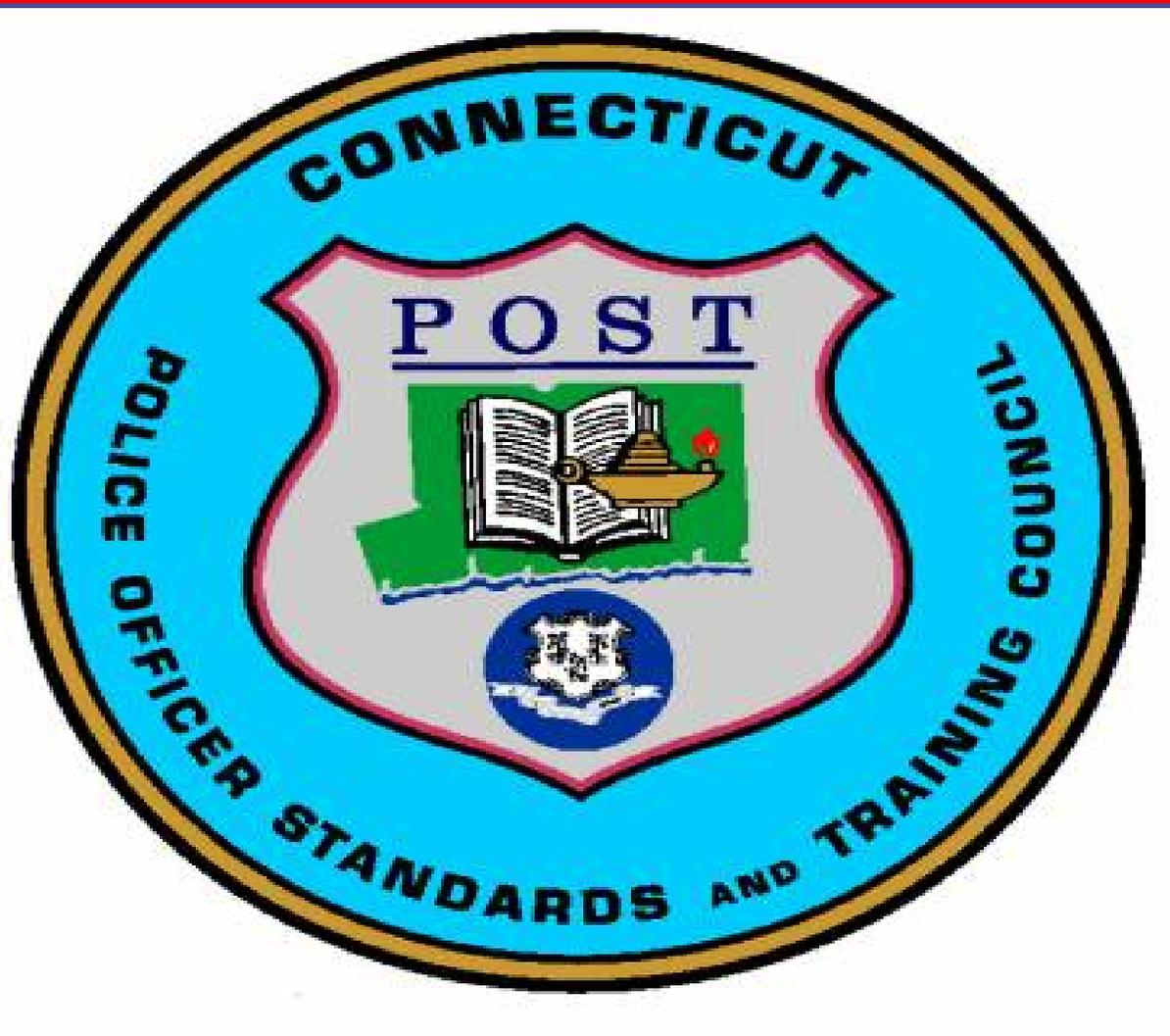


3rd Edition with Stats from 1999-2008



The Connecticut Police Academy



Police Officer Standards and Training Council

285 Preston Avenue, Meriden, CT 06450

POST Council Chairman
Chief Anthony J. Salvatore, Sr.

POST Council Vice Chairman
Chief Robert S. Hudd

This CD is intended to supplement officer safety training.
CD formatted in Microsoft Power Point
If your system does not have PPT, then download Power Point Viewer.

DEDICATED TO
The Men & Women of Law Enforcement

Special Thanks

William J. Schultz, Director Basic Training Division
Technical Assistance: Linda Nido

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Guide To Officer Safety – 2010

A Training CD

Basic Training Division

Connecticut Police Academy - POST

Executive Director Thomas E. Flaherty



**Written and Designed by:
Stanley W. Konesky Jr. (Ret. Lt.)
POST Instructor**



This program is designed to heighten awareness for officer's safety by reinforcing classroom procedures and terminology.

