

Healthy Connecticut 2010

- Based on the *Healthy People 2010* Leading Health Indicators
- Objectives modified to reflect:
 - Available data
 - Relevance to Connecticut population

Healthy Connecticut 2010

- Today's discussion highlights
 - Connecticut demographics
 - Events that influenced Public Health
 - Connecticut success stories: 2000-2010
 - Challenges for 2020

Changes in Connecticut Demographics 2000-2010

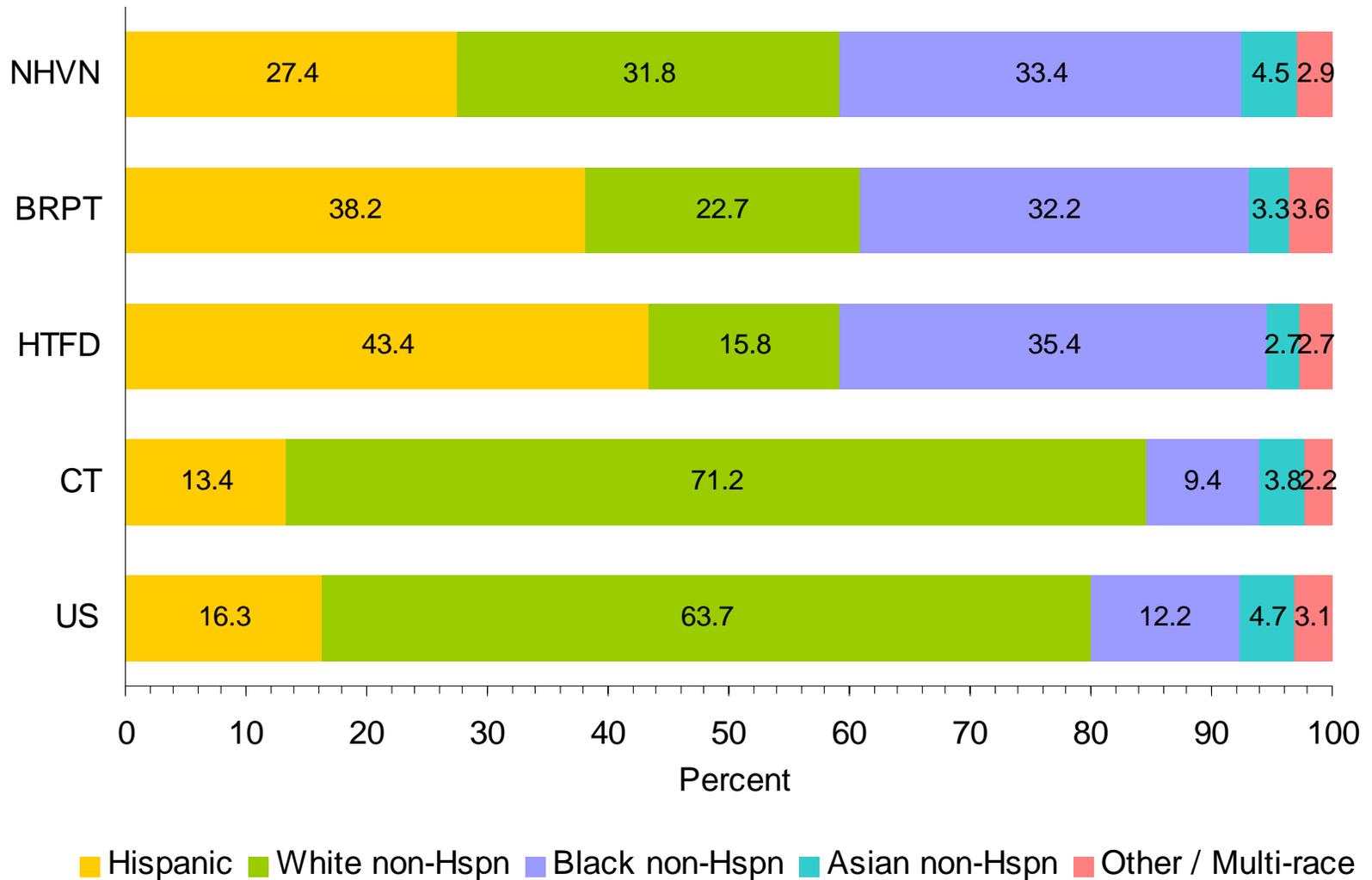
	Connecticut		U.S. 2010	Connecticut Change
	2000	2010		
Population	3,405,565	3,574,097		+4.9%
Median age	37.4 yrs	40.0 yrs	37.2 yrs	+2.6 yrs
65+ yrs of age	13.8%	14.2%	13.0%	+36,376 (7.7%)
White only	81.6%	77.6%	72.4%	-7,945 (0.3%)
Black/Afr. Am. only	9.1%	10.1%	12.6%	+52,653 (17%)
Asian only	2.4%	3.8%	4.8%	+53,252 (65%)
AI/AN only	0.3%	0.3%	0.9%	+9,637 (17%)
Other/2+ races	6.6%	8.2%	9.3%	+69,155 (31%)
Hispanic any race	9.4%	13.4%	16.3%	+158,764 (50%)
Bachelors or higher*	31.4%	35.1%	27.5%	+3.6%
Language other than English spoken at home*	18.3%	19.7%	19.6%	+1.4%
Median household income*	\$53,935	\$66,906	\$50,221	+24.0%
Individuals below poverty level*	7.9%	9.3%	14.3%	+1.6%

* Data in 2010 columns are 2005-2009, American Community Survey 5-year estimates. Other statistics are U.S. 2000 and 2010 Census data.

Connecticut's statewide demographic profile does not accurately portray the characteristics of its largest towns.

