

**Table 1C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Demographic Indicators** (2)

Total Records	Number	%	Source of Data	Number	%
Complete Records	10,548	82.6	WIC	12,771	100.0
Prenatal Records	511	4.0	Maternal Health	0	0.0
Postpartum Records	1,712	13.4	Other	0	0.0
<b>Total Records Accepted</b>	<b>12,771</b>		<b>Total</b>	<b>12,771</b>	<b>100.0</b>
			<i>Excluded Unknown:</i> 0	0.0	

Race/Ethnic Distribution	Number	%
White, Not Hispanic	3,871	30.3
Black, Not Hispanic	2,699	21.1
Hispanic	5,703	44.7
American Indian/Alaska Native	69	0.5
Asian/Pacific Islander	353	2.8
Multiple Races	76	0.6
All Other	0	0.0
<b>Total</b>	<b>12,771</b>	<b>100.0</b>
<i>Excluded Unknown:</i> 0	0.0	

Age Distribution	Number	%
< 15 Years	32	0.3
15 - 17 Years	673	5.3
18 - 19 Years	1,368	10.7
20 - 29 Years	7,381	57.8
30 - 39 Years	3,069	24.0
>= 40 Years	248	1.9
<b>Total</b>	<b>12,771</b>	<b>100.0</b>
<i>Excluded Unknown:</i> 0	0.0	

Education Distribution	Number	%
< High School	0	*
High School	0	*
> High School	0	*
<b>Total</b>	<b>0</b>	<b>100.0</b>
<i>Excluded Unknown:</i> 12,771	100.0	

% Poverty Level	Number	%
0 - 50	2,671	32.2
51 - 100	2,856	34.4
101 - 130	1,157	14.0
131 - 150	534	6.4
151 - 185	584	7.0
186 - 200	31	0.4
> 200	69	0.8
Adjunctive Eligibility	390	4.7
<b>Total</b>	<b>8,292</b>	<b>100.0</b>
<i>Excluded Unknown:</i> 2,767	25.0	

Program Participation (3)	Number	%
WIC	11,059	100.0
SNAP	0	*
Medicaid	0	*
TANF	0	*
<i>Excluded Unknown:</i>		
WIC:	0	0.0
SNAP:	11,059	100.0
Medicaid:	11,059	100.0
TANF:	11,059	100.0

Migrant Status	Number	%
Yes	8	0.1
No	12,652	99.9
<b>Total</b>	<b>12,660</b>	<b>100.0</b>
<i>Excluded Unknown:</i> 111	0.9	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Prenatal program participation.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 2C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Health Indicators**

Summary of Health Indicators (2)				
	Connecticut Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Prepregnancy BMI (3)				
Underweight	12,681	3.8	1,224,766	4.7
Normal Weight	12,681	43.3	1,224,766	43.1
Overweight	12,681	26.9	1,224,766	25.7
Obese	12,681	26.0	1,224,766	26.4
Maternal Weight Gain (4)				
Less Than Ideal	11,773	66.8	963,624	21.4
Ideal	11,773	19.1	963,624	30.3
Greater Than Ideal	11,773	14.2	963,624	48.2
Anemia (Low Hb/Hct) (5)				
1st Trimester	3,694	6.7	394,095	7.6
2nd Trimester	3,254	7.9	354,690	12.1
3rd Trimester	1,280	30.9	188,530	33.8
Postpartum	4,418	53.0	416,710	29.6
Parity (6)				
0	7,833	0.0	1,149,553	42.6
1	7,833	42.7	1,149,553	26.4
2	7,833	27.1	1,149,553	16.0
≥ 3	7,833	30.2	1,149,553	14.9
Interpregnancy Interval				
< 6 Months	7,655	11.6	618,788	12.6
6 - <18 Months	7,655	22.4	618,788	27.1
≥18 Months	7,655	66.0	618,788	60.3
Gestational Diabetes	12,260	0.0	346,704	4.4
Hypertension During Pregnancy	12,260	0.4	395,960	5.2

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

(6) Number of times a woman has given birth to an infant 20 or more weeks gestation.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 2C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Health Indicators**

Summary of Health Indicators (2)				
	Connecticut Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Medical Care				
1st Trimester	12,247	85.1	580,485	80.1
No Care	12,247	4.3	580,485	3.1
WIC Enrollment				
1st Trimester	12,650	24.1	1,187,387	31.7
2 <sup>nd</sup> Trimester	12,650	42.9	1,187,387	34.0
3 <sup>rd</sup> Trimester	12,650	19.6	1,187,387	18.4
Postpartum (3)	12,650	13.4	1,187,387	16.0
Prepregnancy Multivitamin Consumption (4)	0	*	266,567	19.3
Multivitamin Consumption During Pregnancy (5)	0	*	269,548	80.6
Smoking				
3 Months Prior to Pregnancy	12,725	24.6	999,199	23.1
During Pregnancy	11,024	10.2	926,915	14.2
Last 3 Months of Pregnancy	12,260	2.9	856,953	14.2
Postpartum	12,233	13.8	839,512	16.1
Smoking Changes (6)				
Quit Smoking by First Prenatal Visit	2,741	59.5	193,938	42.1
Quit Smoking by First Prenatal Visit and Stayed Off Cigarettes	2,594	58.1	146,933	35.5
Smoking in Household				
During Pregnancy	11,059	9.2	655,095	18.9
Postpartum	12,260	2.7	578,852	19.9
Drinking				
3 Months Prior to Pregnancy	11,858	6.3	975,737	7.8
Last 3 Months of Pregnancy	12,236	0.2	701,124	0.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who initially enrolled in WIC during the postpartum period.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

(6) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 2C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Health Indicators**

Summary of Health Indicators (2)				
	Connecticut Prevalence		National Prevalence (Prior Year)	
	Number	%	Number	%
Birthweight (3)				
Very Low	12,206	0.8	1,085,134	1.1
Low	12,206	6.2	1,085,134	7.1
Normal	12,206	85.7	1,085,134	85.2
High	12,206	7.3	1,085,134	6.6
Preterm (4)	12,168	7.5	1,025,278	11.5
Full term Low Birth Weight (5)	11,217	3.4	890,981	3.6
Multiple Births	12,260	0.7	1,060,021	1.4
Breastfeeding				
Ever Breastfed	12,248	68.9	952,980	65.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Very low birth weight (<1500 g), low birth weight (1500 - <2500 g), normal birth weight (2500 - <4000 g), high birth weight (>4000 g).

(4) <37 weeks gestation.

(5) 37 or more weeks gestation and <2500 g.



**Table 3C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Comparison of Racial and Ethnic Distribution by Contributor to Nation**

<b>Comparison of Racial and Ethnic Distribution</b> (2)								
	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
<b>Connecticut</b>	<b>12,771</b>	<b>30.3</b>	<b>21.1</b>	<b>44.7</b>	<b>0.5</b>	<b>2.8</b>	<b>0.6</b>	<b>0.0</b>
<b>Nation (Prior Year)</b>	<b>1,307,887</b>	<b>42.0</b>	<b>24.2</b>	<b>28.1</b>	<b>1.0</b>	<b>3.1</b>	<b>1.1</b>	<b>0.5</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Comparison of Age Distribution by Contributor to Nation**

<b>Comparison of Age Distribution</b> (2)								
	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
<b>Connecticut</b>	<b>12,771</b>	<b>0.3</b>	<b>5.3</b>	<b>10.7</b>	<b>57.8</b>	<b>24.0</b>	<b>1.9</b>	<b>0.0</b>
<b>Nation (Prior Year)</b>	<b>1,307,887</b>	<b>0.3</b>	<b>6.3</b>	<b>12.6</b>	<b>59.7</b>	<b>19.4</b>	<b>1.4</b>	<b>0.3</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Comparison of Maternal Health Indicators by Contributor to Nation**

