INLAND REPORT

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Providers of some of the information in this report included Bob’s Place, Candlewood Bait & Tackle, Captain Morgan’s Bait & Tackle, JT’s Fly Shop, Yankee Outdoors, CTFisherman.com, and a number of bass fishing clubs & organizations.

LARGEMOUTH BASS fishing has hit the summer doldrums (especially with the heat), best times best times are often early mornings, evenings and sometimes nights, with tougher fishing found midday. Look for the cooler water. Places to try include Bantam Lake, East Twin Lake, Candlewood Lake, Amos Lake, Mansfield Hollow Reservoir, Mashapaug Lake, Black Pond (Woodstock), Morey Pond, Pachaug Pond, Quaddick Lake and Hopeville Pond. Soft plastics, topwater baits, and natural baits (worms, crawlers) are working.

Tournament angler reports are from Long Pond (tough for most, 3.93 lb lunker), Mansfield Hollow Reservoir (fair to good, with a 4.5 lb lunker and a nearly 2 lb per fish average weight), Pachaug Pond (fair, 3.81 lb lunker), Powers Lake (fair for one morning tournament, but not much size and a 1.78 lb lunker; and fair to good for a second morning club, with a 2.32 lb lunker), Bantam Lake (fair, 2.10 lb lunker), Candlewood Lake (fair to good for a night tournament, 5.55 lb lunker), Winchester Lake (slow to fair for most, with a 3.35 lb lunker but not much else for any size), and the Connecticut River (tough for most in one club out of Salmon River, 3.44 lb and 3.27 lb lunkers; slow to fair with 3.98 lb lunker for an evening club out of Salmon River).

SMALLMOUTH BASS. Smallies remain hard to find in many areas, but fish are being caught at Candlewood Lake (look over humps early, alewives or swimbaits will work), Lake Lillinonah, Colebrook River Lake and Lake Zoar. Summer is definitely here with a vengeance, and river smallie action is excellent in the Housatonic River. Other rivers for smallmouth action include the Naugatuck River, Shetucket River, Pachaug River and Quinebaug River. Tournament angler reports a from Bantam Lake (fair, 4.39 lb lunker), Candlewood Lake (fair to good for a night tournament, 5.35 lb lunker), Colebrook River Lake (fair to good fishing for a kayak/small boat event) and the Connecticut River (a few for a tournament out of Salmon River).

Saturday
August 10, 2019 IS A FREE FISHING LICENSE DAY

The second 2019 (and final) Free Fishing License Day is Saturday, August 10, 2019 (and also the day of the NCLI/DEEP CARE program Saltwater fishing event at Fort Trumbull State Park – see page 6 for more information on this event). Anyone can obtain a free one-day fishing license to fish this day.

The free one-day license can be obtained through our mobile friendly site at www.ct.gov/deep/sportsmenlicensing and at the same vendors (Designated vendor (tackle shop), Town Halls and DEEP offices where other licenses are available (DEEP Offices).
TROUT - RIVERS & STREAMS. Conditions for the weekend should be poor in most of our stocked waters. The weather has warmed significantly and with the forecast of extreme heat and humidity many of our stocked waters are (or will be) too warm to sustain trout. Any remaining trout in these waters have moved on to find cold tributaries or deep spring-fed pools. Flows remain comfortable for fishing in many areas but are dropping below typical mid-July levels with streams in the western 1/3 of the state hitting levels well below normal, while a few areas hit with torrential downpours Wednesday increased well above typical mid-July levels (see stream flow graphic on page 5). You can check stream flows anytime for 68 USGS gauging stations at the USGS web site.

With the hot, humid weather, try seeking out the cool conditions of our Wild Trout Management Areas. These areas were established because they have adequate water temperatures to support trout year round and have some level of natural reproduction mixed with trout stocked as fry (1.5 inch). Fry stocked trout grow in the stream and are visually indistinguishable from their wild-spawned counterparts. Class 1 areas are catch and release only, fly or artificial lure, and barbless hooks. Class 2 and 3 areas do not have any restriction on gear, however daily limits are 2 fish greater than 12 inches (Class 2) and 5 fish greater than 9 inches (Class 3). All Wild Trout Management Areas are listed in our Fishing Guide.

