

Biographic Summary:  
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Since 2000, Mrs. Paulmeno has served as the appointed Director of Community Health Planning for the Town of Greenwich, CT, through the Greenwich Department of Health. Public health accomplishments have been multifaceted and include conducting a town-wide public health systems assessment and report, and creating an outcome oriented plan of action for Greenwich that was presented at the American Public Health Association Conference in 2005. The *National Organization of City and County Health Officials* (NACCHO) requested the process and protocol used as a national educational web cast in 2006.

Community health planning work is achieved through the creation of, and alliance with, broad-based local, regional and statewide collaborations; Community needs and health assessments are designed and implemented; workforce capacity programs are developed and put into action; health, mental health, and social services programs and plans are analyzed and implemented; support services are developed to ensure continuity for initiatives in a diverse multicultural community. A special-needs podiatry program was established to fill a service gap for the chronically mentally ill, a bi-lingual computer-based interactive *Mental Health Services Matrix* was designed and implemented that links users with website information on over 70 agencies (CT Mental Health Transformation Act-Point 8). The initial Greenwich Department of Health *Bioterrorism, SARS, and Pandemic Response Plans* were created and presented in various public forums; a computer-based hyperlinked *Pandemic Response Planning Template For Long Term Care Facilities* was developed that links users directly to the most current guidance and forms. It is in use throughout Connecticut. No-cost smoking cessation programs were implemented, and 18 regional people trained to conduct classes, based on the *American Cancer Society's FreshStart Program*. Several *Multicultural Health & Heritage Fairs* were organized targeting the diverse Greenwich population; Extensive no-cost care was provided, and assessments and screenings conducted, with outcomes noted; Health surveys created in six languages identified health and access to care issues and gaps. These health fairs were unfunded events made possible through collaboration building. Employee, special focus and senior health fairs are organized regularly; professional conferences, community forums and focus groups are organized and implemented on a wide range of health-related topics; Worked actively on the teams that developed the *CT Cancer Plan* and the *CT Stroke Plan*.

Strategic planning activities include building partnerships and collaborations that improve the health of Greenwich through a system of coordinated and unduplicated health, mental health and social service programs, which facilitate the use of shared resources to achieve identified common goals.

Mrs. Paulmeno serves actively on 16 Boards and Community Advisory Boards, and on 32 local, regional and state coalitions, committees and councils in the Greater Greenwich area. She holds the following leadership positions; CT Commission on Health Equity; Chair (since inception)-Steering Committee of the Lower Fairfield County Regional Action Council (mental health & addiction issues across the age span); Board member-Greater Greenwich System of Care Collaborative (youth mental/behavioral health & juvenile justice issues); President and founding member-Southern CT Chapter of the American Foundation for Suicide Prevention; Board-Literacy Volunteers of Stamford-Greenwich; Advisory Board-Optimus (Federally Qualified Community Health Center serving Greenwich); Chairman-Nursing Advisory Board of Norwalk Community College; Co-Chair-Clinical Pastoral Education Committee of Greenwich Hospital; Community Advisory Board-Greenwich Hospital; Board-At Home in Greenwich, (new program aimed at keeping seniors in their homes); Southwestern CT Regional Mental Health Board-CAC 1-2; Chair-Community Health Planning Advisory Board/Greenwich Department of Health;

Hispanic Advisory Council of Greater Stamford; Health & Family Services Advisory Council-Greenwich Head Start Program; Greenwich Health Improvement Partnership; Chair/founder-Healthy Parenting Collaborative; Southwestern CT Regional Disability Advocacy Council; Greenwich Community Development Block Grant Advisory Council. She has also served on the Mental Health Disaster Team of the Greenwich Chapter of the American Red Cross and remains a registered American Red Cross Nurse. Several terms were served as the Chairperson of the Access to Care & Health Information Committee of the Greenwich Health Improvement Partnership. Membership reflects multicultural and multi-focus groups across the age span, and issues impacting health, public health and mental health.

Mrs. Paulmeno has published professionally on health care topics and has lectured locally, regionally and at national professional conferences. She has presented twice at Department of Veterans' Affairs regional training programs on topics including Post Traumatic Stress Disorder and program planning and office adaptations for aging veterans. She is trained in research methodology, quality control, health & safety committees, program planning, implementation and evaluation, and in the development and analysis of community and agency needs assessments. Two elected terms of public office were served as a member of the Greenwich Representative Town Meeting (RTM) in District 6 where she served on the Health and Human Services Committee, the Appointments Committee, the Community Development Block Grant Committee, and the Public Works Committee.

She initially served the Town as Director of Nursing, and subsequently as the Administrator of Record, at the Town-owned 202-bed long term care facility from 1989 to 2000. In this role she implemented a nursing restorative care program, developed a family council and a resident education curriculum, and implemented the mandated federal Minimum Data Set Resident Assessment program; a long entrenched cost prohibitive pharmacy program was converted from an in-house to outsourced pharmacy; while serving as Administrator the facility's only simultaneous deficiency free state, federal and Life Safety Code Surveys were attained. An in-depth continuous quality improvement program was implemented, the health & safety committee was re-designed and written by-laws and an operational plan were developed; A Lower Fairfield County Director of Nurses Council was implemented, which served as a support and educational forum for new directors of nursing due to heavy turnover in the role in the Fairfield county area. Prior positions have been held in Greenwich, Fairfield County, and New York in medical-surgical nursing, in psychiatric nursing administration, as a Mastered prepared gerontologist, and as a Licensed Nursing Home Administrator.