Comparison of Maternal Health Indicators (2)														
	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
		Number	%		%	Number	%	%	Number	%			Number	%
<b>Connecticut</b>	<b>12,681</b>	<b>3.8</b>	<b>52.9</b>	<b>11,773</b>	<b>66.8</b>	<b>14.2</b>	<b>1,280</b>	<b>30.9</b>	<b>4,418</b>	<b>53.0</b>	<b>12,260</b>	<b>0.0</b>	<b>12,260</b>	<b>0.4</b>
<b>Nation (Prior Year)</b>	<b>1,224,766</b>	<b>4.7</b>	<b>52.1</b>	<b>963,624</b>	<b>21.4</b>	<b>48.2</b>	<b>188,530</b>	<b>33.8</b>	<b>416,710</b>	<b>29.6</b>	<b>346,704</b>	<b>4.4</b>	<b>395,960</b>	<b>5.2</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 6C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Comparison of Maternal Behavioral Indicators by Contributor to Nation**

<b>Comparison of Maternal Behavioral Indicators</b> (2)									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Prepregnancy (3)		During Pregnancy (4)	
	Number	%	%	Number	%	Number	%	Number	%
<b>Connecticut</b>	<b>12,247</b>	<b>85.1</b>	<b>4.3</b>	<b>12,650</b>	<b>24.1</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>
<b>Nation (Prior Year)</b>	<b>580,485</b>	<b>80.1</b>	<b>3.1</b>	<b>1,187,387</b>	<b>31.7</b>	<b>266,567</b>	<b>19.3</b>	<b>269,548</b>	<b>80.6</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Comparison of Smoking Indicators by Contributor to Nation**

<b>Comparison of Smoking Indicators</b> (2)										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum			
	Number	%	Number	%	Number	%	Number	%		
<b>Connecticut</b>	<b>12,725</b>	<b>24.6</b>	<b>12,260</b>	<b>2.9</b>	<b>2,594</b>	<b>58.1</b>	<b>11,059</b>	<b>9.2</b>	<b>12,260</b>	<b>2.7</b>
<b>Nation (Prior Year)</b>	<b>999,199</b>	<b>23.1</b>	<b>856,953</b>	<b>14.2</b>	<b>146,933</b>	<b>35.5</b>	<b>655,095</b>	<b>18.9</b>	<b>578,852</b>	<b>19.9</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Comparison of Infant Health Indicators by Contributor to Nation**

<b>Comparison of Infant Health Indicators</b> (2)									
	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)	High (4)							
	Number	%	%	Number	%	Number	%	Number	%
<b>Connecticut</b>	<b>12,206</b>	<b>7.0</b>	<b>7.3</b>	<b>12,168</b>	<b>7.5</b>	<b>11,217</b>	<b>3.4</b>	<b>12,248</b>	<b>68.9</b>
<b>Nation (Prior Year)</b>	<b>1,085,134</b>	<b>8.2</b>	<b>6.6</b>	<b>1,025,278</b>	<b>11.5</b>	<b>890,981</b>	<b>3.6</b>	<b>952,980</b>	<b>65.4</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 9C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Maternal Health Indicators by Race/Ethnicity, Age, or Education**

Maternal Health Indicators by Race/Ethnicity, Age, or Education (2)														
	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				Gestational Diabetes		Hypertension During Pregnancy	
	Number	Under-weight	Over-weight	Number	< Ideal	> Ideal	3rd Trimester		Postpartum		Number	%	Number	%
		%	%		%	%	%	Number	%	Number				
<b>Race/Ethnicity</b>														
White, Not Hispanic	3,843	4.4	53.2	3,607	60.9	17.9	449	21.2	1,098	46.5	3,745	0.1	3,745	0.3
Black, Not Hispanic	2,681	2.9	59.8	2,426	66.7	14.3	321	44.9	1,057	62.9	2,535	0.0	2,535	0.4
Hispanic	5,664	3.4	51.1	5,274	70.2	11.8	457	30.4	2,104	51.7	5,491	0.0	5,491	0.4
American Indian/Alaska Native	66	*	*	59	*	*	6	*	21	*	66	*	66	*
Asian/Pacific Islander	351	10.0	27.9	334	78.1	8.4	40	*	116	40.5	348	0.0	348	0.3
Multiple Races	76	*	*	73	*	*	7	*	22	*	75	*	75	*
All Other/Unknown	0	*	*	0	*	*	0	*	0	*	0	*	0	*
<b>Total</b>	<b>12,681</b>	<b>3.8</b>	<b>52.9</b>	<b>11,773</b>	<b>66.8</b>	<b>14.2</b>	<b>1,280</b>	<b>30.9</b>	<b>4,418</b>	<b>53.0</b>	<b>12,260</b>	<b>00.0</b>	<b>12,260</b>	<b>00.4</b>
<b>Age</b>														
< 15 Years	32	*	*	30	*	*	5	*	15	*	32	*	32	*
15 - 17 Years	672	6.4	33.2	609	67.3	14.8	49	*	238	59.2	631	0.0	631	0.3
18 - 19 Years	1,362	6.7	40.1	1,266	62.8	18.1	117	40.2	460	55.0	1,301	0.0	1,301	0.2
20 - 29 Years	7,330	3.9	52.9	6,813	66.6	14.3	761	29.4	2,519	53.2	7,090	0.0	7,090	0.3
30 - 39 Years	3,044	1.9	61.9	2,832	68.3	12.4	328	29.0	1,113	50.9	2,967	0.0	2,967	0.5
>= 40 Years	241	0.4	69.7	223	73.1	10.8	20	*	73	*	239	0.4	239	1.3
Unknown	0	*	*	0	*	*	0	*	0	*	0	*	0	*
<b>Total</b>	<b>12,681</b>	<b>3.8</b>	<b>52.9</b>	<b>11,773</b>	<b>66.8</b>	<b>14.2</b>	<b>1,280</b>	<b>30.9</b>	<b>4,418</b>	<b>53.0</b>	<b>12,260</b>	<b>00.0</b>	<b>12,260</b>	<b>00.4</b>
<b>Education</b>														
< High School	0	*	*	0	*	*	0	*	0	*	0	*	0	*
High School	0	*	*	0	*	*	0	*	0	*	0	*	0	*
> High School	0	*	*	0	*	*	0	*	0	*	0	*	0	*
Unknown	12,681	3.8	52.9	11,773	66.8	14.2	1,280	30.9	4,418	53.0	12,260	0.0	12,260	0.4
<b>Total</b>	<b>12,681</b>	<b>3.8</b>	<b>52.9</b>	<b>11,773</b>	<b>66.8</b>	<b>14.2</b>	<b>1,280</b>	<b>30.9</b>	<b>4,418</b>	<b>53.0</b>	<b>12,260</b>	<b>00.0</b>	<b>12,260</b>	<b>00.4</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 10C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education**

Maternal Behavioral Indicators by Race/Ethnicity, Age, or Education (2)									
	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregnancy (3)		During Pregnancy (4)	
	Number	%	%	Number	%	Number	%	Number	%
<b>Race/Ethnicity</b>									
White, Not Hispanic	3,741	88.1	4.4	3,831	24.2	0	*	0	*
Black, Not Hispanic	2,531	83.8	4.1	2,684	22.4	0	*	0	*
Hispanic	5,486	83.5	4.3	5,640	25.2	0	*	0	*
American Indian/Alaska Native	66	*	*	68	*	0	*	0	*
Asian/Pacific Islander	348	84.2	3.2	351	18.8	0	*	0	*
Multiple Races	75	*	*	76	*	0	*	0	*
All Other/Unknown	0	*	*	0	*	0	*	0	*
<b>Total</b>	<b>12,247</b>	<b>85.1</b>	<b>4.3</b>	<b>12,650</b>	<b>24.1</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>
<b>Age</b>									
< 15 Years	31	*	*	31	*	0	*	0	*
15 - 17 Years	630	77.6	4.3	667	30.0	0	*	0	*
18 - 19 Years	1,300	82.9	3.8	1,353	29.8	0	*	0	*
20 - 29 Years	7,084	86.3	4.2	7,306	23.6	0	*	0	*
30 - 39 Years	2,963	85.6	4.6	3,048	21.9	0	*	0	*
>= 40 Years	239	78.7	6.7	245	18.4	0	*	0	*
Unknown	0	*	*	0	*	0	*	0	*
<b>Total</b>	<b>12,247</b>	<b>85.1</b>	<b>4.3</b>	<b>12,650</b>	<b>24.1</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>
<b>Education</b>									
< High School	0	*	*	0	*	0	*	0	*
High School	0	*	*	0	*	0	*	0	*
> High School	0	*	*	0	*	0	*	0	*
Unknown	12,247	85.1	4.3	12,650	24.1	0	*	0	*
<b>Total</b>	<b>12,247</b>	<b>85.1</b>	<b>4.3</b>	<b>12,650</b>	<b>24.1</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for behavioral indicators, and data with errors for behavioral and demographic indicators.

