

Average costs of cigarette packs and nicotine patches

1. For patients smoking ½ pack (10 cigarettes) a day, it is recommended to go through steps 2 and 3.
 - a. Step 1 is utilized only if a patient has multiple relapses.
 - b. Each step is a full pack of 14 patches.
 - c. Directions – 1 patch per day.

2. For patients smoking 1 full pack (20 cigarettes) a day, it is recommended to go through Steps 1, 2 and 3.
 - a. It has been found to be more effective than only Steps 2 and 3.
 - b. Each step is a full pack of 14 patches.
 - c. Directions – 1 patch per day.

| | CVS (New Haven & Branford) | Walgreens (New Haven and Branford) |
|---|--|--|
| Cigarette/pack (20 cigarettes/pack) | Average - \$7.3 14 days – 1PPD smoker = \$102.5 28 days – ½ PPD smoker = \$98 42 days – 1PPD smoker = \$306.6 | Average - \$7.3 14 days – 1 PPD smoker = \$102.5 28 days – ½ PPD smoker = \$98 42 days – 1 PPD smoker = \$306.6 |
| Nicotine patches (prices for a pack of 14 patches) | Generic - \$38 Brand - \$53 Average - \$45.5 | Generic - \$37 Brand - \$53 Average - \$45 |
| Total Cost for NRT (Step 2 and 3) – 28 days | Average - \$91 | Average - \$90 |
| Total cost for NRT (Step 1, 2 and 3) – 42 days | Average – \$136.5 | Average – \$136.5 |

Step 1 – 7mg patches – 14 per box
 Step 2 – 14mg patches – 14 per box
 Step 3 – 21mg patches – 14 per box

Apothecary and Wellness Center at the Hospital of Saint Raphael’s is providing nicotine patches at the discounted rate. Please contact them for further information.

Phone #: 203-789-4076
 Hours of operations: M-F: 8:30am to 5:30pm; Saturday: 9am-1pm; Sunday:
 Closed