



October 23, 2009

Dear xxx,

Lucy Nolan and I are serving as co-chairs for the Sustinet Childhood and Adult Obesity Task Force. We are pleased that you have been appointed and have agreed to serve on this committee during the time period of September 1, 2009 to June 30, 2010.

The purpose of this committee is to develop and write a comprehensive plan to reduce obesity among children and adults in the state of Connecticut. Specifically, we are charged with making recommendations to the state in the context of overall Sustinet goals. The final report is due by July 1, 2010.

These goals and our tasks are outlined in detail in the attached work plan. To achieve our goals, we plan to meet monthly for the first three months. **All meetings will take place at 1:00 pm in Room 1C at the Legislative Office Building.** Our first three meetings will be held on the following dates:

November 6, 2009
December 11, 2009
January 8, 2009

We will schedule our additional meetings and assign member tasks when we are all together. These meetings are open to the public and will be recorded. Updated information including the members of the committee, our work plan, meeting agendas and other related materials can be found at the Connecticut government website of the Office of the Healthcare Advocate Sustinet Section. The specific address is:

<http://www.ct.gov/oha/cwp/view.asp?a=3784&q=448042>

In preparation for our first meeting, we request that you look through two recent reports on government strategies to address obesity. One is from the Institute of Medicine and the other is from the National Governors Association Center for Best Practices. Each report is available to download for free from the organization's website.

- The Institute of Medicine report titled: Local Government Actions to Prevent Childhood Obesity is available at:
http://www.nap.edu/catalog.php?record_id=12674#

The whole report is quite long; however, there is an executive summary available.

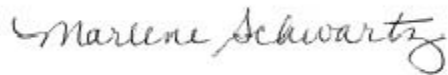
- o National Governors Association Center for Best Practices titled [*Shaping a Healthier Generation: Successful State Strategies to Prevent Childhood Obesity*](#).

<http://www.nga.org/Files/pdf/0909HEALTHIERGENERATION.PDF>

Our first task is to engage stakeholders throughout the state, so we would like your assistance in identifying individuals who you believe would be interested in coming to our meetings.

Thank you so much for your time and energy that will be devoted to this project. We are eager to create a meaningful set of recommendations to the state of Connecticut to move our state further towards the goal of promoting health for all residents.

Sincerely,



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