The best bet for action this week continues to be the tail-water habitat (super cold) of the West Branch (remember the upper portion was stocked at the beginning of July with 2,250 Brown trout) and mainstem Farmington River (to about Unionville).

Farmington River – Fishing continues to good to very good and conditions for the weekend should be good. The upper section of the West Branch from the Goodwin Dam to the old bridge abutments was stocked with 2,250 Brown Trout (fish averaging at least 12 inches in length) on July 3, flows continue to be great for fishing, clear and low-moderate (currently 269 CFS at Riverton plus 12 CFS from the Still River), and water temperatures remain cool in the West Branch.

Hatches/patterns. Insect activity remains fairly active but for the traditional Caddis, Mayfly, or Stonefly, fish later in the afternoon and well into the evening. Ants are the word – try black, cinnamon and flying ant patterns (especially in afternoons). Others for this time of year include include Isonychia (#10-12), Vitreus (#16-18, from 5:00 pm to dark, Riverton area), Tan Caddis (#16-18, good all day), Sulfurs, (Invaria #16-18, hatches mid-day and Dorothea #16-18) Light Cahill (#10-14), March Brown nymphs (#10-12), Gray Fox (#14, afternoon), Blue Wing Olives (#18-24, mid-late afternoon), Caddis (tan #14-18, all day; green #22-26, evening), Midges (#20-32), Blue Quill (#16-18) and Pale Evening Duns (Epeorus vitreus #16-18, afternoon and early evenings).

Nymphing continues to be productive. Fish are falling for Bead Head, Midge Pupa, Brassie, Zebra Midge or Copper John patterns. Streamers, large and shiny, are also a good option (Hare’s ear, Pheasant Tail, White Zonkers & Buggers (#4-12) as well as Muddler minnow, Grey or Black Ghost).


DEEP’s Bureau of Water Protection & Land Reuse was instrumental in funding this addition to the USGS gauge. This new data will be helpful, including for monitoring conditions and determining the need for additional monitoring farther downstream, especially during droughts and heat waves.

Here’s the link that will take you directly to the USGS 01186000 WEST BRANCH FARMINGTON RIVER AT RIVERTON, CT online gauge data:


Note that if you save the direct link above, you’ll need to update the dates every few days as it takes one to a specific time period (in this case 6/22 – 7/9).
**Housatonic River** – The river continues to be very wadeable and fishable and with some really hot weather forecast – With the low flows and hot weather, it is the time to hit up some of the other fish species in the river. Smallmouth and Fallfish can be very rewarding when caught on light tackle. Crayfish and Hellgramites, both readily available from within the river, are perfect bait - try alders and White Flies (just starting) for some great fly fishing action for smalllies. Carp and Pike are other solid bets especially in the section above “Great Falls” and in the Bulls Bridge impoundment (Kent).

Mainstem water temperatures are marginal for trout and many trout are seeking relief in the refuges. Please be sure to stay well away from these areas. A fish leaving the refuge may be a dead fish. Flows have dropped a bit below typical mid-July levels, are clear, currently 250 CFS at Falls Village and 333 CFS at Gaylordsville. Anglers are reminded that they can call the FirstLight Power Resources flow line at 1-888-417-4837 for updated river information or check the USGS website for up to date real time streamflow data from a number of USGS gauging stations including two on the upper Housatonic River.

**Hatches/patterns.** Reports suggest that White fly hatch is starting! Alder flies (actually a caddis), while cahills and Isonichia are making an appearance, March Browns (#10-12), Pheasant Tail (#12-18), Stoneflies (#6-10), Pheasant Tails (#14-20), and Black Stoneflies (#18-22). Nymphing (try Bead Head, Midge Pupa or Copper johns) and streamers (such as White/Yellow Zonkers or Wooly Buggers) are good options. Terrestrials like black and red ants, beetles, and crickets can be the ticket.

Anglers are reminded that the thermal refuge areas on the Housatonic, Naugatuck and Shetucket Rivers are now closed to fishing (as of June 15). These areas will reopen on September 15. There is no fishing within 100 feet of signs indicating such closure at or near the mouths of tributaries to these rivers. Please call our dispatch to report any illegal fishing 860-424-3333.