Furthermore, we encourage all law enforcement to continuously review their strategies, tactics and techniques in the area of officer's safety.



Basic Principle #1

Primary Rule

“Arrive and Return Safely”

All officers must realize safe arrival is necessary to provide assistance to those in need and self.

However, the safe return is imperative for the officer's continued service to the community, the department, family and self.



Basic Principle #2



Law Enforcement should recognize the diversity of officers from ethnic, religious, cultural, education & life experience backgrounds.

This profession is a subculture for these men and women, who must employ their diversities in this new career through training and communication skills.

The result will be a well trained, community minded, educated, professional law enforcement officer.



Basic Principle #3

All human beings have experienced a

“Gut Feeling”

BUT we may **NOT** listen & assess what the feeling is saying.



Ignoring, disregarding, rationalizing and/or making an excuse for that “GF” without evaluation is a

MISTAKE.

Basic Principle #4

Stress is neither **good nor bad**. The coping strategies we employ towards these stressors determine the outcome of these daily events.

We have only **two alternatives** when presented with a stressor, with a possible momentary **FREEZE**

FIGHT or FLIGHT.

Hence, we should continuously learn, review and devise coping skills that afford us the greatest latitude in stress management.



Basic Principle #5

The Intimidation Theory



When one INTIMIDATES a person....

They can cause FEAR in that person...

Which exerts CONTROL over that person...

Hence, the Intimidator attains POWER.

This theory has been employed for centuries.

Law Enforcement must be aware of it and develop strategies to prevent and control it's illegal, unfair and inappropriate application.



Basic Principle #6

Design

Implement

Review Your Game Plan



- **Arrive & Return Safely**

- **360 Degrees Sphere**

- **Best Weapon Is Your Mouth**

- **Territorial Spacing**

- **Belt Management**

- **InVESTment**

- **Totality of Circumstances (TOC)**

- **The Art of the Interview**

- **The More Knowledge You Have...The Better Decisions You Make!**

- **Continuous Threat Assessment**

- **Develop a Response - Approach - Entry / Exit Plan**

- **Articulated Written Report**

- **Arrive & Return Safely**

360 Degree Spheres

During your continuous assessment, you must be aware of your complete surroundings: above, below, side to side, front, rear!

Best Weapon Is Your Mouth!



Communication helps to recognize and eliminate barriers in law enforcement.

Communication is most effective when it's OPEN.

Are you hearing what you're hearing?

Are you seeing what you're seeing?

CLOSE	HIDDEN
BLIND	OPEN



Territorial Spacing

Arriving & Approaching

Entry

*Rooms
Talk
To Us!*

Cover & Concealment

*Rooms
Talk
To Us!*

Protecting Your Space

Recognizing Others' Space

Reaction Time

Exiting



Belt Management



The appropriate placement of equipment on your belt will allow you the quickest and safest removal and return of any item.

Belt Management enhances your protection from unauthorized removal of your equipment while you're maintaining territorial spacing.

Practice deploying your equipment wearing a variety of outer garments will enhance safety and self-protection.

The addition or deletion of equipment on your belt requires reassessment of your Belt Management.

InVESTment



***Make sure I fit properly!
Wear me:***



all the time on patrol

all private jobs

all road jobs

all special assignments

Wear me out, I can handle it

Totality of Circumstances



A “*totality of circumstances*” standard suggests there is no single deciding factor. One must consider all the facts, full context and then conclude from the entire picture.

Taking into account the state of all factors in the existing surroundings ...*environment*... that can in any way, shape or form affect the activity at hand.

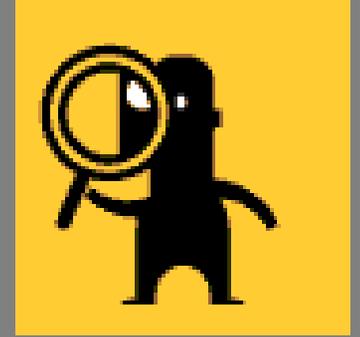


The Art of Interviewing

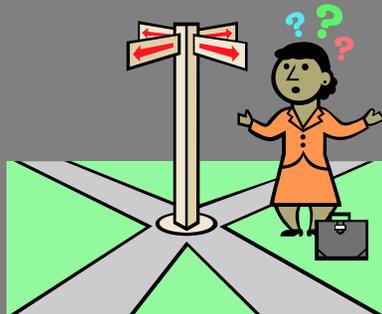
(Techniques to Employ)

- **Paraphrasing**: a process of restating words or phrases in another form without asking further information to enhance communication
- **Self-Disclosure**: process of sharing personal information to a person to reduce their fear & loneliness of the unknown in a comforting, hope giving manner to enhance communication
- **Interpretation**: process by which we attempt to understand words, phrases, actions of another person in order to enhance communication
- **Silence**: process of remaining silent and allowing another to begin speaking to enhance communication
- **Questions**: process of inquiring or asking for information
- **Advice**: process in giving an opinion or recommendation as a guide to action or conduct – Be Careful – make sure you have the expertise or refer to the expert

More Knowledge / Better Decisions



- The more you read, research, listen, practice, train, observe and communicate... the more knowledge you acquire.
- Expanding your knowledge base has a positive and direct effect in making better decisions.