POPULATION BY RACE & ETHNICITY

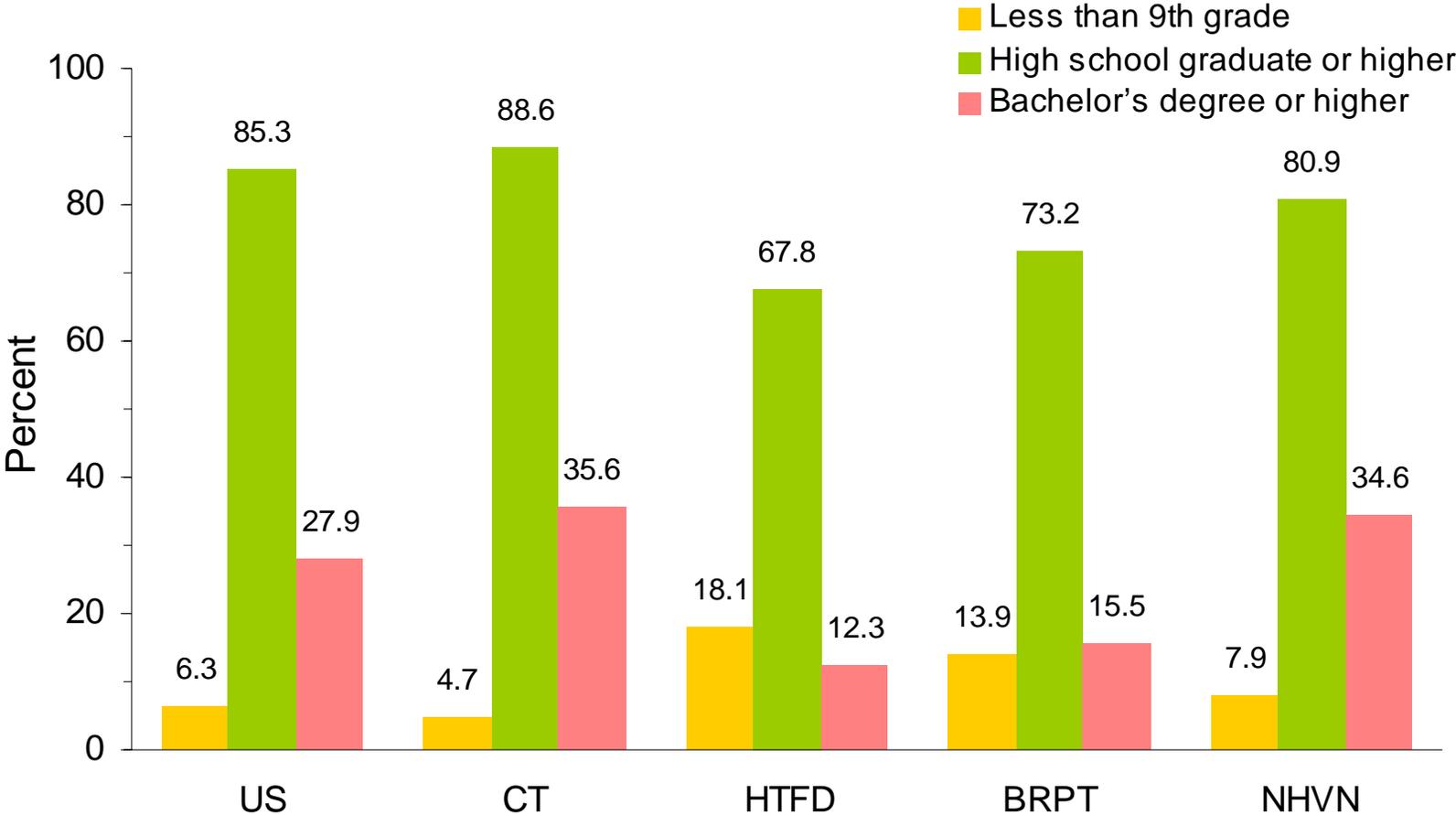
U.S. vs. CONNECTICUT AND ITS LARGEST TOWNS, 2010



Source: US Census Bureau. DP-1. 2010 Demographic Profile Data.

EDUCATIONAL ATTAINMENT

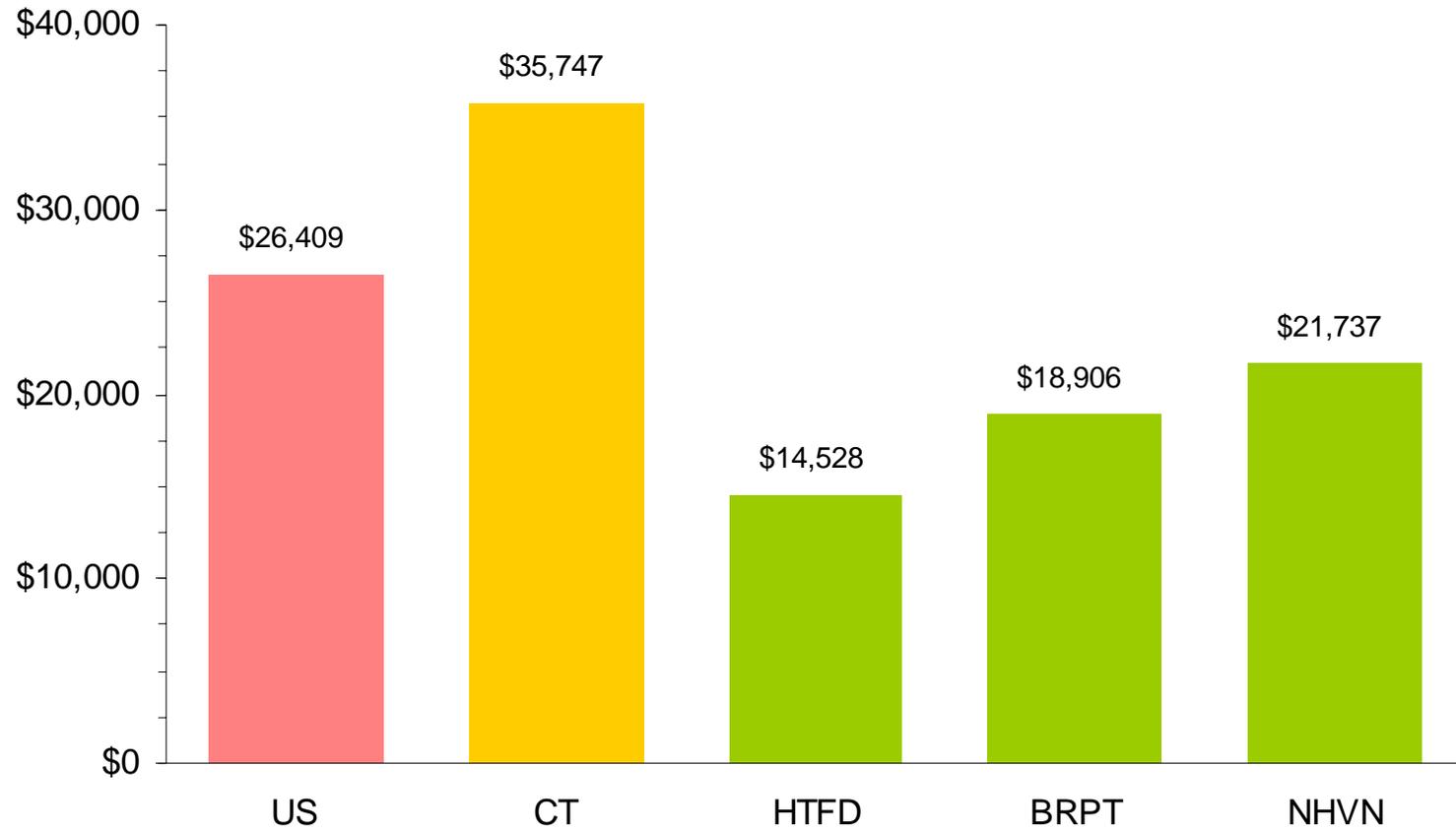
U.S. vs. CONNECTICUT AND ITS LARGEST TOWNS, 2009