**TROUT- LAKES & PONDS** – No reports for trout this week. Crystal Lake, Colebrook River Lake, East Twin Lake and West Hill Pond may provide some action.

**CHANNEL CATFISH.** Good fishing reported from a number of waters. The more productive areas including the CT River in the evening, Batterson Park Pond, Wauregan Reservoir, Crescent Lake (Southington), Lake Wintergreen, and Beardsley Park Pond.

**COMMON CARP.** Good action in all locations. Lake Zoar, Batterson Park Pond, Aspinook Pond and West Thompson Lake are all good carp producers.

**NORTHERN PIKE.** Anglers are catching some pike in Bantam Lake, Pachaug Pond and Hopeville Pond, other places to try include Lake Lillinonah, Lake Zoar, Winchester Lake and Mansfield Hollow Reservoir. Anglers are also finding some nice pike in the small impoundments on the Housatonic River from Bulls Bridge up to Salisbury.

**PANFISH.** Perfect time of year to go to your favorite pond and load up on bluegill and perch. Panfish are the gateway
to all other species. While you are at it, bring the family – sunnies are going wild and kids love the continuous action (a great way to get them interested in fishing)! In the east Calico Bass are providing some action throughout the state.

KOKANEE SALMON. Anglers are finding some fish at East Twin Lake and West Hill Pond.

CHAIN PICKEREL. Pickerel haven’t been aggressive but some continue to be caught in many areas.

WALLEYE. Few reports this week. Places to try include Beach Pond, Coventry Lake, Mashapaug Lake, Mount Tom Pond, Squantz Pond, Saugatuck Reservoir, Lake Saltonstall and Batterson Park Pond.

CONNECTICUT RIVER. Flows in the river are on the low side and very comfortable for fishing/boating, currently 4,950 CFS at Thompsonville. Bowfin fishing is good. Good action for catfish (Whites and Channels) through the river, with some 30 inch cats caught in the Enfield area. For catfish, fish the deep holes by day and the adjacent shallow flats by night. Fishing for Largemouth Bass was slow-fair in the Salmon River Cove/Haddam Meadows area. Smallmouth Bass continue to provide steady action in the Enfield area. Pike and Black Crappie fishing continue to be worth a trip or two. Some decent Common Carp action is being found, and reports include a 40 lb beauty caught-and-released in the Enfield area.

IMPORTANT NOTICE - Please note that an accidental release of fire-fighting foam from a hangar at Bradley International Airport on June 9. DEEP and the Department of Public Health have lifted the advisory concerning boating and swimming in this section of the lower Farmington river. The advisory to not eat fish caught from this area remains in place until further testing is completed and results analyzed.

Section of the lower Farmington River possibly affected by the recent firefighting foam release under the cautionary advisory.

For Current Connecticut Recreational Fishing Regulations: Anglers should consult the 2019 Connecticut Fishing Guide which is now available at most Town Clerks Offices, DEEP offices and at tackle stores selling fishing licenses. Current regulations, electronic versions of the Fishing Guide and additional information can all be accessed on the DEEP website at: www.ct.gov/deep/fishing.
Known locations of hydrilla at Coventry Lake (Wangumbaug Lake). Boaters should avoid these areas noted with red to avoid fragmenting and spreading hydrilla.
Surface water temperatures in Long Island Sound (LIS) are in the low 70’s °F. Check out the following websites for more detailed water temperatures and marine boating conditions:

- [http://www.mysound.uconn.edu/stationstat.html](http://www.mysound.uconn.edu/stationstat.html)
- [http://marine.rutgers.edu/mrs_sat_data/?nothumbs=1](http://marine.rutgers.edu/mrs_sat_data/?nothumbs=1)
- [http://www.ndbc.noaa.gov/](http://www.ndbc.noaa.gov/)

**DEEP’s ANNUAL SALTWATER FISHING DAY**
**SATURDAY, AUGUST 10, 2019**

No Child Left Inside®
in partnership with CARE presents
Saltwater Fishing Day
Saturday, August 10, 2019

10 a.m.—3 p.m.
Fort Trumbull State Park
New London, Connecticut

FREE!
No registration required.
Participants 16 years and older must have fishing license.
Free 1-day license available at www.ct.gov/deep/fishing.
Fishing, crabbing, fish activities, fish catching waters, and more!
Fishing rods, tackle and bait available to borrow.

