

The Nurturing Families Network

21 Statewide Locations to Serve You

BRIDGEPORT

Child Guidance Center of Greater Bridgeport (203) 394-6529
 Bridgeport Hospital (203) 384-3982

DANBURY

Danbury Visiting Nurse Association (203) 792-4120

GROTON

Fleet and Family Support Center (860) 694-2787

HARTFORD

Hartford Hospital (860) 545-3131
 Saint Francis Hospital and Medical Center (860) 714-6968
 VNA Health Care (860) 493-7359

LOWER NAUGATUCK VALLEY

Visiting Nurse Association of South Central Connecticut ... (203) 777-5521

MANCHESTER

Manchester Memorial Hospital (860) 646-1222

MERIDEN

Community Health Center of Meriden (203) 237-2229

MIDDLETOWN

Middlesex Hospital Family Advocacy Program (860) 344-6426

NEW BRITAIN

New Britain General Hospital (860) 224-5900, ext. 6623

NEW HAVEN

Yale University/Yale-New Haven Hospital (203) 764-5936

NEW LONDON

Lawrence & Memorial Hospital (860) 442-0711

NORWALK

Family & Children's Agency (203) 855-8765

NORWICH

Madonna Place/Families First (860) 886-6600

STAMFORD

Family Centers (203) 324-3167

TORRINGTON/SHARON

Family Strides (860) 482-3236

WATERBURY

Saint Mary's Hospital (203) 709-7073
 StayWell Health Center (203) 756-8021

WILLIMANTIC

Generations Family Health Center (860) 450-7471, ext. 214

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Children's Trust Fund

505 Hudson Street
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Are you a new parent or expecting a baby soon?



The Nurturing Families Network Can Help.

Having a baby brings much joy and many challenges.



These are just a few of the many questions you may have as a first-time parent. These questions are natural; most parents ask them.

You are not alone.

The Nurturing Families Network (formerly Healthy Families) can help. We assist new parents during pregnancy and after your baby is born. The Nurturing Families Network can help ease your mind and make your first parenting experience a positive one.

- We provide information.
- We answer your parenting questions.
- We have tips on how to care for your baby and yourself.
- We have information on immunization schedules, the HUSKY program and community resources that can help you.

The Nurturing Families Network offers:

- Home visits to help new parents learn how to care for their baby and adjust to the many demands of becoming a parent.
- Parenting groups that bring parents together in a supportive environment to share experiences and work together to be the best parents they can be.
- Nurturing connections that bring new parents together with volunteers and others in the community who can lend assistance.



Learn More

For more specific information on The Nurturing Families Network, call the hospital or agency in your area listed in this brochure, or call the Children's Trust Fund at (860) 550-6439 or E-mail Ruth Sales at ruth.sales@po.state.ct.us.