Source: US Census Bureau, American Community Survey, 1-Year Estimates, 2009

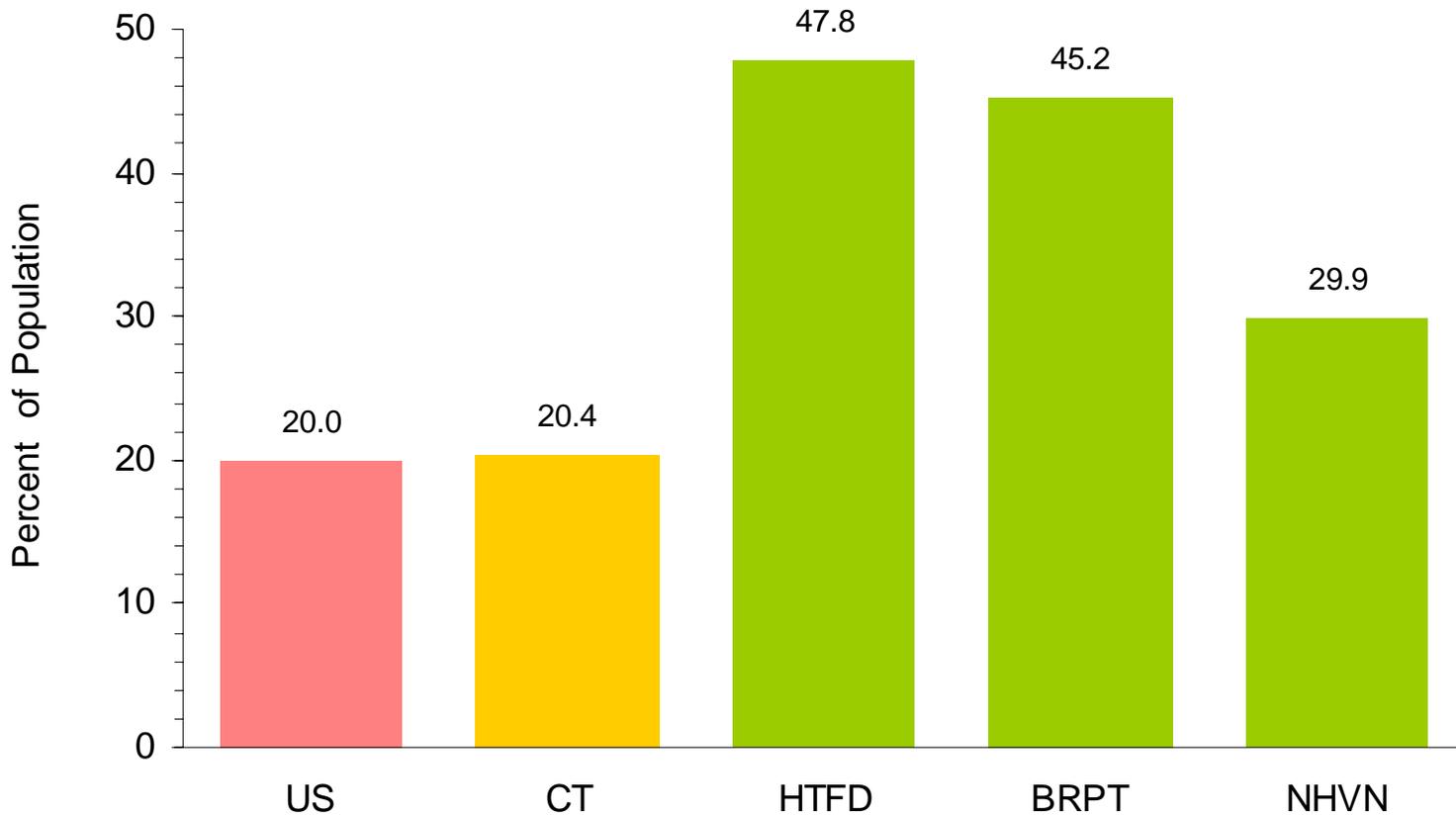
PER CAPITA INCOME

U.S. vs. CONNECTICUT AND ITS LARGEST TOWNS, 2009



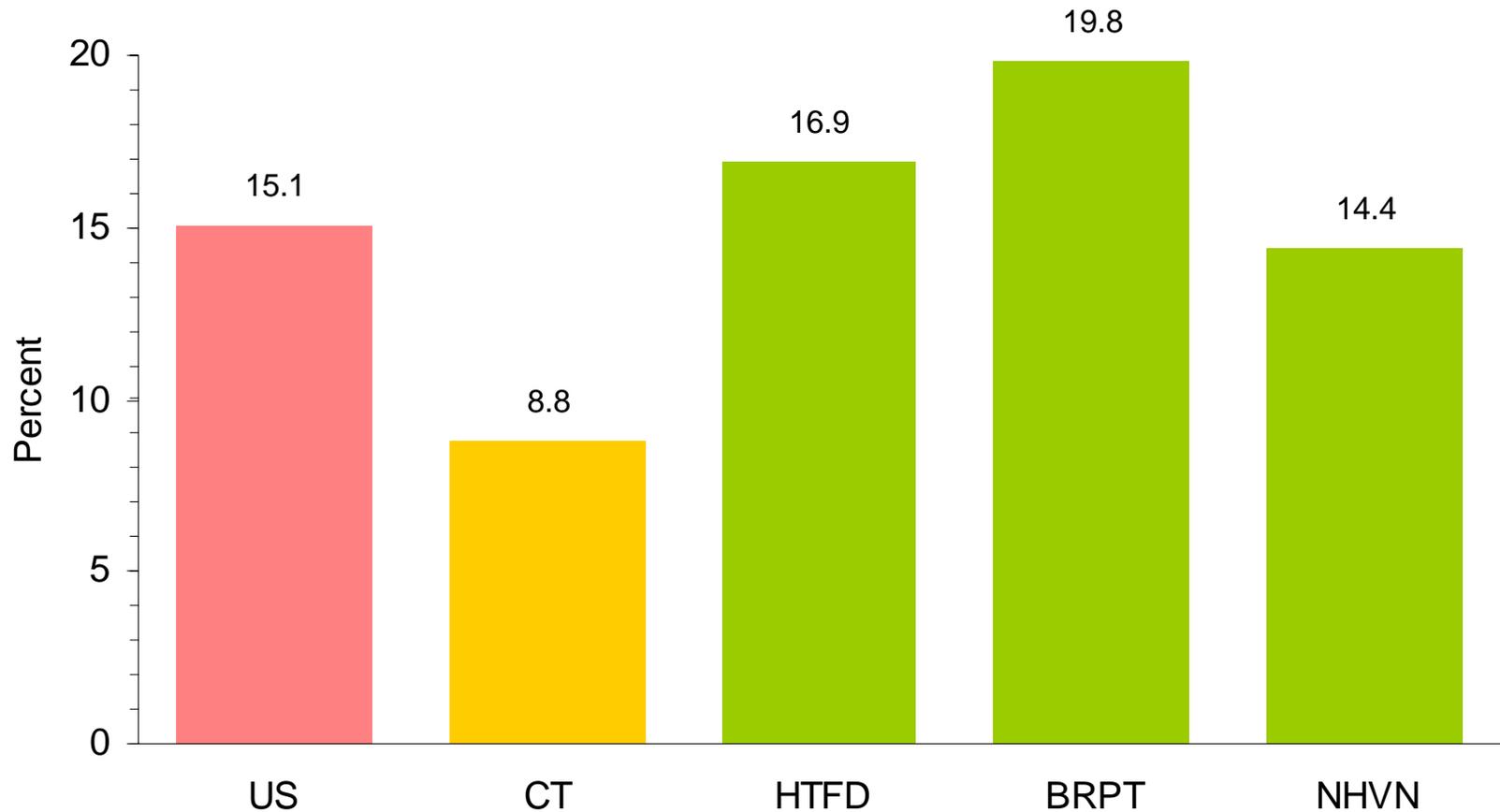
Source: US Census Bureau, American Community Survey, 1-Year Estimates, 2009

