

Revised WIC Food Packages Coming in 2009! What the Medical Community Needs to Know How You Can Work More Effectively With the WIC Program

CTAAP 2009 Teleconference Program

The Connecticut Chapter of the American Academy of Pediatrics and
The Connecticut Department of Public Health
Continuing Medical Education Program

Thursday, April 30th 12:10PM

The Connecticut WIC Program is mandated by Federal legislation to implement the required revisions to the WIC Food Package by October 1, 2009. The Connecticut WIC Program has opted to implement these changes early on **July 1, 2009**. The changes to the WIC Food Packages are research-based, align with and support AAP infant and child feeding recommendations, and are consistent with the 2005 Dietary Guidelines for Americans. With the current economic crisis facing the State as well as the nation, more patients may become eligible to receive WIC benefits. This program is designed to remind primary care providers of basic WIC program requirements and stay abreast of recent legislation changes to the WIC Program that will impact patients and their practices.

This course will consist of a didactic module that will instruct primary care providers on key changes to the WIC Food Packages, the revised WIC infant formula policy, medical documentation and cost containment requirements. In addition, the course will outline the core WIC educational messages to promote development of healthy eating behaviors and emphasize the importance of consistent messaging between primary care providers and the WIC Program.

Specifically, participants taking this course will be able to:

- Know when to refer infants and children to WIC Program;
- Understand rationale behind the revised WIC Food Packages and changes to CT's WIC formula policy;
- Understand new WIC Medical Documentation requirements, when and how to use revised form;
- Work more effectively with local WIC Programs to promote positive health outcomes for mutual patients

This course is also intended for other medical staff, such as nurses, who may, under the supervision of a trained physician, perform patient education and complete required WIC medical documentation.

Speaker: *Ada Fenick, MD, FAAP*, the Medical Advisor for the Connecticut WIC Program, is an assistant professor in the Department of Pediatrics at the Yale School of Medicine. Her research interests are in the fields of Health Care Delivery and Nutrition/Obesity.

For a registration form or more information on this program, telephone 860-977-3430 or e-mail tracey.ctaap@gmail.com.

CME Credits for Physicians

- CME Credit has been applied for at Norwalk Hospital. Norwalk Hospital is accredited by the CT Medical Society to sponsor continuing medical education for physicians. Norwalk Hospital designates this continuing medical education activity for 1 credit hour in Category 1 of the Physicians Recognition award of the AMA.

Continuing Education Requirements for Nurses

- The American Academy of Nurse Practitioners (AANP) will accept documentation of participation in the teleconference as meeting continuing education requirements toward recertification.
- The American Nurses Credentialing Center (ANCC) will accept documentation of participation in this teleconference as meeting continuing education requirements for certified nurses. The credit hours will transfer equally. CTAAP will provide verification of participation in letter form to the nurse. Nurses must submit the proper paperwork to the ANCC for approval.