(3) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(4) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 11C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Smoking Indicators by Race/Ethnicity, Age, or Education**

Smoking Indicators by Race/Ethnicity, Age, or Education (2)										
	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	%	Number	%	Number	%	Number	%	Number	%
<b>Race/Ethnicity</b>										
White, Not Hispanic	3,854	44.0	3,745	7.3	1,375	50.6	3,117	15.4	3,745	4.1
Black, Not Hispanic	2,683	20.8	2,535	1.3	453	64.0	2,400	7.4	2,535	2.6
Hispanic	5,690	14.6	5,491	0.7	726	68.0	5,153	6.4	5,491	1.8
American Indian/Alaska Native	69	*	66	*	5	*	52	*	66	*
Asian/Pacific Islander	353	5.7	348	0.3	16	*	276	6.2	348	2.0
Multiple Races	76	*	75	*	19	*	61	*	75	*
All Other/Unknown	0	*	0	*	0	*	0	*	0	*
<b>Total</b>	<b>12,725</b>	<b>24.6</b>	<b>12,260</b>	<b>2.9</b>	<b>2,594</b>	<b>58.1</b>	<b>11,059</b>	<b>9.2</b>	<b>12,260</b>	<b>2.7</b>
<b>Age</b>										
< 15 Years	32	*	32	*	1	*	28	*	32	*
15 - 17 Years	668	19.8	631	2.1	114	67.5	635	16.9	631	4.4
18 - 19 Years	1,359	29.7	1,301	2.2	345	68.1	1,256	15.9	1,301	4.3
20 - 29 Years	7,354	27.1	7,090	3.1	1,639	59.2	6,406	8.5	7,090	2.6
30 - 39 Years	3,064	18.8	2,967	3.0	471	46.1	2,542	5.9	2,967	1.8
>= 40 Years	248	12.5	239	2.1	24	*	192	5.7	239	2.5
Unknown	0	*	0	*	0	*	0	*	0	*
<b>Total</b>	<b>12,725</b>	<b>24.6</b>	<b>12,260</b>	<b>2.9</b>	<b>2,594</b>	<b>58.1</b>	<b>11,059</b>	<b>9.2</b>	<b>12,260</b>	<b>2.7</b>
<b>Education</b>										
< High School	0	*	0	*	0	*	0	*	0	*
High School	0	*	0	*	0	*	0	*	0	*
> High School	0	*	0	*	0	*	0	*	0	*
Unknown	12,725	24.6	12,260	2.9	2,594	58.1	11,059	9.2	12,260	2.7
<b>Total</b>	<b>12,725</b>	<b>24.6</b>	<b>12,260</b>	<b>2.9</b>	<b>2,594</b>	<b>58.1</b>	<b>11,059</b>	<b>9.2</b>	<b>12,260</b>	<b>2.7</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for smoking indicators, and data with errors for smoking and demographic indicators.

(3) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 12C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Infant Health Indicators by Race/Ethnicity, Age, or Education**

Infant Health Indicators by Race/Ethnicity, Age, or Education (2)									
	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)	Number	%	Number	%	Number	%
	Number	%	%						
<b>Race/Ethnicity</b>									
White, Not Hispanic	3,731	6.1	9.1	3,715	7.4	3,428	3.0	3,742	61.5
Black, Not Hispanic	2,521	9.0	5.2	2,522	7.2	2,333	5.1	2,530	65.1
Hispanic	5,467	6.7	7.3	5,444	7.8	5,001	2.9	5,487	75.2
American Indian/Alaska Native	66	*	*	65	*	60	*	66	*
Asian/Pacific Islander	346	6.6	6.6	347	6.1	325	3.7	348	77.0
Multiple Races	75	*	*	75	*	70	*	75	*
All Other/Unknown	0	*	*	0	*	0	*	0	*
<b>Total</b>	<b>12,206</b>	<b>7.0</b>	<b>7.3</b>	<b>12,168</b>	<b>7.5</b>	<b>11,217</b>	<b>3.4</b>	<b>12,248</b>	<b>68.9</b>
<b>Age</b>									
< 15 Years	32	*	*	31	*	29	*	32	*
15 - 17 Years	631	7.3	5.1	626	6.5	585	5.0	631	60.1
18 - 19 Years	1,296	6.8	5.4	1,293	6.8	1,201	4.7	1,300	63.3
20 - 29 Years	7,054	5.5	7.5	7,032	6.8	6,525	3.1	7,083	68.7
30 - 39 Years	2,955	7.2	8.2	2,950	9.4	2,665	3.3	2,963	73.5
>= 40 Years	238	7.6	10.1	236	9.7	212	3.8	239	76.2
Unknown	0	*	*	0	*	0	*	0	*
<b>Total</b>	<b>12,206</b>	<b>7.0</b>	<b>7.3</b>	<b>12,168</b>	<b>7.5</b>	<b>11,217</b>	<b>3.4</b>	<b>12,248</b>	<b>68.9</b>
<b>Education</b>									
< High School	0	*	*	0	*	0	*	0	*
High School	0	*	*	0	*	0	*	0	*
> High School	0	*	*	0	*	0	*	0	*
Unknown	12,206	6.2	7.3	12,168	7.5	11,217	3.4	12,248	68.9
<b>Total</b>	<b>12,206</b>	<b>7.0</b>	<b>7.3</b>	<b>12,168</b>	<b>7.5</b>	<b>11,217</b>	<b>3.4</b>	<b>12,248</b>	<b>68.9</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 13C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Maternal Weight Gain and Birth Outcomes by Select Health Indicators**

Maternal Weight Gain and Birth Outcomes by Select Health Indicators (2)										
	Weight Gain (3)			Birth Outcomes						
	< Ideal	> Ideal		Birthweight			Preterm (6)	Full Term LBW (7)		
		Number	%	%	Low (4)	High (5)				
	Number	%	%	Number	%	%	Number	%	Number	%
<b>Prepregnancy BMI</b>										
Underweight	438	82.0	4.3	454	10.6	2.6	450	8.2	413	6.3
Normal Weight	5,109	76.2	8.4	5,246	7.6	5.5	5,241	7.2	4,845	4.0
Overweight	3,200	55.3	19.8	3,279	6.4	7.2	3,266	7.8	3,004	2.8
Obese	3,026	60.6	19.5	3,141	6.2	11.3	3,124	7.7	2,876	2.7
<b>Weight Gain</b>										
< Ideal	-	-	-	7,828	7.8	6.5	7,791	7.7	7,167	3.8
Ideal	-	-	-	2,235	5.6	8.8	2,230	6.8	2,073	2.7
> Ideal	-	-	-	1,663	5.1	9.9	1,665	7.0	1,545	2.7
<b>Smoking During Pregnancy</b>										
Smokers	1,032	60.6	17.7	1,057	11.4	5.6	1,046	7.7	964	7.2
Non-Smokers	9,104	68.3	13.2	9,435	6.1	7.5	9,404	7.0	8,730	3.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(4) <2500 g.

