INLAND REPORT

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Providers of some of the information in this report included Bob’s Place, Candlewood Bait & Tackle, Captain Morgan’s Bait & Tackle, The Fish Connection, JT’s Fly Shop, Yankee Outdoors, CTFisherman.com, and a number of bass fishing clubs & organizations.

LARGEMOUTH BASS fishing is generally fair to good, but the best times are often early mornings and evenings with tougher fishing found midday. Look for the cooler water. Good reports from Pachaug Pond, Ashland Pond, Morey Pond, Mashapaug Lake, Black Pond (Woodstock), Lake McDonough, Lake Zoar, Mansfield Hollow Lake, and Lake Zoar. Soft plastics, topwater baits, natural baits (worms, crawlers) are working.

Tournament angler reports are from Aspinook Pond (fair, 3.13 lb and 2.06 lb lunkers), Lake of Isles (fair, but decent size with a 1.86 lb average weight per fish and a 4.34 lb lunker), Long Pond (fair, 4.9 lb lunker), Mansfield Hollow Reservoir (good for one club, with a 4.56 lb lunker, also good fishing for a kayak event), Powers Lake (fair, 3.13 lb lunker), Quaddick Lake (good for one club, with a 4.01 lb lunker and a 1.95 lb average weight per fish; slow to fair for a second club with a 3.58 lb lunker), Rogers Lake (good for one club with a 4.95 lb lunker and a 2 lb per fish average weight; just fair for a second club, with a 3.19 lb lunker), Candlewood Lake (fair, 4.2 lb lunker), Lake Lillinonah (fair, 3.81 lb lunker), Lake McDonough (fair to good, 4.42 lb lunker), Lake Zoar (good for most, 3.56 lb and 3.24 lb lunkers) and the Connecticut River (slow to fair for a day club out of Salmon River, with a 4.56 lb lunker; fair to good for one evening club with a 5.01 lb lunker; and slow to fair for second club, but with a 5.70 lb lunker).
**SMALLMOUTH BASS.** Smallies remain hard to find in many areas, but fish are being caught at Candlewood Lake (look over humps early, swinbaitst will work), Lake Lillinonah, Lake McDonough and Lake Zoar. Summer is here with a vengeance, and river smallie action has exploded in the Housatonic River. Other rivers for smallmouth include the Naugatuck River, Shetucket River, Pachaug River and Quinebaug River. Tournament angler reports are from Candlewood Lake (fair), Lake Lillinonah (fair, 4.26 lb lunker), Lake McDonough (some in the bags), Lake Zoar (fair for those targeting them) and the Connecticut River (a few for a club out of Salmon River).

**TROUT- RIVERS & STREAMS.** Conditions for the weekend should be poor in most of our stocked waters. The weather has warmed significantly and with the forecast of extreme heat and humidity many of our stocked waters are (or will be) too warm to sustain trout. Any remaining trout in these waters have moved on to find cold tributaries or deep spring-fed pools. Flows remain comfortable for fishing in many areas but are dropping below typical mid-July levels with streams in the western 1/3 of the state hitting levels well below normal, while a few areas hit with torrential downpours Wednesday increased well above typical mid-July levels (see stream flow graphic on page 4). You can check stream flows anytime for 68 USGS gauging stations at the USGS web site.

With the superhot weather try seeking out the cool conditions of our **Wild Trout Management Areas.** These areas were established because they have adequate water temperatures to support trout year round and have some level of natural reproduction mixed with trout stocked as fry (1.5 inch). Fry stocked trout grow in the stream and are visually indistinguishable from their wild-spawned counterparts. **Class 1** areas are catch and release only, fly or artificial lure, and barbless hooks. **Class 2 and 3** areas do not have any restriction on gear, however daily limits are 2 fish greater than 12 inches (Class 2) and 5 fish greater than 9 inches (Class 3). All Wild Trout Management Areas are listed in our Fishing Guide.

The best bet for action this week will be the tail-water habitat (super cold) of the West Branch (remember the upper portion was stocked at the beginning of July with 2,250 Brown trout) and mainstream Farmington River (to about Unionville).

