

DENTAL EMERGENCIES & INJURIES...

FACTS

- In 2007, nearly **60,000** CT children broke a tooth.
- Teeth are often injured when children are playing sports with risk of injury such as football, basketball, baseball, ice hockey, bicycling and many others. So it is very important for children to wear a mouth guard when playing sports.
- If a dental emergency occurs follow [these](#) steps:

Mouth Guard



When a tooth is knocked out:

- See a dentist **immediately**
- Older children/adults with **permanent** teeth:
 - Do not touch the root** (pointed part).
 - Rinse gently** in milk or saline (buy at drugstore), not water.
 - Put tooth back in gum** where it came out and hold in place until you see a dentist
 - If you can't put it back, put it in a container of **milk**.
- Children under 6 years with **baby** teeth: **Do not replace.**

Knocked Out



When a tooth is knocked loose:

If a tooth is **knocked loose** or deep into the gum **see a dentist immediately**. Even if the tooth is not loose, it may be broken. An **x-ray** is needed!

Knocked Loose or Deep into the Gum



When a tooth is chipped:

If a tooth is chipped, **see a dentist quickly**. Teeth may hurt and have other problems you cannot see.

Chipped Teeth