For more information:
CT Department of Energy and Environmental Protection
(860) 424-3517
KeepItCleanSoils@ct.gov
or visit www.NoChildLeftInside.org

**IMPORTANT REMINDERS for ANGLERS:**

- **NORTHERN DIAMONDBACK TERRAPIN TURTLE** – Many shore anglers fishing in the lower Connecticut and Housatonic Rivers and other estuaries are encountering these beautiful brackish water turtles while fishing. They will frequently feed on fishermen’s live or dead bait when bottom fishing. They are a protected species with very low abundance. Please take great care (use needle nose pliers) when removing the hook and release the turtle without avoidable harm. Terrapins have a long lifespan of about 25 to 40 years. Thank you for supporting conservation!

- **STURGEON** – We’ve had a few reports of anglers inadvertently catching sturgeon while bottom fishing. Please, do not remove the fish from the water. Release all sturgeon without avoidable harm as their
populations are slowly recovering and are at VERY low levels. They are a federally protected species. Thanks!

**STRIPED BASS** fishing should be good with the Black Super Moon (perigee) at night, with bait being trapped in the strong current. Fishing is slowing down by day with warmer water temperatures arriving in the Sound. Venture East to Block Island Sound and around the windfarms and there are good numbers of trophy-sized bass. Trolling a tube and worm in red, pink or white has been productive. Live-lining bunker has been the hottest magnet for these very large “Rockfish”, followed by fresh bunker and live eels. Smaller, sporty “schoolie” stripers are being caught at Long Beach and Short Beach in Stratford, Pleasure Beach Family Pier, Seaside Park, Sherwood Island State Park, Compo Beach, Calf Pasture Beach Pier, Stamford's Cove Island and Todd's Point in Greenwich. The Morningside area of Milford, Walnut Beach, Gulf Beach Pier and the Milford Audubon Society has also been excellent locations for catching that trophy-sized striped bass. **Dawn and dusk is prime time for large stripers on the reefs, rip areas and lower coastal tidal rivers.** Striper areas include the Watch Hill reefs, lower Thames River, the Race, Plum Gut, Pigeon Rip, outer Bartlett Reef, Black Point, Hatchett Reef, lower Connecticut River (Great Island), Long Sand Shoal, Cornfield Point, Southwest Reef (outer), Westbrook, Six Mile Reef, Falkner Island area, the reefs off Branford, New Haven Harbor (including Sandy Point), Charles Island area, Housatonic River, buoys 18 and 20 off Stratford Point, Stratford Shoal/Middle Ground, Bridgeport Harbor, Penfield Reef, around the Norwalk Islands, and Cable and Anchor Reef. Shore locations include... **Connecticut River by Dock and Dine and the DEEP Marine Headquarters fishing pier. Night fishing is good at the Bradley Point, Long Beach Stratford, DEEP Marine Headquarters fishing pier, Waterford Seaside Park and Harkness Memorial Park.** Got a big fish...qualify for the [CT Trophy Fish Award Program](#).

Please use circle hooks when fishing with bait to prevent g

**SUMMER FLounder (FLuke)** fishing remains spotty from last week. Continue to search deep for this fish. Also, try some unorthodox areas, you might just find some keepers. Its about this time of year that the most common fluking drifts are picked over. From shore, Bucktails with a Berkley Gulp (dogfish don’t like gulp) tagged with a little bait has been producing some winners at **South Benson Pier, Southport Harbor, Calf Pasture Breakwater and Pier and Todd’s Point** near the **Sailing School**. Good fluke spots include south shore of Fishers Island (Isabella Beach, Wilderness Point), Watch Hill to Naptree Point, off the Stonington breakwater, mouth of the Mystic River to Groton Long Point, **Thames River channel**, Gardiners Bay over to Greenport, NY, **Twotree Channel**, Black Point/Niantic Bay/River, Long Sand Shoal, Westbrook-Clinton area, Falkner Island area, New Haven Harbor to West Haven, off the mouth of the Housatonic River, **Norwalk Islands**, and across over to Port Jefferson, NY. **Minimum size is 19 inches and the daily creel limit is 4 fish per person.** [CT Bait & Tackleshop List](#)

