

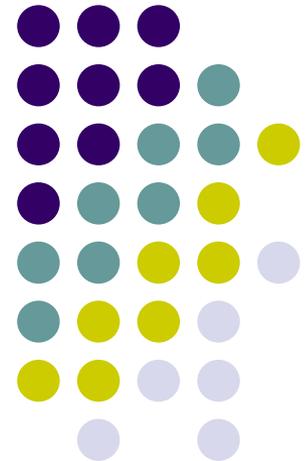
# Connecticut Food Policy Council

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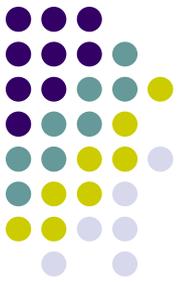
Presented to

CT SustiNet Health Partnership  
Child & Adult Obesity Task Force  
February 5, 2010

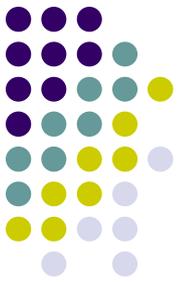
Linda T. Drake, CFPC Chair



# CT Food Policy Council



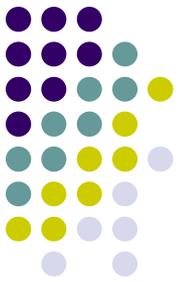
- Legislated in 1997, Public Act 97-11 charged the Connecticut Food Policy Council to:
- Develop, coordinate and implement a food system policy linking economic development, environmental protection and preservation with farming and urban issues.
- Review and comment on any proposed state legislation and regulations that impact on food policy and food security.
- Make recommendations to the Governor.
- Prepare and submit an annual report to the General Assembly.



# CFPC Membership

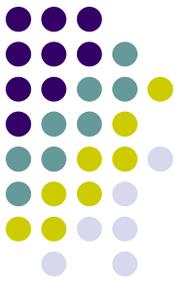
- Commissioner or designee from CT State Departments of:
  - Administrative Services (DAS)
  - Agriculture
  - Education
  - Public Health
  - Social Services
  - Transportation

# CFPC Membership



- Representatives from:
  - Anti-hunger organization
  - Food retailer
  - Produce wholesaler
  - 2 involved in agriculture
  - UConn Cooperative Extension System

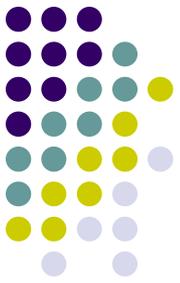
These members are appointed by specific leaders of the Connecticut General Assembly.



