

# MONEY FOLLOWS THE PERSON REBALANCING DEMONSTRATION

## STATUS UPDATE

LONG TERM PLANNING COMMITTEE  
DECEMBER 10, 2013

# AGENDA

- Balancing Incentive Program (BIP)
- My Place CT
- Money Follows The Person (MFP) Benchmarks
- Demographics of individuals served by MFP
- Challenges and solutions
- Additional changes
- New supports and services

# BALANCING INCENTIVE PROGRAM

BIP  
~ KAREN LAW



# BALANCING INCENTIVE PROGRAM

The Centers for Medicare & Medicaid Services (CMS) awarded Connecticut a Balancing Incentive Program grant, \$72,780,505 in enhanced federal match.

# 1. **A No Wrong Door–Single Entry Point system (NWD/SEP)**

- Working to include a Level 1 functional screen with the financial eligibility application
- Expect to issue a Request for Proposals to identify entities that will act as NWD/SEP
- Working with key partners, 211 and ADRCs.

## 2. Conflict-free case management services

- States must establish conflict of interest standards for the Level I screen, the Level II assessment, and plan of care processes. An individual's plan of care must be created independently from the availability of funding to provide services.

### **3. A core standardized assessment instrument**

- Workgroup has approved the licensing agreement with InterRAI.
- Create algorithms to translate responses into a level of need
- Determine where assessment data will reside

# NURSING FACILITY DIVERSIFICATION REQUEST FOR PROPOSALS

- Mercer Data
- Status of RFP proposals



MY PLACE CT

~ Tamara Lopez



**WWW.MYPLACECT.ORG  
LAUNCHED JUNE 27TH**

## **Website/Communication Goals**

- Enhance workforce development initiative
- Educate the public about Long-term Supports and Services options





> **Careers and Training**

[Determining Your Needs](#)

[Finding Care and Support](#)

[Affording Care and Support](#)

[Finding Housing and Transportation](#)



# Making choices about care and support just got easier.

We're the one source for everything about care and support in your community. My Place CT. You've come to the right place.

[Learn more about long-term care.](#)

> [What are your needs?](#)

> [How do you find care and support?](#)

> [How do you pay?](#)

> [What are your housing and transportation options?](#)





MY PLACE CT

## WORKFORCE DEVELOPMENT

- Media this year
- Development of ground level outreach to communities.
- Website expansion



## Hartford Courant CareerBuilder print ads



**My job.  
My passion.  
My Place.**

Find out about caregiving careers and training  
in your community. Visit [MyPlaceCT.org](http://MyPlaceCT.org).



MY PLACE CT



**My career.  
My impact.  
My Place.**

Find out about caregiving careers and training  
in your community. Visit [MyPlaceCT.org](http://MyPlaceCT.org).



MY PLACE CT



**My career.  
My calling.  
My Place.**

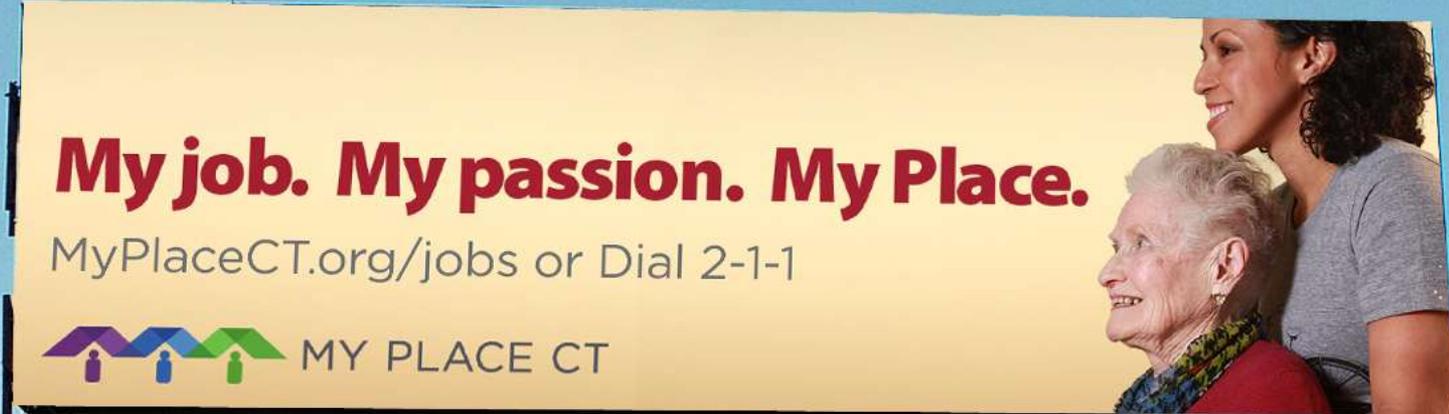
Find out about caregiving careers and training  
in your community. Visit [MyPlaceCT.org](http://MyPlaceCT.org).



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## Billboards



**My job. My passion. My Place.**

MyPlaceCT.org/jobs or Dial 2-1-1

 MY PLACE CT

The billboard is mounted on a metal structure against a clear blue sky. The image on the billboard shows an elderly woman with white hair and a red top, and a younger woman with dark hair and a grey top, both smiling and looking to the right.



MY PLACE CT

## CONSUMER EDUCATION CAMPAIGN:

- Community out reach to date
- Media to come
- Website expansion





Sponsored by State of Connecticut and Hartfordly Centers for Medicare & Medicaid Services



# My support. My community. My Place.

Now the State of Connecticut offers MyPlaceCT.org. A free, one-of-a-kind resource helping older adults and people with disabilities find information on long-term supports and services in the community.

Visit [MyPlaceCT.org](http://MyPlaceCT.org) or dial 2-1-1

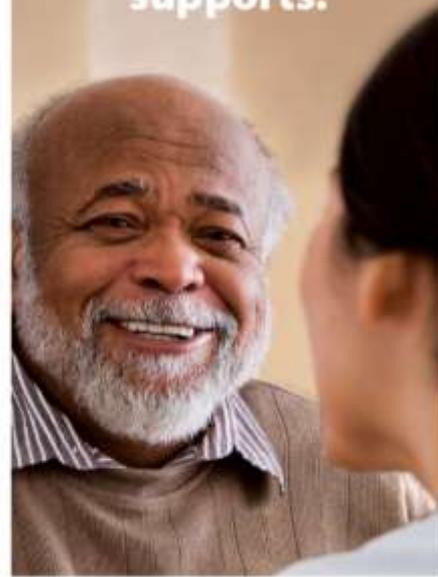
Sorry, we're fresh out of brochures. To learn more, visit [MyPlaceCT.org](http://MyPlaceCT.org) or dial 2-1-1. Thank you.



