

## STEP 2: Are We Employing Evidence-Based Strategies?

### Mental Health, Alcohol, and Substance Abuse

Objectives <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ph1</span>	Evidence-Based Sources								
	<a href="#">US Preventive Services Task Force (USPSTF)</a>	<a href="#">CDC's Guide to Community Preventive Services</a>	<a href="#">CDC Community Health Improvement Navigator</a>	<a href="#">National Prevention Strategy (NPS)</a>	<a href="#">CDC Prevention Status Reports</a>	<a href="#">CDC Winnable Battles</a>	<a href="#">Healthy People 2020 (HP2020)</a>	Other (write in source)	
<b>Mental Health and Mental Disorders</b>									
<b>OBJECTIVE MHSA-1</b> <span style="color: green; font-weight: bold;">=</span> Decrease by 5% the rate of mental health emergency department visits.								HI MHSA Data	
<i>Advocacy and Policy</i>								H2 Being developed	
<ul style="list-style-type: none"> <li>Advocate for affordable housing.</li> </ul>									
<i>Communications, Education and Training</i>									
<ul style="list-style-type: none"> <li>Promote depression screening by primary care providers for adults over 18 and for youth 12-17 yrs. of age through:               <ul style="list-style-type: none"> <li>Identification and implementation of standardized health and behavioral health screening tools during patient assessments and;</li> <li>Development of policies to address training, continuing education, and workforce needs of providers and entities participating in integrated health care practices.</li> </ul> </li> </ul>								H3 National Depression Screening Day 10- 8-15	
									H4 SAMHSA HRSA Screening Tools <a href="http://www.integration.samhsa.gov/clinical-practice/screening-tools">http://www.integration.samhsa.gov/clinical-practice/screening-tools</a>
									H5 State Innovation Model

## STEP 2: Are We Employing Evidence-Based Strategies?

### Mental Health, Alcohol, and Substance Abuse

Objectives <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ph1</span>	Evidence-Based Sources							Other (write in source)
	<a href="#">US Preventive Services Task Force (USPSTF)</a>	<a href="#">CDC's Guide to Community Preventive Services</a>	<a href="#">CDC Community Health Improvement Navigator</a>	<a href="#">National Prevention Strategy (NPS)</a>	<a href="#">CDC Prevention Status Reports</a>	<a href="#">CDC Winnable Battles</a>	<a href="#">Healthy People 2020 (HP2020)</a>	
<i>Partnership and Collaboration</i>								
<ul style="list-style-type: none"> <li>Promote reciprocal referrals between mental health and primary care providers by identifying and implementing methods for collaboration and integration.</li> </ul>								H6 Behavioral Health Homes H7 Statewide Health Care Facilities and Services Plan H8 Hospital Community Needs Assessments
<ul style="list-style-type: none"> <li>Identify and implement strategies to encourage integration in both public and the private sector programs to connect homeless individuals and families with mental health problems to mental health services.</li> </ul>								H9 Being developed
<ul style="list-style-type: none"> <li>Encourage coordination between healthcare and permanent supportive housing and homeless service agencies.</li> </ul>								H10 Being developed

## STEP 2: Are We Employing Evidence-Based Strategies?

### Mental Health, Alcohol, and Substance Abuse

Objectives <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ph1</span>	Evidence-Based Sources							Other (write in source)
	<a href="#">US Preventive Services Task Force (USPSTF)</a>	<a href="#">CDC's Guide to Community Preventive Services</a>	<a href="#">CDC Community Health Improvement Navigator</a>	<a href="#">National Prevention Strategy (NPS)</a>	<a href="#">CDC Prevention Status Reports</a>	<a href="#">CDC Winnable Battles</a>	<a href="#">Healthy People 2020 (HP2020)</a>	
<b>Substance Abuse</b>								
<b>OBJECTIVE MHSA-5</b> Reduce by 5% the non-medical use of pain relievers across the lifespan (ages 12 and older).								H11 Non-Medical Use of Pain Relievers Data
<i>Communications, Education and Training</i>								
<ul style="list-style-type: none"> <li>Educate and inform consumers regarding the risks and benefits of regulated products using strategies appropriate to culture, language, and literacy skills (e.g., prescription drug safety and side effects, public health alerts, general information about safe and appropriate medication use).</li> </ul>								H12 Strategies to Reduce Misuse of Prescription Drugs
<ul style="list-style-type: none"> <li>Educate health care professionals on proper opioid prescribing, brief screening, intervention referral and treatment, and effective use of prescription drug monitoring programs.</li> </ul>								H12 Strategies to Reduce Misuse of Prescription Drugs
<i>Partnership and Collaboration</i>								
<ul style="list-style-type: none"> <li>Facilitate controlled drug disposal programs, including official prescription take-back events and local drop-boxes.</li> </ul>								H13 DCP_ Local Drug Collection Boxes
<ul style="list-style-type: none"> <li>Educate prescribers on the benefits of the Connecticut Prescription Monitoring and Reporting System (CPMRS).</li> </ul>								H14 DCP_ Prescriber Information