# What is policy?

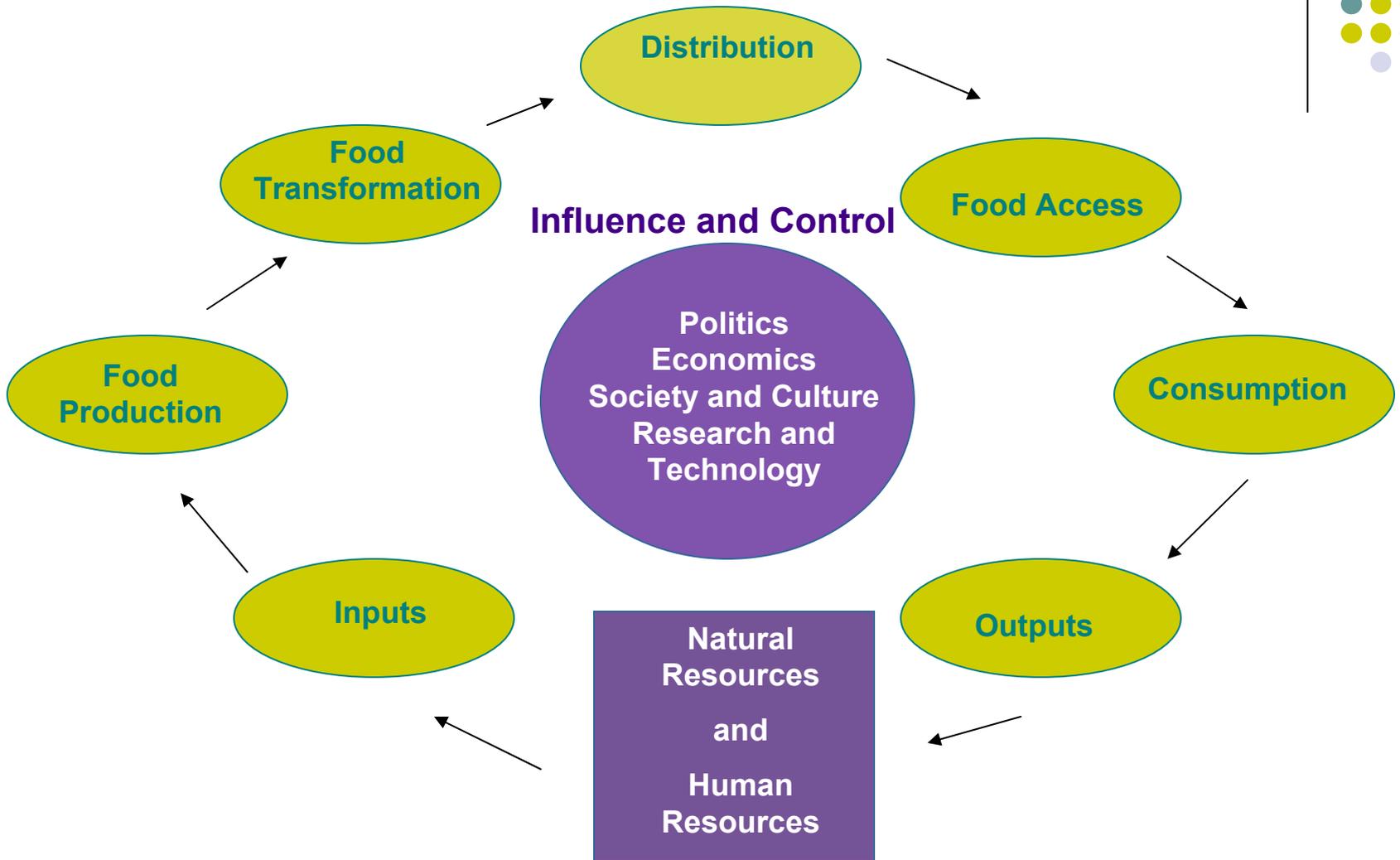
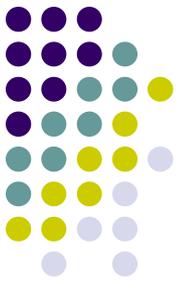
- Policy – a course of action chosen by public or institutional authorities to address a given problem.
- Policies involve rules, regulations, and laws, that influence programs, institutions, businesses, organizations and citizens at the local, state, regional and federal levels.

# Policy & the food system

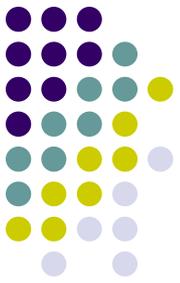


- Policies influence the food system from production to food waste disposal!

# Food System Components Guide

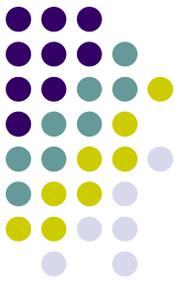


# How do policies affect the food system?



- Agricultural “Inputs”
  - Farmland Preservation
  
- Food Production
  - Farm subsidies/price supports
  - Sustainability issues

# How do policies affect the food system?

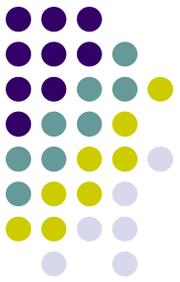


- Food Transformation
  - Food safety and processing policies
  - Meat processing
- Food Distribution
  - Geographic preference
  - Wholesaler policies

# Food Access & Consumption



- Money
- Transportation
- Knowledge and skills
- Food storage and preparation resources
- Food safety
- Family dynamics, peer influence
- Health, culture, education
- Larger food environment -- availability



# Food Access

- **Money**
  - Food assistance program policies
  - Affordable healthy food
  - Taxes
- **Larger Food Environment**
  - Supermarket policies in underserved areas
  - Local food policies (zoning for community gardens, farmers markets, meat processing facilities)
  - School food policies (including food service contractors)
- **Transportation policies**