Visit [MyPlaceCT.org](https://www.MyPlaceCT.org) or dial 2-1-1



**My guide to  
long-term  
services and  
supports.**

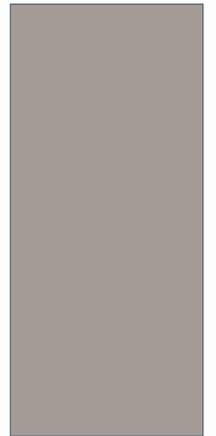


Sponsored by State of Connecticut and funded  
by Centers for Medicare & Medicaid Services.

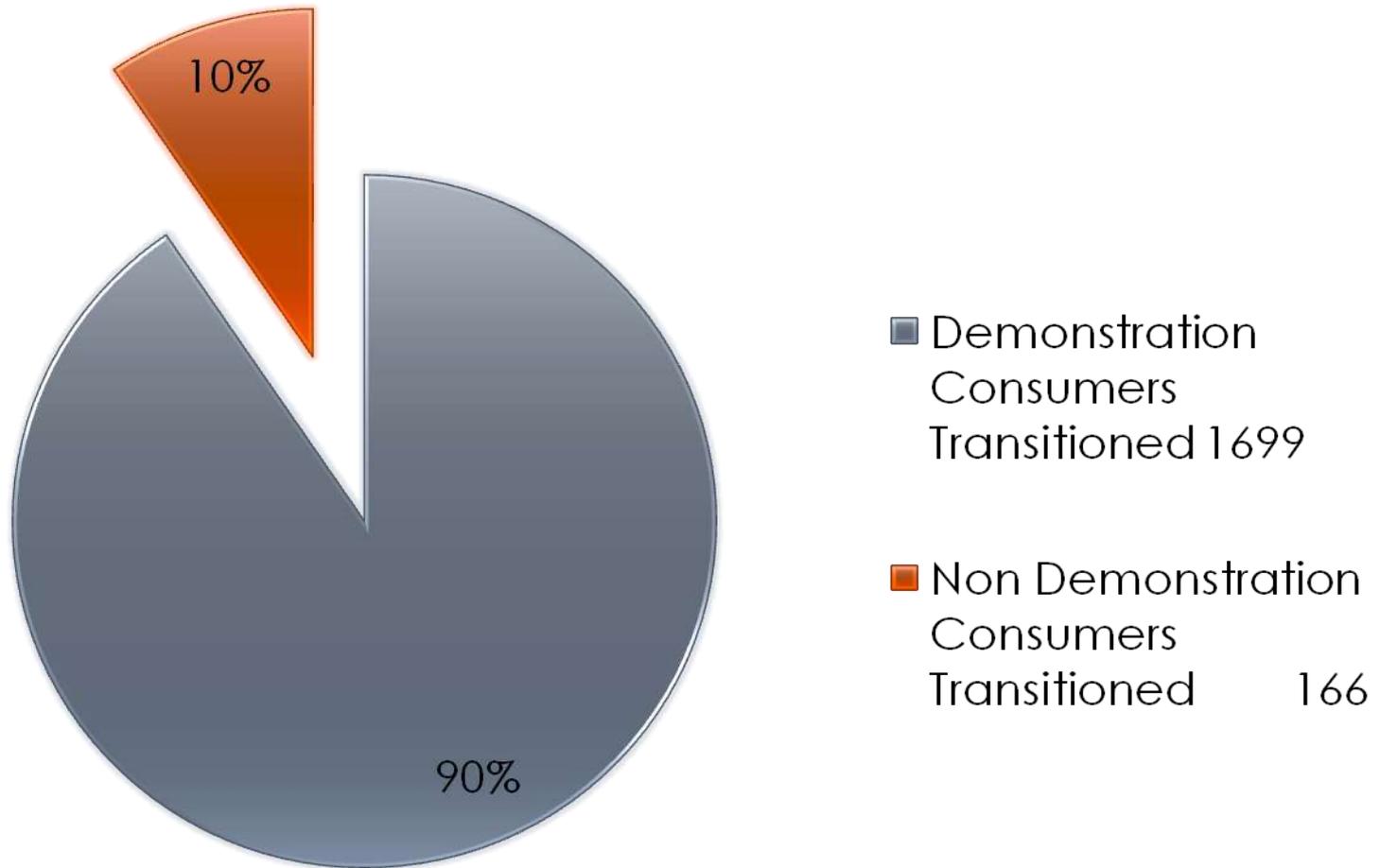


# MONEY FOLLOWS THE PERSON (MFP) BENCHMARKS

~ DANE LUSTILA

