

THE CONNECTICUT NATIONAL GUARD SMOKING POLICY

The policy on controlling smoking was approved by the Secretary of the Army and Chief of Staff on 6 June 1986 and remains in effect. This policy has been determined to be in the best interest of the Connecticut National Guard and is to be implemented in all facilities and buildings under the control of the Connecticut National Guard where National Guard personnel work, train or reside.

Since the program is designed to increase fitness and well being among military personnel and civilian employees, it will establish the policy guidelines for the control of smoking. It applies equally to the Army and Air National Guard.

1. **Purpose:** To implement DOD Directive 1010.10.
2. **General:**
 - a. Smoking tobacco harms readiness by impairing physical fitness and by increasing illness, absenteeism, premature death, and health care costs. This policy enhances readiness by establishing the standard of a smoke-free environment, which supports abstinence and discourages the use of tobacco.
 - b. Connecticut National Guard officials will affirmatively act to implement this policy.
 - c. Full cooperation of all commanders, supervisors, soldiers, airmen, and civilian employees are expected to ensure that people are protected from the effects of secondhand smoke, and personnel who desire to smoke are not unnecessarily inconvenienced.
3. **Applicability and Scope:**
 - a. The provisions of this policy apply to all organizational elements that occupy space in/on conveyances, offices, buildings or facilities over which the Connecticut National Guard has custody and control.
 - b. This policy does not cancel or supercede other instructions which control smoking because of the risk of fire, explosive, or other safety considerations.
4. **Subordinate Facilities:** Commanders/Officers-in-charge will be responsible to establish the policy within their respective facilities with regard to the control of smoking. The guidelines outlined herein will apply to Connecticut National Guard Facilities, Army and Air Officers in charge are charged with the responsibilities of providing the specific in house policy to include the locations of designated smoking areas to this Headquarters Attn: SPMO no later than 1 May 1990.
5. **REFERENCE:** Section 31-408 General Statutes, State of Connecticut

