preferences of the patient;
4. the patient’s religious views; and
5. the prognosis with and without medication.

2. The Conservator shall sign a form which confirms he/she has complied with the provisions in Section III.B.1. above, and whether or not he/she consents to medication. The original, signed copy will be retained in the patient’s medical record. A copy shall be given to the Conservator. A sample form for “Decision of Conservator on the Administration of Involuntary Medication” (CF-01-4) is attached.

3. The authority of the Conservator to consent to the patient receiving medication, shall be effective for no longer than 120 days.

4. The Conservator has the right to revoke consent to medication at any time.

5. If the patient is continuously hospitalized beyond 120 days, the authority of the Conservator to consent to medication administration may be extended up to 120 days by order of the Probate Court without a hearing upon application by the head of the hospital if the head of the hospital and two qualified physicians determine that:
   a. the patient continues to be incapable of giving informed consent to medication; and
   b. such medication is deemed necessary for such patient’s treatment.

6. The patient’s advocate, if one has been identified by the patient, and if the patient has authorized the release of information to the advocate in writing, shall be notified at the time of the application for 120 day extension to the Probate Court by the attending physician/designee. A sample form for “Notice to Patient’s Advocate of Involuntary Medication Procedures” (CF-01-2) is attached.

IV. Petitions for Persons Capable of Informed Consent

A. Consultation and Application

1. The attending physician shall request consultation from another physician if:
   a. he/she concludes that a patient has a psychiatric disability; and
   b. the patient is capable of providing informed consent for the medication deemed by the attending physician to be appropriate and necessary for the treatment of his/her psychiatric disability; and
   c. is refusing to accept such medication; and
   d. there is no less intrusive beneficial treatment; and
e. without medication, the psychiatric disabilities will continue unabated and place the patient or others in direct threat of harm.

2. If the second physician (consultant) concurs with the attending physician’s opinion, the head of the hospital shall review the information available and make an independent decision regarding the need to proceed. If a decision is made to go forward with involuntary medication and if the attending physician determines that a petition should be filed with the Probate Court, the attending physician shall file a petition with the Probate Court requesting authority to provide involuntary medication for up to 120 days.

3. If the patient has not already chosen an advocate, at this time the physician/designee shall also remind the patient of the availability of advocacy services, following the procedures outlined in section II.A. 3. above. If the patient has selected an advocate, and if the patient has authorized the release of information to the advocate in writing, the attending physician/designee shall ensure that the advocate is notified within 24 hours of the patient’s name and location at the time this process is initiated. A sample form for “Notice to Patient’s Advocate of Involuntary Medication Procedures” (CF-01-2) is attached.

4. If the patient is continuously hospitalized beyond 120 days, the authority for medication administration may be extended up to 120 days by order of the Probate Court without a hearing upon application by the head of the hospital if the head of the hospital and two qualified physicians determine that:
   a. the patient continues to be capable of giving informed consent to medication but refuses to consent to medication for treatment of his/her psychiatric disabilities; and
   
   b. there is no less intrusive beneficial treatment; and
   
   c. without medication, the psychiatric disabilities will continue unabated and place the patient or others in direct threat of harm.

5. The patient’s advocate, if one has been identified by the patient, and if the patient has authorized the release of information to the advocate in writing, shall be notified at the time of the application for 120 day extension to the Probate Court by the attending physician/designee. A sample form for “Notice to Patient’s Advocate of Involuntary Medication Procedures” (CF-01-2) is attached.

6. The attending physician and consultant physician shall follow procedures outlined in Section II.A.3 through II.A. 10 in seeking involuntary medication under this Section.
B. Decision of the Probate Court

1. If the Probate Court authorizes medication, the attending physician may provide medication in accordance with the Probate Court authorization.

2. If the Probate Court denies authorization, medications may not be administered except in emergencies.

V. Application for Special Limited Conservator

A. Consultation and Application

1. If the attending physician concludes that medication is appropriate and necessary for treatment of a patient placed in the custody of the Commissioner of the Department of Mental Health and Addiction Services pursuant to CGS § 54-56d, and the patient is incapable of providing informed consent for the treatment of psychiatric disabilities, regardless of his/her willingness to accept medication, the attending physician shall request consultation with another physician.

2. At the time that the decision is made to seek consultation with another physician, the hospital will inform the patient’s defense counsel and the state’s attorney in writing of this decision, with a copy of such notice provided to the Clerk of the Court from which the patient was committed pursuant to CGS § 54-56d. (This notice is made in addition to the notice of availability of advocacy services in Section II.A.3 above, which will also be made.) A sample form for “Notice to Court of Involuntary Medication Procedures Pursuant to CGS 17a-543a” (CF-01-5) is attached.

3. If the second physician (consultant) concurs with the attending physician’s opinion (according to procedures outlined in Sections II.A. 5-6 above), the head of the hospital shall review the information available and make an independent decision regarding the need to proceed. If a decision is made to go forward, the attending physician shall file a petition with the Probate Court for the appointment of a Special Limited Conservator (SLC) with specific authority to consent to the administration of medication as per CGS § 17a-543a. The SLC may not be an employee of the hospital in which the patient is currently being treated.