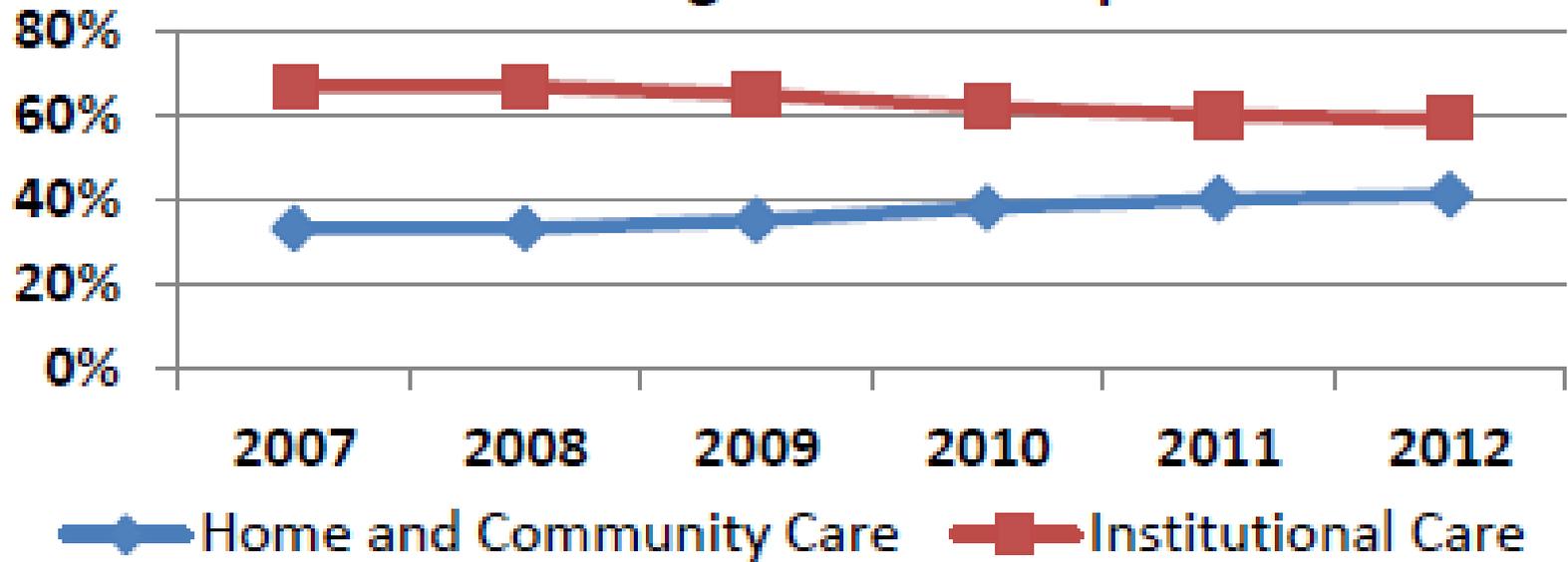


# 1865 TRANSITIONS AS OF 12-02-2013



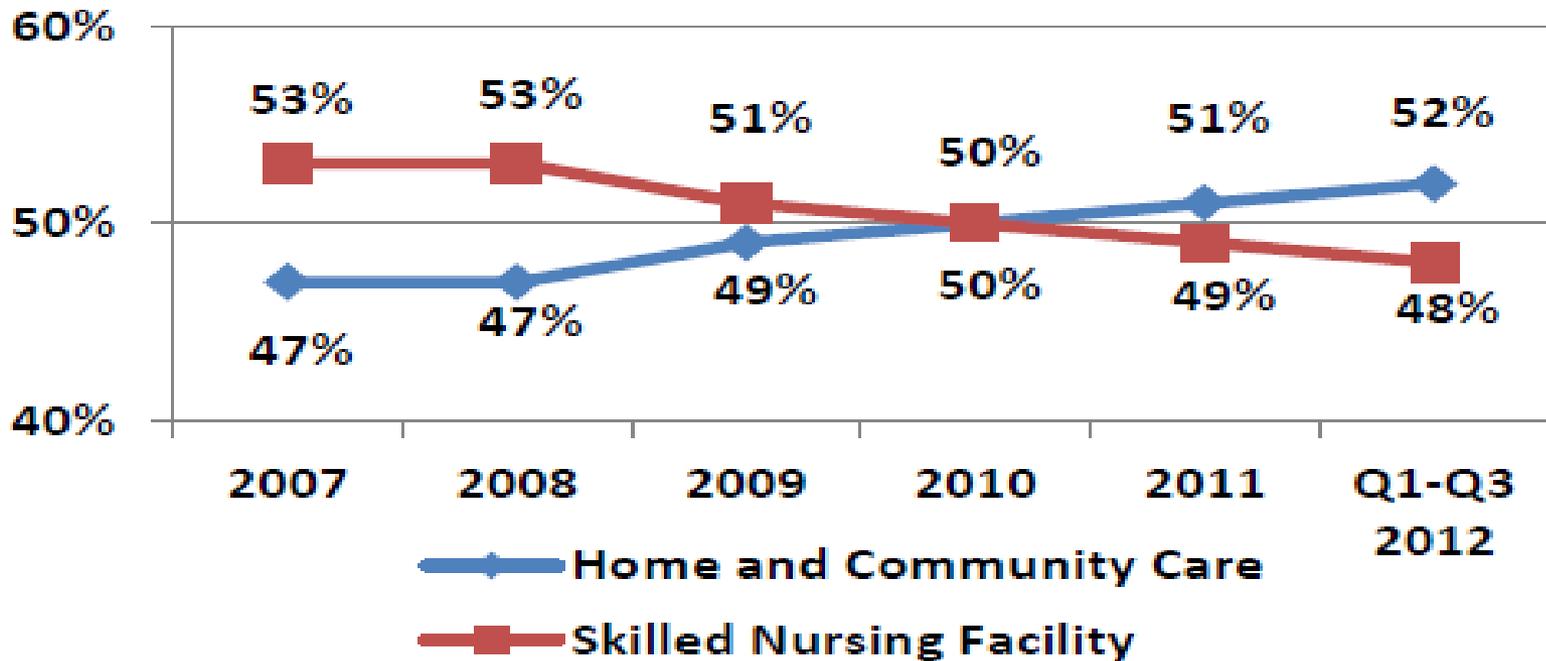
## Benchmark 2

### CT Medicaid Long-Term Care Expenditures

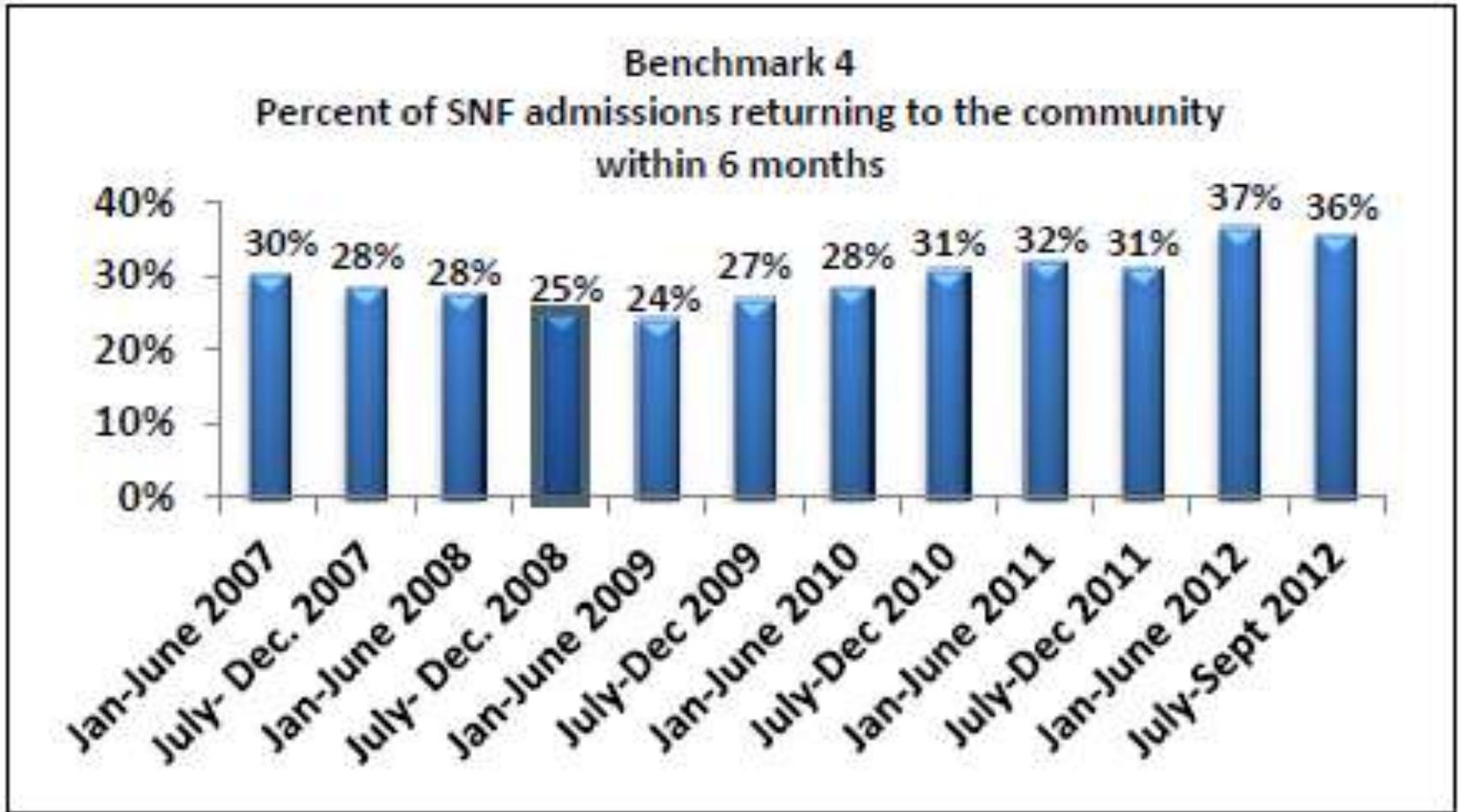


Source: Center on Aging, University of CT

