



**STATE OF CONNECTICUT**  
OFFICE OF HEALTH CARE ACCESS

M. JODI RELL  
GOVERNOR

CRISTINE A. VOGEL  
COMMISSIONER

June 15, 2005

Timothy Crimmins  
Director of Business Development  
Stonington Institute  
234A Bank Street 5<sup>th</sup>  
New London, CT 06320

Re: Certificate of Need Determination, Report Number 05-30522-DTR  
Stonington Institute  
Relocation of the Intensive Outpatient Program at the Waterford Clinic

Dear Mr. Crimmins:

The Office of Health Care Access (“OHCA”) is in receipt of your request for a Certificate of Need (“CON”) determination to relocate its Intensive Outpatient track from 86 Boston Post Road to 83 Boston Post Road in Waterford.

Upon review of the information contained in the request, OHCA finds the following:

1. Stonington Institute (“Stonington”) is a for-profit substance abuse treatment facility licensed by the State of Connecticut Department of Public Health to provide care and treatment to substance abusive or dependent persons.
2. Stonington currently operates an Adult Day Treatment Program (“ADTP”) at 86 Boston Post Road in Waterford, CT.
3. Stonington is currently licensed to provide outpatient services at 83 Boston Post Road in Waterford, CT.
4. Stonington organizes clinical services within the ADTP around two tracks: a “Lifeskills” track and a “Intensive Outpatient” track. Lifeskills is a track for patients requiring more than 2 case management services. Intensive Outpatient is a track for clients whose identifiable case management needs are less than 2.

5. Due to the increased census within the ADTP and the clinical and programmatic needs of the different patient populations, Stonington proposes to relocate its Intensive Outpatient track to a facility at 83 Boston Post Road in Waterford.
6. The benefits of the relocation proposal to the patients currently served are as follows:
  - Smaller group therapy sessions for patients which promote more individualized treatment; and
  - More specialized treatment and case management services based on identified client need.
7. All patients impacted by this relocation are offered and utilize transportation services offered through the Stonington Institute Transportation Department. The existing and proposed site are located on a public bus route.
8. This proposal will have no impact on facility fees, current or target populations served, service providers, or service payers.
9. No additional programs are proposed and no programs will be terminated.
10. The total capital expenditure associated with the proposal is \$8,445.

Based on the above findings, OHCA has determined that relocating the Intensive Outpatient track at 86 Boston Post Road in Waterford to 83 Boston Post road in Waterford does not require CON approval, pursuant to Section 19a-638 of the Connecticut General Statutes.

Thank you for providing information to OHCA regarding this proposal. If you have any questions concerning this letter, please contact Paolo Fiducia, Associate Health Care Analyst, Certification, Financial Analysis and Forecasting, at (860) 418-7001.

Sincerely,

Signed by Cristine A. Vogel  
Commissioner

CAV:pf