Average person makes about 5000 decisions / day.



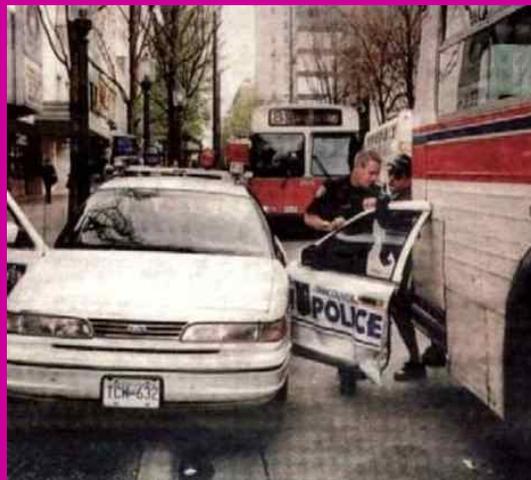
Continuous Threat Assessment



- Your continuous monitoring of the potential, perceptual or actual degree of any threat, harm and danger in the environment to any person, place, thing and police officer.
- This includes responding, arrival, approaching, entry, intervention, resolution, exiting, and leaving the area.



Develop Response/Approach/Entry/Exit Plan



ARTICULATED WRITTEN REPORT

- A report is a written formal statement of facts.
- **Asking....Who - What - When - Why - Where & How ?**
- **REPORTS MUST BE CLEAR – CONCISE – CORRECT – COMPLETE – LEGIBLE & OBJECTIVE.**
- **All reports should contain certain basic qualities to enable the reader to have immediate understanding on which to base criminal, corrective, administrative or disciplinary action.**



You Make The Difference!

**Take Care of Yourself
Physically & Mentally!**

**Maintain Confidence, Faith &
Belief In Yourself!**



FOOTPRINTS

One night a man had a dream about walking along the beach with his Lord.

The sky flashed scenes from his life.

For each scene, he noticed two sets of footprints in the sand: his and the Lord.

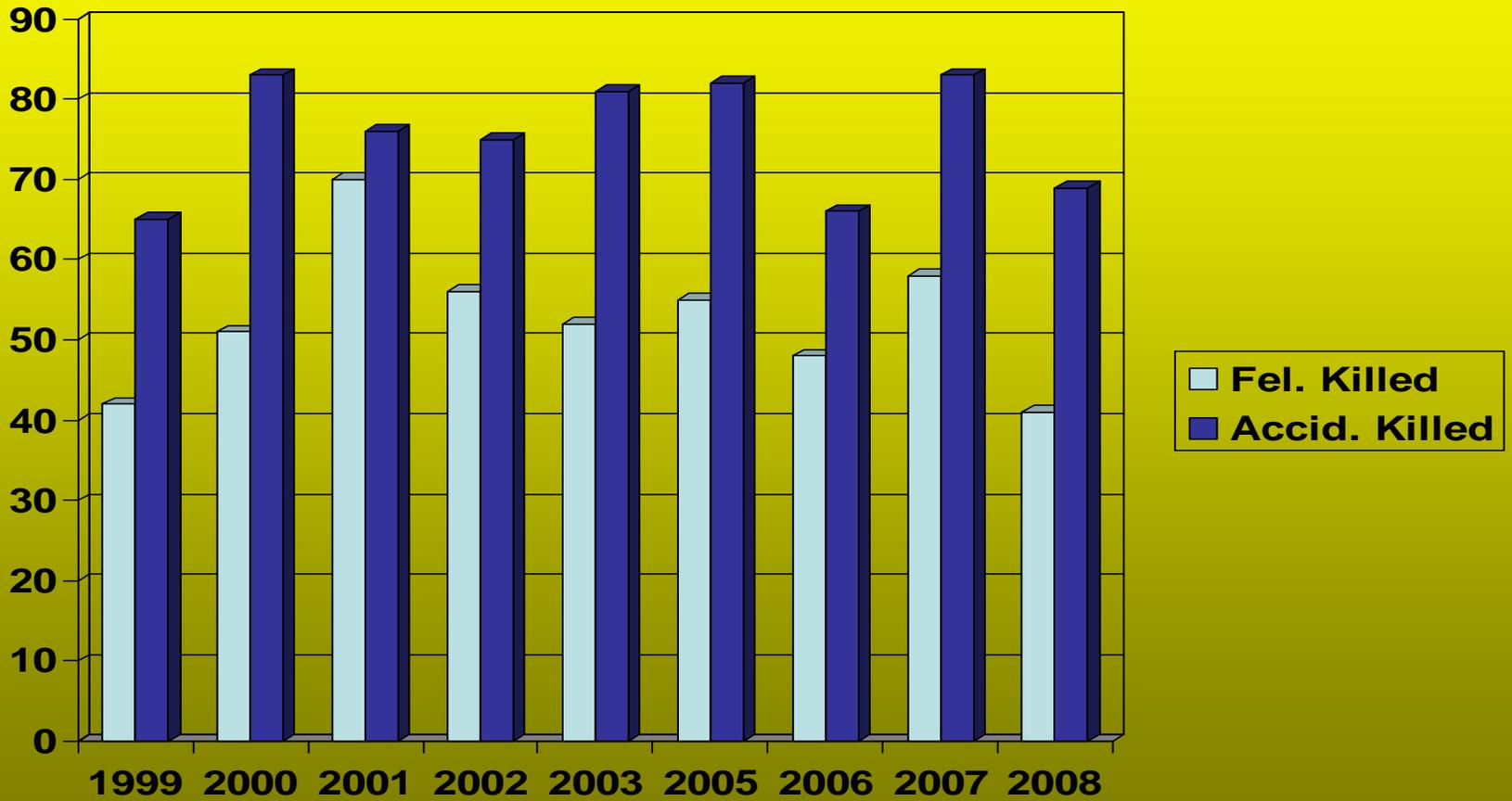
After the last scene flashed before him, he looked at the footprints, noticing that at the most difficult time in his life there was only one set of footprints.

