

Ledgelight Health District
860-448-4882 ext 308

Bozrah
Colchester
East Lyme
Franklin
Griswold
Lebanon
Ledyard
Lisbon
Lyme
Montville
New London County
North Stonington
Norwich
Old Lyme
Preston
Salem
Sprague
Stonington
Voluntown

Milford Health Department
203-783-4813 option 1

Bethany
East Haven
Hamden
Meriden
Milford
New Haven
North Branford
North Haven
Orange
West Haven

Naugatuck Valley Health
District
203-881-3255

Ansonia
Barkhamsted
Beacon Falls
Cheshire
Colebrook
Derby
Hartland
Naugatuck
New Hartford
New Milford
Oxford
Prospect
Seymour
Shelton
Southbury
Wolcott
Woodbridge
Woodbury

Northeast Dept of Health
860-744-7350

Andover
Ashford
Bolton
Brooklyn
Canterbury
Chaplin
Columbia
Coventry
Eastford
Ellington
Hampton
Killingly
Mansfield
Plainfield
Pomfret
Putnam
Scotland
Stafford
Sterling
Thompson
Tolland
Union
Vernon
Willington
Windham/Willimantic
Woodstock

Stratford Health Department
203-385-4090

Bethel
Bridgeport
Danbury
Fairfield
Greenwich
Monroe
Stamford
Stratford
Trumbull
Weston
Westport



State of Connecticut

Dept of Public Health
410 Capitol Ave
MS #11HLS

Phone: 80-509-8251
Fax: 860-509-7854
E-mail: salina.hargrove@ct.gov

**PUTTING
ON A.I.R.S.**
**Asthma
Indoor Risk
Strategies**



**MANAGE
ASTHMA**



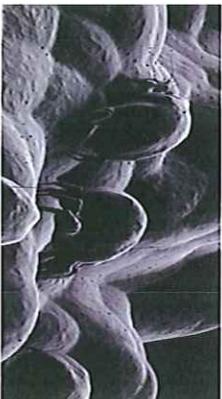
CONNECTICUT DEPARTMENT OF PUBLIC HEALTH
WWW.DPH.CT.GOV / 860-509-7751

What is *A.I.R.S.*?

The **Putting on A.I.R.S. Program** (AIRS) is a collaborative effort between local health departments/districts and the CT Department of Public Health.

The AIRS Program provides an **FREE** environmental home assessment to families to identify and decrease exposure to environmental asthma triggers in the home.

Home visits conducted by a registered nurse, health educator and or sanitarian. The health educator or sanitarian will identify "triggers" within residential settings such as animal allergens, house-dust mites, cockroaches, indoor fungi and smoke. This will benefit in-



dividuals that exhibit asthma symptoms when exposed to triggers.

The registered nurse and or health educator will provide individualized asthma education. Training on medication management, medication use and follow-up care.

The AIRS Program is the first of its kind in the state that provides comprehensive medical and environmental management of asthma.



PARTICIPATING TOWNS

Andover	Derby	Mansfield
Ansonia	East Granby	Meriden
Ashford	East Haven	Milford
Avon	East Lyme	Monroe
Barkhamsted	East Windsor	Montville
Beacon Falls	Eastford	Naugatuck
Berlin	Ellington	New Britain
Bethany	Enfield	New Hartford
Bethel	Fairfield	New Haven
Bolton	Farmington	New London
Bozrah	Franklin	New Milford
Bridgeport	Granby	Newington
Brooklyn	Greenwich	North Branford
Canterbury	Griswold	North Haven
Canton	Hamden	North Stonington
Chaplin	Hampton	Norwich
Cheshire	Hartford	Old Lyme
Colbrook	Hartford	Orange
Colchester	Hartland	Oxford
Colebrook	Killingly	Plainfield
Columbia	Lebanon	Plainville
Coventry	Ledyard	Pomfret
Danbury	Lisbon	Preston
	Lyme	Prospect

Putnam	Trumbull
Rocky Hill	Union
Salem	Vernon
Scotland	Voluntown
Seymour	West Haven
Shelton	Weston
Simsbury	Westport
South Windsor	Wethersfield
Southbury	Willington
Sprague	Windham
Stafford	Williamantic
Stamford	Windsor
Sterling	Windsor Locks
Stonington	Wolcott
Stratford	Woodbridge
Suffield	Woodbury
Thompson	Woodstock
Tolland	

The AIRS Program is offered in several regions throughout the state on an annual basis. The following health departments provide Putting on A.I.R.S. assessments:

Central CT Health District
860-665-8571

Avon	Newington
Berlin	Plainville
Canton	Rocky Hill
East Granby	Simsbury
East Windsor	South Windsor
Enfield	Suffield
Farmington	Wethersfield
Granby	Windsor
Hartford	Windsor Locks
New Britain	