(5) >4000 g.

(6) <37 weeks gestation.

(7) 37 or more weeks gestation and <2500 g.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 14C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Racial and Ethnic Distribution**

Summary of Trends in Racial and Ethnic Distribution (2)								
Year	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
2009	12,771	30.3	21.1	44.7	0.5	2.8	0.6	0.0
2008	12,449	30.6	22.2	43.8	0.6	2.6	0.3	0.0
2007	12,107	31.0	21.9	43.8	0.6	2.3	0.4	0.0
2006	11,258	32.0	22.0	42.8	0.5	2.1	0.5	0.0
2005	10,623	33.0	21.8	42.0	0.4	2.1	0.3	0.3
2004	10,212	33.1	23.1	38.5	0.2	1.8	0.0	3.2
2003	14,142	31.5	24.3	38.5	0.2	1.5	0.0	4.0
2002	0	*	*	*	*	*	*	*
2001	10,360	34.4	23.8	35.9	0.3	1.6	0.0	4.1
2000	0	*	*	*	*	*	*	*
1999	0	*	*	*	*	*	*	*
1998	0	*	*	*	*	*	*	*
1997	0	*	*	*	*	*	*	*
1996	0	*	*	*	*	*	*	*
1995	0	*	*	*	*	*	*	*
1994	0	*	*	*	*	*	*	*
1993	0	*	*	*	*	*	*	*
1992	0	*	*	*	*	*	*	*
1991	0	*	*	*	*	*	*	*
1990	0	*	*	*	*	*	*	*
1989	409	48.4	32.0	19.1	0.5	0.0	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 14C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Racial and Ethnic Distribution**

<b>Summary of Trends in Racial and Ethnic Distribution</b> (2)								
Year	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
1988	812	46.7	30.4	22.0	0.5	0.4	0.0	0.0
1987	555	49.2	31.5	18.9	0.2	0.2	0.0	0.0
1986	331	58.0	29.0	12.7	0.3	0.0	0.0	0.0
1985	545	51.0	31.0	16.5	1.3	0.2	0.0	0.0
1984	534	58.1	29.0	11.8	0.9	0.2	0.0	0.0
1983	430	58.8	26.7	13.7	0.7	0.0	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 15C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Age Distribution**

Summary of Trends in Age Distribution (2)								
Year	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
2009	12,771	0.3	5.3	10.7	57.8	24.0	1.9	0.0
2008	12,449	0.2	6.1	11.2	58.3	22.5	1.8	0.0
2007	12,107	0.3	6.2	11.8	58.0	22.0	1.8	0.0
2006	11,258	0.3	6.5	11.3	59.0	21.1	1.8	0.0
2005	10,623	0.3	6.5	11.4	57.6	22.3	1.9	0.0
2004	10,212	0.4	7.1	12.0	57.0	21.6	1.8	0.0
2003	14,142	0.5	6.7	12.5	57.4	21.3	1.6	0.0
2002	0	*	*	*	*	*	*	*
2001	10,360	0.5	7.2	12.1	54.9	23.4	1.9	0.0
2000	0	*	*	*	*	*	*	*
1999	0	*	*	*	*	*	*	*
1998	0	*	*	*	*	*	*	*
1997	0	*	*	*	*	*	*	*
1996	0	*	*	*	*	*	*	*
1995	0	*	*	*	*	*	*	*
1994	0	*	*	*	*	*	*	*
1993	0	*	*	*	*	*	*	*
1992	0	*	*	*	*	*	*	*
1991	0	*	*	*	*	*	*	*
1990	0	*	*	*	*	*	*	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 15C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Age Distribution**

<b>Summary of Trends in Age Distribution</b> (2)								
Year	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
1989	409	0.5	10.0	14.4	57.7	17.1	0.2	0.0
1988	812	0.4	12.3	14.0	56.7	15.5	1.1	0.0
1987	555	0.7	8.1	12.6	60.0	17.8	0.7	0.0
1986	331	0.9	12.1	16.3	58.3	12.1	0.3	0.0
1985	545	1.5	12.8	17.6	51.6	15.6	0.9	0.0
1984	534	0.6	12.0	17.6	56.4	12.4	1.1	0.0
1983	430	0.5	12.8	16.3	59.3	10.9	0.2	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 16C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Maternal Health Indicators**

Summary of Trends in Maternal Health Indicators (2)										
Year	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under-weight	Over-weight		< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number
2009	12,681	3.8	52.9	11,773	66.8	14.2	1,280	30.9	4,418	53.0
2008	12,363	4.1	52.6	11,432	65.4	15.2	1,362	29.4	4,286	53.2
2007	11,967	4.0	50.9	11,124	64.9	16.5	1,446	31.0	3,882	51.7
2006	11,156	4.1	49.8	10,390	63.4	16.9	1,335	28.4	3,820	50.9
2005	10,532	4.0	51.6	9,712	64.5	16.2	1,255	28.0	3,801	48.0
2004	10,130	4.7	49.6	9,424	63.9	17.0	1,271	30.7	3,631	47.8
2003	13,788	5.2	48.0	10,792	21.6	51.2	2,919	26.6	8,059	57.6
2002	0	*	*	0	*	*	0	*	0	*
2001	10,215	4.9	48.2	10,166	22.9	48.8	1,987	29.9	7,737	57.9
2000	0	*	*	0	*	*	0	*	0	*
1999	0	*	*	0	*	*	0	*	0	*
1998	0	*	*	0	*	*	0	*	0	*
1997	0	*	*	0	*	*	0	*	0	*
1996	0	*	*	0	*	*	0	*	0	*
1995	0	*	*	0	*	*	0	*	0	*

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).  
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).  
(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 16C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Maternal Health Indicators**

Summary of Trends in Maternal Health Indicators (2)										
Year	Pregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
1994	0	*	*	0	*	*	0	*	0	*
1993	0	*	*	0	*	*	0	*	0	*
1992	0	*	*	0	*	*	0	*	0	*
1991	0	*	*	0	*	*	0	*	0	*
1990	0	*	*	0	*	*	0	*	0	*
1989	408	12.3	30.4	0	*	*	99	*	136	34.6
1988	789	7.5	33.0	0	*	*	132	22.7	152	39.5
1987	549	9.7	34.6	0	*	*	134	34.3	126	24.6
1986	325	8.3	31.1	0	*	*	67	*	107	23.4
1985	541	9.6	28.5	0	*	*	118	19.5	214	20.1
1984	533	9.2	22.9	0	*	*	126	25.4	255	21.2
1983	426	7.7	27.7	0	*	*	96	*	217	26.3

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 17C**  
**2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Connecticut**  
**Summary of Trends in Maternal Behavioral Indicators**

Summary of Trends in Maternal Behavioral Indicators <sup>(2)</sup>					
Year	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	%	%	Number	%
2009	12,247	85.1	4.3	12,650	24.1
2008	11,880	85.3	3.6	12,323	23.5
2007	11,616	84.7	3.6	11,975	22.3
2006	10,799	84.7	3.1	11,148	21.5
2005	10,134	86.6	2.8	10,239	21.9
2004	9,762	84.7	3.7	9,686	20.4
2003	11,377	84.9	4.4	13,888	17.8
2002	0	*	*	0	*
2001	10,331	81.8	6.8	10,160	17.9
2000	0	*	*	0	*
1999	0	*	*	0	*
1998	0	*	*	0	*
1997	0	*	*	0	*
1996	0	*	*	0	*
1995	0	*	*	0	*
1994	0	*	*	0	*
1993	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 17C**  
**2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Connecticut**  
**Summary of Trends in Maternal Behavioral Indicators**

