

2013-2014 Program Report Card: Metropolitan Learning Center School Based Health Center (6-12)

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

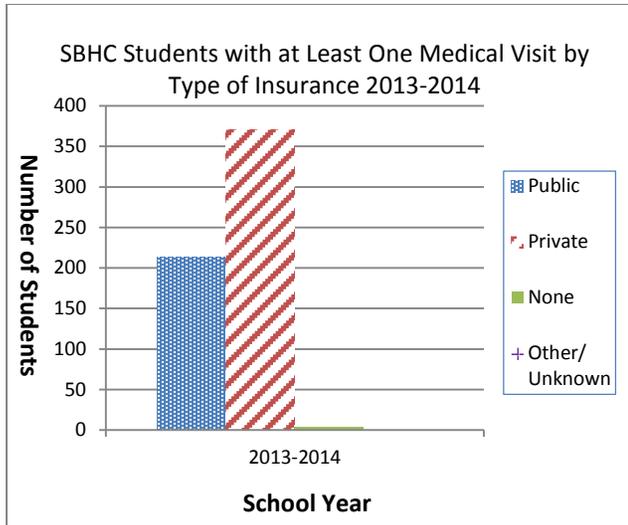
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 14	\$77,260	\$0	\$0	\$0	31,300	\$108,560
Estimated SFY 15	\$77,260	\$0	\$0	\$0	44,166	\$121,426

Partners: Parents, Students, CASBHC, DPH, DSS, DMHAS, The CT Chapter of the AAP, School Based Health Alliance, KIDS' FAN Program, Board of Education, Local Mental Health Agency, School Administrators and Faculty.

How Much Did We Do?

Access and Utilization



Story behind the baseline: The total school population in 2013-2014 was 729. The number of students enrolled in the SBHC was 587 or 80.5% of students. Marketing efforts in the 2013-2014 school year included letters and flyers with information about the SBHC was sent home with every student. SBHC Staff also presented information about the SBHC to parents of all incoming students and at open houses for parents and PTO meetings. The SBHC staff has a

great reputation for quality care, which helped to make the program successful.

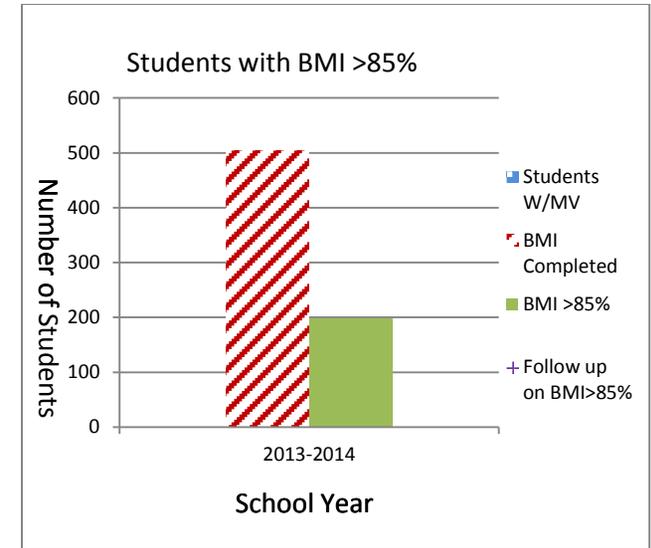
The number of students in the SBHC with at least 1 medical visit was 364 (62%). The majority of medical visits were made 229 (63%) students who were privately insured, followed by 131 (36%) publicly insured, and 3 (0.6%) uninsured. These 364 students made a total of 561 medical visits.

The number of students who utilized the center for mental health visits has increased over the past three years. A total of 531 mental health visits were made by 49 students enrolled in the SBHC (12%).

Trend: [◀ ▶]

How Well Did We Do?

Reduce Obesity in SBHC Users.



Story behind the baseline: Body Mass Index (BMI) has not been collected for every student at the health center for every medical visit. BMIs have been obtained for regular screening for every child in grades 6-10 yearly. For grades 6-10 in 2013-2014, there were a total of 513 screenings. Of those, 197 students (27%) had a BMI > 85% percentile and 107 students (20%) had a BMI > 95th percentile in 2013-2014. A portion of students were followed by the SBHC and participated in individual or group

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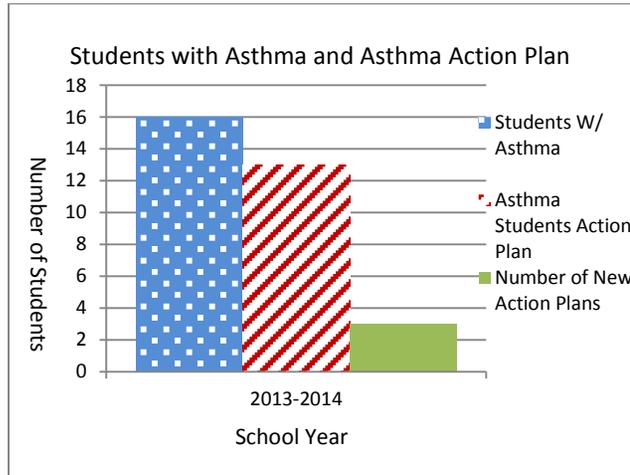
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counseling services. Standardized letters were sent home with every student including individual results of BMI screening. Health programs were implemented focusing on nutrition and exercise. New sports programs, such as after school organized sports, were put into place and the cafeteria started serving only healthy options.

Trend: [◀▶]

Is Anyone Better Off?

Students with Asthma



Story behind the baseline:

Sixteen (16) students in the 2013-2014 school year that were enrolled in the SBHC had a diagnosis of asthma and came in for at least one medical visit. Of those students, 13 (81%) had an Asthma Action Plan in place. Of the 3 students that had a medical health visit and did not have an Asthma Action Plan in place, 3 (100%) were put into place by the APRN.

An asthma education group was provided to 12 students during the year to increase health literacy and the importance of preventative asthma care.

Trend: [◀▶]

Proposed Actions to Turn the Curve:

Access and Utilization:

- 1) SBHC staff will conduct additional orientations to all students and will attend the first Parent Night meeting to share information about the SBHC with parents/guardians. SBHC staff will also visit every classroom to talk about the SBHC and distribute a survey regarding knowledge of and quality of the SBHC services and staff. SBHC information will also be included on the school website, in the school newsletter; and through the school message blast system that reaches the households of students attending the school.

Obesity Reduction:

- 2) The APRN will offer a weight management group to students identified as at-risk for obesity and overweight. This group will discuss healthy eating, exercise, and community programs for weight loss and healthy living.

Asthma Exacerbation Reduction:

- 3) SBHC staff will examine the total number of students within the school with a diagnosis of asthma and assess whether an Asthma Action Plan is in place. Asthma groups will continue to inform patients of the importance of maintenance asthma care. Every effort will be made to enroll those students diagnosed with asthma in the SBHC for routine follow up care.

Data Development Agenda:

1. Work with Electronic Health Record Vendor:
 - To implement an EHR in the SBHC
 - To align EHR generated reports to meet DPH requirements

- To streamline the process of exporting our data from EHR to DPH
2. Develop evaluation tools to measure the success of the education groups that are offered to students.
 3. Develop survey tool to evaluate care and assess needs of the students and parents.
 4. Implement new protocol for all visits to have height and weight checked for current BMI data. Those that overweight will be offered an opportunity to join in a weight loss group.