



**STATE OF CONNECTICUT**  
OFFICE OF HEALTH CARE ACCESS

M. JODI RELL  
GOVERNOR

CRISTINE A. VOGEL  
COMMISSIONER

October 17, 2005

Mary Nescott, MPH  
Director of Quality Management  
Birmingham Group Health Services  
435 East Main Street  
Ansonia, CT 06401

RE: Certificate of Need Determination; Report Number 05-30602-EXM  
Birmingham Group Health Services d/b/a Birmingham Group Health Services Extension  
CON Exemption Pursuant to Section 17a-678, C.G.S.  
Establish Intensive Outpatient and Outpatient Substance Abuse Treatment Programs

Dear Ms. Nescott:

The Office of Health Care Access ("OHCA") is in receipt of your request for exemption from the Certificate of Need ("CON") process, pursuant to Section 17a-678 of the Connecticut General Statutes ("C.G.S."), to establish an intensive outpatient and outpatient substance abuse treatment program at their facility at 111 New Haven Avenue, Bradley Pond, in Derby.

Upon review of the information contained in the request, OHCA finds the following:

1. Birmingham Group Health Services is a non-profit facility located at 111 New Haven Avenue, Bradley Pond, Derby, which provides case management services, social skills building, vocational and educational support to a DMHAS targeted young adult population (18-25 years).
2. Birmingham Group Health Services is proposing to provide outpatient treatment and intensive outpatient substance abuse treatment at 111 New Haven Avenue, Bradley Pond, in Derby.

4. The Department of Mental Health and Addiction Services (“DMHAS”), in a letter dated October 5, 2005, from Commissioner Thomas A. Kirk, Jr., Ph.D., grants an exemption under CGS Section 17a-678 to allow Birmingham Group Health Services d/b/a Birmingham Group Health Services Extension to obtain a facility for the care or treatment of substance abusive or dependent persons license to provide substance abuse outpatient and intensive outpatient services at 111 New Haven Avenue, Bradley Pond, in Derby, serving clients in the Ansonia, Derby, Oxford, Shelton and Seymour area.
5. DMHAS states that these new clinical services, to be located in Derby, will provide enhanced access, improved continuity and coordination of care, and reduction in the no-show rate for clients from Derby currently receiving services in Ansonia. It is estimated that initially, the program will provide care for 25 unduplicated clients annually.
6. The total capital expenditure associated with the proposal is \$0.

Based on the above findings, OHCA has determined that Birmingham Group Health Services d/b/a Birmingham Group Health Services Extension request to establish outpatient treatment and intensive outpatient substance abuse treatment programs at 111 New Haven Avenue, Bradley Pond, Derby meets the exemption requirements of Section 17a-678 of the Connecticut General Statutes and, therefore, is exempt from OHCA’s CON process. Termination of these services would require CON approval, pursuant to Section 19a-638, C.G.S.

Thank you for providing information to OHCA regarding this proposal. If you have any questions concerning this letter, please contact Paolo Fiducia, Associate Health Care Analyst, Certification, Financial Analysis and Forecasting, at (860) 418-7001.

Sincerely,

Signed by Cristine A. Vogel  
Commissioner

C: Honorable Thomas A. Kirk, Jr., Ph.D., Commissioner, DMHAS  
Sandra Bauer, Health Processing Technician, DPH, DCBR  
Al Bidorini, Director, OPAS, DMHAS  
Donna C. Stimpson, Planning Specialist, DMHAS

CAV:pf