

Connecticut

2009

**Behavioral Risk Factor Surveillance System
Questionnaire**

December 9, 2008

Behavioral Risk Factor Surveillance System 2009 Draft Questionnaire

Interviewer's Script.....	3
Section 1: Health Status	4
Section 2: Healthy Days — Health-Related Quality of Life	4
Section 3: Health Care Access	5
Section 4: Sleep.....	6
Section 5: Exercise	6
Section 6: Diabetes.....	7
Module 1: Pre-Diabetes	7
Module 2: Diabetes.....	8
Section 7: Hypertension Awareness.....	10
Section 8: Cholesterol Awareness.....	10
Section 9: Cardiovascular Disease Prevalence	11
Section 10: Asthma.....	12
Section 11: Tobacco Use.....	12
Section 12: Demographics	14
State-Added Town	18
Section 13: Caregiver Status.....	20
Section 14: Disability	20
Section 15: Alcohol Consumption.....	21
Section 16: Immunization	22
Pandemic Influenza Questions	22
Section 17: Arthritis Burden	26
Section 18: Fruits and Vegetables.....	27
Section 19: Physical Activity	29
Section 20: HIV/AIDS	31
Section 21: Emotional Support and Life Satisfaction	32
Section 22: Cancer Survivors	33
Transition to Modules and State-Added Questions	35
Module 6: Cardiovascular Health	35
Module 7: Actions to Control High Blood Pressure	36
Module 8: Heart Attack and Stroke.....	38
Module 12: Cancer Survivorship	41
Module 22: Carbon Monoxide Detectors and Gas Powered Generators.....	43
Module 25: Random Child Selection	45
Module 26: Childhood Asthma Prevalence	47
Module 27: Childhood Immunization	47
Module 28: Child Human Papilloma Virus (HPV)	48
Module 29: Tetanus Diphtheria (Adolescents)	48
State Added 1: Child Questions	49
State Added 2: Environment.....	52
State Added 3: Genetics.....	52
Asthma Call-Back Permission Script.....	53
Closing statement.....	54

Interviewer's Script

Intro1

HELLO, I am calling for the (health department) . My name is (name) . We are gathering information about the health of (state) residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

Is this (phone number) ?

If "no,"

Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP**

Is this a private residence?

If "no,"

Thank you very much, but we are only interviewing private residences. **STOP**

Is this a cellular telephone?

Read only if necessary: "By cellular telephone we mean a telephone that is mobile and usable outside of your neighborhood."

If "yes,"

Thank you very much, but we are only interviewing land line telephones and private residences. **STOP**

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

___ Number of adults

If "1,"

Are you the adult?

If "yes,"

Then you are the person I need to speak with. Enter 1 man or 1 woman below (Ask gender if necessary). **Go to page 5.**

If "no,"

Is the adult a man or a woman? Enter 1 man or 1 woman below. May I speak with **[fill in (him/her) from previous question]**? **Go to "correct respondent" on the next page.**

How many of these adults are men?

___ Number of men

How many of these adults are women?

___ Number of women

The person in your household that I need to speak with is _____.

If "you," go to page 4

To the correct respondent:

Intro2

HELLO, I am calling for the (health department) . My name is (name) . We are gathering information about the health of (state) residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

Confidentiality Statement

YOURTHE1

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call **(give appropriate state telephone number)**. The survey will take approximately xx minutes. This call may be monitored for quality assurance.

Section 1: Health Status

S1q1 Would you say that in general your health is—

(73)

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

- 5 Poor

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Section 2: Healthy Days — Health-Related Quality of Life

S2q1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

(74–75)

— NUMBER OF DAYS

8 8 NONE

7 7 DON'T KNOW / NOT SURE

9 9 REFUSED

S2q2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? (76–77)

__ NUMBER OF DAYS
8 8 NONE (If s2q1 and s2q2 = 88 (None), go to next section)
7 7 DON'T KNOW / NOT SURE
9 9 REFUSED

//If s2q1 = 88 AND s2q2 = 88 go to next section; Else continue to s2q3//

s2q3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation? (78-79)

__ NUMBER OF DAYS
8 8 NONE
7 7 DON'T KNOW / NOT SURE
9 9 REFUSED

Section 3: Health Care Access

s3q1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare? (80)

1 YES
2 NO
7 DON'T KNOW / NOT SURE
9 REFUSED

s3q2 Do you have one person you think of as your personal doctor or health care provider?
IF "NO," ASK: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?" (81)

1 YES, ONLY ONE
2 MORE THAN ONE
3 NO
7 DON'T KNOW / NOT SURE
9 REFUSED

s3q3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost? (82)

1 YES
2 NO
7 DON'T KNOW / NOT SURE

9 REFUSED

s3q4

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

(83)

READ IF NECESSARY

- 1 Within past year (anytime less than 12 months ago)
- 2 Within past 2 years (1 year but less than 2 years ago)
- 3 Within past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

DO NOT READ

- 7 DON'T KNOW / NOT SURE
- 8 NEVER
- 9 REFUSED

Section 4: Sleep

The next question is about getting enough rest or sleep.

s4q1

During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?

(84-85)

- NUMBER OF DAYS
- 8 8 NONE
- 7 7 DON'T KNOW / NOT SURE
- 9 9 REFUSED

Section 5: Exercise

s5q1

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(86)

- 1 YES
- 2 NO
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Section 6: Diabetes

s6q1 Have you ever been told by a doctor that you have diabetes?

IF “YES” AND RESPONDENT IS FEMALE, ASK: “Was this only when you were pregnant?”

[IF RESPONDENT SAYS PRE-DIABETES OR BORDERLINE DIABETES, USE RESPONSE CODE 4.]
(87)

- 1 YES
- 2 YES, BUT FEMALE TOLD ONLY DURING PREGNANCY
- 3 NO
- 4 NO, PRE-DIABETES OR BORDERLINE DIABETES
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Module 1: Pre-Diabetes

NOTE: Only asked of those not responding “Yes” (code = 1) to Core Q6.1 (Diabetes awareness question).

Mod1_1. Have you had a test for high blood sugar or diabetes within the past three years?

(245)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

/CATI: If Core s6q1=4 (No, pre-diabetes or borderline diabetes), answer Mod1_2 “Yes” (code = 1).

Mod1_2. Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?

If “Yes” and respondent is female, ask: “Was this only when you were pregnant?”

(246)

- 1 Yes
- 2 Yes, during pregnancy
- 3 No
- 7 Don't know / Not sure
- 9 Refused

Module 2: Diabetes

To be asked following Core s6q1; if response is "Yes" (code = 1)

Mod2_1. How old were you when you were told you have diabetes? (247-248)

– – Code age in years [97 = 97 and older]
9 8 Don't know / Not sure
9 9 Refused

Mod2_2. Are you now taking insulin? (249)

1 Yes
2 No
9 Refused

Mod2_3. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional. (250-252)

1 – – Times per day
2 – – Times per week
3 – – Times per month
4 – – Times per year
8 8 8 Never
7 7 7 Don't know / Not sure
9 9 9 Refused

Mod2_4. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional. (253–255)

1 – – Times per day
2 – – Times per week
3 – – Times per month
4 – – Times per year
5 5 5 No feet
8 8 8 Never
7 7 7 Don't know / Not sure
9 9 9 Refused

Mod2_5. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes? (256-257)

– – Number of times [76 = 76 or more]

- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Mod2_6. A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

(258-259)

- – Number of times [76 = 76 or more]
- 8 8 None
- 9 8 Never heard of "A one C" test
- 7 7 Don't know / Not sure
- 9 9 Refused

//CATI note: If Mod2_4 = 555 (No feet), go to Mod2_8.//

Mod2_7. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

(260-261)

- – Number of times [76 = 76 or more]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Mod2_8. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

(262)

Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago)
- 2 Within the past year (1 month but less than 12 months ago)
- 3 Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused

Mod2_9. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

(263)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod2_10. Have you ever taken a course or class in how to manage your diabetes yourself?