SPEAK LANGUAGE OTHER THAN ENGLISH AT HOME
(5+ Years of Age)
U.S. vs. CONNECTICUT AND ITS LARGEST TOWNS, 2009



Source: US Census Bureau, American Community Survey, 1-Year Estimates, 2009

NO HEALTH INSURANCE COVERAGE (ALL AGES) U.S. vs. CONNECTICUT AND ITS LARGEST TOWNS, 2009



Source: US Census Bureau, American Community Survey, 1-Year Estimates, 2009

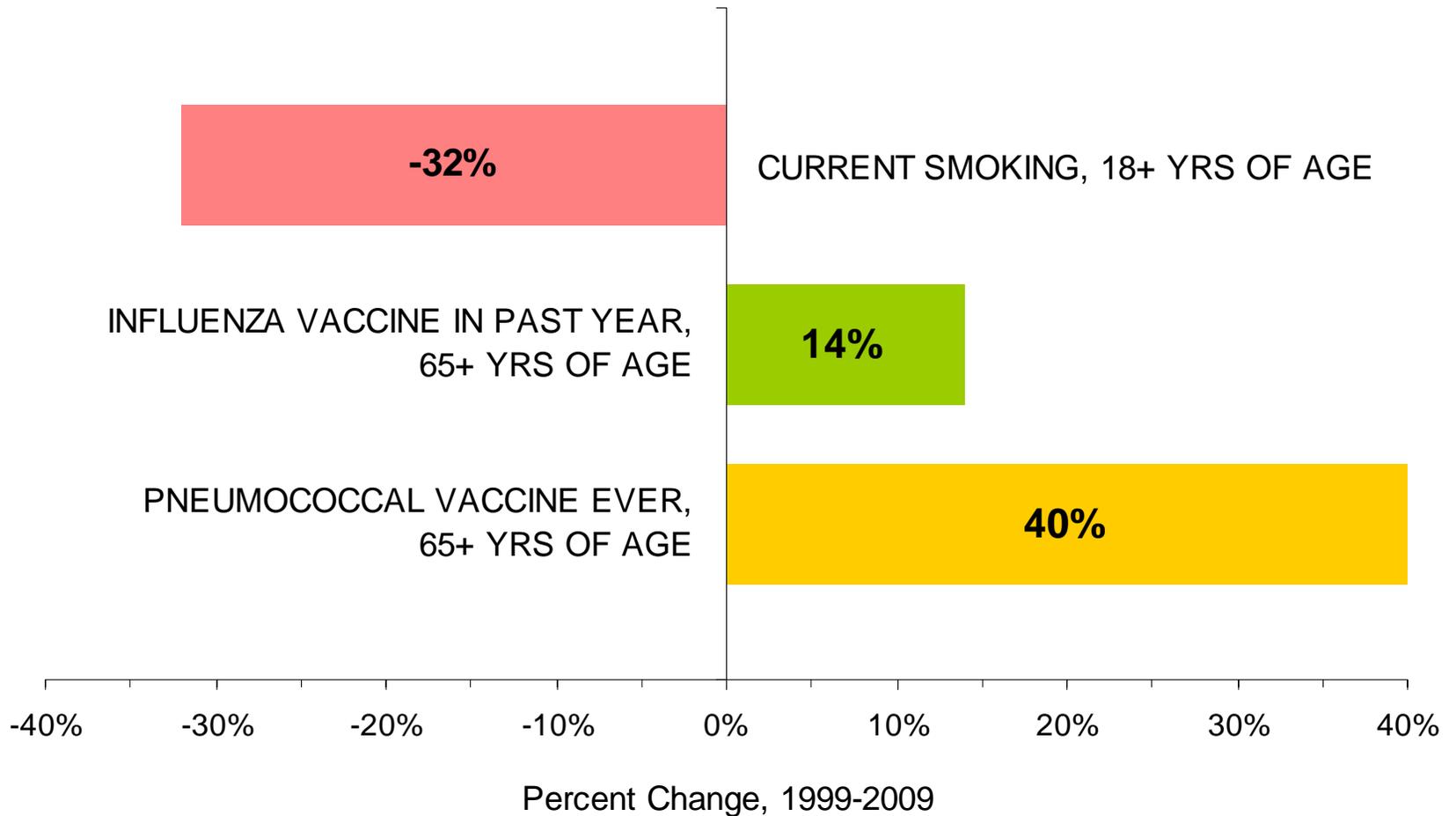
A Decade of Influential Events

- 9/11 WTC attack; bioterrorism threat
- H1N1 pandemic
- Hurricane Katrina
- Economic recession/unemployment → reduced access to health insurance
- Tobacco Master Settlement Agreement
- Massachusetts Health Reform enacted
- Affordable Care Act becomes law
- *Unnatural Causes* released

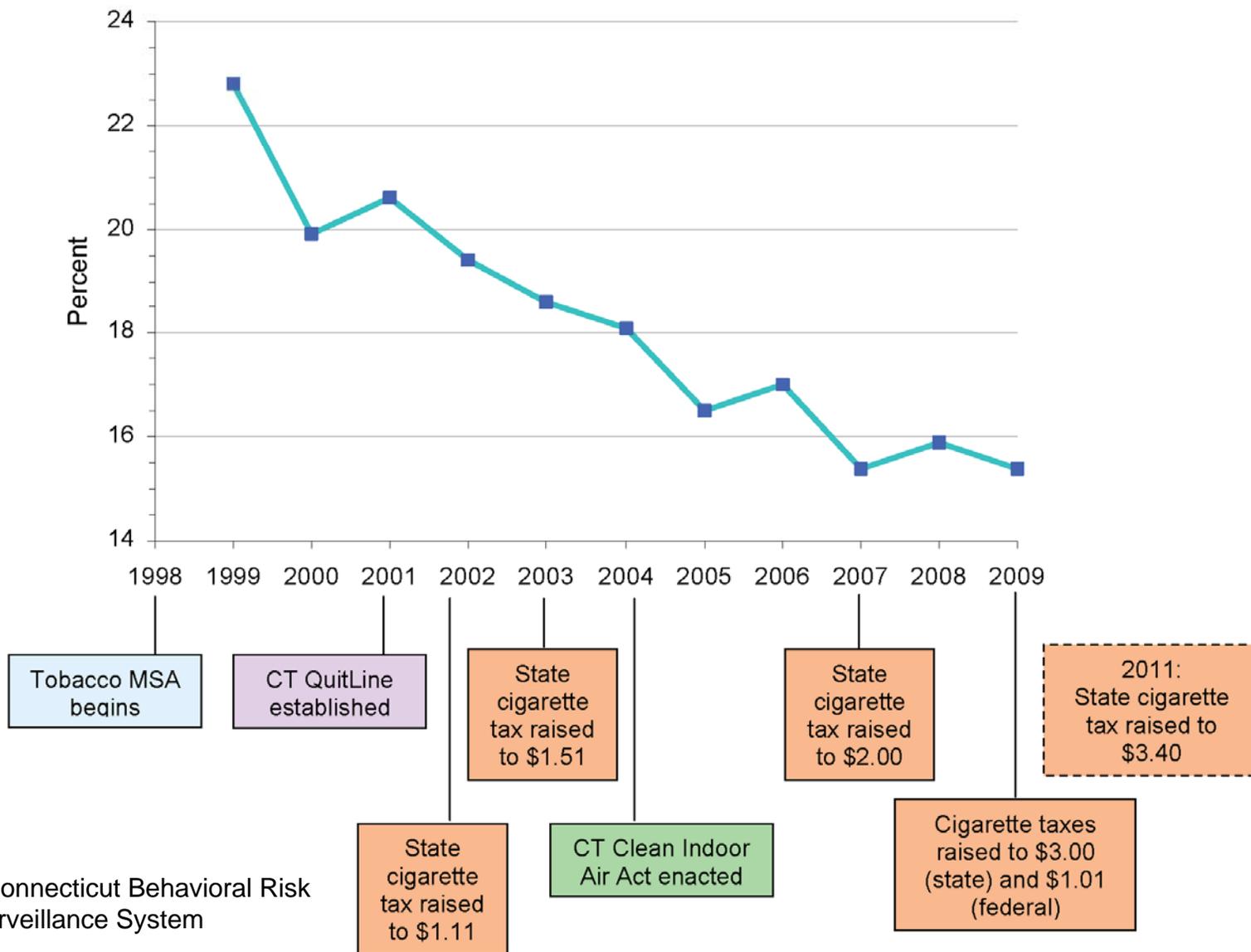
Connecticut's Progress

- Connecticut met most Healthy People 2010 targets with statewide statistics or total population
- However, statewide statistics mask striking disparities across racial/ethnic groups, and urban/rural populations
- Overall health varies dramatically between Connecticut's wealthiest and poorest communities and among population groups

