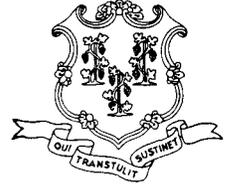




STATE OF CONNECTICUT

DEPARTMENT OF PUBLIC SAFETY
DIVISION OF STATE POLICE
PUBLIC INFORMATION OFFICE



Arthur L. Spada
Commissioner of Public Safety

Colonel Timothy F. Barry
Deputy Commissioner, Division of State Police

Statewide, Ct

01-27-04

Immediate Release

Extreme Cold Driving Recommendations **From The Connecticut State Police**

With the anticipation of heavy snowfall and extreme cold weather throughout New England in the next several days, the Connecticut State Police would like to make the following recommendations to all travelers.

1. **Pre-Plan Your Trip:** Plan your travel route, time of travel and be aware of changing weather conditions. Ask yourself is this trip really necessary?
2. **Consolidate Your Errands.** Plan your trip to limit the number of times you need to stop, park and expose yourself to the extreme cold.
3. **Dress For The Weather:** Make sure you are properly dressed for walking in the extreme weather incase you have a mechanical problem with your vehicle. Hat & gloves and proper footwear are vital in keeping your body warm in extreme cold.
4. **Make Sure Your Vehicle Is Mechanically Sound:** Warm up your vehicle outside the garage and lock it if you leave it unattended. Make sure you have a spare key to re-enter the vehicle. Make sure your defroster works properly, wipers work and you have plenty of wiper fluid. Make sure you remove Ice & snow from vehicle and all your lights are working properly before driving.
5. **Prepare For An Emergency:** Before you leave your home charge your cell phone, pack a snack and water for your trip. Make sure your vehicle is equipped with flares, jumper cables a blanket and a flashlight.
6. **When Your Get In Your Vehicle BUCKLE UP and if the cold is effecting you while your out find a place to warm up.**
7. **In an Emergency situation:**
 1. Pull your vehicle to the right as far as possible to avoid being hit
 - 2 Turn your emergency flashers on and REMAIN IN YOUR VEHICLE
 - 3 Call 911 and report the problem.
 - 4 Stay with your vehicle. You will be protected from the cold better than outside.

Use Common Sense- Extreme cold can be life threatening
in a very short amount of time

DO NOT TRAVEL UNLESS YOU HAVE TO!

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