(264)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 7: Hypertension Awareness

s7q1 Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

(88)

IF "YES" AND RESPONDENT IS FEMALE, ASK: "Was this only when you were pregnant?"

- 1 YES
- 2 **(GO TO NEXT SECTION) YES, BUT FEMALE TOLD ONLY DURING PREGNANCY**
- 3 **(GO TO NEXT SECTION) NO**
- 4 **(GO TO NEXT SECTION) TOLD BORDERLINE HIGH OR PRE-HYPERTENSIVE**
- 7 **(GO TO NEXT SECTION) DON'T KNOW / NOT SURE**
- 9 **(GO TO NEXT SECTION) REFUSED**

//If s7q1=2,3,4,7,9 go to next section; else if s7q1=1 continue to s7q2//

s7q2 Are you currently taking medicine for your high blood pressure?

(89)

- 1 YES
- 2 NO
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Section 8: Cholesterol Awareness

s8q1 Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?

(90)

- 1 YES
- 2 **(GO TO NEXT SECTION) NO**
- 7 **(GO TO NEXT SECTION) DON'T KNOW / NOT SURE**
- 9 **(GO TO NEXT SECTION) REFUSED**

//If s8q1=2,7,9 go to next section; else if s8q1=1 continue to s8q2//

s8q2 About how long has it been since you last had your blood cholesterol checked? (91)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

s8q3 Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high? (92)

- 1 YES
- 2 NO
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Section 9: Cardiovascular Disease Prevalence

Now I would like to ask you some questions about cardiovascular disease.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

s9q1 Ever told you had a heart attack, also called a myocardial infarction? (93)

- 1 YES
- 2 NO
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

s9q2 *Ever told* you had angina or coronary heart disease? (94)

- 1 YES
- 2 NO
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

s9q3 *Ever told* you had a stroke?

(95)

- 1 YES
- 2 NO
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Section 10: Asthma

s10q1 Have you ever been told by a doctor, nurse, or other health professional that you had asthma? (96)

- 1 Yes
- 2 **(GO TO NEXT SECTION)** No
- 7 **(GO TO NEXT SECTION)** Don't know / Not sure
- 9 **(GO TO NEXT SECTION)** Refused

//if s10q1=2,7,9 go to next section; else if s10q1=1 continue to s10q2//

s10q2 Do you still have asthma? (97)

- 1 YES
- 2 NO
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Section 11: Tobacco Use

s11q1 Have you smoked at least 100 cigarettes in your entire life? (98)

[NOTE: 5 PACKS = 100 CIGARETTES]

- 1 YES
- 2 **(Go to s11q5)** NO
- 7 **(Go to s11q5)** DON'T KNOW / NOT SURE
- 9 **(Go to s11q5)** REFUSED

//if s11q1=2,7,9 go to s11q5; else if s11q1=1 continue to s11q2//

s11q2 Do you now smoke cigarettes every day, some days, or not at all? (99)

- 1 EVERY DAY
- 2 SOME DAYS
- 3 **(Go to s11q4)** NOT AT ALL
- 7 **(Go to s11q5)** DON'T KNOW / NOT SURE
- 9 **(Go to s11q5)** REFUSED

//If s11q2=3 go to s11q4; Else if s11q2=7,9 go to s11q5; Else if s11q2=1,2 continue to s11q3//

s11q3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking? (100)

- 1 **(Go to s11q5)** YES
- 2 **(Go to s11q5)** NO
- 7 **(Go to s11q5)** DON'T KNOW / NOT SURE
- 9 **(Go to s11q5)** REFUSED

//If s11q2 = 3 (Not at all) continue to s11q4; Else go to s11q5//

s11q4 How long has it been since you last smoked cigarettes regularly? (101-102)

Read if necessary

- 01 Within the past month (less than 1 month ago)
- 02 Within the past 3 months (1 month but less than 3 months ago)
- 03 Within the past 6 months (3 months but less than 6 months ago)
- 04 Within the past year (6 months but less than 1 year ago)
- 05 Within the past 5 years (1 year but less than 5 years ago)
- 06 Within the past 10 years (5 years but less than 10 years ago)
- 07 10 years or more

Do not read

- 08 NEVER SMOKED REGULARLY
- 77 DON'T KNOW / NOT SURE
- 99 REFUSED

s11q5 Do you currently use chewing tobacco, r snuff, or snusevery day, some days, or not at all?

NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.

(103)

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Section 12: Demographics

s12q1 What is your age? (104-105)

— — CODE AGE IN YEARS
0 7 DON'T KNOW / NOT SURE
0 9 REFUSED

s12q2 Are you Hispanic or Latino? (106)

1 YES
2 NO
7 DON'T KNOW / NOT SURE
9 REFUSED

s12q3 Which one or more of the following would you say is your race? (107-112)

(Check all that apply) /MUL=6/

Please read:

1 White
2 Black or African American
3 Asian
4 Native Hawaiian or Other Pacific Islander
5 American Indian or Alaska Native

Or

6 Other [specify]_____

Do not read:

7 DON'T KNOW / NOT SURE
9 REFUSED

//If s12q3 = MUL response continue with s12q4; Else if one response to s12q3, go to s12q5.

s12q4 Which one of these groups would you say best represents your race? (113)

//List only responses given at s12q3//

Please read

1 White
2 Black or African American
3 Asian
4 Native Hawaiian or Other Pacific Islander
5 American Indian or Alaska Native

6 Other [specify] _____

Do not read:

7 DON'T KNOW / NOT SURE
9 REFUSED

s12q5

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

(114)

Read if necessary

1 Yes, now on active duty
2 Yes, on active duty during the last 12 months, but not now
3 Yes, on active duty in the past, but not during the last 12 months
4 No, training for Reserves or National Guard only
5 No, never served in the military

Do not read

7 DON'T KNOW / NOT SURE
9 REFUSED

s12q6

Are you...?

(115)

Please read:

1 Married
2 Divorced
3 Widowed
4 Separated
5 Never married
Or
6 A member of an unmarried couple

Do not read:

9 REFUSED

s12q7

How many children less than 18 years of age live in your household?

(116-117)

__ CODE NUMBER OF CHILDREN
8 8 NONE
9 9 REFUSED

s12q8

What is the highest grade or year of school you have completed?

(118)

Read only if necessary:

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)

Do not read:

- 9 REFUSED

s12q9

Are you currently...?