**Benchmark 3**  
**Percentage of Hospital Discharges to Home and Community Care vs. Skilled Nursing Facility**

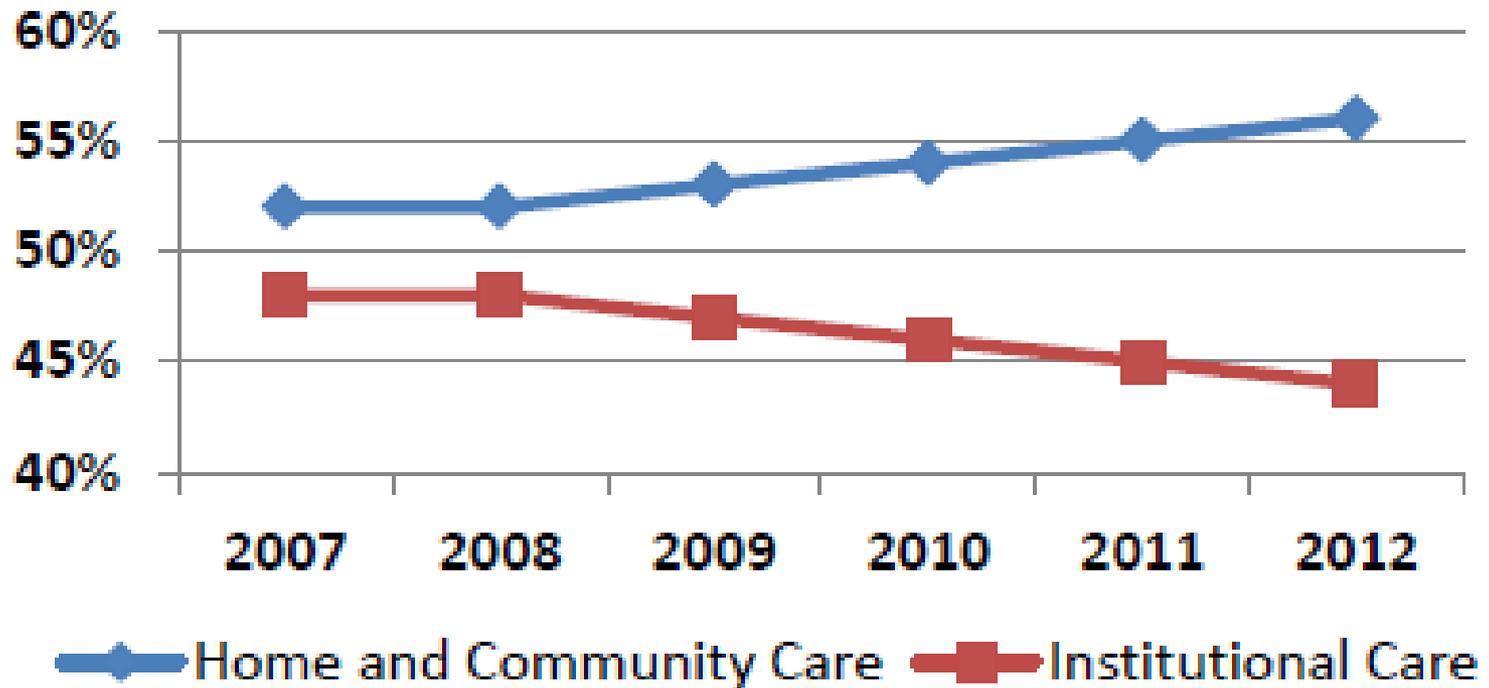


Data Source: Connecticut Office of Health Care Access



Source: Center on Aging, University of CT

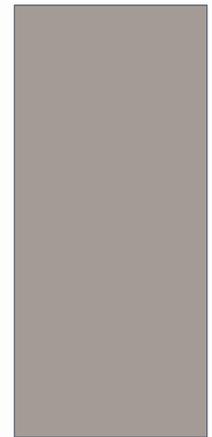
### Benchmark 5: Percent Receiving LTSS in the Community vs. Institutions



