

SustiNet Health Partnership

Childhood & Adult Obesity Task Force

Co-Chairs
Lucy Nolan
Marlene Schwartz

Board of Directors Liaisons
Nancy Wyman
Kevin Lembo



Phone:
866.466.4446

Facsimile
860.297.3992

E-Mail
SustiNet@CT.Gov

Post Office Box 1543
Hartford, CT 06144-1543
www.ct.gov/SustiNet

Childhood & Adult Obesity Task Force Regular Meeting March 26, 2010 Meeting Minutes

Task Force Attendees: *Lucy Nolan, Co-chair; Marlene Schwartz, Co-chair; Neil Vitale*

Stakeholder Attendees: *Linda Drake; Mario Garcia; Tom Brooks*

Excused: *Jenifer Turner; Andrea Rynn; Christine Finck*

1. Minutes from February meeting were accepted.
2. Task Force Report
 - a. Mario announced that the Department of Public Health 2010 report will be published soon and will have health indicators that will help the committee for its report.
 - b. Marlene handed out the draft of her report – there was a discussion on ideas for recommendations.
 - i. Add child nutrition and SNAP-Ed
 - ii. Ecological Model
 1. Eating is a bigger issue with obesity than lack of exercise, is there a way to make that more prominent in the model?
 - iii. Look at racial / ethnic/ cultural disparities – ensure that policy recommendations do not have unintended consequences.
 - c. Task Force Recommendations
 - i. Use healthy behaviors as the standard or default
 - ii. Use results-based accountability
 1. Must be a part of any recommendations in order to use RBA
 - iii. Weight stigma –
 1. Include a portion about unintended consequences (anorexia)
 2. Do not target one sub-group
 - iv. Health professionals
 1. Engage in prevention

Members

Christine Finck • Jennifer Turner • Andrea Rynn • Neil Vitale

SustiNet Health Partnership

2. ADD - People who change behaviors may lose weight
- v. Look at state policies that can affect obesity
- d. Specific recommendations as of this time
 - i. Obesity Council
 1. Ensure the Obesity Council has authority
 2. In the second paragraph: change truly to more or fully
 3. Make legislator appointments to increase accountability
 4. Ensure these state agencies are on the Council: DCF, DSS, OPM, DPH, SDE, Ag, DOT, Commission on Children, Ct Food Policy Council
 5. Categories for specific constituency groups such as school nurses, parks and rec – look at Medicaid Managed Care Council for specifics
 6. Make the Obesity Council broad and give specific charge and authority so progress can be made.
 7. Make the Council a platform to get information out, crafting policy, screening the landscape.
 8. Look at Obama's obesity task force to see how they are doing it.
 - ii. Recommendation 2
 1. Make information on changing behaviors available
 2. BMI
 - a. Make sure that it is de-identified
 - i. How do we do it? School or district level?
 - b. Do we put indicators in statute – such as an online tracking system and include in school profiles?
 - c. Work with DPH and SDE to see what the best way to look at the data is.
 3. We can give thought to adding other indicators on the Blue Form such as diabetes, cardiovascular health, and tobacco – obesity is a clearer measure to rise in blood pressure.
 - iii. Policy recommendations
 1. Existing Childhood Obesity Council, in the absence of the SustiNet Child and Adult Obesity Council should do the following:
 - a. Form coordinating state team with coalitions.
 - b. Participate in cross agency RBA process.
 - c. Coordinate interagency work through Memorandums of Understanding.
 - d. Develop cross agency coordination and messaging.
 2. Universal in-classroom school breakfast shall be in all schools in which there are 40% free and/or reduced lunch recipients.
 - a. Using IOM standards for nutrition
 3. Soda Tax

SustiNet Health Partnership

- a. Consumption goes down when there is a tax.
 - b. Support for it when people trust that the tax money will go to public health and believe that costs of health care will go down
4. Make a policy statement about the importance of investment in funding programs – state needs to invest in programs that will save money in the long run. State policy has to be proactive.
 - a. Include local public health departments too
5. Daily Physical Education classes
6. Nutrition Education
3. The next meeting will be by phone on April 23rd, from 1-3. Information will be on the SustiNet website.
4. Meeting adjourned