(119)

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for more than 1 year
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired

Or

- 8 Unable to work

Do not read:

- 9 REFUSED

s12q10

Is your annual household income from all sources—

(120-121)

IF RESPONDENT REFUSES AT ANY INCOME LEVEL, CODE '99' (REFUSED)

Read only if necessary:

- 0 4 Less than \$25,000 **If "no," ask 05; if "yes," ask 03**
(\$20,000 to less than \$25,000)
- 0 3 Less than \$20,000 **If "no," code 04; if "yes," ask 02**
(\$15,000 to less than \$20,000)
- 0 2 Less than \$15,000 **If "no," code 03; if "yes," ask 01**
(\$10,000 to less than \$15,000)
- 0 1 Less than \$10,000 **If "no," code 02**
- 0 5 Less than \$35,000 **If "no," ask 06**
(\$25,000 to less than \$35,000)
- 0 6 Less than \$50,000 **If "no," ask 07**
(\$35,000 to less than \$50,000)

0 7 Less than \$75,000 **If “no,” code 08**
(\$50,000 to less than \$75,000)

0 8 \$75,000 or more

Do not read:

7 7 Don't know / Not sure

9 9 Refused

s12q11 About how much do you weigh without shoes?

(122-125)

/Note: If respondent answers in metrics, put “9” in column 122./

ROUND FRACTIONS UP

 Weight
 (Pounds/Kilograms)
7 7 7 7 Don't Know / Not Sure
9 9 9 9 Refused

s12q12 About how tall are you without shoes?

(126-129)

/Note: If respondent answers in metrics, put “9” in column 126./

ROUND FRACTIONS DOWN

 HEIGHT
 (F T / INCHES/METERS/CENTIMETERS)
7 7 / 7 7 DON'T KNOW / NOT SURE
9 9 / 9 9 REFUSED

//If s12q11 = 7777 or 9999 skip s12q13 and s12q14; else continue//

s12q13 How much did you weigh a year ago?

/CATI: If female respondent and age <46, add: If you were pregnant a year ago, how much did you weigh before your pregnancy?

(130-133)

/Note: If respondent answers in metrics, put “9” in column 130./

ROUND FRACTIONS UP

 Weight
 (pounds/kilograms)
7 7 7 7 **(Go to s12q15)** Don't know / Not sure
9 9 9 9 **(Go to s12q15)** Refused

/CATI note: Subtract weight one year ago from current weight. If weight is same, skip Q12.14./

s12q14 Was the change between your current weight and your weight a year ago intentional? (134)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

State-Added Town

CT_town. What town do you live in?

- FIPS town code **{Autocode to county}**
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

(County question to be omitted from CT survey. County will be auto-coded during processing based on city/town.)

~~**s12q15** What county do you live in? (135-137)~~

- ~~FIPS county code~~
- ~~7 7 7 Don't know / Not sure~~
- ~~9 9 9 Refused~~

s12q16 What is your ZIP Code where you live? (138-142)

- ZIP Code
- 7 7 7 7 7 Don't know / Not sure
- 9 9 9 9 9 Refused

s12q17 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (143)

- 1 Yes
- 2 No **[Go to Q12.19]**
- 7 Don't know / Not sure **[Go to Q12.19]**
- 9 Refused **[Go to Q12.19]**

s12q18 How many of these telephone numbers are residential numbers? (144)

- Residential telephone numbers **[6 = 6 or more]**

- 7 Don't know / Not sure
- 9 Refused

s12q19 During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of telephone service because of weather or natural disasters.

(145)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

[CELL PHONE QUESTIONS—to be inserted following Q12.19]

s12q19a. Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.

- 1 YES **[SKIP TO 12.19c]**
- 2 NO
- 7 DON'T KNOW
- 9 REFUSED

s12q19b. Do you share a cell phone for personal use (at least one-third of the time) with other adults?

- 1) YES **[SKIP TO 12.19d]**
- 2) NO **[SKIP TO 12.20]**
- 7) DON'T KNOW **[SKIP TO 12.20]**
- 9) REFUSED **[SKIP TO 12.20]**

s12q19c. Do you usually share this cell phone (at least one-third of the time) with any other adults?

- 1 YES
- 2 NO
- 7 DON'T KNOW
- 9 REFUSED

s12q19d. Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone?

___ % Record value between 0% and 100%,

- 777 Don't Know
- 999 Refused

s12q20 **Indicate sex of respondent. Ask only if necessary.**

(146)

- 1 Male **[Go to next section]**
- 2 Female **[If respondent is 45 years old or older, go to next section]**

s12q21 To your knowledge, are you now pregnant? (147)

1 Yes
2 No
7 Don't know / Not sure
9 Refused

Section 13: Caregiver Status

People may provide regular care or assistance to a friend or family member who has a health problem, long-term illness, or disability.

s13q1 During the past month, did you provide any such care or assistance to a friend or family member? (148)

1 Yes
2 No
7 Don't know / Not sure
9 Refused

Section 14: Disability

The following questions are about health problems or impairments you may have.

s14q1 Are you limited in any way in any activities because of physical, mental, or emotional problems? (149)

1 Yes
2 No
7 Don't know / Not Sure
9 Refused

s14q2 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (150)

[Include occasional use or use in certain circumstances.]

1 Yes
2 No
7 Don't know / Not Sure
9 Refused

Section 15: Alcohol Consumption

s15q1 During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor? (151)

- 1 Yes
- 2 No [Go to next section]
- 7 Don't know / Not sure [Go to next section]
- 9 Refused [Go to next section]

s15q2 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage? (152-154)

- 1 _ _ Days per week
- 2 _ _ Days in past 30 days
- 8 8 8 No drinks in past 30 days [Go to next section]
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s15q3 One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? (155-156)

Note: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

- _ _ Number of drinks
- 7 7 Don't know / Not sure
- 9 9 Refused

s15q4 Considering all types of alcoholic beverages, how many times during the past 30 days did you have **X [CATI X = 5 for men, X = 4 for women]** or more drinks on an occasion? (157-158)

- _ _ Number of times
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

s15q5 During the past 30 days, what is the largest number of drinks you had on any occasion? (159-160)

- _ _ Number of drinks
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 16: Immunization

s16q1 A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot? (161)

- 1 Yes
- 2 No [Go to s16q3]
- 7 Don't know / Not sure [Go to s16q3]
- 9 Refused [Go to s16q3]

s16q2 During what month and year did you receive your most recent flu shot? (162-167)

- __ / __-__-__ Month / Year
- 77 / 7777 Don't know / Not sure
- 99 / 9999 Refused

s16q3 During the past 12 months, have you had a flu vaccine that was sprayed in your nose? The flu vaccine sprayed in the nose is also called FluMist™. (168)

- 1 Yes
- 2 No [Go to s16q5]
- 7 Don't know / Not sure [Go to s16q5]
- 9 Refused [Go to s16q5]

s16q4 During what month and year did you receive your most recent flu vaccine that was sprayed in your nose? (169-174)

- __ / __-__-__ Month / Year
- 77 / 7777 Don't know / Not sure
- 99 / 9999 Refused

s16q5 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot? (175)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Pandemic Influenza Questions

Pandemic Flu questions to be added after Immunization Questions s16q1-s16q5 for January-February 2009 only]

PF1. What do you think is the most effective ONE thing you can do to prevent getting sick from the flu? (751)

Please read:

- 1 Avoiding touching your eyes, nose or mouth as much as possible during the flu season
- 2 Avoiding close contact with others who may have the flu
- 3 Getting the flu vaccination
- 4 Taking anti-viral medicine, like Tamiflu, on the first or second day that you have symptoms of the flu

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

PF2 What do you think is the most effective thing to do to prevent spreading the flu to people when you are sick? (752)

Please read:

- 1 Frequent hand washing
 - 2 Covering your mouth and nose when coughing or sneezing
 - 3 Staying home when you are sick with the flu
 - 4 Getting the flu vaccination
- OR
- 5 Something else

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

PF3. If there is a pandemic flu outbreak and you do not get the pandemic flu vaccination, what do you think your chances are of getting sick with the pandemic flu? (753)

Interviewer Note: Please read both the subjective label and the percentage range.