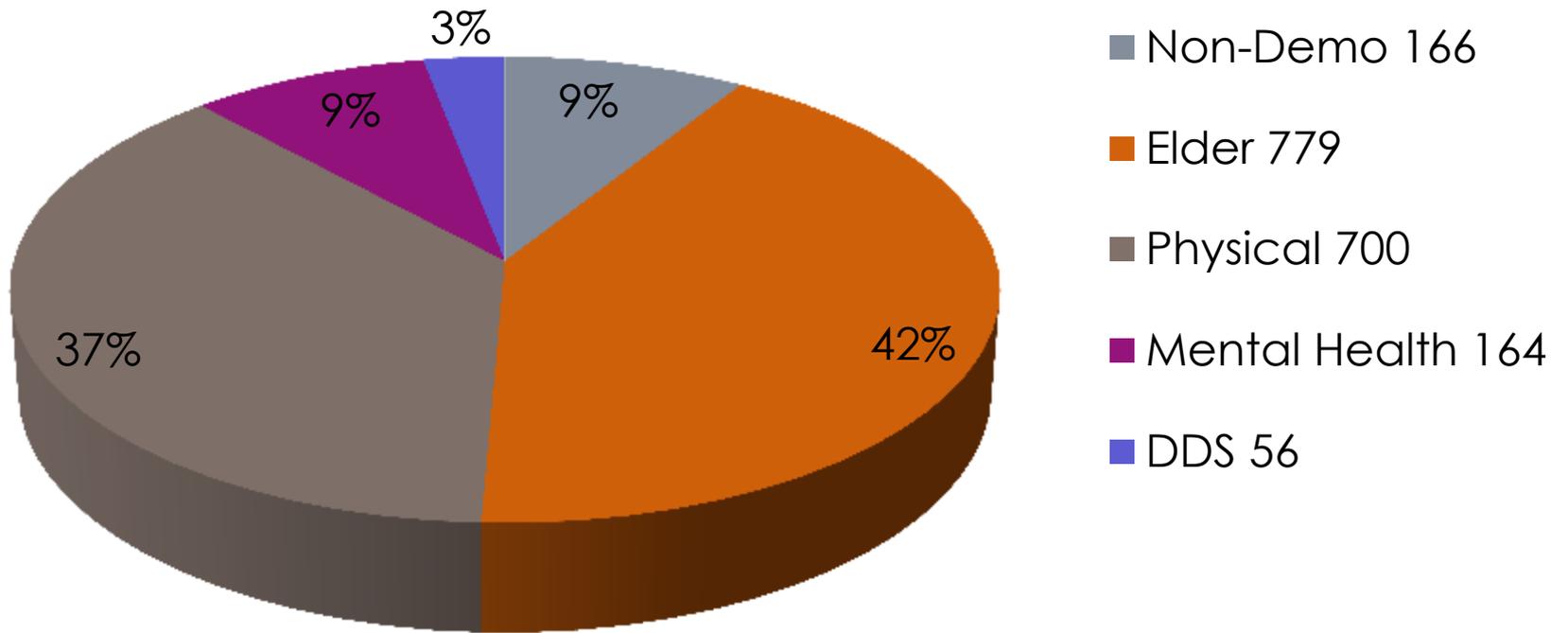
Data Source: Office of Policy and Management,  
Trends in Long-term Care Annual Report

