



**STATE OF CONNECTICUT**  
OFFICE OF HEALTH CARE ACCESS

M. JODI RELL  
GOVERNOR

CRISTINE A. VOGEL  
COMMISSIONER

March 7, 2005

Karen Goyette  
Director, Business Development  
MidState Medical Center  
435 Lewis Avenue  
Meriden, CT 06451

Re: Certificate of Need Determination; Report Number 05-30447-DTR  
MidState Medical Center  
Establishment of a Sleep Lab Program in Meriden

Dear Ms. Goyette:

The Office of Health Care Access ("OHCA") is in receipt of your request for a CON Determination Report for the establishment of a Sleep Lab Program at 390 Bee Street in Meriden, Connecticut.

Upon review of the information contained in the request, OHCA finds the following:

1. MidState Medical Center ("MSMC") is a nonprofit acute care hospital located in Meriden, Connecticut.
2. MSMC plans to establish a sleep lab program to be located in an area hotel at 390 Bee Street, Meriden. The proposed sleep lab program would include the operation of two (2) beds.
3. The target population to be served is MSMC's existing primary and secondary service areas that include the towns of Berlin, Cheshire, Durham, Meriden, Middlefield, Middletown, Southington, and Wallingford.
4. The program will primarily perform sleep studies for indications which include, but may not be limited to: obstructive sleep apnea, insomnia, narcolepsy, cataplexy, and restless leg syndrome. Additional indications have been identified for sleep disorders associated with cardiovascular, hypertension, stroke, and pre-certification for bariatric surgical patients.

5. MSMC currently offers a comprehensive variety of pulmonary, respiratory, and ENT diagnosis and treatment modalities. Diagnostic and treatment modalities offered include: Continuous Positive Airway Pressure; Pulse Oximetry; post-operative monitoring; and apnea monitoring. MSMC offers surgical and therapeutic interventions for the treatment of sleep apnea and disorders.
6. MSMC will hold the license for the program, provide space, bill and collect technical revenue, as well as provide medical directorship for the program.
7. MSMC will contract with an established national provider of sleep program services, SleepCare, Inc., to provide all technical equipment, trained and licensed sleep study technicians, as well as assistance in establishing protocols and procedures.
8. At this time, OHCA views sleep study programs and sleep laboratories as similar to new alternative medicine services provided by a health care facility or institution, which do not presently require Certificate of Need ("CON") authorization. Therefore, OHCA does not require CON approval for the provision of these services under Section 19a-638 of the Connecticut General Statutes.
9. The capital expenditure associated with the sleep lab program is \$4,500.

Based on these findings, OHCA has determined that CON approval is not required for the establishment of a sleep study program, pursuant to Section 19a-638 of the Connecticut General Statutes.

If you have any questions concerning the above, please feel free to contact Laurie Greci, Associate Research Analyst, at (860) 418-7031.

Sincerely,

Signed by Cristine A. Vogel  
Commissioner

c: Rose McLellan, Licensing Examination Assistant, DPH, DCBR

CAV:lkg