- 1 Very high (90-100%)
- 2 High (70-89%)
- 3 Average (50-69%)
- 4 Low (20-49%)
- 5 Very low (0-19%)

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

PF4. If there was a pandemic flu outbreak, how likely are you to get a pandemic flu vaccination if it was available to you? (754)

Please read:

- 1 Definitely get one
- 2 Probably get one
- 3 Probably not get one
- 4 Definitely not get a pandemic flu vaccination

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

PF5. If public health officials recommended that everyone go to a particular public place such as a local school, fire station, or sports stadium to get vaccinated to prevent the spread of pandemic flu, would you... (755)

Please read:

- 1 Definitely go
- 2 Probably go
- 3 Probably not go
- 4 Definitely not go to a particular place to get vaccinated

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

PF6. Imagine an outbreak of pandemic flu in the U.S. in the next year. What would be the most important ONE thing you would want to know? (756-757)

Please read:

- 0 1 How to prevent getting the flu
- 0 2 How to prevent spreading the flue
- 0 3 Symptoms of the flu
- 0 4 How to treat the flu
- 0 5 Cities where cases of the flu have been identified
- 0 6 Information about the flu vaccine
- 0 7 Something else

Do not read:

- 7 7 DON'T KNOW / NOT SURE
- 9 9 REFUSED

PF7. During a pandemic flu outbreak in the U.S., what would be your ONE most preferred source for getting information about the pandemic flu? Please tell me your one most preferred source. (758-759)

Do not read:

- 0 1 NEWSPAPERS
- 0 2 TELEVISION
- 0 3 RADIO
- 0 4 INTERNET WEBSITES
- 0 5 YOUR DOCTOR

- 0 6 THE CDC (CENTERS FOR DISEASE CONTROL AND PREVENTION)
- 0 7 STATE OR LOCAL PUBLIC HEALTH DEPARTMENTS
- 0 8 OTHER GOVERNMENT AGENCIES
- 0 9 FAMILY OR FRIENDS
- 1 0 RELIGIOUS LEADERS
- 1 1 SOME OTHER SOURCE
- 7 7 DON'T KNOW / NOT SURE
- 9 9 REFUSED

PF8. Excluding vaccination, what is the ONE most likely thing you would do if a pandemic flu outbreak were reported IN YOUR STATE? Please choose one from the following list?

(760-761)

Please read:

- 0 1 Consult a website
- 0 2 Avoid crowds and public events
- 0 3 Consult your doctor
- 0 4 Try to get a prescription for an anti-viral drug such as Tamiflu
- 0 5 Reduce or avoid travel
- 0 6 Wash hands frequently
- 0 7 Wear a face mask
- 0 8 Keep household members at home while the outbreak lasts
- 0 9 Stock up on medicines and food to help with flu symptoms
- 1 0 Something else

INTERVIEWER SAY: I will repeat the question and answer choices to assist your recall.

Do not read:

- 7 7 Don't know / Not sure**
- 9 9 Refused**

PF9. If public health officials recommended that everyone stay at home for a month because of a serious outbreak of pandemic flu in your community, are you very likely, somewhat likely, somewhat unlikely, or very unlikely to stay home for a month?

(762)

- 1 Very likely
- 2 Somewhat likely
- 3 Somewhat unlikely
- 4 Very unlikely to stay at home for a month
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

PF10. I'm going to read you a list of job types. Please tell me if you currently work in any of these fields.

(763)

- a. Emergency medical services, law enforcement, fire services, or in the manufacture of pandemic vaccines or anti-virals.
- b. Public health, healthcare provider, home health, or in a nursing home.
- c. Homeland or national security as one who would be deployed during a flu pandemic.

- 1 Yes

- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 17: Arthritis Burden

Next I will ask you about arthritis.

s17q1 Have you EVER been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

(176)

INTERVIEWER NOTE: Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)

- 1 Yes
- 2 No [Go to next section]
- 7 Don't know / Not sure [Go to next section]
- 9 Refused [Go to next section]

Arthritis can cause symptoms like pain, aching, or stiffness in or around the joint.

s17q2 Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

(177)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

INTERVIEWER NOTE: This question should be asked of all respondents regardless of employment status.

s17q3 In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

(178)

- 1 Yes

- 2 No
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER INSTRUCTION: If respondent gives an answer to each issue (whether works, type work, or amount of work), then if any issue is "yes" mark the overall response as "yes." If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

17.4 During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings? (179)

Please read [1-3]:

- 1 A lot
- 2 A little
- 3 Not at all

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

s17q5 Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE? *Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.* (180-181)

- _ _ Enter number [0-10]
- 9 7 Don't know / Not sure
- 9 9 Refused

Section 18: Fruits and Vegetables

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods **you** eat. Include all foods *you* eat, both at home and away from home.

s18q1 How often do you drink fruit juices such as orange, grapefruit, or tomato? (182-184)

- 1 _ _ Per day

- 2 __ Per week
- 3 __ Per month
- 4 __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s18q2 Not counting juice, how often do you eat fruit? (185-187)

- 1 __ Per day
- 2 __ Per week
- 3 __ Per month
- 4 __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s18q3 How often do you eat green salad? (188-190)

- 1 __ Per day
- 2 __ Per week
- 3 __ Per month
- 4 __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s18q4 How often do you eat potatoes not including French fries, fried potatoes, or potato chips? (191-193)

- 1 __ Per day
- 2 __ Per week
- 3 __ Per month
- 4 __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s18q5 How often do you eat carrots? (194-196)

- 1 __ Per day
- 2 __ Per week
- 3 __ Per month
- 4 __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

s18q6 Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (Example: A serving of vegetables at both lunch and dinner would be two servings.) (197-199)

- 1 __ Per day
- 2 __ Per week
- 3 __ Per month
- 4 __ Per year
- 5 5 5 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

Section 19: Physical Activity

/CATI note: If Core Q12.9 = 1 (Employed for wages) or 2 (Self-employed); continue. Otherwise, go to Q19.2./

S19q1 When you are at work, which of the following best describes what you do? Would you say— (200)

If respondent has multiple jobs, include all jobs.

