



THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM (NFCSP)

The NFCSP provides a range of supports that assist family caregivers as they care for their loved one at home.

The services include:

- Information to caregivers about available services
- Assistance and counseling to caregivers in gaining access to services or working through difficult situations
- Support groups and caregiver training
- Respite care services to provide temporary relief from caregiver responsibilities
- Supplemental services (i.e. home modifications, assistive technologies and transportation)

These NFCSP services work with other community-based services to provide a coordinated set of supports.

The NFCSP is funded by Title III-E funds of the federal Older Americans Act. It is operated in partnership with the CT State Department on Aging and the five Area Agencies on Aging.



– Growing Older Together –

1-866-218-6631
www.ct.gov/aging

Caregivers served in this program include:

- Adult family members or other informal caregivers age 18 and older who:
 - Provide care to individuals age 60 and older
 - Provide care to individuals of any age with Alzheimer's Disease and related disorders
- Grandparents and other relatives (not parents) age 55 and older who:
 - Provide care to children under the age of 18



CONTACTS

Services and caregivers served vary by region. For more information call 1-800-994-9422 or contact your local Area Agency on Aging:

Senior Resources/Eastern CT

Agency on Aging

860-887-3561

www.seniorresourcesec.org

Southwestern CT Agency on Aging

203-333-9288

www.swcaa.org

North Central Area Agency on Aging

860-724-6443

www.ncaaact.org

Western CT Area Agency on Aging

203-757-5449

www.wcaaa.org

Agency on Aging of South Central CT

203-785-8533

www.aosccc.org



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