Summary of Trends in Maternal Behavioral Indicators <sup>(2)</sup>					
Year	Medical Care			WIC Enrollment	
	1st Trimester	No Care		1st Trimester	
	Number	%	%	Number	%
1992	0	*	*	0	*
1991	0	*	*	0	*
1990	0	*	*	0	*
1989	0	*	*	0	*
1988	0	*	*	0	*
1987	0	*	*	0	*
1986	0	*	*	0	*
1985	0	*	*	0	*
1984	0	*	*	0	*
1983	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 18C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Smoking Indicators**

Summary of Trends in Smoking Indicators (2)										
Year	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	%	Number	%		Number	%	Number	%	
2009	12,725	24.6	12,260	2.9	2,594	58.1	11,059	9.2	12,260	2.7
2008	12,409	25.1	11,901	3.1	2,570	56.1	10,648	13.8	11,901	6.4
2007	12,066	25.4	11,635	3.4	2,484	53.7	10,287	16.1	11,635	9.1
2006	11,230	26.6	10,808	3.6	2,408	54.3	9,544	15.9	10,808	9.1
2005	10,604	27.3	10,141	3.7	2,358	53.7	9,092	16.9	10,141	9.6
2004	2,803	100.0	9,771	4.5	2,301	51.1	8,701	18.5	9,771	10.9
2003	14,099	26.0	11,385	15.6	2,255	42.0	11,431	20.8	10,929	11.8
2002	0	*	0	*	0	*	0	*	0	*
2001	10,320	27.1	10,346	15.3	2,308	37.9	8,079	24.5	10,271	14.8
2000	0	*	0	*	0	*	0	*	0	*
1999	0	*	0	*	0	*	0	*	0	*
1998	0	*	0	*	0	*	0	*	0	*
1997	0	*	0	*	0	*	0	*	0	*
1996	0	*	0	*	0	*	0	*	0	*
1995	0	*	0	*	0	*	0	*	0	*
1994	0	*	0	*	0	*	0	*	0	*
1993	0	*	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 18C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Smoking Indicators**

Summary of Trends in Smoking Indicators (2)								
Year	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)	Smoking in Household		
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum	
	Number	%	Number	%	Number	%	Number	%
1992	0	*	0	*	0	*	0	*
1991	0	*	0	*	0	*	0	*
1990	0	*	0	*	0	*	0	*
1989	0	*	0	*	0	*	0	*
1988	0	*	0	*	0	*	0	*
1987	0	*	0	*	0	*	0	*
1986	0	*	0	*	0	*	0	*
1985	0	*	0	*	0	*	0	*
1984	0	*	0	*	0	*	0	*
1983	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 19C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Infant Health Indicators**

Summary of Trends in Infant Health Indicators (2)									
Year	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)	Number	%	Number	%	Number	%
	Number	%	%						
2009	12,206	7.0	7.3	12,168	7.5	11,217	3.4	12,248	68.9
2008	11,870	7.2	7.7	11,802	7.7	10,878	3.7	11,887	66.5
2007	11,613	6.9	7.0	11,530	7.6	10,653	3.5	11,618	65.7
2006	10,779	7.4	7.2	10,718	7.9	9,853	3.5	10,800	63.4
2005	10,125	7.7	7.6	9,787	8.8	8,913	3.5	10,136	61.9
2004	9,757	7.2	7.4	9,285	7.8	8,558	3.4	9,763	59.7
2003	9,747	7.4	7.6	10,668	9.0	8,767	3.7	10,791	42.1
2002	0	*	*	0	*	0	*	0	*
2001	9,016	7.1	8.6	9,985	8.8	8,113	3.5	10,093	40.0
2000	0	*	*	0	*	0	*	0	*
1999	0	*	*	0	*	0	*	0	*
1998	0	*	*	0	*	0	*	0	*
1997	0	*	*	0	*	0	*	0	*
1996	0	*	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 19C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Infant Health Indicators**

Summary of Trends in Infant Health Indicators (2)									
Year	Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
	Low (3)		High (4)	Number	%	Number	%	Number	%
	Number	%	%						
1995	0	*	*	0	*	0	*	0	*
1994	0	*	*	0	*	0	*	0	*
1993	0	*	*	0	*	0	*	0	*
1992	0	*	*	0	*	0	*	0	*
1991	0	*	*	0	*	0	*	0	*
1990	0	*	*	0	*	0	*	0	*
1989	409	7.6	7.1	400	0.5	398	7.5	100	100.0
1988	411	5.8	11.4	409	0.7	406	5.7	95	*
1987	354	6.2	9.6	350	0.9	347	6.1	63	*
1986	324	7.4	11.1	322	1.6	317	7.3	65	*
1985	525	6.1	9.3	522	0.8	518	6.0	99	*
1984	500	9.2	9.4	495	2.4	483	8.9	149	100.0
1983	424	7.3	6.4	422	4.0	405	6.7	123	100.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) <2500 g.

(4) >4000 g.

(5) <37 weeks gestation.

(6) 37 or more weeks gestation and <2500 g.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 20C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Maternal Health Indicators by Race/Ethnicity**

Summary of Trends in Maternal Health Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
White, Not Hispanic	2009	3,843	4.4	53.2	3,607	60.9	17.9	449	21.2	1,098	46.5
	2008	3,763	4.8	51.0	3,530	59.3	20.4	434	21.9	1,076	49.1
	2007	3,687	5.0	49.1	3,490	59.9	20.7	511	25.0	979	44.4
	2006	3,568	4.7	49.2	3,366	55.5	23.1	455	22.6	958	44.9
	2005	3,466	4.7	51.3	3,236	57.3	22.5	438	21.0	1,041	42.7
	2004	3,350	5.2	48.2	3,164	56.7	22.7	432	25.5	1,059	42.5
	2003	4,361	6.6	47.4	3,584	17.2	57.4	908	21.5	2,336	54.0
	2002	0	*	*	0	*	*	0	*	0	*
	2001	3,527	6.1	47.5	3,509	19.4	53.0	673	24.8	2,373	55.0
	2000	0	*	*	0	*	*	0	*	0	*
Black, Not Hispanic	2009	2,681	2.9	59.8	2,426	66.7	14.3	321	44.9	1,057	62.9
	2008	2,760	3.1	60.7	2,517	65.0	15.5	350	42.9	1,094	58.7
	2007	2,637	3.6	59.4	2,400	65.6	17.2	379	42.7	1,023	58.3
	2006	2,460	3.4	55.9	2,252	63.1	17.1	387	41.3	996	58.1
	2005	2,303	3.1	58.2	2,088	65.6	15.6	313	39.3	962	52.0
	2004	2,335	4.4	59.1	2,146	62.5	17.0	366	38.3	966	55.1
	2003	3,377	3.7	54.9	2,489	23.3	51.4	855	34.4	2,041	63.4
	2002	0	*	*	0	*	*	0	*	0	*
	2001	2,430	3.7	58.1	2,411	24.6	49.1	565	38.2	2,019	63.6
	2000	0	*	*	0	*	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 20C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Maternal Health Indicators by Race/Ethnicity**

Summary of Trends in Maternal Health Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Hispanic	2009	5,664	3.4	51.1	5,274	70.2	11.8	457	30.4	2,104	51.7
	2008	5,418	3.7	51.0	4,991	69.2	11.9	520	26.3	1,971	52.5
	2007	5,259	3.3	49.4	4,873	68.1	13.4	497	28.2	1,771	52.5
	2006	4,784	3.6	48.4	4,449	68.8	12.8	448	22.8	1,753	50.7
	2005	4,440	3.6	49.7	4,085	69.4	11.9	466	27.3	1,694	49.0
	2004	3,925	3.6	47.0	3,625	70.4	12.7	379	29.3	1,417	48.1
	2003	5,315	4.6	46.0	4,090	23.4	47.4	994	25.7	3,210	57.1
	2002	0	*	*	0	*	*	0	*	0	*
	2001	3,673	3.9	44.8	3,661	24.2	46.1	638	29.3	2,900	57.4
	2000	0	*	*	0	*	*	0	*	0	*
American Indian/Alaska Native	2009	66	*	*	59	*	*	6	*	21	*
	2008	74	*	*	71	*	*	9	*	26	*
	2007	68	*	*	65	*	*	16	*	19	*
	2006	51	*	*	48	*	*	7	*	18	*
	2005	45	*	*	38	*	*	4	*	12	*
	2004	22	*	*	20	*	*	3	*	8	*
	2003	21	*	*	15	*	*	5	*	10	*
	2002	0	*	*	0	*	*	0	*	0	*
	2001	26	*	*	26	*	*	7	*	21	*
	2000	0	*	*	0	*	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 20C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Maternal Health Indicators by Race/Ethnicity**