Please read:

- 1 Mostly sitting or standing
- 2 Mostly walking
- 3 Mostly heavy labor or physically demanding work

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Please read:

We are interested in two types of physical activity - vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.

s19q2 Now, thinking about the moderate activities you do **[fill in “when you are not working” if “employed” or self-employed]** in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate? (201)

- 1 Yes
- 2 No **[Go to Q19.5]**
- 7 Don't know / Not sure **[Go to Q19.5]**
- 9 Refused **[Go to Q19.5]**

s19q3 How many days per week do you do these moderate activities for at least 10 minutes at a time? (202-203)

- — Days per week
8 8 Do not do any moderate physical activity for at least 10 minutes at a time? **[Go to Q19.5]**
7 7 Don't know / Not sure **[Go to Q19.5]**
9 9 Refused **[Go to Q19.5]**

s19q4 On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities? (204-206)

- :— Hours and minutes per day
7 7 7 Don't know / Not sure
9 9 9 Refused

s19q5 Now, thinking about the vigorous activities you do **[fill in “when you are not working” if “employed” or “self-employed”]** in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate? (207)

- 1 Yes
2 No **[Go to next section]**
7 Don't know / Not sure **[Go to next section]**
9 Refused **[Go to next section]**

s19q6 How many days per week do you do these vigorous activities for at least 10 minutes at a time? (208-209)

- — Days per week
8 8 Do not do any vigorous physical activity for at least 10 minutes at a time **[Go to next section]**
7 7 Don't know / Not sure **[Go to next section]**
9 9 Refused **[Go to next section]**

s19q7 On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities? (210-212)

- :— Hours and minutes per day
7 7 7 Don't know / Not sure
9 9 9 Refused

Section 20: HIV/AIDS

/CATI note: If respondent is 65 years old or older, go to next section./

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

s20q1 Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth. (213)

- | | | |
|---|-----------------------|---------------|
| 1 | Yes | |
| 2 | No | [Go to Q20.5] |
| 7 | Don't know / Not sure | [Go to Q20.5] |
| 9 | Refused | [Go to Q20.5] |

s20q2 Not including blood donations, in what month and year was your last HIV test? (214-219)

NOTE: If response is before January 1985, code "Don't know."

CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

$\overline{77}/\overline{7777}$	Code month and year
$\overline{77}/\overline{7777}$	Don't know / Not sure
99/9999	Refused

s20q3 Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else? (220-221)

- | | |
|----|---|
| 01 | Private doctor or HMO office |
| 02 | Counseling and testing site |
| 03 | Hospital |
| 04 | Clinic |
| 05 | Jail or prison (or other correctional facility) |
| 06 | Drug treatment facility |
| 07 | At home |
| 08 | Somewhere else |
| 77 | Don't know / Not sure |
| 99 | Refused |

/CATI note: Ask Q20.4; if Q20.2 = within last 12 months. Otherwise, go to Q20.5./

s20q4 Was it a rapid test where you could get your results within a couple of hours? (222)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

s20q5

I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You do not need to tell me which one.

- You have used intravenous drugs in the past year.
- You have been treated for a sexually transmitted or venereal disease in the past year.
- You have given or received money or drugs in exchange for sex in the past year.
- You had anal sex without a condom in the past year.

Do any of these situations apply to you?

(223)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 21: Emotional Support and Life Satisfaction

The next two questions are about emotional support and your satisfaction with life.

s21q1

How often do you get the social and emotional support you need?

INTERVIEWER NOTE: If asked, say "please include support from any source."

(224)

Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

s21q2

In general, how satisfied are you with your life?

(225)

Please read:

- 1 Very satisfied

- 2 Satisfied
- 3 Dissatisfied
- 4 Very dissatisfied

Do not read:

- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

Section 22: Cancer Survivors

Now I am going to ask you about cancer.

s22q1 Have you EVER been told by a doctor, nurse, or other health professional that you had cancer? (226)

Read only if necessary: By “other health professional” we mean a nurse practitioner, a physician’s assistant, social worker, or some other licensed professional.

- 1 Yes
- 2 No [Go to transition to modules]
- 7 Don't know / Not sure [Go to transition to modules]
- 9 Refused [Go to transition to modules]

s22q2 How many different types of cancer have you had? (227)

- 1 Only one
- 2 Two
- 3 Three or more
- 7 Don't know / Not sure [Go to transition to modules]
- 9 Refused [Go to transition to modules]

s22q3 At what age were you told that you had cancer? (228-229)

- Age in years
- 7 7 Don't know / Not sure
- 9 9 Refused

CATI note: If Q22.2 = 2 (Two) or 3 (Three or more), ask: “At what age was your first diagnosis of cancer?”

INTERVIEWER NOTE: This question refers to the first time they were told about their first cancer.

s22q4

What type of cancer was it?

(230-231)

If Q22.2 = 2 (Two) or 3 (Three or more), ask: "With your most recent diagnoses of cancer, what type of cancer was it?"

INTERVIEWER NOTE: Please read list only if respondent needs prompting for cancer type (i.e., name of cancer) [1-28]:

Breast

0 1 Breast cancer

Female reproductive (Gynecologic)

0 2 Cervical cancer (cancer of the cervix)

0 3 Endometrial cancer (cancer of the uterus)

0 4 Ovarian cancer (cancer of the ovary)

Head/Neck

0 5 Head and neck cancer

0 6 Oral cancer

0 7 Pharyngeal (throat) cancer

0 8 Thyroid

Gastrointestinal

0 9 Colon (intestine) cancer

1 0 Esophageal (esophagus)

1 1 Liver cancer

1 2 Pancreatic (pancreas) cancer

1 3 Rectal (rectum) cancer

1 4 Stomach

Leukemia/Lymphoma (lymph nodes and bone marrow)

1 5 Hodgkin's Lymphoma (Hodgkin's disease)

1 6 Leukemia (blood) cancer

1 7 Non-Hodgkin's Lymphoma

Male reproductive

1 8 Prostate cancer

1 9 Testicular cancer

Skin

2 0 Melanoma

2 1 Other skin cancer

Thoracic

2 2 Heart

2 3 Lung

Urinary cancer:

2 4 Bladder cancer

2 5 Renal (kidney) cancer

Others

- 2 6 Bone
- 2 7 Brain
- 2 8 Neuroblastoma
- 2 9 Other

Do not read:

- 7 7 Don't know / Not sure
- 9 9 Refused

Transition to Modules and State-Added Questions

Please read:

Finally, I have just a few questions left about some other health topics.

Module 6: Cardiovascular Health

I would like to ask you a few more questions about your cardiovascular or heart health.

/CATI note: If Core s9q1 = 1 (Yes), ask Mod6_1. If Core s9q1 = 2, 7, or 9, skip Mod6_1./

- Mod6_1.** Following your heart attack, did you go to any kind of outpatient rehabilitation? This is sometimes called "rehab." (291)
- 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

/CATI note: If Core s9q3 = 1 (Yes), ask Mod6_2. If Core s9q3 = 2, 7, or 9 (No, Don't know, or Refused), skip Mod6_2./

- Mod6_2.** Following your stroke, did you go to any kind of outpatient rehabilitation? This is sometimes called "rehab." (292)
- 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

[Question Mod6_3 is asked of all respondents.]

- Mod6_3.** Do you take aspirin daily or every other day? (293)

- 1 Yes [**Go to next module**]
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod6_4. Do you have a health problem or condition that makes taking aspirin unsafe for you? (294)

If "Yes", ask "Is this a stomach condition?" Code upset stomach as stomach problems.