**BLACK SEA BASS** fishing remains awesome. Sea Bass are just about everywhere and are still chowing down on high-low rigs tipped with clam, squid and sand worms. Although you don’t want to feed the ocean with all of your bait, chumming has been an effective method to catch a lot of sea bass. Also, diamond jigs and flashy spinner rigs in colors that glow or pink have done extremely well. This week’s home turf of black sea bass is about the same as last week. **Sunkin Island, Pennfield Reef, and the mouth of Blackrock Harbor.** Another great spot this week is the Middleground in 30’-60’ of water, buoy 18, buoy 20 and BH Buoy. If you’re not finding them in your typical spots go a bit deeper.

**SCUP (PORGY)** fishing is unmatched right now. Whether you’re targeting them or not its likely you will find some. Many being caught are of very impressive size. **Sunken Island, Pennfield Reef, mouth of Blackrock Harbor and Long Beach breakwater in Stratford.** Scup anglers this week have also been reaching their limits at Gulf Beach breakwater, Walnut Beach, South Benson rocks (along the piers walkway) Saint Mary’s by the Sea, Pleasure Beach Family Pier, Sherwood Island State Park, Compo Beach breakwater, Calf Pasture Beach breakwater, Cummings and Cove Beaches in Stamford and Todd’s Point. Porgy fishing has also been reported at these shore fishing locations: **Mystic River Park, UCONN Avery Point, Rocky Neck State Park, Harkness Memorial State Park, Meigs Point Hammonasset State Park** and **Fort Trumbull State Park.** Locate your
favorite Enhanced Shore Fishing Opportunities for these hard fighting and excellent eating “Reef Slammers”. These “panfish of the sea” are easily caught on sandworms/cut squid or any other small piece of bait. Contact your local bait and tackleshop for updated fishing information.

**BLUEFISH** fishing continues to improve. Big bluefish are showing on the surface in some location in the Sound. Try fishing the RACE to Block Island Sound along with the southside of Fishers Island. The time is now to plan a “deep sea” fishing trip with a party charter boat and fish for those blues. **The Race, Plum Gut, many of the major rocky reefs, rips, and shoal areas in LIS** are the best bets at this time. Diamond jigs, trolling parachute jigs or umbrella rigs, and using fresh bunker or hickory shad chunks on three-way bottom rigs have all been effective. Don’t forget to throw a few topwater lures in the box. Other bluefish spots include the Sluiceway, Gardiners Bay, the Peconic Bays, and the north shore of Long Island along with the Stratford Shoal and Housatonic River/Milford area. “Snappers” (juvenile bluefish) and “Harbor Blues” (16 - 22 inches) are also very common at many shore locations. Try all the local fishing piers. **Fort Trumbull, the Lieutenant River and the DEEP Docks have been very good. These under sized bluefish provide great sport for shore anglers. Try fishing the lower reaches of tidal rivers and estuaries...you will be glad you did as these predators push the bait up rivers.**

**BLACKFISH (TAUTOG)** fishing very good along shallow water reefs. The daily creel limit is **2 fish per person and the minimum size is 16 inches**. Tautog love eating crabs...try green, Asian and hermit crabs for bait. Spawning activity is slowing so there are starting to feed a bit more. Continue to look towards shallow water over mussel beds. Other prime locations include: pilings with mussel beds and rock (reef) piles (5 to 30 ft).

**WEAKFISH** fishing continues to impress with good numbers of 15-28 inch size fish being caught in the central and eastern Sound (Milford, West Haven and Waterford beaches). Good fishing in Niantic, New Haven Harbor by the breakwaters over to Woodmont/Milford Point and along Stratford shoals. They've also been reeling them in at West Haven Sandy Point and the Sandy Point Audubon Society. **Weakfish prefer sand worms and clams at low light and dusk.** One of the best eating saltwater fish you will ever catch.