Farmington River – Fishing has been good to very good and conditions for the weekend should be good. **The upper section of the West Branch from the Goodwin Dam to the old bridge abutments was stocked with 2,250 Brown Trout (fish averaging at least 12 inches in length) on July 3,** flows continue to be great for fishing, clear and low-moderate (currently 253 CFS at Riverton plus 19 CFS from the Still River), and water temperatures remain cool in the West Branch.

**Hatches/patterns.** Insect activity remains fairly active but for the traditional Caddis, Mayfly, or Stonefly, fish later in the afternoon and well into the evening. Ants are the word – try black, cinnamon and flying ant patterns (especially in afternoons). Others for this time of year include Isonychia (#10-12), Vitreus (#16-18, from 5:00 pm to dark, Riverton area), Tan Caddis (#16-18, good all day), Sulfurs,
(Invaria #16-18, hatches mid-day and Dorothea #16-18) Light Cahill (#10-14), March Brown nymphs (#10-12), Gray Fox (#14, afternoon), Blue Wing Olives (#18-24, mid-late afternoon), Caddis (tan #14-18, all day; green #22-26, evening), Midges (#20-32), Blue Quill (#16-18) and Pale Evening Duns (Epeorus vitreus #16-18, afternoon and early evenings).

Nymphing continues to be productive. Fish are falling for Bead Head, Midge Pupa, Brassie, Zebra Midge or Copper John patterns. Streamers, large and shiny, are also a good option (Hare’s ear, Pheasant Tail, White Zonkers & Buggers (#4-12) as well as Muddler minnow, Grey or Black Ghost).

Housatonic River – The river continues to be very wadeable and fishable and with some really hot weather forecast - **Now is the time to hit up some of the other fish species in the river**- Smallmouth and Fallfish can be very rewarding when caught on light tackle. Crayfish and Hellgramites, both readily available from within the river, are perfect bait. Carp and Pike are other solid bets especially in the section above “Great Falls” and in the Bulls Bridge impoundment (Kent).

Mainstem water temperatures are marginal for trout and many trout are seeking relief in the refuges. Please be sure to stay well away from these areas. A fish leaving the refuge may be a dead fish. Flows have dropped a bit below typical mid-July levels, are clear, currently 250 CFS at Falls Village and 333 CFS at Gaylordsville. Anglers are reminded that they can call the FirstLight Power Resources flow line at 1-888-417-4837 for updated river information or check the USGS website for up to date real time streamflow data from a number of USGS gauging stations including two on the upper Housatonic River.

**Hatches/patterns.** Alder flies (actually a caddis), while cahill and Isonichia are making an appearance, March Browns (#10-12), Pheasant Tail (#12-18), Stoneflies (#6-10), Pheasant Tails (#14-20), and Black Stoneflies (#18-22). Nymphing (try Bead Head, Midge Pupa or Copper johns) and streamers (such as White/Yellow Zonkers or Wooly Buggers) are good options. Terrestrials like black and red ants, beetles, and crickets can be the ticket.

Anglers are reminded that the thermal refuge areas on the Housatonic, Naugatuck and Shetucket Rivers are now closed to fishing (as of June 15). These areas will reopen on September 15. There is no fishing within 100 feet of signs indicating such closure at or near the mouths of tributaries to these rivers. **Please call our dispatch to report any illegal fishing 860-424-3333.**

**TROUT- LAKES & PONDS** – Few reports for trout this week. Crystal Lake, East Twin Lake and West Hill Pond are coughing up some fish.

**CHANNEL CATFISH.** Good fishing reported from a number of waters. The more productive areas including the CT River in the evening, Batterson Park Pond, Wauregan Reservoir, Crescent Lake (Soutthington), Lake Wintergreen, and Beardsley Park Pond.

**COMMON CARP.** Good action in all locations. Lake Zoar, Batterson Park Pond, Aspinook Pond and West Thompson Lake are all good carp producers.

**NORTHERN PIKE.** Anglers are catching some pike in Pachaug Pond and Hopeville Pond, other places to try include Lake Lillinonah, Bantam Lake, Winchester Lake and Mansfield Hollow Reservoir.