- 1 Yes, not stomach related
- 2 Yes, stomach problems
- 3 No
- 7 Don't know / Not sure
- 9 Refused

Module 7: Actions to Control High Blood Pressure

/CATI note: If Core s7q1 = 1 (Yes); continue. Otherwise, go to next module./

Are you now doing any of the following to help lower or control your high blood pressure?

Mod7_1. (Are you) changing your eating habits (to help lower or control your high blood pressure)? (295)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod7_2. (Are you) cutting down on salt (to help lower or control your high blood pressure)? (296)

- 1 Yes
- 2 No
- 3 Do not use salt
- 7 Don't know / Not sure
- 9 Refused

Mod7_3. (Are you) reducing alcohol use (to help lower or control your high blood pressure)? (297)

- 1 Yes
- 2 No
- 3 Do not drink
- 7 Don't know / Not sure
- 9 Refused

Mod7_4. (Are you) exercising (to help lower or control your high blood pressure)? (298)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Has a doctor or other health professional ever advised you to do any of the following to help lower or control your high blood pressure?

Mod7_5. (Ever advised you to) change your eating habits (to help lower or control your high blood pressure)? (299)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod7_6. (Ever advised you to) cut down on salt (to help lower or control your high blood pressure)? (300)

- 1 Yes
- 2 No
- 3 Do not use salt
- 7 Don't know / Not sure
- 9 Refused

Mod7_7. (Ever advised you to) reduce alcohol use (to help lower or control your high blood pressure)? (301)

- 1 Yes
- 2 No
- 3 Do not drink
- 7 Don't know / Not sure
- 9 Refused

Mod7_8. (Ever advised you to) exercise (to help lower or control your high blood pressure)? (302)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod7_9. (Ever advised you to) take medication (to help lower or control your high blood pressure)? (303)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod7_10. Were you told on **two or more different visits** to a doctor or other health professional that you had high blood pressure? (304)

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 Told borderline or pre-hypertensive
- 7 Don't know / Not sure
- 9 Refused

Module 8: Heart Attack and Stroke

Now I would like to ask you about your knowledge of the signs and symptoms of a heart attack and stroke.

Which of the following do you think is a symptom of a heart attack? For each, tell me "yes," "no," or you're "not sure."

Mod8_1. (Do you think) pain or discomfort in the jaw, neck, or back (are symptoms of a heart attack?) (305)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_2. (Do you think) feeling weak, lightheaded, or faint (are symptoms of a heart attack?) (306)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_3. (Do you think) chest pain or discomfort (are symptoms of a heart attack?) (307)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_4. (Do you think) sudden trouble seeing in one or both eyes (is a symptom of a heart attack?) (308)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_5. (Do you think) pain or discomfort in the arms or shoulder (are symptoms of a heart attack?) (309)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_6. (Do you think) shortness of breath (is a symptom of a heart attack?) (310)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Which of the following do you think is a symptom of a stroke? For each, tell me "yes," "no," or you're "not sure."

Mod8_7. (Do you think) sudden confusion or trouble speaking (are symptoms of a stroke?) (311)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_8. (Do you think) sudden numbness or weakness of face, arm, or leg, especially on one side, (are symptoms of a stroke?) (312)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_9. (Do you think) sudden trouble seeing in one or both eyes (is a symptom of a stroke?) (313)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_10. (Do you think) sudden chest pain or discomfort (are symptoms of a stroke?) (314)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_11. (Do you think) sudden trouble walking, dizziness, or loss of balance (are symptoms of a stroke?) (315)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_12. (Do you think) severe headache with no known cause (is a symptom of a stroke?) (316)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod8_13. If you thought someone was having a heart attack or a stroke, what is the first thing you would do? (317)

Please read:

- 1 Take them to the hospital
- 2 Tell them to call their doctor
- 3 Call 911
- 4 Call their spouse or a family member

Or

- 5 Do something else

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Module 12: Cancer Survivorship

CATI note: If Core s22q1 = 1 (Yes), continue. Otherwise, go to next module.

Previously you said that you had been told by your doctor that you had cancer. I will now ask you about your experiences with cancer.

Mod12_1. Are you currently receiving treatment for cancer? By treatment, we mean surgery, radiation therapy, chemotherapy, or chemotherapy pills. (335)

- | | | |
|---|-----------------------|----------------------------|
| 1 | Yes | [Go to next module] |
| 2 | No | |
| 7 | Don't know / Not sure | [Go to next module] |
| 9 | Refused | [Go to next module] |

Mod12_2. What type of doctor provides the majority of your health care? (336-337)

Please read [1-10]:

- | | |
|-----|---|
| 0 1 | Cancer Surgeon |
| 0 2 | Family Practitioner |
| 0 3 | General Surgeon |
| 0 4 | Gynecologic Oncologist |
| 0 5 | Internist |
| 0 6 | Plastic Surgeon, Reconstructive Surgeon |
| 0 7 | Medical Oncologist |
| 0 8 | Radiation Oncologist |
| 0 9 | Urologist |
| 1 0 | Other |

Do not read:

- | | |
|-----|-----------------------|
| 7 7 | Don't know / Not sure |
| 9 9 | Refused |

Mod12_3. Did any doctor, nurse, or other health professional EVER give you a written summary of all the cancer treatments that you received? (338)

- | | |
|---|-----------------------|
| 1 | Yes |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

Mod12_4. Have you EVER received instructions from a doctor, nurse, or other health professional about *where* you should return or *who* you should see for routine cancer check-ups after completing treatment for cancer? (339)

- 1 Yes
- 2 No [Go to Mod12_6]
- 7 Don't know / Not sure [Go to Mod12_6]
- 9 Refused [Go to Mod12_6]

Mod12_5. Were these instructions written down or printed on paper for you? (340)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod12_6. With your most recent diagnosis of cancer, did you have health insurance that paid for all or part of your cancer treatment? (341)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER NOTE: "Health insurance" also includes Medicare, Medicaid, or other types of state health programs.

Mod12_7. Were you EVER denied health insurance or life insurance coverage because of your cancer? (342)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod12_8. Did you participate in a clinical trial as part of your cancer treatment? (343)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod12_9. Do you currently have physical pain caused by your cancer or cancer treatment? (344)

- 1 Yes
- 2 No [Go to next module]
- 7 Don't know / Not sure [Go to next module]
- 9 Refused [Go to next module]

- Mod12_10.** Is your pain currently under control? (345)
- 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Module 22: Carbon Monoxide Detectors and Gas Powered Generators

The next questions are about carbon monoxide detectors and gas powered generators used at your home.

