



The federally funded Special Supplemental Nutrition Program for Women, Infants & Children - better known as "WIC" - is an integral component of the Connecticut Department of Public Health's mission to keep Connecticut healthy.

WIC serves to safeguard the health of low-income women, infants and children up to age 5 who are at nutritional risk, by providing vouchers for nutritious foods to supplement diets, breastfeeding promotion and support, nutrition education & counseling, and screening and referrals to other health and social services in the community.

WIC improves the health of Connecticut's families, communities, economy and future by contributing to positive health and sound nutritional practices among the state's eligible maternal/child population - reaching over 55,000 participants across the state each month through its state-wide network of local agencies and satellite clinics.

- WIC also helps reduce the effects of the declining economy on Connecticut's families and business community. For example:
- \* Participation in WIC improves birth outcomes - improving weight gain in pregnancy, and reducing infant mortality, premature births & low birth weight;
  - \* Timely intervention during a child's critical periods of growth and development helps prevent medical, nutritional & developmental problems - and save millions in future medical expenses;
  - \* The value of WIC food vouchers - worth \$3.5 million per month - is fed back into the state economy and helps support 600 stores & pharmacies across the state.

- WIC Service Regions:**
- 1. Torrington Region
  - 2. Bristol / New Britain
  - 3. Hartford Region
  - 4. East Hartford Region
  - 5. Windham / Putnam
  - 6. Danbury Region
  - 7. Waterbury / Naugatuck
  - 8. Meriden / Middletown
  - 9. New London / Norwich
  - 10. Stamford / Norwalk
  - 11. Bridgeport Region
  - 12. New Haven Region

