



PHARMACISTS NETWORK FOR EXCELLENCE

Medication Management Systems
 1000 Shelard Parkway #405
 Saint Louis Park MN 55426
 (952) 746-8185

Personal Medication Summary

Michelle Example

Personal Medication Summary

07/05/2009

Make Next Pharmacist Appointment:

Conditions	Directions for Medications Used	Prescribed By
Allergic rhinitis or seasonal allergies	Mometasone Furoate Nasal Susp 50 MCG/ACT (NASONEX SPR 50MCG/AC) Inhale two sprays into both nostrils every day as needed	William Example (651) 555-5555
Asthma	Albuterol Inhal Aerosol 90 MCG/ACT (ALBUTEROL AER 90MCG) Inhale one to two puffs every 4 hours to every 6 hours as needed Fluticasone-Salmeterol Powder Disks 250-50 MCG/DOSE (ADVAIR DISKU MIS 250/50) Inhale one puff by mouth twice a day Prednisone Tab 5 MG (PREDNISONE TAB 5MG) Take one half tablet by mouth every morning	William Example (651) 555-5555 William Example (651) 555-5555 William Example (651) 555-5555
Diabetes Type I	Insulin Glargine Inj 100 Unit/ML (LANTUS INJ 100/ML) Inject 27 Units under the skin at bedtime	William Example (651) 555-5555
Epilepsy (seizures)	Phenytoin Sodium Extended Cap 100 MG (DILANTIN CAP 100MG) Take four capsule by mouth at bedtime	William Example (651) 555-5555
Mood	Fluoxetine HCl Cap 10 MG (FLUOXETINE CAP 10MG) Take one capsule by mouth every day	William Example (651) 555-5555
Sleep disorder	*Insulin Infusion Pump - Device*** (INSULIN PUMP MIS PROGRAM) Melatonin Cap CR 3 MG (MELATONIN CAP 3MG CR) Take one capsule by mouth at bedtime as needed	
Vitamin Supplements	*Multiple Vitamin Tab** (MULTIVITAMIN TAB) Take one tablet by mouth every day Ascorbic Acid Tab 500 MG (VITAMIN C TAB 500MG) Take one tablet by mouth every day	

Allergies: Penicillins: Rash

Adverse Reactions: No Known Med Adverse Reactions

Other: Allergic to cats

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Make Next Pharmacist Appointment:

Michelle,

Thank you for participating in the CT Medicaid MTM program. As discussed during our visit, I have sent copies of these reports to your physicians.

During today's visit we found two items:

1) Your headaches and nausea may be due to an interaction between your Prozac and Dilantin. Per our discussion with your physician, you have an appointment with Dr. Example tomorrow to get a blood draw. I've also spoken with Dr. Example about possibly changing your antidepressant. She will discuss this with you at your next appointment.

2) You have complained of worsening asthma symptoms. Your Advair inhaler has been out of active medication. Remember to look at the counter on the inhaler to know how many doses you have remaining. Pick up a new inhaler at your pharmacy as soon as possible.

When using your Advair inhaler use the procedure we discussed during the visit. This will help the medication to be as effective as possible.

STEP 1: Load and activate the dose. Hold the inhaler flat and put the mouthpiece to your lips.

STEP 2: Breathe in quickly like you are taking a quick sip through a straw.

STEP 3: Hold your breath and count to 10 then exhale slowly.

As we discussed our next appointment will be next week to discuss any changes to your medication and health. Please feel free to contact me before then if you have any questions.

I can be reached at (952) 746-8185.

Sincerely,

Victoria Losinski, PharmD

Certified Pharmaceutical Care Practitioner

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Make Next Pharmacist Appointment:

If any of your medications change, contact your pharmacist for a new summary.

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Cut along the dotted lines. Fold the summary chart to fit in your wallet or purse.

KEEP THIS SUMMARY IN YOUR WALLET OR PURSE, IN CASE OF EMERGENCY!

In an emergency situation, knowledge of your medication usage, allergies, and adverse reactions can be critical to your care provider's decision-making. It could even save your life! By carrying this summary with you at all times, in your wallet or purse, you help to ensure you receive the proper care. Present this information to your care providers in emergency situations AND for routine medical care.

If your medication usage changes, please see us and we will provide you with a new summary. We are pleased to provide you with this vital information. Thank you!

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