

# Travel the Maze to get Fluoride

Fluoride helps teeth fight tooth decay by making teeth strong.

We can get fluoride by drinking water that has fluoride in it.

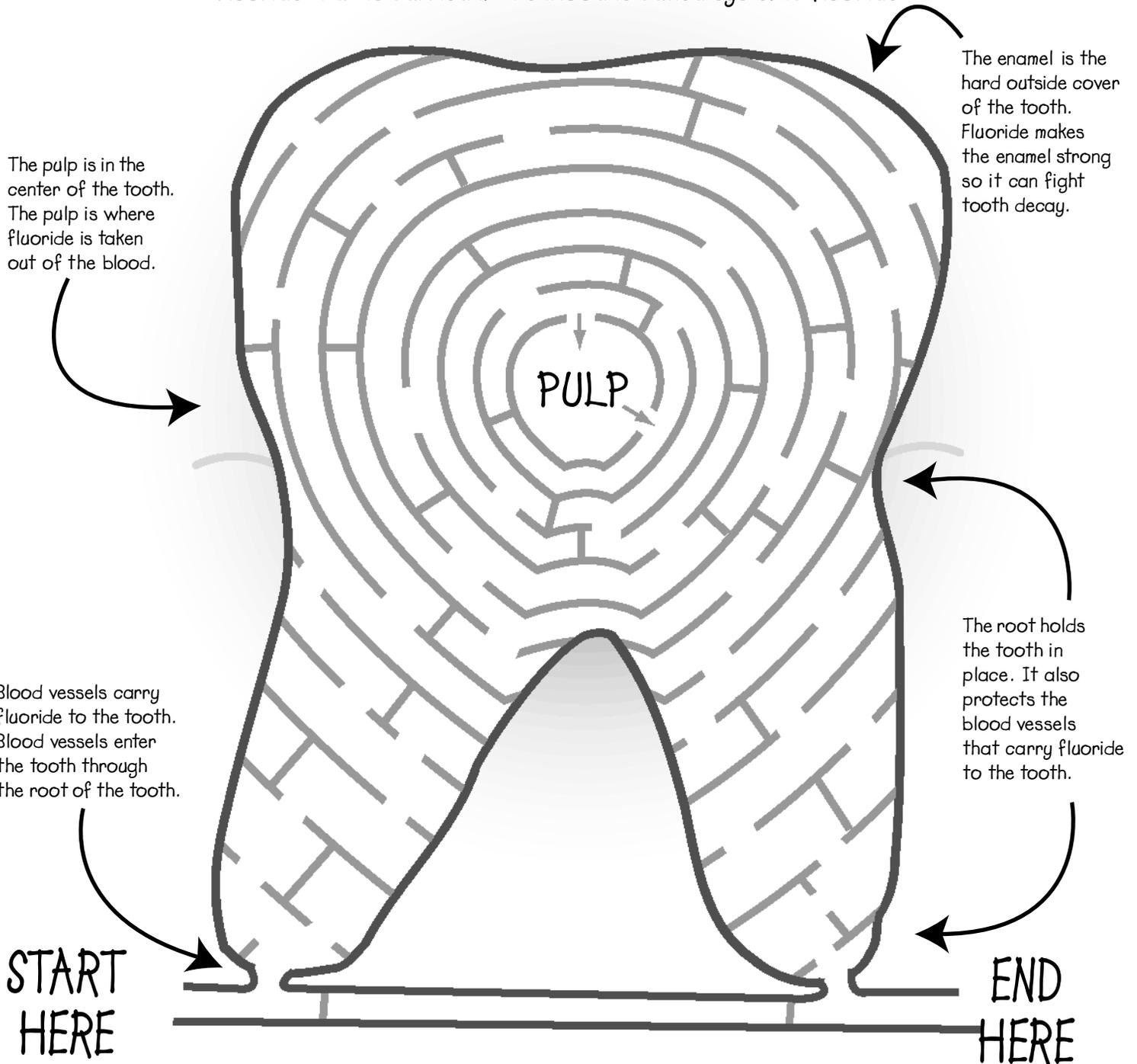
Our body puts this fluoride into our blood.

Blood vessels carry this blood to our teeth.