DEMOGRAPHICS OF INDIVIDUALS SERVED  
BY MFP & NURSING FACILITY CENSUS

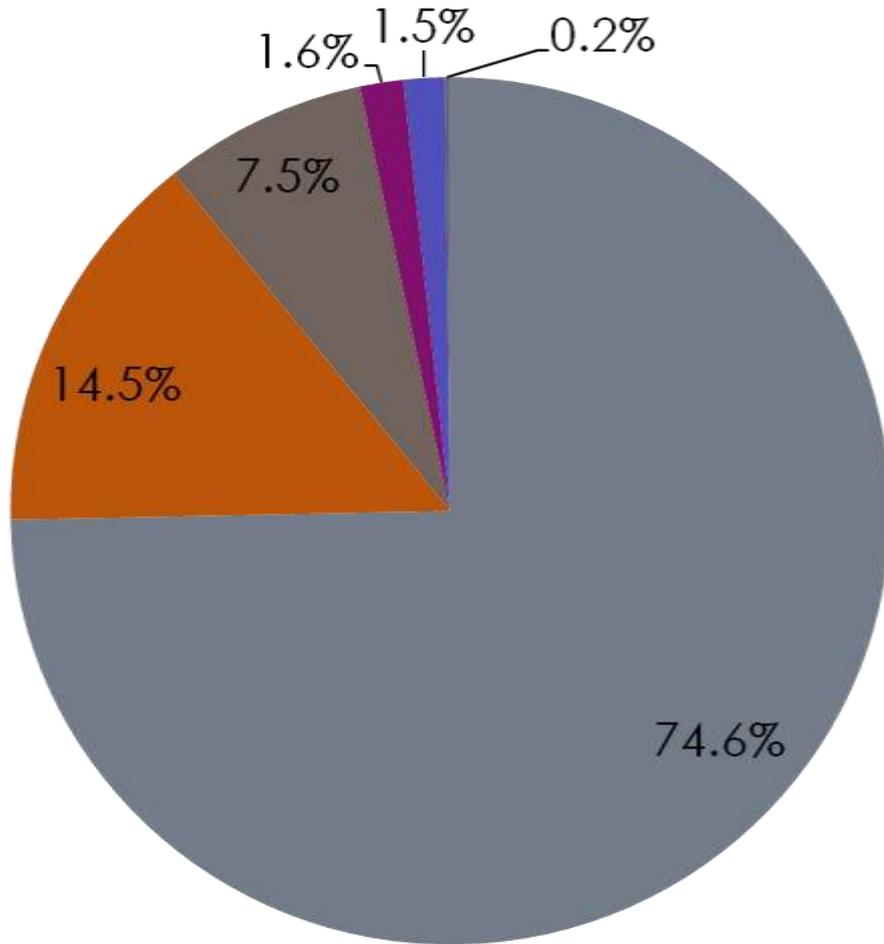
~ DANE LUSTILA



# Transitions by Target Population As of 12-02-2013



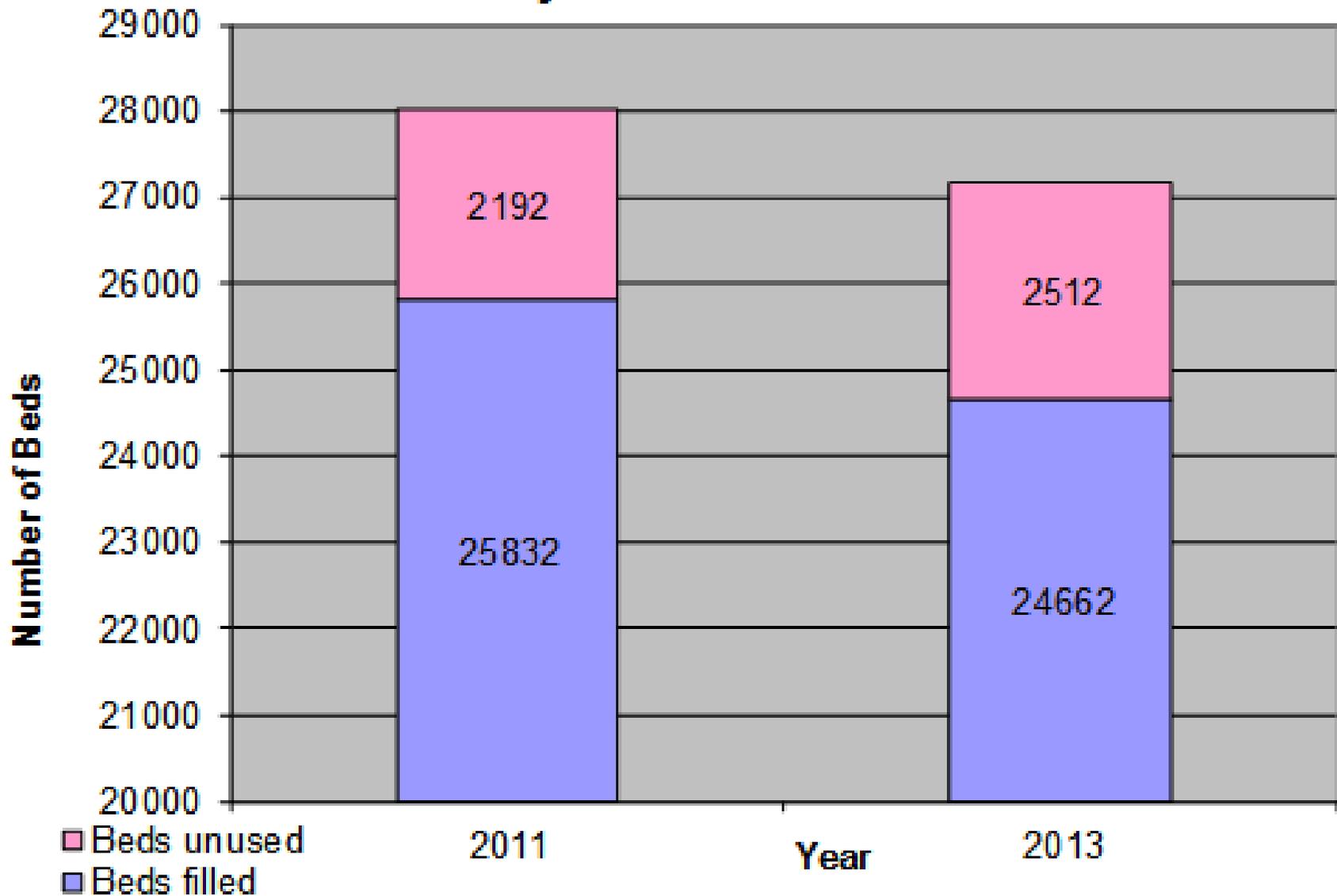
## Qualified Resident Type For Transitioned Referrals: 12/04/08 – 09/30/2013



- Apartment Leased By Participant, Not Assisted Living
- Home Owned By Family Member
- Home Owned by Participant
- Apartment Leased By Participant, Assisted Living
- Group Home No More Than 4 People

# INSTITUTIONAL BED VACANCY RATE

## Vacancy Rate 2011 - 2013

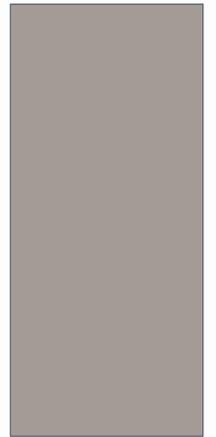


# NATIONAL COMPARISON

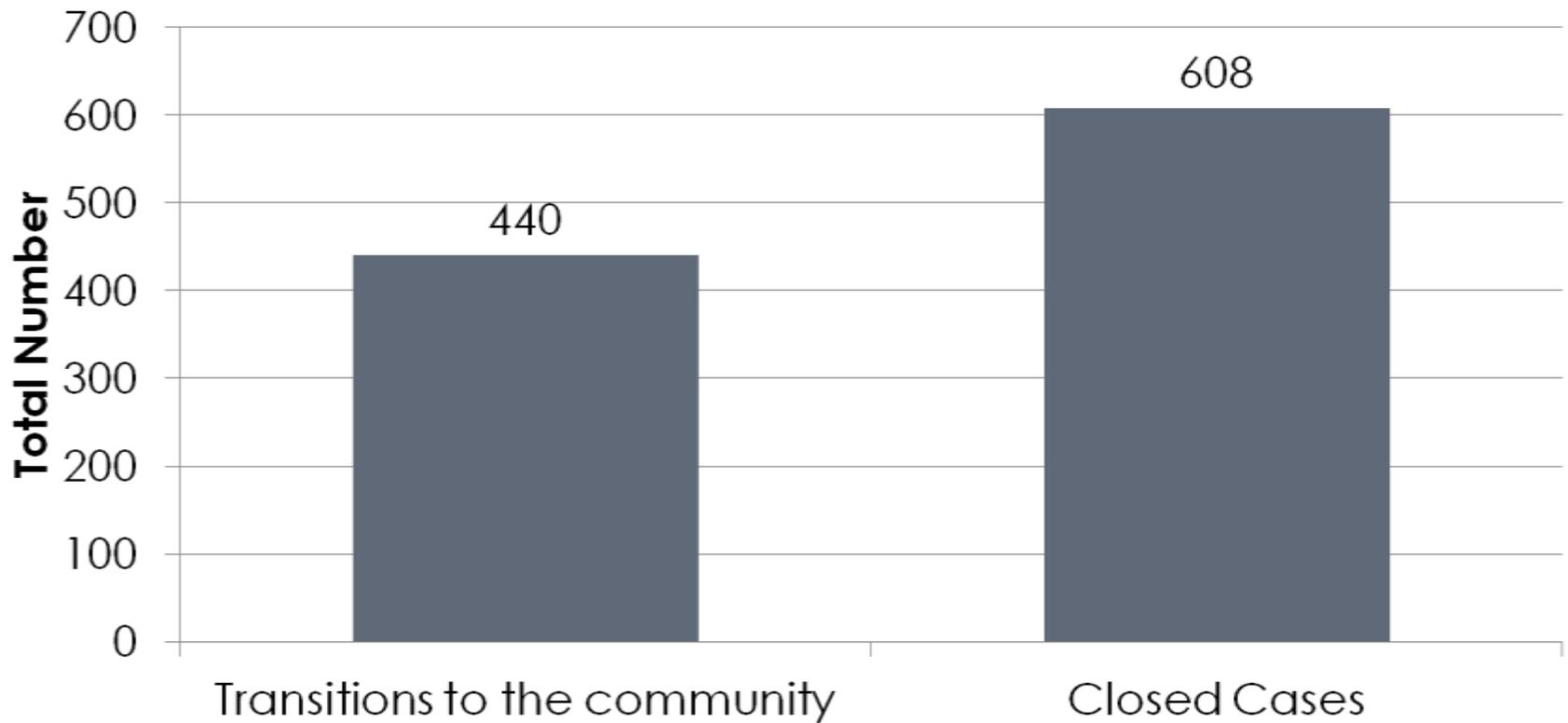
	<b>#Transitions from 07-01-12 through 12-31-12</b>	<b>Cumulative Transitions through 12-31-12</b>	<b>% of 2012 Transition Target Achieved as of 12-31-13</b>
Texas	643	6715	112%
Ohio	553	2999	119%
Washington	371	2604	137.7%
Connecticut	258	1270	105.7%