Success Stories, 2000-2010

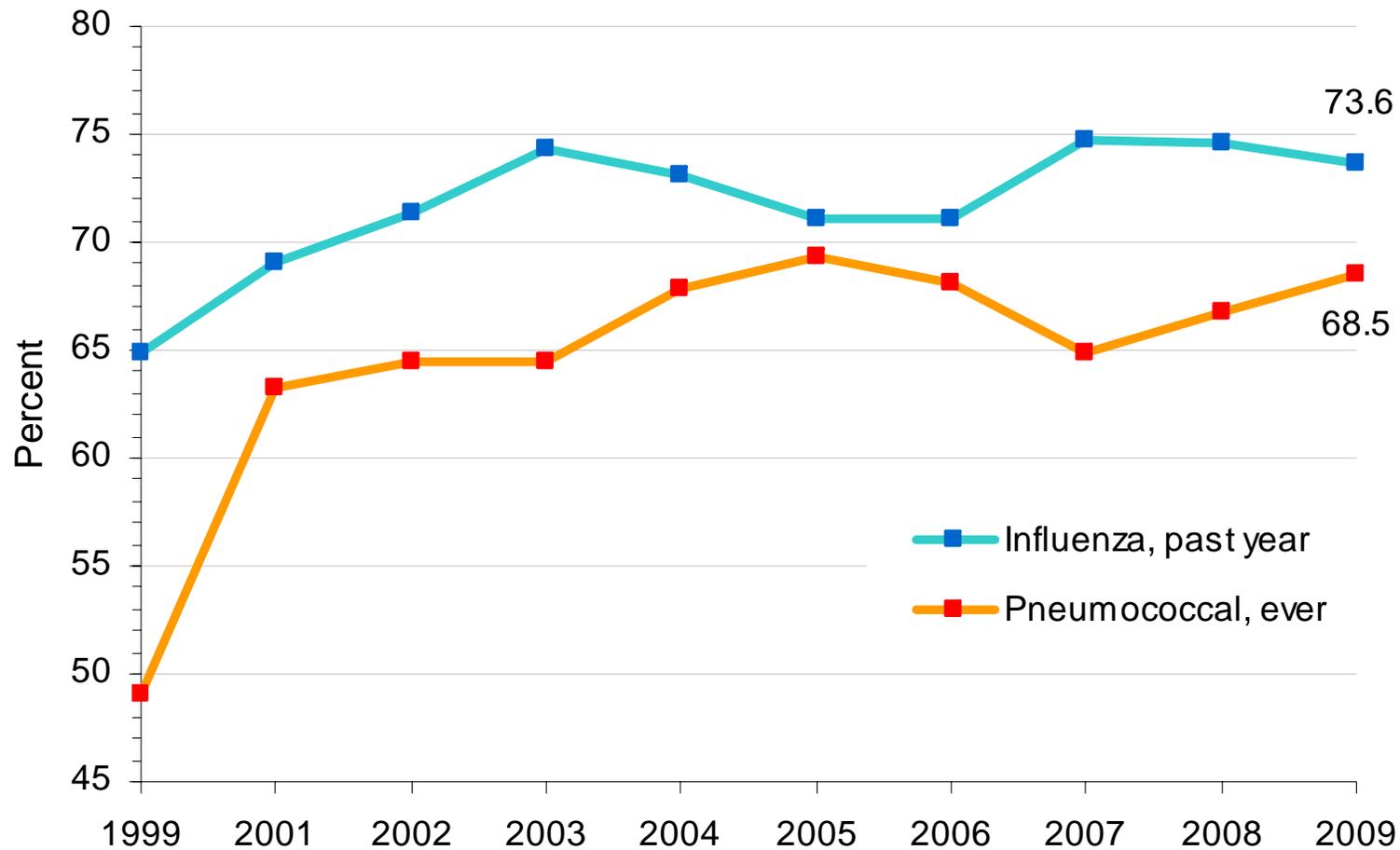


CURRENT CIGARETTE SMOKING AND TIME LINE ADULTS 18+ YEARS OF AGE CONNECTICUT 1999-2009



Source: Connecticut Behavioral Risk Factor Surveillance System

RECEIVED INFLUENZA VACCINE IN PAST YEAR OR
EVER RECEIVED PNEUMOCOCCAL VACCINE
65+ YEARS OF AGE
CONNECTICUT, 1999-2009

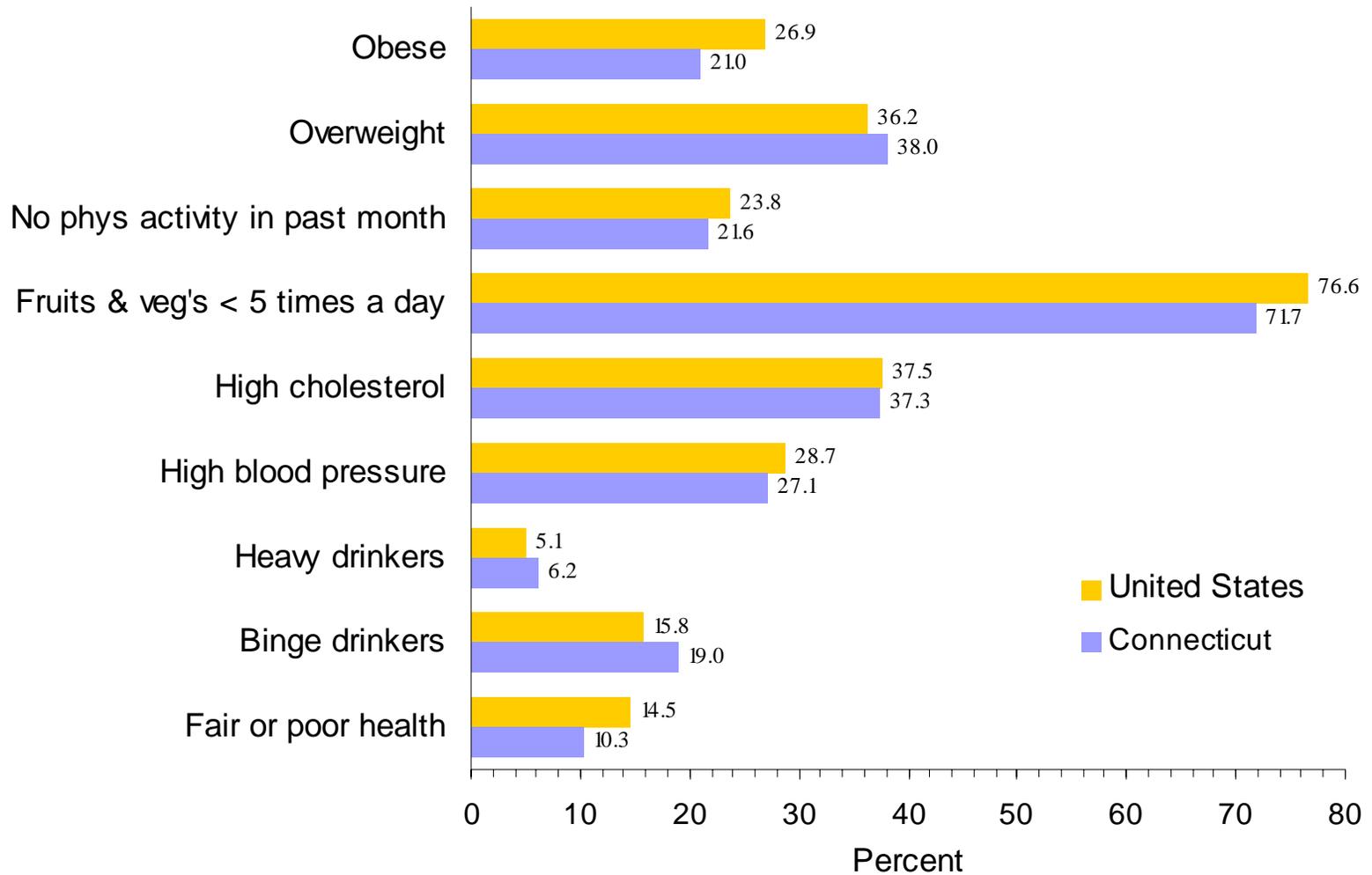


Source: Connecticut Behavioral Risk Factor Surveillance System

Challenges for 2020

- Obesity
- Unintentional injuries
 - Poisoning
 - Falls among the Elderly
- Low birth weight and premature deliveries