**SAND SHARKS (SMOOTH DOGFISH)** fishing is good in Long Island Sound. They are very abundant and fun to catch when bottom fishing from shore or boat. Unlike most sharks, this **dogfish** has rows of flat grinding teeth rather than sharp blades, which are ideal for crushing and chewing the crustaceans and mollusks that it hunts. They will bite on any bait fished on the bottom. Often found mixed in with scup, summer flounder and sea robins.

**SHARK SPECIES YOU MAY ENCOUNTER IN COASTAL WATERS OF CONNECTICUT** - Anglers may catch Sand Tiger and Sandbar (Brown) Shark which are protected and prohibited species and must be released unharmed.

**IF YOU DON'T KNOW, PLEASE LET IT GO!** Coastal shark information.

**STRIPED SEAROBIN** fishing is very good throughout LIS for this “hardhead fish with spines and large pectoral fins”. There is no shortage of robins as boat or shore anglers are enjoying some family fishing fun. These beautiful and strange looking fish are now very common especially when bottom fishing at many of Connecticut’s shore fishing sites. With many fish measuring over 20 inches, 3 pounds and “barking up a storm” (grunting noise they make when handling them). **They love sandworms, squid and any live or dead bait.** They are also very good to eat. Please be careful when handling them...be mindful of their spines located on top of their head and gill cover.

**BLUE CRAB** fishing is fair but improving. Crabs are in the molting phase (sally crab) and becoming more active in the tidal creeks and rivers as the water warms up. **There appears to be a lot of smaller crabs out there...a good sign for a great summer/fall crabbing.** They are not reliable everywhere quite yet but as we get into August crabs should be more and more abundant. Please remember it’s mating season for the crabs and release all egg-bearing females (sooks or lemon bellies). There are some large “jimmies” (male crabs) being captured (8.0 inches spike to spike) along with some impressive sooks. **Remember...all egg bearing females**
must be released without avoidable harm. Minimum carapace length is 5 inches for a hard shell crab. Blue crab fishermen. These turtles are also feeding and laying eggs along CT’s coast. Legal gear types include: scoop (dip) net, hand line, star crab trap, circular (topless) trap not exceeding 26 inches in diameter. Maryland Style Crab traps are prohibited and it’s illegal to snag blue crabs. Chicken with the skin on it (along with a long handle net) is the preferred method to capture these tasty crabs.  

Blue Crab Fact Sheet

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<th>Length (in.)</th>
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<td>Striped Bass</td>
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REPORTING YOUR RECREATIONAL FISHING ACTIVITY – CT’S MARINE ANGLER SURVEY

CTDEEP Marine Fisheries Program is responsible for conducting the Access Point Angler Intercept Survey (APAIS) in CT to collect saltwater recreational fishing catch data. This data is part of NOAA’s Marine Recreational Information Program (MRIP) an extremely important survey used to manage our marine fisheries.

You can find CTDEEP marine fisheries staff aboard party boats, visiting marinas, boat launch ramps, canvassing local beaches, piers, and at other fishing access points to gather accurate catch information.

When you’re out fishing, please keep an eye out for marine angler survey field staff! The survey takes 5 minutes to complete. Any information you can provide them will remain confidential and is greatly appreciated. For more opportunities to report your recreational catch, please visit Marine Volunteer Angler Survey.

CAUGHT A TROPHY FISH - MARINE TROPHY FISH ARWARD PROGRAM AFFIDAVIT

- **CONNECTICUT STATE BOUNDARY LINE IN LONG ISLAND SOUND.** Anglers please note, although Connecticut has reciprocity with neighboring states (New York, Rhode Island, Maine and Massachusetts), residents of Connecticut are required to have a CT Resident Marine Waters Sport Fishing License to fish in the Marine District.

- **CT TIDE INFORMATION** can be found on page 64 of the 2019 CT Fishing Guide.

- **FISH RULES APP** Fish Rules is a totally new and innovative way to understand recreational saltwater fishing regulations for state and federal waters from Maine to Texas.

DEEP WEEKLY Fishing Report

Connecticut Department of
ENERGY & ENVIRONMENTAL PROTECTION
79 Elm Street, Hartford, CT 06106
www.ct.gov/deep