# Consumption & Food Choices

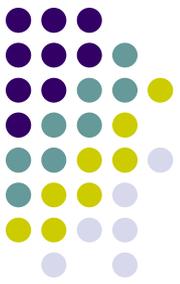


- **Knowledge and Skills**

- Nutrition education policies
- Community programs to increase cooking skills
- Food Marketing
- Food Labels
  - Front of package nutrition labels
  - Health claims
  - Menu labeling
- USDA/HHS Dietary guidance

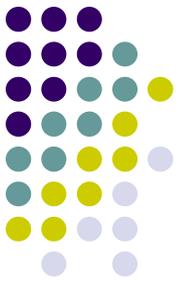
# Consumption & food choice,

continued



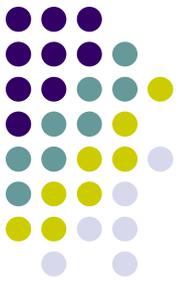
- **Food storage/food safety**
  - Landlords
  - Public health issues/disaster planning
- **Culture**
  - Language barriers
  - Access to meet cultural food preferences
- **Health**
  - Health insurance policies
  - Access to doctors/hospitals/dietitians

# CFPC projects



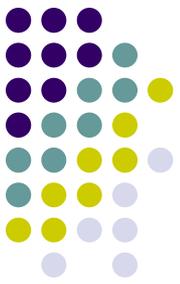
- Forums

- 1999 – *Save the Land*
- 2001 – *Food Safety Policy*
- 2004 – *The Next Agricultural Economy in Connecticut*
- 2005 – *Nutrition Education – Working together in Connecticut*
- 2006 – *Home Plate – Putting Local Foods on the Menu*



# CFPC Projects

- CT Farm Map – 2002, 2005
- New Directions for Agricultural Policy in CT
  - (with the Hartford Food System and the Northeast Sustainable Agricultural Working Group)
- National Conference of State Legislatures
  - Meeting in June, 2006
- Nutrition Education Website
  - [www.ctnutritioneducators.org](http://www.ctnutritioneducators.org)

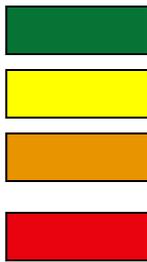
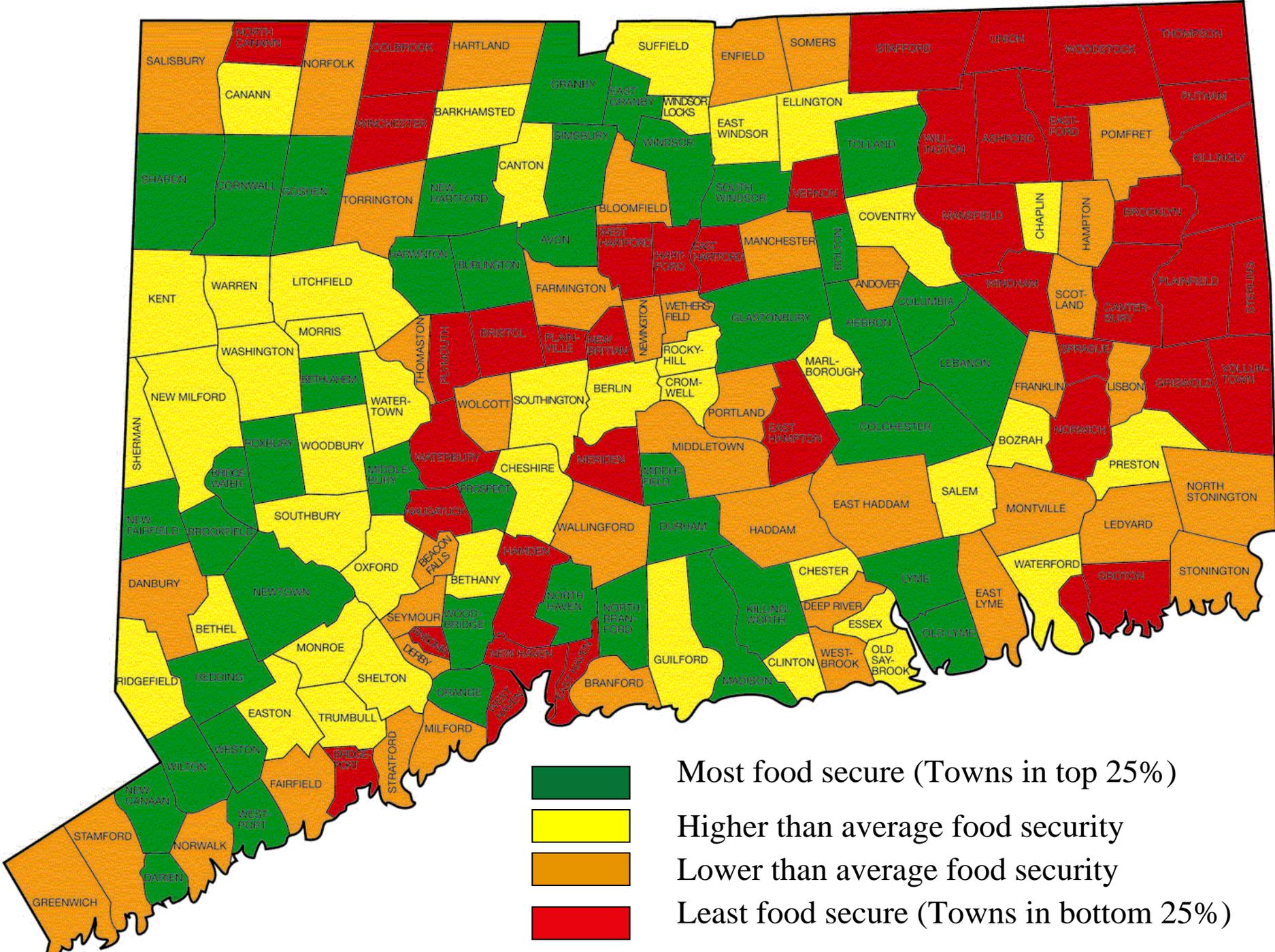