## STEP 2: Are We Employing Evidence-Based Strategies?

### Mental Health, Alcohol, and Substance Abuse

Objectives <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ph1</span>	Evidence-Based Sources							Other (write in source)
	<a href="#">US Preventive Services Task Force (USPSTF)</a>	<a href="#">CDC's Guide to Community Preventive Services</a>	<a href="#">CDC Community Health Improvement Navigator</a>	<a href="#">National Prevention Strategy (NPS)</a>	<a href="#">CDC Prevention Status Reports</a>	<a href="#">CDC Winnable Battles</a>	<a href="#">Healthy People 2020 (HP2020)</a>	
<i>Surveillance</i>								
<ul style="list-style-type: none"> <li>Explore opportunities to review aggregate data from the Connecticut Prescription Monitoring and Reporting System (CPMRS) to identify prevention opportunities.</li> </ul>								H15 DCP_ Prescription Monitoring Program
<b>Autism Spectrum Disorders</b>								
<b>OBJECTIVE MHSA-7</b> Increase by 10% the number of children who are referred to Connecticut Birth to Three System following a failed Modified Checklist for Autism in Toddlers screening.								
<i>Communications</i>								
<ul style="list-style-type: none"> <li>Promote Modified Checklist for Autism in Toddlers screening for children prior to age 2 yrs.</li> </ul>								
<ul style="list-style-type: none"> <li>Promote and distribute educational materials that identify signs and symptoms for autism.</li> </ul>								
<i>Education and Training</i>								
<ul style="list-style-type: none"> <li>Educate primary care providers on appropriate referrals for children under 3 who fail Modified Checklist for Autism (M-CHAT) screening.</li> </ul>								
<i>Surveillance</i>								
<ul style="list-style-type: none"> <li>Establish a baseline of the % of children receiving Modified Checklist for Autism in Toddlers screening prior to age 2 yrs.</li> </ul>								

## STEP 2: Are We Employing Evidence-Based Strategies?

### Mental Health, Alcohol, and Substance Abuse

Objectives <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Ph1</span>	Evidence-Based Sources							
	<a href="#">US Preventive Services Task Force (USPSTF)</a>	<a href="#">CDC's Guide to Community Preventive Services</a>	<a href="#">CDC Community Health Improvement Navigator</a>	<a href="#">National Prevention Strategy (NPS)</a>	<a href="#">CDC Prevention Status Reports</a>	<a href="#">CDC Winnable Battles</a>	<a href="#">Healthy People 2020 (HP2020)</a>	Other (write in source)
<b>Exposure to Trauma</b>								
<b>OBJECTIVE MHSA-8</b> Increase by 5% trauma screening by primary care and behavioral health providers.								
<i>Communications</i>								
<ul style="list-style-type: none"> <li>Develop a directory of trauma-informed treatment providers.</li> </ul>								H16 Trauma Directory - The Connecticut Women's Consortium
<i>Planning &amp; Development</i>								
<ul style="list-style-type: none"> <li>Establish and promote evidence-based trauma screening tool for children and adults.</li> </ul>								H17 Trauma Screening or Assessment - Kids Mental Health Info H18 Trauma Screening and Assessment Adults
<ul style="list-style-type: none"> <li>Conduct trauma screening for all referrals on an out-patient basis for children and adults.</li> </ul>								
<i>Surveillance</i>								
<ul style="list-style-type: none"> <li>Establish mechanism to determine baseline <u>data</u>- for trauma screening.</li> </ul>								