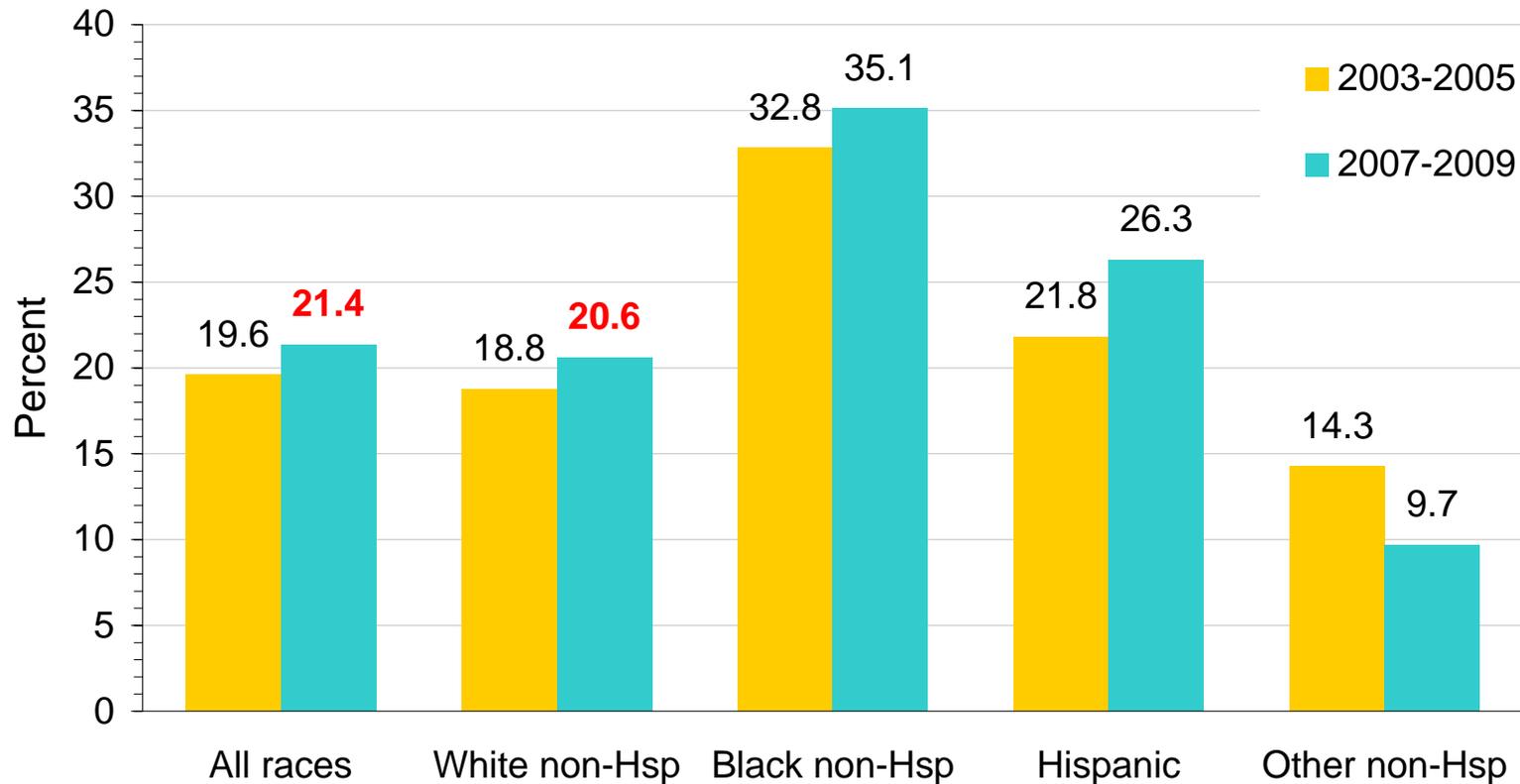
BEHAVIORAL RISK FACTOR PREVALENCE CONNECTICUT AND U.S. ADULTS 18+ YRS OF AGE, 2009



Source: Connecticut Behavioral Risk Factor Surveillance System

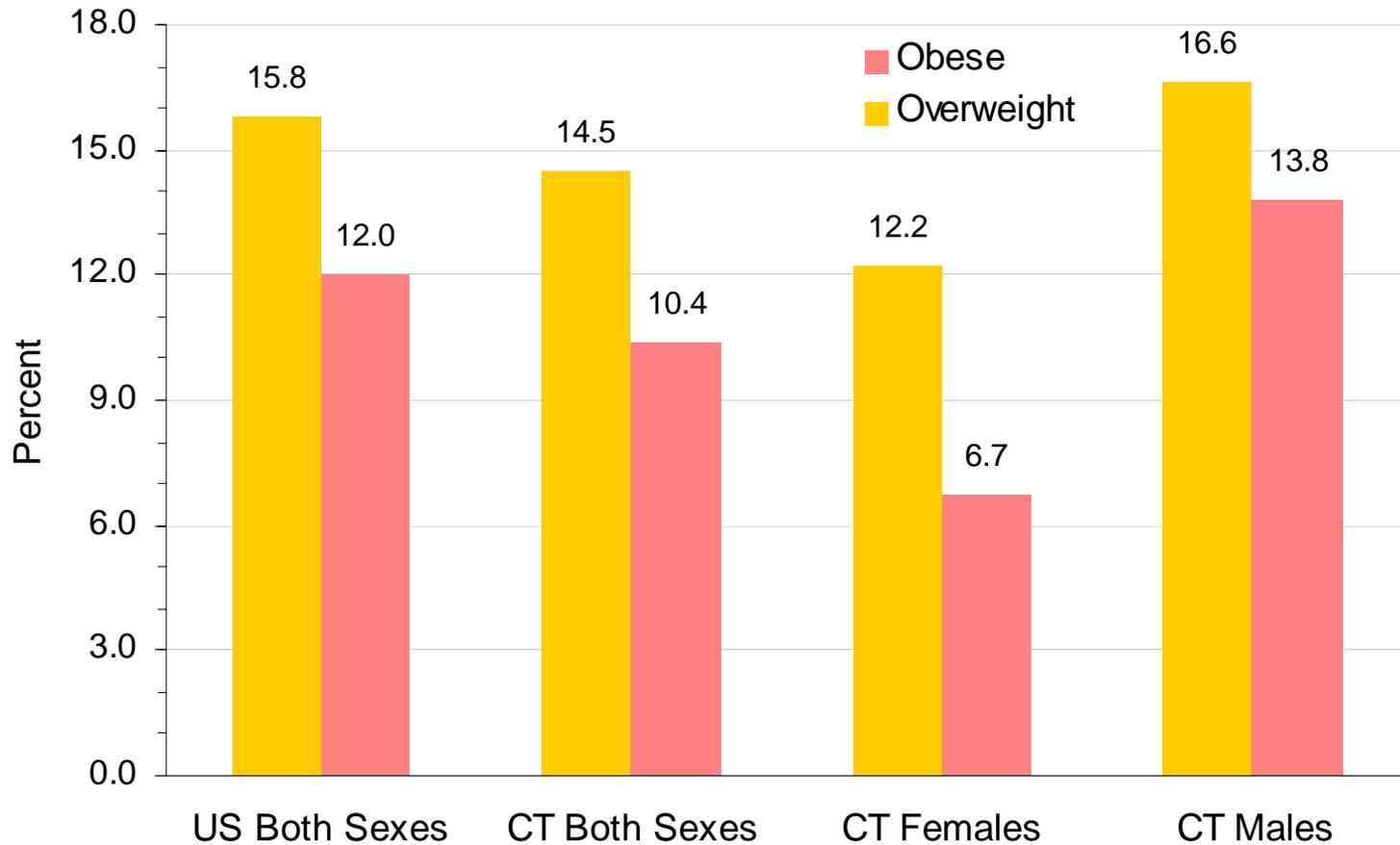
OBESITY PREVALENCE BY RACE AND ETHNICITY CONNECTICUT ADULTS, 2003-2005 AND 2007-2009