**PANFISH.** Perfect time of year to go to your favorite pond and load up on bluegill and perch. While you are at it, bring the family. Panfish are the gateway to all other species. In the east Calico Bass are providing some action at Glasgo Pond, Avery Pond and Pachaug Pond (at the dam). Some big White Perch are being caught at Candlewood Lake along weed lines.
KOKANEE SALMON. Anglers are finding some fish at East Twin Lake and West Hill Pond.

CHAIN Pickerel. Pickerel continue to be caught in many areas.

WALLEYE. A 6 lb walleye was among the catches at Squantz Pond. Other places to try include Beach Pond, Coventry Lake, Mashapaug Lake, Mount Tom Pond, Saugatuck Reservoir, Lake Saltonstall and Batterson Park Pond.

CONNECTICUT RIVER. Flows in the river are very comfortable for fishing/boating, currently 6,710 CFS at Thompsonville. Bowfin fishing is good. Good action for catfish (Whites and Channels), fish the deep holes by day and the adjacent shallow flats by night. Fishing for Largemouth Bass was fair-good in the Salmon River Cove/Haddam Meadows area and Smallmouth Bass provided some steady action in the Enfield area. Pike, Common Carp and Black Crappie fishing remain worth a trip or two.

IMPORTANT NOTICE - Please note that an accidental release of fire-fighting foam from a hangar at Bradley International Airport on June 9. DEEP and the Department of Public Health have lifted the advisory concerning boating and swimming in this section of the lower Farmington river. The advisory to not eat fish caught from this area remains in place until further testing is completed.

ZEBRA MUSSELS REMINDER

Zebra mussels are now found in a number of locations scattered throughout the Housatonic River and its impoundments including Lake Lillinonah (since 2010), Lake Zoar (since 2010) and Lake Housatonic (since 2011).

Prior to their discovery in Lakes Lillinonah and Zoar in 2010, zebra mussels had been found (1998) in CT only in East Twin Lake and West Twin Lake (Salisbury). Anglers fishing in any of these waters and western Connecticut in general should use extra care to avoid transporting water, aquatic vegetation, and possibly zebra mussels to new locations. Information

For more information including precautions that should be taken to prevent the spread of zebra mussels to additional waters, visit www.ct.gov/deep/invasivespecies or the Aquatic Invasive species section of the 2018 CT angler’s Guide( www.ct.gov/deep/anglersguide).

REMINDER TO ANGLERS-
FISHING IN OR CASTING INTO PERMITTED SWIM AREAS IS PROHIBITED.

State regulations prohibit fishing in or into a swim area that has been permitted by DEEP. Additionally, vessels cannot be operated within a permitted swim area, and there’s a 100 foot “no-wake” zone around the perimeter. Swim areas that have been permitted by DEEP will be marked by white buoys with orange markings, and there should be a permit number posted on the buoys. They may or may not have small orange barrier floats to further demarcate the area. Should questions arise concerning the validity of the swim area (no permit numbers or the area appears to have been changed/enlarged or keeps moving), please contact DEEP’s Boating Division at 860-434-8638.
Known locations of hydrilla at Coventry Lake (Wangumbaug Lake). Boaters should avoid these areas noted with red to avoid fragmenting and spreading hydrilla.

NOTES & NOTICES:

CONNECTICUT RIVER (invasive species alert). In 2016 hydrilla was found in the main stem Connecticut River in Glastonbury (near Glastonbury’s Riverfront Park & Boathouse). **Hydrilla has now spread throughout the river and can be found in numerous areas.** See the Coventry Lake entry on the next page for what river users should do to prevent spread of this invasive plant to other waterbodies.

COVENTRY LAKE (invasive species alert). Hydrilla, a very highly invasive aquatic plant, has been found growing in Coventry Lake. All lake users should take extra care to check and clean their boats (including canoes, kayaks and rowing sculls), trailers, and fishing equipment before leaving the launch.

STANLEY QUARTER PARK POND (DRAWDOWN). A 2-3 foot drawdown for dam repairs is ongoing. Accessing the water may be limited.