Summary of Trends in Maternal Health Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Asian/Pacific Islander	2009	351	10.0	27.9	334	78.1	8.4	40	*	116	40.5
	2008	315	9.8	28.9	294	74.1	8.5	42	*	111	52.3
	2007	264	6.8	23.9	250	70.8	11.2	39	*	81	*
	2006	233	11.6	27.9	219	77.2	7.3	30	*	78	*
	2005	223	8.5	31.4	210	77.6	9.0	29	*	73	*
	2004	178	16.9	19.1	171	77.8	6.4	35	*	59	*
	2003	214	15.4	20.1	186	30.6	28.5	56	*	127	52.8
	2002	0	*	*	0	*	*	0	*	0	*
	2001	166	7.8	19.9	166	29.5	38.6	31	*	119	55.5
	2000	0	*	*	0	*	*	0	*	0	*
Multiple Races	2009	76	*	*	73	*	*	7	*	22	*
	2008	33	*	*	29	*	*	7	*	8	*
	2007	51	*	*	46	*	*	4	*	9	*
	2006	57	*	*	53	*	*	8	*	17	*
	2005	27	*	*	27	*	*	2	*	10	*
	2004	2	*	*	0	*	*	0	*	0	*
	2003	0	*	*	0	*	*	0	*	0	*
	2002	0	*	*	0	*	*	0	*	0	*
	2001	0	*	*	0	*	*	0	*	0	*
	2000	0	*	*	0	*	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 20C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Maternal Health Indicators by Race/Ethnicity**

Summary of Trends in Maternal Health Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
All Other/Unknown	2009	0	*	*	0	*	*	0	*	0	*
	2008	0	*	*	0	*	*	0	*	0	*
	2007	1	*	*	0	*	*	0	*	0	*
	2006	3	*	*	3	*	*	0	*	0	*
	2005	28	*	*	28	*	*	3	*	9	*
	2004	318	7.5	43.7	298	64.4	16.1	56	*	122	40.2
	2003	500	6.2	39.8	428	25.7	44.4	101	22.8	335	53.1
	2002	0	*	*	0	*	*	0	*	0	*
	2001	393	7.9	37.4	393	28.0	40.2	73	*	305	49.5
	2000	0	*	*	0	*	*	0	*	0	*
Total All Race/Ethnic Groups	2009	12,681	3.8	52.9	11,773	66.8	14.2	1,280	30.9	4,418	53.0
	2008	12,363	4.1	52.6	11,432	65.4	15.2	1,362	29.4	4,286	53.2
	2007	11,967	4.0	50.9	11,124	64.9	16.5	1,446	31.0	3,882	51.7
	2006	11,156	4.1	49.8	10,390	63.4	16.9	1,335	28.4	3,820	50.9
	2005	10,532	4.0	51.6	9,712	64.5	16.2	1,255	28.0	3,801	48.0
	2004	10,130	4.7	49.6	9,424	63.9	17.0	1,271	30.7	3,631	47.8
	2003	13,788	5.2	48.0	10,792	21.6	51.2	2,919	26.6	8,059	57.6
	2002	0	*	*	0	*	*	0	*	0	*
	2001	10,215	4.9	48.2	10,166	22.9	48.8	1,987	29.9	7,737	57.9
	2000	0	*	*	0	*	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).

(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 21C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity**

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity (2)						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
White, Not Hispanic	2009	3,741	88.1	4.4	3,831	24.2
	2008	3,676	87.1	3.5	3,760	23.6
	2007	3,649	86.0	4.4	3,715	21.8
	2006	3,496	87.7	3.3	3,559	22.0
	2005	3,385	88.5	3.4	3,368	23.1
	2004	3,281	87.1	4.0	3,219	20.5
	2003	3,732	87.6	4.6	4,373	17.9
	2002	0	*	*	0	*
	2001	3,551	86.3	5.7	3,488	18.1
	2000	0	*	*	0	*
Black, Not Hispanic	2009	2,531	83.8	4.1	2,684	22.4
	2008	2,612	84.2	3.3	2,753	21.6
	2007	2,508	84.2	3.1	2,628	18.9
	2006	2,342	83.1	3.1	2,463	18.8
	2005	2,180	84.4	2.5	2,256	19.5
	2004	2,218	83.0	3.4	2,245	20.8
	2003	2,604	82.6	4.2	3,376	15.8
	2002	0	*	*	0	*
	2001	2,456	79.2	7.0	2,415	16.6
	2000	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 21C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity**

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity (2)						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Hispanic	2009	5,486	83.5	4.3	5,640	25.2
	2008	5,183	84.5	3.8	5,387	24.9
	2007	5,076	84.2	3.2	5,239	24.6
	2006	4,622	83.3	3.0	4,776	22.8
	2005	4,249	86.8	2.3	4,307	22.8
	2004	3,742	84.7	3.0	3,703	21.2
	2003	4,336	84.7	3.7	5,359	19.7
	2002	0	*	*	0	*
	2001	3,708	80.3	7.0	3,652	19.6
	2000	0	*	*	0	*
American Indian/Alaska Native	2009	66	*	*	68	*
	2008	72	*	*	73	*
	2007	69	*	*	70	*
	2006	50	*	*	51	*
	2005	41	*	*	41	*
	2004	20	*	*	21	*
	2003	16	*	*	21	*
	2002	0	*	*	0	*
	2001	26	*	*	26	*
	2000	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 21C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity**

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity (2)						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
Asian/Pacific Islander	2009	348	84.2	3.2	351	18.8
	2008	305	85.2	3.9	316	16.5
	2007	267	82.8	5.2	270	17.4
	2006	231	84.0	3.0	238	17.2
	2005	223	78.5	6.3	212	14.2
	2004	181	78.5	6.1	171	14.0
	2003	192	80.2	5.7	214	8.9
	2002	0	*	*	0	*
	2001	168	78.0	10.7	165	11.5
	2000	0	*	*	0	*
Multiple Races	2009	75	*	*	76	*
	2008	32	*	*	34	*
	2007	47	*	*	52	*
	2006	55	*	*	58	*
	2005	28	*	*	27	*
	2004	0	*	*	2	*
	2003	0	*	*	0	*
	2002	0	*	*	0	*
	2001	0	*	*	0	*
	2000	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 21C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity**

Summary of Trends in Maternal Behavioral Indicators by Race/Ethnicity (2)						
Race/Ethnicity and Year		Medical Care			WIC Enrollment	
		1st Trimester		No Care	1st Trimester	
		Number	%	%	Number	%
All Other/Unknown	2009	0	*	*	0	*
	2008	0	*	*	0	*
	2007	0	*	*	1	*
	2006	3	*	*	3	*
	2005	28	*	*	28	*
	2004	320	75.9	8.4	325	11.4
	2003	497	80.1	8.7	545	13.9
	2002	0	*	*	0	*
	2001	422	74.4	12.3	414	11.6
	2000	0	*	*	0	*
Total All Race/Ethnic Groups	2009	12,247	85.1	4.3	12,650	24.1
	2008	11,880	85.3	3.6	12,323	23.5
	2007	11,616	84.7	3.6	11,975	22.3
	2006	10,799	84.7	3.1	11,148	21.5
	2005	10,134	86.6	2.8	10,239	21.9
	2004	9,762	84.7	3.7	9,686	20.4
	2003	11,377	84.9	4.4	13,888	17.8
	2002	0	*	*	0	*
	2001	10,331	81.8	6.8	10,160	17.9
	2000	0	*	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