(Statistically significant changes shown in red)



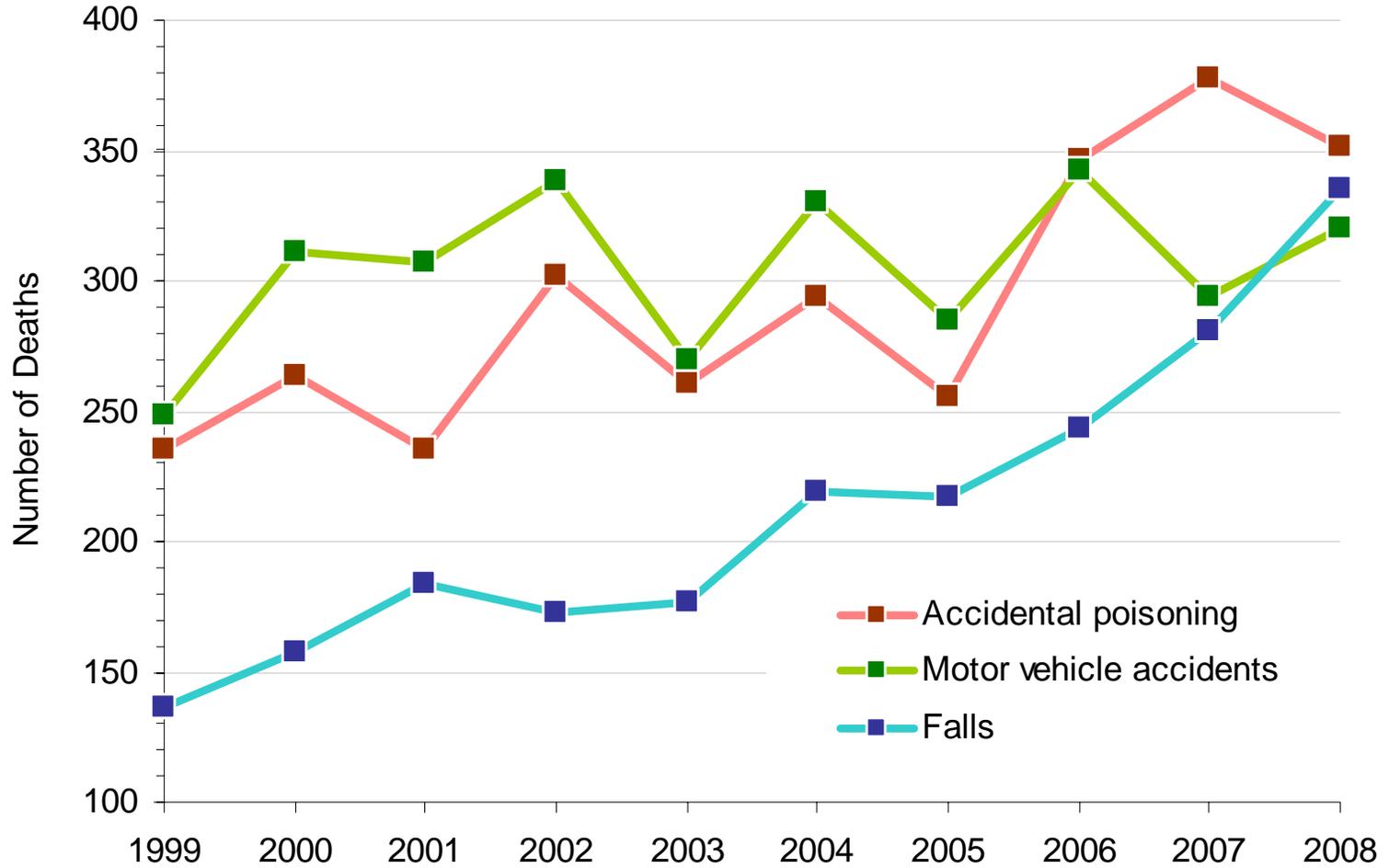
Source: Connecticut Behavioral Risk Factor Surveillance System, 2003-2005 and 2007-2009 pooled data

PREVALENCE OF OVERWEIGHT AND OBESITY STUDENTS IN GRADES 9-12 CONNECTICUT AND U.S., 2009



Source: Connecticut Department of Public Health, School Health Survey, Youth Risk Behavior Surveillance

