### COMMON ASTHMA MEDICATIONS

**Quick Relief Medicine**

<table>
<thead>
<tr>
<th>Medication Name (s)</th>
<th>What The Medication Does</th>
<th>Possible Side Effects</th>
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</thead>
</table>
| **Short Acting Bronchodilators (Inhaled):**  
Ventolin, Proventil (Albuterol)  
Xopenex (Levalbuterol)  
Brethaire (Terbutaline)  
Alupent, Metaprel (Metaproterenol)  
Tornalate (Bitolterol)  
Maxair, Metaprel (Metaproterenol)  
Combivent (Ipratropium & Albuterol)  
**Not to be used alone for quick relief:**  
Atrovent (Ipratropium) | □ Works quickly to open airways to make it easier to breathe.  
□ Relaxes muscles that tighten around the airways.  
□ Helps stop asthma attacks once they have started.  
□ Helps prevent asthma attacks if taken before exercise. | □ Throat Irritation or Hoarseness  
□ Fast Heartbeat  
□ Headache and Dizziness  
□ Nausea, Vomiting and Diarrhea  
□ Feeling Anxious  
□ Hives or Skin Rash  
□ Nervousness or Shaking |
| **Long Acting Bronchodilators (Inhaled):**  
Serevent (Salmeterol)  
Floradil (Formoterol)  
Advair (Fluticasone Proionate & Salmeterol)  
Symbicort (Budesonide & Formoterol)  
**(Swallowed):**  
Theo-Dur, Slo-Bid, Uni-Dur  
(Theophylline) | □ Helps keep asthma under control and reduce chances of having an asthma attack.  
□ Works slower and longer than short acting bronchodilators.  
□ Relaxes breathing airways.  
□ Help prevent nighttime asthma attacks.  
□ Helps prevent asthma attacks caused by exercise.  
□ Increases blood flow to the lungs.  
□ Decreases airway swelling. | □ Throat Irritation or Hoarseness  
□ Fast Heartbeat  
□ Headache and Dizziness  
□ Nausea, Vomiting and Diarrhea  
□ Feeling Anxious  
□ Over activity in children  
□ Nervousness or Irritability  
□ Difficulty sleeping  
□ Seizures (Theophylline) |
| **Anti-Inflammatories; Corticosteroids (Inhaled):**  
Beclovent, Vanceril, Qvar (Beclomethasone)  
Pulmicort (Budesonide)  
Flovent (Fluticasone)  
Azmacort (Triamcinolone)  
**Corticosteroids (Swallowed):**  
Prednisone | □ Decreases swelling in the airways.  
□ Protects airways from irritants and allergens.  
□ Helps prevent nighttime asthma attacks.  
**Rinse mouth after every use of the inhaled Corticosteroid.** | □ Dry mouth, Sore Throat or Hoarseness  
□ Cough  
□ Fungal infection in the mouth (white tongue)  
□ Temporary delayed growth in children. (Prednisone) |
| **Other Anti-Inflammatories (Inhaled):**  
Intal (Cromolyn)  
Tilade (Nedocromil) | □ Helps prevent asthma attacks caused by exercise. | □ Skin rash |
| **Leukotriene Modifiers (Swallowed):**  
Singular (Montelukast Sodium)  
Accolate (Zafirlukast)  
Zyflo (Zileuton) | □ Blocks asthma symptoms to some triggers.  
□ Improves lung function. | □ Headache and Dizziness  
□ Nausea, Vomiting and Diarrhea |