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**Table 22C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Smoking Indicators by Race/Ethnicity**

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
White, Not Hispanic	2009	3,854	44.0	3,745	7.3	1,375	50.6	3,117	15.4	3,745	4.1
	2008	3,798	44.7	3,686	7.8	1,354	47.9	2,979	23.4	3,686	11.4
	2007	3,747	44.8	3,657	8.2	1,308	47.4	2,939	27.2	3,657	15.6
	2006	3,599	45.5	3,500	8.3	1,240	47.9	2,770	26.5	3,500	15.2
	2005	3,508	45.3	3,390	8.3	1,240	47.3	2,739	26.5	3,390	15.8
	2004	1,601	100.0	3,285	9.9	1,250	44.6	2,625	30.5	3,285	17.4
	2003	4,447	45.2	3,734	25.9	1,243	37.7	3,352	32.7	3,637	19.1
	2002	0	*	0	*	0	*	0	*	0	*
	2001	3,550	46.8	3,556	28.3	1,306	34.3	2,569	38.3	3,540	23.2
	2000	0	*	0	*	0	*	0	*	0	*
Black, Not Hispanic	2009	2,683	20.8	2,535	1.3	453	64.0	2,400	7.4	2,535	2.6
	2008	2,749	20.9	2,619	1.6	492	59.6	2,447	11.3	2,619	4.8
	2007	2,635	20.8	2,512	1.3	463	58.7	2,312	15.3	2,512	7.1
	2006	2,466	22.3	2,342	1.8	477	57.0	2,201	13.8	2,342	7.7
	2005	2,309	23.5	2,181	2.0	473	55.2	2,104	16.5	2,181	7.9
	2004	520	100.0	2,222	2.4	449	53.9	2,117	16.1	2,222	8.0
	2003	3,406	20.8	2,606	13.0	430	40.9	2,894	19.5	2,517	9.2
	2002	0	*	0	*	0	*	0	*	0	*
	2001	2,447	21.8	2,462	12.1	481	37.4	2,005	20.5	2,450	11.6
	2000	0	*	0	*	0	*	0	*	0	*

- (1) Reporting period is January 1 through December 31.  
(2) Excludes data with errors.  
(3) Among women who smoked 3 months prior to pregnancy.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 22C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Smoking Indicators by Race/Ethnicity**

<b>Summary of Trends in Smoking Indicators by Race/Ethnicity</b> (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
Hispanic	2009	5,690	14.6	5,491	0.7	726	68.0	5,153	6.4	5,491	1.8
	2008	5,436	14.8	5,187	0.8	685	70.2	4,882	9.5	5,187	3.7
	2007	5,288	15.0	5,081	1.0	677	63.5	4,738	9.8	5,081	5.5
	2006	4,813	15.6	4,625	1.2	658	65.3	4,308	10.3	4,625	5.2
	2005	4,459	16.1	4,250	1.1	614	65.3	4,001	10.6	4,250	5.6
	2004	614	100.0	3,743	1.4	553	62.0	3,570	11.6	3,743	7.1
	2003	5,441	16.1	4,339	9.6	547	50.8	4,680	13.7	4,127	7.6
	2002	0	*	0	*	0	*	0	*	0	*
	2001	3,708	14.7	3,712	6.8	486	47.3	3,108	16.7	3,688	9.5
	2000	0	*	0	*	0	*	0	*	0	*
American Indian/Alaska Native	2009	69	*	66	*	5	*	52	*	66	*
	2008	74	*	72	*	11	*	63	*	72	*
	2007	70	*	70	*	16	*	53	*	70	*
	2006	52	*	50	*	6	*	40	*	50	*
	2005	45	*	41	*	8	*	34	*	41	*
	2004	5	*	20	*	3	*	19	*	20	*
	2003	22	*	16	*	0	*	15	*	15	*
	2002	0	*	0	*	0	*	0	*	0	*
	2001	26	*	26	*	2	*	20	*	26	*
	2000	0	*	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 22C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Smoking Indicators by Race/Ethnicity**

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
Asian/Pacific Islander	2009	353	5.7	348	0.3	16	*	276	6.2	348	2.0
	2008	318	6.0	305	0.0	14	*	248	8.5	305	6.6
	2007	273	4.4	267	0.4	9	*	207	9.2	267	5.6
	2006	239	6.7	233	0.0	9	*	176	12.5	233	8.6
	2005	227	5.3	223	0.4	11	*	173	12.1	223	9.9
	2004	17	*	181	0.0	13	*	140	12.1	181	6.6
	2003	219	7.3	193	2.6	12	*	150	18.0	190	4.7
	2002	0	*	0	*	0	*	0	*	0	*
	2001	168	6.5	168	2.4	9	*	109	17.4	168	12.5
	2000	0	*	0	*	0	*	0	*	0	*
Multiple Races	2009	76	*	75	*	19	*	61	*	75	*
	2008	34	*	32	*	14	*	29	*	32	*
	2007	52	*	48	*	11	*	37	*	48	*
	2006	58	*	55	*	18	*	48	*	55	*
	2005	28	*	28	*	8	*	19	*	28	*
	2004	1	*	0	*	0	*	2	*	0	*
	2003	0	*	0	*	0	*	0	*	0	*
	2002	0	*	0	*	0	*	0	*	0	*
	2001	0	*	0	*	0	*	0	*	0	*
	2000	0	*	0	*	0	*	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

(3) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 22C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**  
**Summary of Trends in Smoking Indicators by Race/Ethnicity**

Summary of Trends in Smoking Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (3)		Smoking in Household			
		3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
		Number	%	Number	%	Number	%	Number	%	Number	%
All Other/Unknown	2009	0	*	0	*	0	*	0	*	0	*
	2008	0	*	0	*	0	*	0	*	0	*
	2007	1	*	0	*	0	*	1	*	0	*
	2006	3	*	3	*	0	*	1	*	3	*
	2005	28	*	28	*	4	*	22	*	28	*
	2004	45	*	320	2.2	33	*	228	15.8	320	10.3
	2003	564	10.5	497	8.9	23	*	340	14.4	443	8.1
	2002	0	*	0	*	0	*	0	*	0	*
	2001	421	10.0	422	6.4	24	*	268	15.7	399	8.5
	2000	0	*	0	*	0	*	0	*	0	*
Total All Race/Ethnic Groups	2009	12,725	24.6	12,260	2.9	2,594	58.1	11,059	9.2	12,260	2.7
	2008	12,409	25.1	11,901	3.1	2,570	56.1	10,648	13.8	11,901	6.4
	2007	12,066	25.4	11,635	3.4	2,484	53.7	10,287	16.1	11,635	9.1
	2006	11,230	26.6	10,808	3.6	2,408	54.3	9,544	15.9	10,808	9.1
	2005	10,604	27.3	10,141	3.7	2,358	53.7	9,092	16.9	10,141	9.6
	2004	2,803	100.0	9,771	4.5	2,301	51.1	8,701	18.5	9,771	10.9
	2003	14,099	26.0	11,385	15.6	2,255	42.0	11,431	20.8	10,929	11.8
	2002	0	*	0	*	0	*	0	*	0	*
	2001	10,320	27.1	10,346	15.3	2,308	37.9	8,079	24.5	10,271	14.8
	2000	0	*	0	*	0	*	0	*	0	*

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(3) Among women who smoked 3 months prior to pregnancy.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 23C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Infant Health Indicators by Race/Ethnicity**