- Mod22_1.** A carbon monoxide or CO detector checks the level of carbon monoxide in your home. It is different than a smoke detector. Do you have a carbon monoxide detector in your home? (420)
- 1 Yes
 - 2 No [Go to Mod22_4]
 - 7 Don't know / Not sure [Go to Mod22_4]
 - 9 Refused [Go to Mod22_4]

- Mod22_2.** Does your carbon monoxide detector use a battery for either the main power or the backup power? (421)
- 1 Yes
 - 2 No [Go to Mod22_4]
 - 7 Don't know / Not sure [Go to Mod22_4]
 - 9 Refused [Go to Mod22_4]

- Mod22_3.** When was the last time the batteries in your carbon monoxide detector were changed? (422)

Please read:

- 1 Within the last 6 months
- 2 More than 6 months ago but less than a year ago
- 3 One year or more ago
- 4 Never

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Mod22_4. Has anyone in your household EVER used a gas-powered generator to provide electric power to your home when the power went out? (423)

- 1 Yes
- 2 No [Go to next module]
- 7 Don't know / Not sure [Go to next module]
- 9 Refused [Go to next module]

Mod22_5. In the past year, has anyone in your household used a gasoline or diesel-powered generator to provide electric power to your home when the power went out? (424)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod22_6. Where is the generator usually placed when it is running? (425)

Please read:

- 1 Outdoors, less than 20 feet from the house
- 2 Outdoors, 20 feet or more from the house
- 3 Inside an attached garage or on an enclosed porch
- 4 In a detached garage, shed, or outbuilding
- 5 Inside the living space
- 6 In another location

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Mod22_7. Which of the following has the most impact on where you place the generator while it is running? (426)

Please read:

- 1 Owners' manual directions
- 2 Weather conditions such as rain, snow, wind, or ice
- 3 Length of the power cord
- 4 Need to protect the generator from being stolen
- 5 Other

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Mod22_8. Do you own, rent, or borrow the generator that you usually use to provide electric power to your home when the power goes out? (427)

- 1 Own
- 2 Rent
- 3 Borrow
- 7 Don't know / Not sure
- 9 Refused

Module 25: Random Child Selection

CATI note: If Core s12q7 = 88, or 99 (No children under age 18 in the household, or Refused), go to next module.

If Core s12q7 = 1, Interviewer please read: "Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child." **[Go to Mod25_1]**

If Core s12q7 is >1 and Core s12q7 does not equal 88 or 99, Interviewer please read: "Previously, you indicated there were [number] children age 17 or younger in your household. Think about those [number] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last." Please include children with the same birth date, including twins, in the order of their birth.

CATI INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN. This is the "Xth" child. Please substitute "Xth" child's number in all questions below.

INTERVIEWER PLEASE READ:

I have some additional questions about one specific child. The child I will be referring to is the "Xth" **[CATI: please fill in correct number]** child in your household. All following questions about children will be about the "Xth" **[CATI: please fill in]** child."

Mod25_1. What is the birth month and year of the "Xth" child? (461-466)

- __ / __ __ Code month and year
- 7 7 / 7 7 7 7 Don't know / Not sure
- 9 9 / 9 9 9 9 Refused

CATI INSTRUCTION: Calculate the child's age in months (CHLDAGE1=0 to 216) and also in years (CHLDAGE2=0 to 17) based on the interview date and the birth month and year using a value of 15 for the birth day. If the selected child is < 12 months old enter the calculated months in CHLDAGE1 and 0 in CHLDAGE2. If the child is ≥ 12 months enter the calculated months in CHLDAGE1 and set CHLDAGE2=Truncate (CHLDAGE1/12).

Mod25_2. Is the child a boy or a girl? (467)

- 1 Boy
- 2 Girl
- 9 Refused

Mod25_3. Is the child Hispanic or Latino? (468)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Mod25_4. Which one or more of the following would you say is the race of the child? (469-474)

[Check all that apply]

Please read:

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian, Alaska Native

Or

- 6 Other [specify] _____

Do not read:

- 8 No additional choices
- 7 Don't know / Not sure
- 9 Refused

/CATI note: If more than one response to Mod25_4, continue. Otherwise, go to Mod25_6./

Mod25_5. Which one of these groups would you say best represents the child's race? (475)

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian, Alaska Native
- 6 Other
- 7 Don't know / Not sure
- 9 Refused

Mod25_6. How are you related to the child? (476)

Please read:

- 1 Parent (include biologic, step, or adoptive parent)
- 2 Grandparent
- 3 Foster parent or guardian

- 4 Sibling (include biologic, step, and adoptive sibling)
- 5 Other relative
- 6 Not related in any way

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Module 26: Childhood Asthma Prevalence

/CATI note: If response to Core s12q7 = 88 (None) or 99 (Refused), go to next module./

The next two questions are about the "Xth" **[CATI: please fill in correct number]** child.

Mod26_1. Has a doctor, nurse or other health professional EVER said that the child has asthma? (477)

- 1 Yes
- 2 No **[Go to next module]**
- 7 Don't know / Not sure **[Go to next module]**
- 9 Refused **[Go to next module]**

Mod26_2. Does the child still have asthma? (478)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Module 27: Childhood Immunization

/CATI note: If Core s12q7 = 88, or 99 (No children under age 18 in the household, or Refused), go to next module./

CATI note: If selected child's age is \geq 6 months, continue. Otherwise, go to next module.

Mod27_1. During the past 12 months, has [Fill: he/she] had a flu vaccination? There are two types of flu vaccinations. One is a shot and the other is a spray in the nose. (479)

- 1 Yes
- 2 No [go to next module]
- 7 Don't know / Not sure[go to next module]

9 Refused[go to next module]

Mod27_2. During what month and year did [Fill: he/she] receive their most recent flu vaccination? The flu vaccination may have been either the flu shot or the flu spray. The flu spray is the flu vaccination that is sprayed in the nose. (480-485)

__ / __ __ __ Month / Year
7 7 / 7 7 7 7 Don't know / Not sure
9 9 / 9 9 9 9 Refused

Module 28: Child Human Papilloma Virus (HPV)

If selected child is female between ages 9 and 17 years; continue. Otherwise, go to next module.

NOTE: Human Papilloma Virus (Human Pap-uh-loh-muh Virus); Gardasil® (Gar-duh-seel)

I have two additional questions about a vaccination the selected child may have had.

Mod28_1. A vaccine to prevent the human papilloma virus or HPV infection is available and is called cervical cancer vaccine, HPV shot, or GARDASIL®. Has this child EVER had the HPV vaccination? (486)

1 Yes
2 No **[Go to next module]**
3 Doctor refused when asked **[Go to next module]**
7 Don't know / Not sure **[Go to next module]**
9 Refused **[Go to next module]**

Mod28_2. How many HPV shots did she receive? (487-488)

__ __ Number of shots
0 3 All shots
7 7 Don't know / Not sure
9 9 Refused

Module 29: Tetanus Diphtheria (Adolescents)

/CATI note: If selected child is aged 10 to 17, continue. Otherwise, go to next section./

I would like to ask you about the tetanus diphtheria vaccine for your child.

