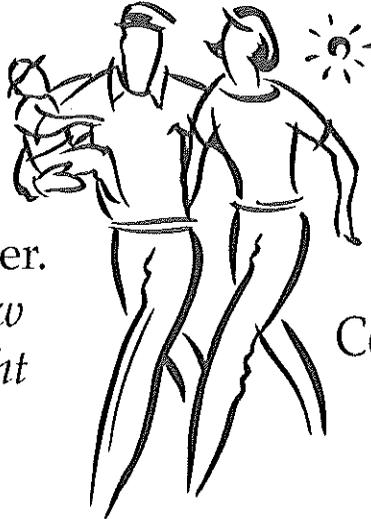


Keep a card handy and give one to a family member. You never know when you might need it.



The EAP Is FREE

There is no cost to you or a member of your family for the direct counseling you receive from an EAP Counselor. If you are

referred to a treatment resource beyond EAP Counseling, there generally will be costs. However, these costs may be offset, at least partially, by your insurance plan. We inform you up front what your out of pocket costs will be.

EAP Is Confidential

The EAP service is strictly confidential. No one will know you've contacted the program. Your name is not reported to your employer. Records are kept separate. The records are informal and are not part of your medical or personnel records. The EAP is bound by the strictest legal and ethical guidelines and cannot release any information without the employee's written permission. Under the Health Insurance Portability and Accountability Act (HIPAA) of 1996, the privacy of your health information is protected by law. Solutions maintains a "Notice of Privacy Practices" which describes in detail how your protected health information may be used and disclosed and how you can obtain this information. State and federal laws, however, mandate that in cases of child abuse, elderly abuse, or where a person may be a threat to his or someone else's safety, the counselor must notify the proper authorities.

EAP...
Help for all kinds of concerns, small or large.



For information or an appointment, call:

1-800-526-3485

For persons who are hard of hearing or have a speech impairment,
Call 800-842-9710
or 711 to reach Relay CT.

Ask to be connected to Solutions' number: 800-526-3485.

This is a free service.

All calls are confidential!

Offices available statewide in many convenient locations close to work or home.

A Program of

Behavioral Health Connecticut, LLC

A Provider-Sponsored Behavioral Health Network of the Hartford Health Care Corporation



State of Connecticut
Department of
Social Services

Solutions
FOR PEOPLE IN THE WORKPLACE

Employee & Family Assistance Program (EAP)



We help you find Solutions to life's challenges.

www.solutions-eap.com

LIFetips

- Call and request information
- Parenting, Alcohol, & other Drugs, Stress, Budgeting, Bereavement, Eldercare and more
- Faxback checklists available

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