<b>Summary of Trends in Infant Health Indicators by Race/Ethnicity</b> (2)										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
White, Not Hispanic	2009	3,731	6.1	9.1	3,715	7.4	3,428	3.0	3,742	61.5
	2008	3,677	6.3	8.7	3,653	7.6	3,369	3.0	3,682	58.4
	2007	3,651	6.4	7.8	3,622	7.2	3,360	3.1	3,652	60.3
	2006	3,492	6.5	9.1	3,464	8.0	3,181	2.7	3,499	56.5
	2005	3,385	7.1	9.1	3,255	9.0	2,960	3.1	3,387	56.3
	2004	3,280	6.2	8.8	3,128	7.9	2,878	2.6	3,282	53.3
	2003	3,236	6.2	9.5	3,507	9.1	2,899	2.9	3,574	32.8
	2002	0	*	*	0	*	0	*	0	*
	2001	3,150	6.0	10.2	3,419	8.2	2,845	2.8	3,470	31.5
	2000	0	*	*	0	*	0	*	0	*
Black, Not Hispanic	2009	2,521	9.0	5.2	2,522	7.2	2,333	5.1	2,530	65.1
	2008	2,608	10.4	6.2	2,605	9.4	2,354	5.4	2,614	63.7
	2007	2,505	9.0	5.7	2,492	8.5	2,277	5.1	2,507	60.7
	2006	2,334	9.4	6.0	2,327	8.1	2,134	5.0	2,340	57.4
	2005	2,175	10.9	6.1	2,127	10.5	1,899	4.7	2,180	54.3
	2004	2,218	9.7	5.5	2,118	8.7	1,930	5.4	2,221	53.2
	2003	2,177	9.9	6.0	2,435	10.3	1,931	4.8	2,465	40.2
	2002	0	*	*	0	*	0	*	0	*
	2001	2,103	9.9	6.3	2,365	9.7	1,867	5.2	2,387	35.7
	2000	0	*	*	0	*	0	*	0	*

- (1) Reporting period is January 1 through December 31.
- (2) Excludes data with errors.
- (3) <2500 g.
- (4) >4000 g.
- (5) <37 weeks gestation.
- (6) 37 or more weeks gestation and <2500 g.
- \* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 23C**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Infant Health Indicators by Race/Ethnicity**

Summary of Trends in Infant Health Indicators by Race/Ethnicity (2)										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)						
		Number	%	%	Number	%	Number	%	Number	%
Hispanic	2009	5,467	6.7	7.3	5,444	7.8	5,001	2.9	5,487	75.2
	2008	5,176	6.4	7.7	5,140	7.0	4,775	3.4	5,182	73.1
	2007	5,075	6.3	7.2	5,036	7.3	4,668	3.1	5,077	71.9
	2006	4,613	6.9	6.5	4,589	7.7	4,226	3.2	4,621	71.0
	2005	4,245	6.5	7.5	4,102	7.9	3,773	2.9	4,249	69.5
	2004	3,739	6.4	7.1	3,532	7.0	3,284	3.0	3,740	67.6
	2003	3,776	7.0	7.2	4,080	8.6	3,426	3.8	4,097	48.9
	2002	0	*	*	0	*	0	*	0	*
	2001	3,251	6.2	8.9	3,603	8.9	2,941	3.1	3,634	48.0
	2000	0	*	*	0	*	0	*	0	*
American Indian/Alaska Native	2009	66	*	*	65	*	60	*	66	*
	2008	72	*	*	71	*	67	*	72	*
	2007	70	*	*	70	*	62	*	70	*
	2006	50	*	*	49	*	45	*	50	*
	2005	41	*	*	37	*	34	*	41	*
	2004	20	*	*	19	*	17	*	20	*
	2003	11	*	*	12	*	9	*	12	*
	2002	0	*	*	0	*	0	*	0	*
	2001	22	*	*	26	*	18	*	25	*
	2000	0	*	*	0	*	0	*	0	*

- (1) Reporting period is January 1 through December 31.
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- (3) <2500 g.
- (4) >4000 g.
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**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Infant Health Indicators by Race/Ethnicity**

<b>Summary of Trends in Infant Health Indicators by Race/Ethnicity</b> (2)										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)						
		Number	%	%	Number	%	Number	%	Number	%
Asian/Pacific Islander	2009	346	6.6	6.6	347	6.1	325	3.7	348	77.0
	2008	305	5.2	5.9	301	6.6	281	3.6	305	73.8
	2007	264	8.0	5.3	262	8.8	239	3.8	264	72.0
	2006	232	11.2	4.7	231	7.8	213	7.0	232	73.7
	2005	223	9.0	4.5	211	7.6	195	6.2	223	73.5
	2004	180	10.0	6.1	168	8.9	153	2.6	180	67.8
	2003	170	9.4	0.6	183	7.7	155	3.9	188	47.9
	2002	0	*	*	0	*	0	*	0	*
	2001	140	7.1	5.7	163	9.2	125	2.4	164	42.7
	2000	0	*	*	0	*	0	*	0	*
Multiple Races	2009	75	*	*	75	*	70	*	75	*
	2008	32	*	*	32	*	32	*	32	*
	2007	48	*	*	48	*	47	*	48	*
	2006	55	*	*	55	*	52	*	55	*
	2005	28	*	*	27	*	25	*	28	*
	2004	0	*	*	0	*	0	*	0	*
	2003	0	*	*	0	*	0	*	0	*
	2002	0	*	*	0	*	0	*	0	*
	2001	0	*	*	0	*	0	*	0	*
	2000	0	*	*	0	*	0	*	0	*

- (1) Reporting period is January 1 through December 31.
- (2) Excludes data with errors.
- (3) <2500 g.
- (4) >4000 g.
- (5) <37 weeks gestation.
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**2009 Pregnancy Nutrition Surveillance** (1)  
**Connecticut**

**Summary of Trends in Infant Health Indicators by Race/Ethnicity**

<b>Summary of Trends in Infant Health Indicators by Race/Ethnicity</b> (2)										
Race/Ethnicity and Year		Birthweight			Preterm (5)		Full Term LBW (6)		Ever Breastfed	
		Low (3)		High (4)	Number	%	Number	%	Number	%
		Number	%	%						
All Other/Unknown	2009	0	*	*	0	*	0	*	0	*
	2008	0	*	*	0	*	0	*	0	*
	2007	0	*	*	0	*	0	*	0	*
	2006	3	*	*	3	*	2	*	3	*
	2005	28	*	*	28	*	27	*	28	*
	2004	320	7.5	9.7	320	7.5	296	3.4	320	72.8
	2003	377	5.3	8.2	451	7.1	347	2.6	455	62.0
	2002	0	*	*	0	*	0	*	0	*
	2001	350	7.1	7.4	409	8.1	317	3.2	413	62.2
	2000	0	*	*	0	*	0	*	0	*
Total All Race/Ethnic Groups	2009	12,206	7.0	7.3	12,168	7.5	11,217	3.4	12,248	68.9
	2008	11,870	7.2	7.7	11,802	7.7	10,878	3.7	11,887	66.5
	2007	11,613	6.9	7.0	11,530	7.6	10,653	3.5	11,618	65.7
	2006	10,779	7.4	7.2	10,718	7.9	9,853	3.5	10,800	63.4
	2005	10,125	7.7	7.6	9,787	8.8	8,913	3.5	10,136	61.9
	2004	9,757	7.2	7.4	9,285	7.8	8,558	3.4	9,763	59.7
	2003	9,747	7.4	7.6	10,668	9.0	8,767	3.7	10,791	42.1
	2002	0	*	*	0	*	0	*	0	*
	2001	9,016	7.1	8.6	9,985	8.8	8,113	3.5	10,093	40.0
	2000	0	*	*	0	*	0	*	0	*

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- (2) Excludes data with errors.
- (3) <2500 g.
- (4) >4000 g.
- (5) <37 weeks gestation.
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