Mod29_1. Has he/she received a tetanus shot in the past 10 years? (489)

- 1 Yes
- 2 No [Go to next section]
- 7 Don't know / Not sure [Go to next section]
- 9 Refused [Go to next section]

Mod29_2. Was his/her most recent tetanus shot given in 2005 or later? (490)

- 1 Yes
- 2 No [go to end of module section]
- 7 Don't know / Not sure
- 9 Refused

Mod29_3. There are currently two types of tetanus shots available today for older children and teenagers. One contains the tetanus diphtheria vaccine. The other type contains tetanus diphtheria and pertussis or whooping cough vaccine. Did the doctor say his/her most recent tetanus shot included the pertussis or whooping cough vaccine? (491)

- 1 Yes (included pertussis)
- 2 No (did not include pertussis)
- 7 Don't know / Not sure
- 9 Refused

State Added 1: Child Questions

//If s12q7<88 continue. If s12q7=88 or 99, go to next section//

//Xth=selected child from Mod25 selection//

//Ask of all where s12q7<88//

CT1_1 (CHILD1) Does the "Xth" {CATI: please fill in correct number} child have any kind of health care coverage at this time? (401)

[READ IF NECESSARY: You may know private health insurance, HMO, HUSKY A or B, Medicaid, Title XIX, state children's health insurance program or by the names of the companies that provide coverage—BlueCare Family Plan, Community Health Network, First Choice, or HealthNet]

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//Ask of all where s12q7<88//

CT1_2 (CHILD2) Was there a time in the past 12 months the “Xth” {CATI: please fill in correct number} child needed to see a doctor but could not because of cost? (402)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//Ask of all where s12q7<88//

CT1_4 (CHILD4) Was there a time in the past 12 months when the “Xth” {CATI: please fill in correct number} child needed to see a dentist but could not because of cost? (403)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//Ask of all where s12q7<88//

CT1_5 (CHILD5) Was this child breastfed? (404)

- 1 Yes
- 2 No {Go to CT1_7}
- 7 Don't know / Not sure {Go to CT1_7}
- 9 Refused {Go to CT1_7}

//Ask if CT1_5=1; Else go to CT1_7//

CT1_6 (CHILD6) For about how many months was this child breastfed? (405-406)

- Number of Months
- 77 Don't know / Not sure
- 99 Refused

//Ask of all where s12q7<88//

CT1_7 (CHILD7) About how much does this child weigh without shoes? (407-410)

NOTE: If respondent answers in metrics, put “9” in column 407.

Round fractions up

- -- -- -- Weight
- (pounds/kilograms)
- 7 7 7 7 Don't know / Not sure
- 9 9 9 9 Refused

//Ask of all where s12q7<88//

CT1_8 (CHILD8) About how tall is this child without shoes? (411-414)

NOTE: If respondent answers in metrics, put "9" in column 411.

Round fractions down

__ / __	Height
(f t / inches/meters/centimeters)	
7 7 7 7	Don't know / Not sure
9 9 9 9	Refused

//Ask of all where s12q7<88//

CT1_9 (CHILD9) On an average day, not including time on the computer, about how many hours did this child watch television, videos or DVDs? (415-416)

__	Enter number of hours [1-24]
22	Less than one
88	None
77	Don't know
99	Refused

//Ask of all where s12q7<88//

CT1_10 (CHILD10) On an average day, about how many hours did this child spend playing video games or on the computer? Please include time spent on the Internet of playing computer games, but not or doing schoolwork on the computer. (417-418)

__	Enter number of hours
22	Less than one
88	None
77	Don't know
99	Refused

//Ask of all where s12q7<88//

CT1_11 (CHILD11) On an average day, how many glasses, bottles or cans of soda, such as Coke or Sprite, or other sweetened drinks, such as fruit punch or Sunny Delight, did this child drink. Do not include diet or sugar free drinks. (419-420)

[NOTE: That would be a large glass or a 12 oz. can or bottle. The average juice pack is 6 oz or ½ a can]

[DO NOT READ. THIS ALSO INCLUDES DRINKS SUCH AS, HAWAIIAN PUNCH, HI-C, SNAPPLE, GATORADE, OTHER SPORTS DRINKS WITH ADDED SUGAR, AND SUGAR SWEETENED MILK – E.G. COFFEE MILK, CHOCOLATE MILK]

__ __ [range 1-15] glasses, cans or bottles

88 None
77 Don't know
99 Refused

//Ask of all where s12q7<88//

CT1_12 (CHILD12) In the past week, how many times did the child eat fast food or pizza at school, at home, or at fast-food restaurants, carryout or drive thru. (421-423)

[Read if Necessary: "Such as food you get at McDonald's, Burger King, Taco Bell, KFC, or Pizza Hut."]

[IF STRONGLY NEEDED, SAY "Foods from American-style fast food restaurants."]

1__ PER DAY [101-115]
2__ PER WEEK [201-284]
888 None
777 Don't know

State Added 2: Environment

Fish Advisory Questions

//Ask of all//

CT2_1 (FISHADV1) The CT DPH has issued guidelines for the consumption of fish due to the presence of metals and other chemicals. Have you read, seen or heard any official advice about eating sport-caught or store-bought fish?

1 Yes
2 No **[go to next section]**
7 Don't know / Not sure **[go to next section]**
9 Refused **[go to next section]**

//Ask if CT2_1=1; if CT2_1=2,7,9 go to next section//

CT2_2 (FISHADV2) Do you follow the advice you have read, seen or heard?

1 Yes
2 No
7 Don't know / Not sure
9 Refused

State Added 3: Genetics

Please read:

Several companies, such as 23andMe, deCODEme, and Navigenics, are advertising genetic tests that examine a person's entire genetic makeup for health risks. You can order these tests directly, without the

involvement of a healthcare provider[, by swabbing the inside of your cheek and sending that sample to the company].

//Ask of all//

CT3_1 (GENE091) Have you heard or read [anything] about these tests?

Interviewer, if needed, say: "I am referring to genetic tests that examine a person's entire genetic makeup for health risks. You can order these tests directly from companies, such as 23andMe, deCODEme and Navigenics, without the involvement of a healthcare provider[by swabbing the inside of your cheek and sending that sample to the company]."

- | | | |
|---|-----------------------|-----------------------------|
| 1 | Yes | |
| 2 | No | [Go to next section] |
| 7 | Don't know / Not sure | [Go to next section] |
| 9 | Refused | [Go to next section] |

//Ask if CT3_1=1; if CT3_1=2,7,9 go to next section//

CT3_2 (GENE092) From which of the following sources did you first hear or read anything about these tests?

Interviewer, if needed, say: "I am referring to genetic tests that examine a person's entire genetic makeup for health risks. You can order these tests directly from companies, such as 23andMe, deCODEme and Navigenics, without the involvement of a healthcare provider[by swabbing the inside of your cheek and sending that sample to the company]."

Please read:

- | | |
|---|---------------------|
| 1 | Newspaper |
| 2 | Magazine |
| 3 | TV or radio |
| 4 | Health professional |
| 5 | Internet |
| 6 | Family member |
| 7 | Friend |
| 8 | Other (specify) |

Do not read:

- | | |
|-----|-----------------------|
| 7 7 | DON'T KNOW / NOT SURE |
| 9 9 | REFUSED |

Asthma Call-Back Permission Script

CT will participate in Adult and Child Asthma in 2009

//if s10q1=1 or Mod26_1=1, continue. Else go to closing//

ast1. We would like to call to you again within the next 2 weeks to talk in more detail about **(your/your child's)** experiences with asthma. The information will be used to help develop and improve the asthma programs in Connecticut.

The information you gave us today and any you give us in the future will be kept confidential. If you agree to this, we will keep your phone number on file, separate from the answers collected today. Even if you agree now, you may refuse to participate in the future.

- 1 Yes
- 2 No **[go to closing]**

(496)

Closing statement

Please read:

That was my last question. Everyone's answers will be combined to give us information about the health practices of people in **Connecticut**. Thank you very much for your time and cooperation.