Data in the state graphic to the left are generated by the United States Geologic Survey (USGS) and are available on line at: [http://waterdata.usgs.gov/ct/nwis/rt](http://waterdata.usgs.gov/ct/nwis/rt)

A percentile is a value on a scale of one hundred that indicates the percent of data in the data set equal to or below it. For example streamflow greater than the 75th percentile means only ¼ of the streamflow values were above the value and thus would be considered “above normal”. Stream flow between the 25th and 50th are considered to be “normal flows” and those 25th or less are considered to be “below normal”. 
Surface water temperatures in Long Island Sound (LIS) are in the 70’s °F. Check out the following web sites for more detailed water temperatures and marine boating conditions:

http://www.mysound.uconn.edu/stationstat.html  
http://marine.rutgers.edu/mrs/sat_data/?nothumbs=1  
http://www.ndbc.noaa.gov/  
http://www.wunderground.com/MAR/AN/330.html

IMPORTANT REMINDERS for ANGLERS:

- **NORTHERN DIAMONDBACK TERRAPIN TURTLE** – Many shore anglers fishing in the lower Connecticut and Housatonic Rivers and other estuaries are encountering these beautiful brackish water turtles while fishing. They will frequently feed on fishermen’s live or dead bait when bottom fishing. They are a protected species with very low abundance. Please take great care (use needle nose pliers) when removing the hook and release the turtle without avoidable harm. Terrapins have a long lifespan of about 25 to 40 years. Thank you for supporting conservation!

- **STURGEON** – We’ve had a few reports of anglers inadvertently catching sturgeon while bottom fishing. Please, do not remove the fish from the water. Release all sturgeon without avoidable harm as their populations are slowly recovering and are at VERY low levels. They are a federally protected species. Thanks!

**STRIPED BASS** fishing is good during the “thunder” full moon, especially at night and during the weekday when there is less boat traffic. The bass have set up on reefs, in typical fashion for this time of the year. **Dawn and dusk is prime time for large stripers on the reefs, rip areas and lower coastal tidal rivers.** Live lining eels, bunker or hickory shad has been the ticket to land a “cow” bass. Striper areas include the Watch Hill reefs, lower Thames River, the Race, Plum Gut, The Ruins, Pigeon Rip, outer Bartlett Reef, Black Point, Hatchett Reef, lower Connecticut River (Great Island), Long Sand Shoal, Cornfield Point, Southwest Reef (outer), Westbrook, Sixmile Reef, Falkner Island area, the reefs off Branford, New Haven Harbor (including Sandy Point), Charles Island area, lower Housatonic River, **buoys 18 and 20 off Stratford Point**, Stratford Shoal/Middle Ground, Bridgeport Harbor, Penfield Reef, around the Norwalk Islands, and Cable and Anchor Reef. **Night fishing is good at the Bradley Point, Long Beach Stratford, DEEP Marine**
Headquarters fishing pier, Waterford Seaside Park and Harkness Memorial Park. Dawn and dusk is prime time for large stripers on the reefs, rip areas and lower coastal tidal rivers. Live lining eels, bunker or hickory shad has been the ticket. Qualify for the CT Trophy Fish Award Program. Shore locations include...Connecticut River by Dock and Dine and the DEEP Marine Headquarters fishing pier at night. Please use circle hooks when fishing with bait to prevent gut hooking and practice catch & release.

BLACK SEA BASS fishing is now steadily improving again as they feed heavily after the spawn and migrate East. North of Montauk, Block Island Sound, the RACE has been producing. Deeper you fish the bigger the sea bass. Fish shallower and you will catch some keeper-sized sea bass along with summer flounder, a lot of sea robins and smooth dogfish (aka sandsharks). CT black sea bass regulations are as follows...15 inch min. length, 5 fish daily limit from May 19th to December 31st. Berkely Gulp (swimming mullet), on a jig along with squid with a spinner works great for these “Bucketmouths”. Clams and sandworms also work well.