4. If the patient has not already chosen an advocate, at this time the physician/designee shall also remind the patient of the availability of advocacy services, following the procedures outlined in section II.A. 3. above. If the patient has selected an advocate, and if the patient has authorized the release of
information to the advocate in writing, the attending physician/designee shall ensure that the advocate is notified within 24 hours in writing of the patient’s name and location at the time this process is initiated. A sample form for “Notice to Patient’s Advocate of Involuntary Medication Procedures Pursuant to CGS 17a-543a” (CF-01-6) is attached.

5. If the decision is made to proceed with the application to Probate Court for appointment of the SLC, both the defense counsel and state’s attorney will be listed as “interested parties” on the application so that the Probate Court may notify them of any further proceedings on the matter. If the patient already has a Conservator of person or estate appointed, the Conservator shall also be listed as an “interested party.” If the patient has chosen an advocate, the advocate will also be listed as an “interested party.”

B. Appointment and Responsibility of the Special Limited Conservator

1. If the court appoints an SLC, the SLC shall:
   a. meet with the patient and the physician; and
   b. review the patient’s medical records; and
   c. consider the following in deciding whether to consent to medication:
      1. potential risks and benefits from the medication;
      2. the likelihood and seriousness of adverse side effects;
      3. the preferences of the patient;
      4. the patient’s religious views; and
      5. the prognosis with and without medication.

2. The SLC shall sign a form which confirms he/she has complied with the provisions in Section V.B.1. above, and whether or not he/she consents to medication. The original, signed, copy will be retained in the patient’s medical record. A copy shall be given to the SLC. A sample form for “Decision of Special Limited Conservator on the Administration of Involuntary Medication” (CF-01-7) is attached.

3. The authority of the SLC to consent to the patient receiving medication, shall be effective for the period designated in CGS § 17a-543a.

4. The SLC has the right to revoke consent to medication at any time.

5. If the patient is continuously hospitalized beyond 120 days, the authority of the SLC to consent to medication administration may be extended up to 120 days by order of the Probate Court without a hearing upon application by the head of the hospital if the head of the hospital and two qualified physicians determine that:
a. the patient continues to be incapable of giving informed consent to medication; and
b. such medication is deemed necessary for such patient’s treatment.

6. Upon the termination of the placement of the patient in the custody of the Commissioner of the Department of Mental Health and Addiction Services pursuant to CGS § 54-56d, the hospital will notify the SLC that he/she no longer has authority to consent to medication for the identified patient.

VI. Application to Probate Court for 54-56d Patients Capable of Informed Consent

A. Consultation and Application

1. The attending physician shall request consultation from another physician if:
   a. he/she concludes that a patient has a psychiatric disability; and
   b. the patient is capable of providing informed consent for the medication deemed by the attending physician to be appropriate and necessary for the treatment of his/her psychiatric disability; and
   c. is refusing to accept such medication; and
   d. there is no less intrusive beneficial treatment; and
   e. without medication, the psychiatric disabilities will continue unabated and place the patient or others in direct threat of harm.

2. At the time that the decision is made to seek consultation with another physician, the hospital will inform the patient’s defense counsel and the state’s attorney in writing of this decision, with a copy of such notice provided to the Clerk of the Court from which the patient was committed pursuant to CGS § 54-56d. (This notice is made in addition to the notice of availability of advocacy services in Section II.A.3 above, which will also be made.) A sample form for “Notice to Court of Involuntary Medication Procedures Pursuant to CGS 17a-543a” (CF-01-5) is attached.

3. If the second physician (consultant) concurs with the attending physician’s opinion, (according to procedures outlined in Sections II.A. 5-6 above) and if the attending physician determines that a petition should be filed with the Probate Court the head of the hospital shall review the information available and make an independent decision regarding the need to proceed. If a decision is made to go forward, the attending physician shall file a petition with the Probate Court requesting authority to provide involuntary medication for up to 120 days under CGS 17a-543a(b)(1).
4. If the patient has not already chosen an advocate, at this time the physician/designee shall also remind the patient of the availability of advocacy services, following the procedures outlined in section II.A. 3. above. If the patient has selected an advocate, and if the patient has authorized the release of information to the advocate in writing, the attending physician/designee shall ensure that the advocate is notified within 24 hours of the patient’s name and location at the time this process is initiated. A sample form for “Notice to Patient’s Advocate of Involuntary Medication Procedures Pursuant to CGS 17a-543a” (CF-01-6) is attached.

5. If the patient is continuously hospitalized beyond 120 days, the authority for medication administration may be extended up to 120 days by order of the Probate Court without a hearing upon application by the head of the hospital if the head of the hospital and two qualified physicians determine that:
   a. the patient continues to be capable of giving informed consent to medication but refuses to consent to medication for treatment of his/her psychiatric disabilities; and
   b. there is no less intrusive beneficial treatment; and
   c. without medication, the psychiatric disabilities will continue unabated and place the patient or others in direct threat of harm.

6. The patient’s advocate, if one has been identified by the patient, and if the patient has authorized the release of information to the advocate in writing, shall be notified at the time of the application for 120 day extension to the Probate Court by the attending physician/designee. A sample form for “Notice to Patient’s Advocate of Involuntary Medication Procedures Pursuant to CGS 17a-543a” (CF-01-6) is attached.

B. Decision of the Probate Court

1. If the Probate Court authorizes medication, the attending physician may provide medication in accordance with the Probate Court authorization.

2. If the Probate Court denies authorization, medications may not be administered except in emergencies, or as otherwise authorized by the Superior Court pursuant to CGS § 54-56d(k).