# CFPC Publications

- Food security indicators reports – 1999-2002
- New Directions in Agriculture report – 2003
- What's Cooking in CT Schools? – 2004

<http://www.foodpc.state.ct.us/images/Report.pdf>

- Community Food Security in CT – *an evaluation and ranking of 169 towns* – 2005
  - <http://www.foodpc.state.ct.us/images/CFS%20in%20CT.pdf>
- Farm-Fresh Summertime Cookbook – 2008
  - In English and Spanish
  - <http://www.foodpc.state.ct.us/images/Report.pdf>



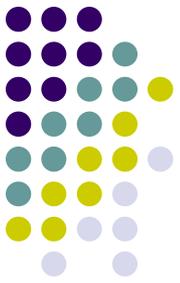
Most food secure (Towns in top 25%)

Higher than average food security

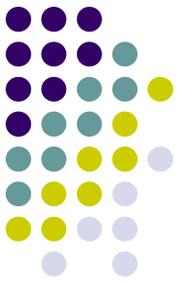
Lower than average food security

Least food secure (Towns in bottom 25%)

# CFPC Priorities



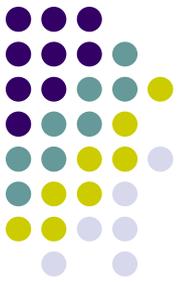
- Access to healthy food for consumers
  - ↑ participation in food assistance programs by reducing barriers
  - Food-related preparedness in emergencies
  - Follow up on school nutrition legislation
  - Nutrition education for adults
  - Access to supermarkets
  - Transportation/smart growth



# CFPC Priorities

- Preserving and increasing the production of healthy food in CT
  - Farmland Preservation
  - Farm viability
  - Meat processing
  - Smart growth

# Legislative Priorities – past examples



- **SB 1156: An Act Aligning the Food Stamp Program Motor Vehicle Rule with the Care4Kids Motor Vehicle rule**
- **SB 1381: An Act Concerning the Departments of Social Services and Agriculture**
- **SB 1199: An Act Concerning the School Breakfast Program**
- **SB 686: An Act Concerning Access to Health and Nutritional Information in Restaurants**
- **SB 872 - An Act Establishing a Farmland Preservation Advisory Board Within the Department of Agriculture**