SUMMER FLOUNDER (fluke) fishing is fair in Long Island Sound. The Milford, Woodmont, Gulf and Walnut beach areas have been productive, although this past week fluke fishing has been slow on both sides of the Sound (NY & CT). Still, there have been some impressive reports coming in of doormat-sized fluke (10lbs) being caught using Gulp Alive, spearing (silversides), squid attached to a bucktail, using a high-low rig in very deep water near Montauk, central Sound and off the Thames River. Another winning spot this week for fluke has been buoy 20 off the Housatonic River. Mid to western LIS anglers are still reporting good numbers of sublegal sized fish and a few keepers mixed in, up to 7 pounds. (Norwalk/Stratford/New Haven/Milford area). Fish deeper this time of the year (60-120'). Other good fluke spots include south shore of Fishers Island (Isabella Beach, Wilderness Point), Watch Hill to Napatree Point, off the Stonington breakwater, mouth of the Mystic River to Groton Long Point, lower Thames River channel, Gardiners Bay over to Greenport, NY, Twootree Channel, Black Point/Niantic Bay/River, Long Sand Shoal, Westbrook-Clinton area, Falkner Island area, New Haven Harbor to West Haven, off the mouth of the Housatonic River, Norwalk Islands, and across over to Port Jefferson, NY. Minimum size is 19 inches and the daily creel limit is 4 fish per person. CT Bait & Tackleshop List

SCUP (porgy) fishing is very good throughout the Sound. Any spot with hard bottom (structure) is worth fishing on. The mouth of the Housatonic River to Charles Island and also along Morningside (Milford) is fantastic. Fishing from shore is excellent with a lot of scup in shallow water feeding on tautog eggs from the recent spawn. Harkness Memorial Park, Rocky Neck State Park, Harkness Memorial State Park, Meigs Point Hammonasset, Sherwood Island State Park and Fort Trumbull State Park. Locate your favorite Enhanced Shore Fishing Opportunities for these hard fighting and excellent eating “Reef Slammers”. These “panfish of the sea” are easily caught on sandworms/cut squid or any other small piece of bait.

BLUEFISH fishing is challenging. Find the birds and the pods of juvenile and adult menhaden found sporadically in the Sound and its game on. Best bets have been Block Island Sound to the southside of Fishers Island and in the RACE. The time is now to plan a “deep sea” fishing trip with a party charter boat and fish for those blues. The Race, Plum Gut, many of the major rocky reefs, rips, and shoal areas in LIS are the best bets at this time. Diamond jigs, trolling parachute jigs or umbrella rigs, and using fresh bunker or hickory shad chunks on three-way bottom rigs have all been effective. Other bluefish spots include the Sluiceway, Gardiners Bay, Peconic Bays, and the north shore of Long Island along with the Stratford Shoal Housatonic River area. “Snappers” (juvenile bluefish) and “Harbor Blues” (16 - 22 inches) are also appearing at many shore locations. Try all the local fishing piers. Fort Trumbull has been very good. These under sized bluefish provide great sport for shore anglers. Try the lower reaches of tidal rivers and estuaries...you will be glad you did as these predators push the bait up rivers.

BLACKFISH (Tautog) fishing season is open in Connecticut waters. The daily creel limit is 2 fish per person and the minimum size is 16 inches. Tautog love eating crabs...try green, Asian and hermit crabs for bait. Look
for tautog in shallow water as they are spawning over shellfish beds and reefs. Other prime locations include: pilings with mussel beds and rock (reef) piles (5 to 30 ft).

**WEAKFISH** fishing continues to impress with good numbers of 15-28 inch size fish being caught in the central and eastern Sound (Milford, West Haven and Waterford beaches). Good fishing in Niantic, New Haven Harbor by the breakwaters over to Woodmont/Milford Point and along Stratford shoals. They've also been reeling them in at West Haven Sandy Point and the Sandy Point Audubon Society. **Weakfish prefer sand worms and clams at low light and dusk.** One of the best eating saltwater fish you will ever catch.

**SAND SHARKS (SMOOTH DOGFISH)** fishing is very good in Long Island Sound. They are very abundant and fun to catch when bottom fishing from shore or boat. The name “dogfish” stems from their habit of feeding in packs—sometimes numbering in the hundreds. A really cool looking cartilaginous fish is slender, with elongated cat-like eyes, triangular fins, and an asymmetrical, notched caudal (tail) fin. Unlike most sharks, this *dogfish* has rows of flat grinding teeth rather than sharp blades, which are ideal for crushing and chewing the crustaceans and mollusks that it hunts. They will bite on any bait fished on the bottom. Often found mixed in with scup, summer flounder and sea robins.