Blood vessels enter a tooth at the root of the tooth.

The tooth pulp is where fluoride is taken out of the blood to make the tooth strong.

Fluoride that is carried in the blood is called systemic fluoride.



Follow the blood through the tooth as it carries fluoride to fight tooth decay.

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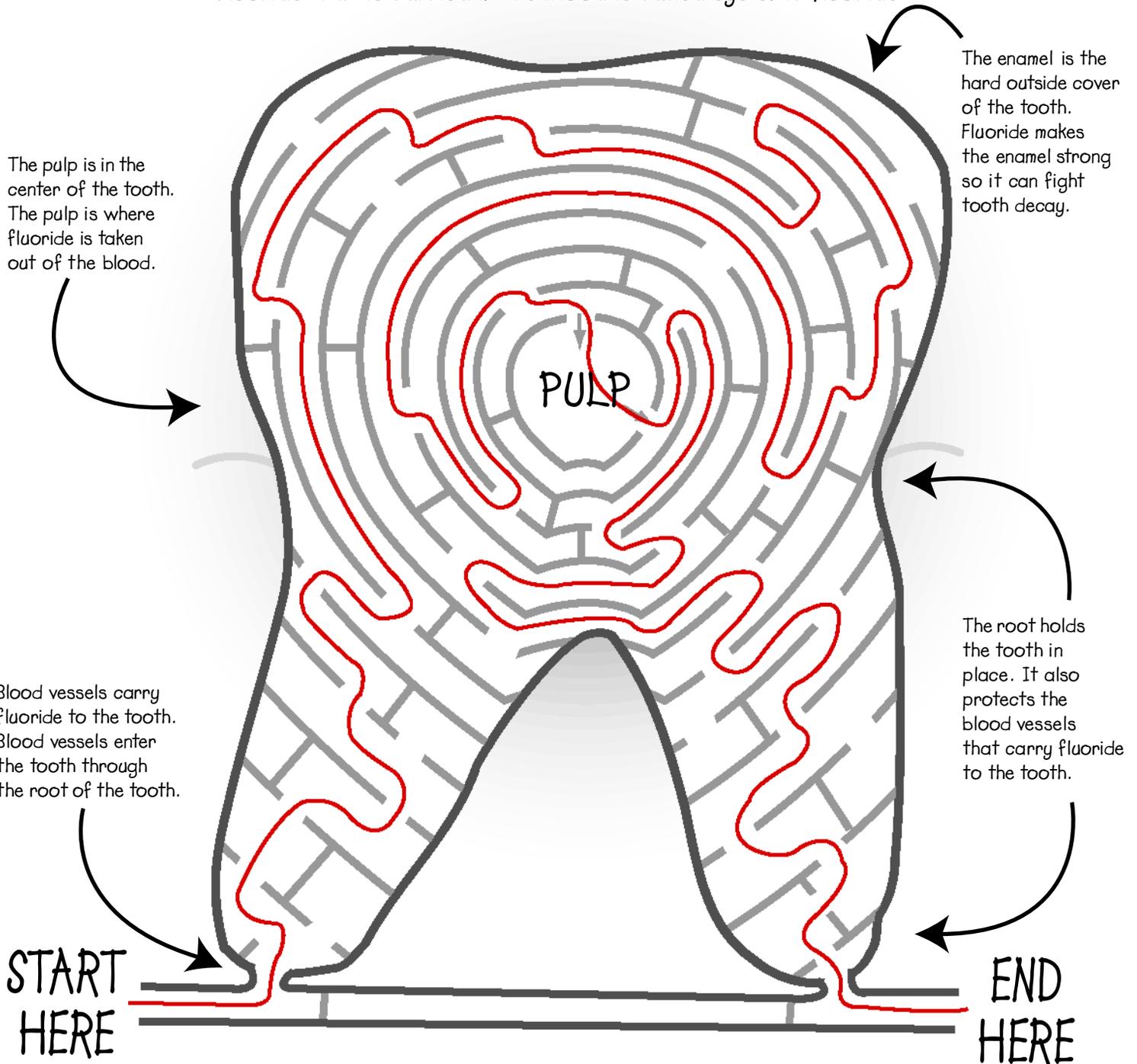
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