# CURRENT CHALLENGES TIME AND CLOSED CASES

~DANE LUSTILA



## 2013 Transitions VS. Case Closures\*



\*The collected data is from the first 3 quarters of 2013. It does not include closures resulting from death, nursing home closures, completed participation, or completed transition services for non-demonstration clients.

# TIME IS A FACTOR

- 5 to 6 months before a new application is assigned to a Transitional Coordinator.
- Takes another 6 months to perform Acquired Brain Injury or Personal Care Assistant waiver assessments.
- Waiver eligibility can change between the date of initial MFP application and the assessment date.
- Non-elder clients with community housing can lose housing because of elapsed time.
- Cases sit on Transition Coordinator caseloads, causing slow turnover rate.

# TIME CAUSES CLOSURES

- Some new MFP applicants transition before a Transition Coordinator is assigned.
- Excess time causes some clients to become “institutionalized” and choose to remain in a facility.
- Clients and authorized representatives grow disengaged or frustrated by the length of the process and withdraw.
- Medical conditions can deteriorate to the point of preventing transitions to the community.

“SPECIALIZED CARE MANAGER”  
&  
CHANGES TO THE MFP UNIT

~ Dane Lustila

# IMPLEMENTATION OF THE “SPECIALIZED CARE MANAGER”

- To be assigned prior to the Transition Coordinator, but will then work in conjunction.
- Crossed-trained in waiver assessments, which will now be completed early in the process.
- Certification as an Engagement Specialist, with additional training in motivational interviewing.
- Specialized Care Managers will determine transition readiness and develop/implement an engagement plan to address issues preventing the community transition.

# CHANGES TO THE MFP UNIT

- 2 teams in MFP unit, consisting of Eligibility Worker, Nurse, and Transition Coordinator Lead.
- Transition Coordinators are assigned to a specific Lead, who then serves as the primary contact in the MFP unit.
- Transitioned MFP clients are reassigned to the MFP unit in ConneCT and overseen by the unit for the duration of their participation.

# ADDITIONAL CHANGES

COMPETENCY BASED TRAINING FOR TRANSITION  
COORDINATORS

IMPROVED WEB BASED CASE MANAGEMENT  
SYSTEM

ON-LINE APPLICATION

~ DEANNA CLARK

# AGING AND DISABILITY SPECIALIST CERTIFICATION

## **Goal:**

- Quality Control
- Consistency across the Program

## **Six Courses:**

1. Core issues in Aging & Disability
2. Guide to the Aging & Disability Networks
3. Assessment of Older Adults and Persons with Disabilities
4. Consumer Control, Choice & Direction
5. Working with Informal Caregivers
6. Aging in Place

# AGING AND DISABILITY ...CTD

## ***Competencies***

- Long-Term Services & Supports
- Person Centered
- Supporting Independence
- Consumer Control
- Risk Identification & Mitigation, crisis prevention & conflict resolution
- Cultural Competency & Awareness
- Documentation
- Ethics, Laws & Regulations
- Health & Wellbeing
- Team Approach

# AGING AND DISABILITY ...CTD

## ***Progress Report***

- 51 field staff are participating in the training
- 18 field staff (35%) have successfully completed the training and the competency examination.

# MAJOR REVISIONS AND UPDATES TO THE MFP WEB BASED REPORTING SYSTEM

- Task-Based
- Online Notification System
- Automated Scheduling of Transportation
- Use of iPads by Field Staff

# MFP ONLINE APPLICATION

<https://ctmfp.com>

**Money Follows the Person** Connecticut



**You have a say in how and where you live.**

Are you or a loved one currently living in a nursing home or other long-term care facility? Do you want a choice in how and where you live? Click the link below ("Click Here for More Information") to find out more about how Connecticut's Money Follows the Person (MFP) can help.

Facility Social Workers, Discharge Planners, etc., who need to refer individuals to MFP, should click on the link below ("Click Here to Apply") to submit an on-line application for MFP.