**STRIPED SEAROBIN** fishing is amazingly very good throughout LIS for this “hardhead fish with spines and large pectoral fins”. There is no shortage of robins as boat or shore anglers are enjoying some family fishing fun. These beautiful and strange looking fish are now very common especially when bottom fishing at many of Connecticut’s shore fishing sites. With many fish measuring over 20 inches, 3 pounds and “barking up a storm” (grunting noise they make when handling them). **They love sandworms, squid and any live or dead bait.** They are also very good to eat. Please be careful when handling them...be mindful of their spines located on top of their head and gill cover.

**WHITE PERCH** fishing remains good for those dedicated and patient anglers. Spend some time relaxing in any coastal estuary with a little piece of bait (shrimp/sandworm) on a small hook, enjoying some jumbo white perch on the flood tide. Wow, they are good eating. Perch are found in shallow water at any estuary, tidal river and cove along Connecticut’s shoreline. Productive spots include the Pawcatuck River (Stanton Weir Pit/Point), Mystic River, upper Thames River and Niantic River, lower Connecticut River (**DEEP Marine Headquarters fishing pier**), Black Hall River, Lieutenant River, North/South Cove and Hamburg Cove. Grass Shrimp and or a small piece of sandworm fished on the bottom are the keys to success.

**BLUE CRAB** fishing is fair. Crabs are done with the first shed and are continuing to mate. With some patience...you can catch a lot of blue crabs of all sizes. **Please remember it’s mating season for the crabs and release all egg-bearing females (sooks or lemon bellies).** Crabbers note: If you release the female...more males will venture into the area and improve your overall crab catches. There are some large “jimmies” (male crabs) being captured (8” spike to spike) along with some impressive sooks (females up to 7.25 inches carapace width). **Remember...all egg bearing females must be released without avoidable harm.** Minimum carapace length is 5 inches for a hard shell crab. Blue crab fishermen - please release all diamondback terrapins’ caught in your traps (turtles must be released without injury or avoidable harm). These turtles are also feeding and laying eggs along CT’s coast. Legal gear types include: scoop (dip) net, hand line, star crab trap, circular (topless) trap not exceeding 26 inches in diameter. Maryland Style Crab traps are prohibited and it’s illegal to snag blue crabs. **Chicken with the skin on it (along with a long handle net) is the preferred method to capture these tasty crabs.**  

[Blue Crab Fact Sheet](#)
NOTABLE CATCHES

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<th>Length (in.)</th>
<th>Weight (lbs)</th>
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REPORTING YOUR RECREATIONAL FISHING ACTIVITY – CT’S MARINE ANGLER SURVEY

CTDEEP Marine Fisheries Program is responsible for conducting the Access Point Angler Intercept Survey (APAIS) in CT to collect saltwater recreational fishing catch data. This data is part of NOAA’s Marine Recreational Information Program (MRIP), an extremely important survey used to manage our marine fisheries. You can find CTDEEP marine fisheries staff aboard party boats, visiting marinas, boat launch ramps, canvassing local beaches, piers, and at other fishing access points to gather accurate catch information.

When you’re out fishing, please keep an eye out for marine angler survey field staff! The survey takes 5 minutes to complete. Any information you can provide them will remain confidential and is greatly appreciated. For more opportunities to report your recreational catch, please visit Marine Volunteer Angler Survey.

CAUGHT A TROPHY FISH - MARINE TROPHY FISH AWARD PROGRAM AFFIDAVIT

- CONNECTICUT STATE BOUNDARY LINE IN LONG ISLAND SOUND. Anglers please note, although Connecticut has reciprocity with neighboring states (New York, Rhode Island, Maine and Massachusetts), residents of Connecticut are required to have a CT Resident Marine Waters Sport Fishing License to fish in the Marine District.

- CT TIDE INFORMATION can be found on page 64 of the 2019 CT Fishing Guide.

- FISH RULES APP Fish Rules is a totally new and innovative way to understand recreational saltwater fishing regulations for state and federal waters from Maine to Texas.

For Current Connecticut Recreational Fishing Regulations: Anglers should consult the 2019 Connecticut Fishing Guide which is now available at most Town Clerks Offices, DEEP offices and at tackle stores selling fishing licenses. Current regulations, electronic versions of the Fishing Guide and additional information can all be accessed on the DEEP website at: www.ct.gov/deep/fishing.