“Lord, you said you’d walk with me all the way if I followed you. But during the most troublesome times in my life, there is only one set of footprints. Why did you leave me when I needed you most?”

The Lord replied, “ I love you and I would never leave you. In your times of trial and suffering, when you see only one set of footprints, that was when I carried you.”

Author Unknown





FYI - U.S. Department of Justice Report

Circumstance	Feloniously Killed 1999-2008	Types of Weapons	Feloniously Killed 1999-2008	Traffic pursuits/stops	Feloniously Killed 1999-2008
Disturbance Call	76	Firearms 	486	Felony Vehicle Stops	38
Arrest Situations	129 	Handguns	354	Traffic Violation Stops	63 
Civil Disorder	0	Rifle	90		101
Handling & custody of prisoners	13	Shotgun	41		
Suspicious persons Investigations	62	Knife / cutting instrument	3		
Ambush	107 	Bomb	2		
Handling mental persons	12	Personal Weapons/ Blunt Instruments	2		
Traffic pursuits/Stops	101	Vehicle	36		
Tactical & Investigative	29		529*		
	529* 	* <u>72 deaths from 9/11/2001 not included</u>			

FYI - U.S. Department of Justice Report

Circumstances	Accidentally Killed 1999-2008
Automobile Accidents	422 
Motorcycle Accidents	70
Aircraft Accidents	36
Struck by Vehicles –traffic stops, roadblocks, directing traffic assisting motorists	123 
Accidental Shootings – cross fires, mistaken subject, firearm mishaps, training, self-inflicted, cleaning, not apparent/confirmed suicides	34 
Others – falls, drowning, electrocution, explosion	61
Total	746

FYI - U.S. Department of Justice Report

Total Law Enforcement Officers Assaulted 1999-2008	577,199	
Firearms	23,088 4%	
Knife / Cutting Instrument	11,544 2%	
Other Dangerous Weapons	75,036 13%	
Personal Weapons	467,531 81%	



Conclusion But In No Way The End!

- The Connecticut Police Academy – POST website is:
www.ct.gov/post

[Visit: Conflict Management Quick Field Reference Guide](#)

- This presentation is intended to supplement your department's and personal training in the area of officer safety.
- It is highly recommended that you continuously assess your needs and develop appropriate methods towards this goal.
 - In-Service training through your department and POST is recommended.
 - [Good Luck & Remember](#)

“Arrive & Return Safely”

Acknowledgement

I would like to thank those recruits, veteran officers, POST instructors & staff that took their time to review, suggest and critique this program.

Their input was invaluable.

My sincere appreciation to them.

Stanley W. Konesky Jr.

203-427-2618

Email: stan.konesky@po.state.ct.us