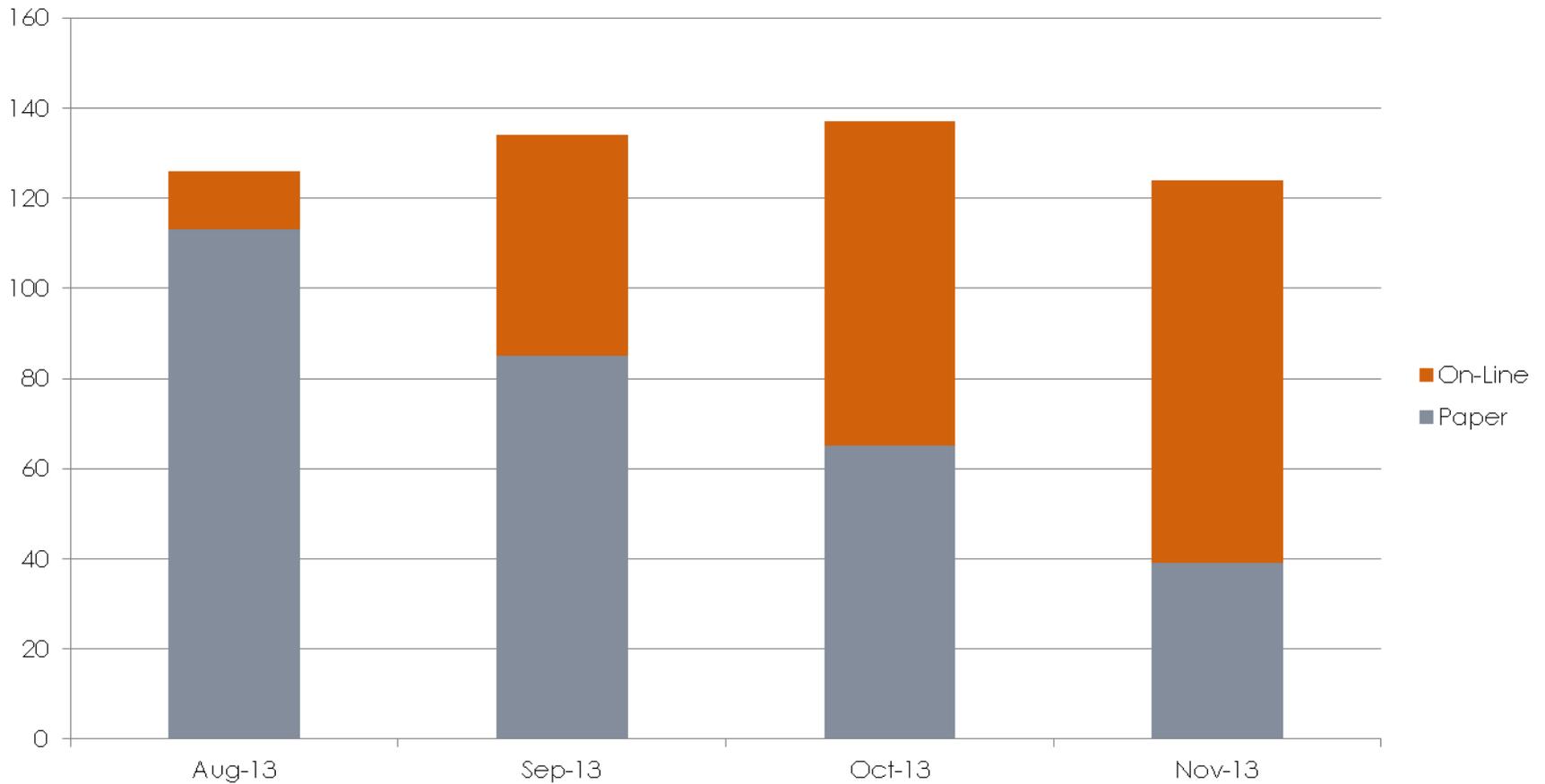
[Click Here for More Information](#) [Click Here to Apply](#)



**Important Information about the Online Application Process**

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# MFP APPLICATIONS RECEIVED PAPER VS. ON-LINE



# NEW SUPPORTS AND SERVICES

DEMONSTRATED UNDER MFP  
SUSTAINED IN MEDICAID WAIVERS

~DEANNA CLARK

# CHANGES TO ADMINISTRATION OF MEDICATIONS

- Administration of Medication by Certified Home Health Aides
- Automated Medication Dispensers

# ADULT FAMILY LIVING

- Supports up to no more than 3 participants.
- May be the caregiver's home, the home of the participant, or a home owned by a third party which the participants lease directly from the landlord.

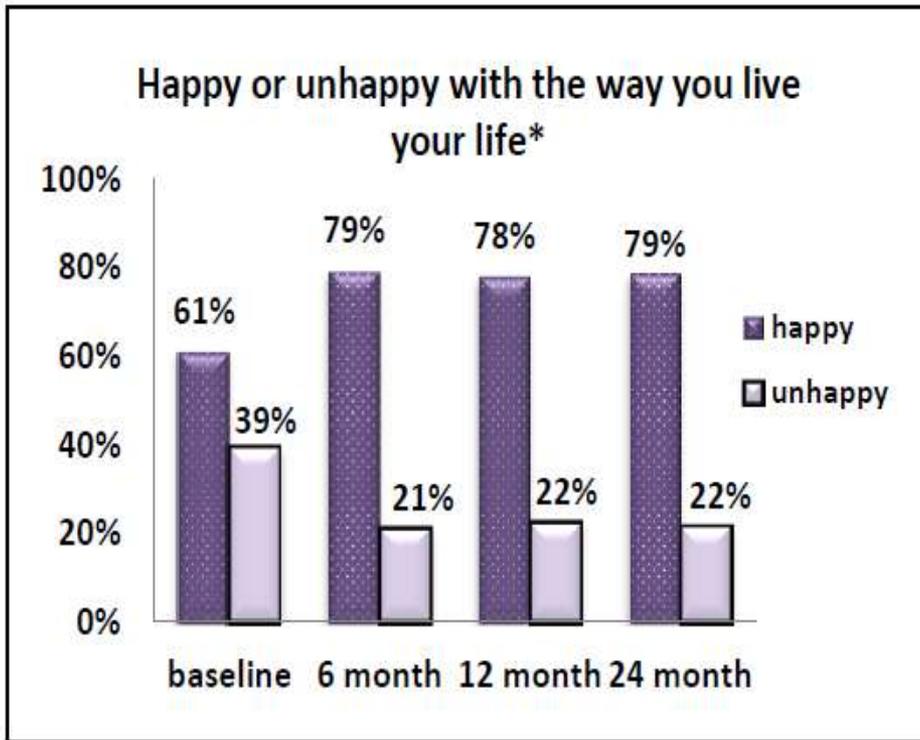
\* Sustained through amendments to the 1915C waivers after 365 days.

# NEW MFP DEMONSTRATED SERVICES

- Informal Caregiver Supports (Respite Care)
- Substance Abuse Recovery Coach/Peer Supports
- Independent Support Brokers

# HAPPY OR UNHAPPY WITH THE WAY YOU LIVE YOUR LIFE\*

UCONN QUALITY OF LIFE SURVEY OF TRANSITIONED CONSUMERS.



- Excluded Nursing Home Closures

# PUBLIC CONTACT INFORMATION

- [www.myplacect.org](http://www.myplacect.org)

Information on care and support in the community

- [www.ctmfp.com](http://www.ctmfp.com)

Online Application

- [www.ct.gov/dss](http://www.ct.gov/dss)

The State of Connecticut's website for the Department of Social Services.

- [www.connect.ct.gov](http://www.connect.ct.gov)

Department of Social Services online eligibility information system

- [www.accesshealthct.com](http://www.accesshealthct.com)

Connecticut's Official Health Insurance Marketplace

- Dawn Lambert

Project Director, Money Follows the Person  
Rebalancing Demonstration

[dawn.lambert@ct.gov](mailto:dawn.lambert@ct.gov)

860-424-4897

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