

**Covered Services Recommended by the
SustiNet Advisory Committees and Task Forces
Summary of 7/1/10 Reports**

Tobacco Use Cessation:

- Cover OTC nicotine replacement medications
- Provide “quit counseling” through multiple attempts

Obesity:

- Extended nutritional counseling
- Education for parents
- Bariatric surgery for adolescents
- Long term support services for bariatric surgery patients
- Prenatal education services generally including motivational counseling about nutrition and prenatal exercise especially for pregnant women who are obese
- Lactation support services through six months postpartum

Preventive Health:

- Basic set of preventive services (“A” or “B” rated items on the US Preventive Services Task Force list)
- All EPSDT services for children (maximum age was not specified)
- Screenings for compliance with scheduled care such as mammograms, immunizations, behavioral health needs, other evidence based care
- Dental services
- Annual Individual Preventive Care Plan (including a single benefit authorization mechanism)
- Chronic Care planning and support, including promoting healthy nutrition, sleep, exercise, tobacco and substance abuse cessation
- Counseling and education about STDs, infectious disease control, domestic violence and environmental toxins
- Health literacy materials (Note: it’s not clear whether this means “materials translated into different languages” or “how to be an informed health care consumer.” If the former, then remove from the list. If the latter, this would be a counseling/care management type of service.)

The following is not specifically noted.

Provide explicit patient counseling about:

- When to seek medical care (colds, stomach aches, etc.)
- When to go to the ED and when to go to the doctor’s office
- Self-advocacy skills to get needed care

Placeholders for further consideration:

- Services for developmentally disabled children and adults
- Long term care services – community based and institutional