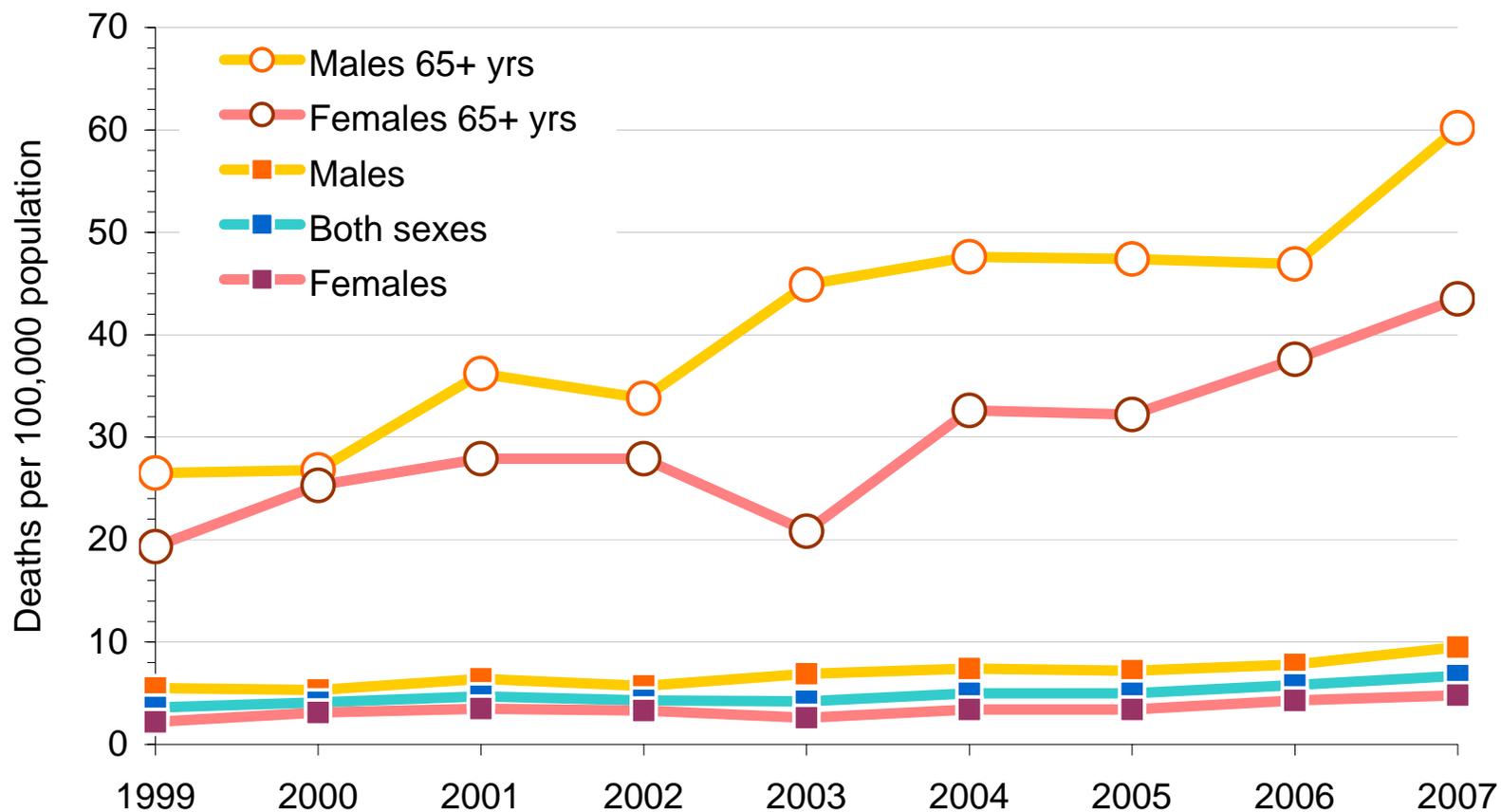
LEADING CAUSES OF INJURY DEATHS CONNECTICUT, 1999-2008



Source: Connecticut Department of Public Health, Registration Reports, 1999-2008

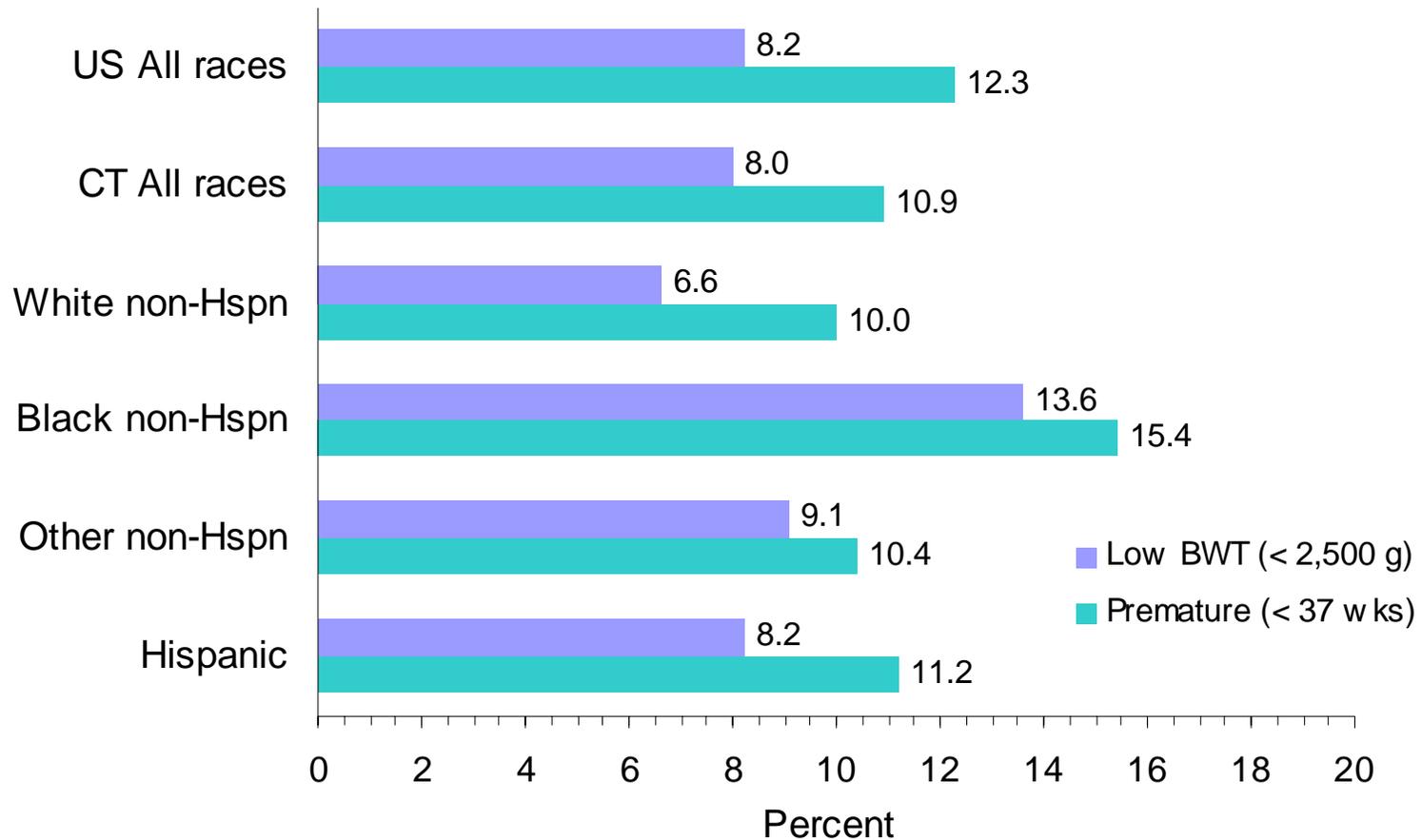
DEATHS FROM FALLS

(Age-Adjusted and Age-Specific Death Rates)
CONNECTICUT, 1999-2007



Source: Connecticut Department of Public Health, Mortality Reports, 1999-2007

LOW BIRTHWEIGHT AND PREMATURE DELIVERIES BY RACE AND ETHNICITY U.S. AND CONNECTICUT, 2008



Sources: Connecticut Department of Public Health, 2008 Registration Report; and CDC, Births: Final Data for 2008. *National Vital Statistics Reports* 59(1):1-72.

Conclusion

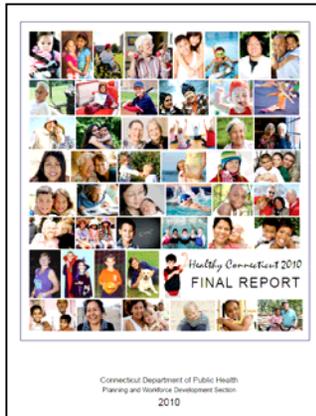
- Look beneath/inside your statewide data
- Identify priorities before planning programs
- Employ existing initiatives and strategically implement new ones to address HP 2020 goals
- Maximize community partnerships
- Regularize program integration/collaboration
- Coordinate with other agencies

Conclusion

- Exploit all resources and support available to conduct your work– federal, state, local, non-profit, philanthropic
- Remember there is no particular race, ethnicity, language, or color associated with health disparities

Conclusion

- *For those who still seek to demonstrate the role of Public Health in Health Reform: You will be doing just that by working toward the HP 2020 objectives*



Healthy Connecticut 2010 Final Report
<http://1.usa.gov/mURM5i>