

Managing Asthma in the Child Care Setting

As with any medical occurrence, be sure to document everything in the child's file.

If a child exhibits signs of an asthma attack, such as:

- Frequent cough
- Mild wheeze
- Tight chest
- Unexplained irritability if too young to talk



Then:

1. Stop current activity, sit child down and keep child calm.
2. Follow the child's Asthma Action Plan and administer medications as prescribed OR Call 911 and contact parents

If there is no improvement 15-20 minutes after initial treatment with medication OR any of these signs are present:

- Breathing hard and fast
- Nostrils flared
- Ribs show
- Can't talk well
- Lips or fingernails turn blue



Then:

3. Call 911
Follow emergency instructions on Asthma Action Plan
Contact parents

