

Local Health Talking Points
4/29/09

- The DPH has announced 3 probable cases in Connecticut
- The three cases are two adults and one child. All are recovering. None of the cases were hospitalized.
- All cases have reported recent travel to Mexico
- The DPH Laboratory has determined that the samples received are influenza A, non-subtypeable which means they are not regular seasonal influenza
- The samples are being sent to the CDC for confirmation testing
- As we increase surveillance, it is likely that more cases will be identified
- We are working closely with state and local officials to determine the best course of action
- The CDC has confirmed 91 cases of swine flu in the U.S
- There has been one confirmed death in the U.S.
- The DPH has increased surveillance in hospitals statewide and are asking physicians to submit suspect flu samples to the DPH Laboratory
- People who are experiencing flu-like symptoms which they are concerned about should call their health care provider to determine whether they should be tested for influenza
- Influenza symptoms include fever, body aches, runny nose, sore throat, nausea, or vomiting or diarrhea
- The best way to prevent the spread of the flu and protect yourself and others is to:
 - Stay home from work or school if you are sick
 - If you are sick, avoid others so that you don't make them sick. Try to stay away from people who are sick.
 - Cough or sneeze into your sleeve or tissue. Throw the tissue in the garbage after you have used it.
 - Wash your hands often with soap and water, especially after coughing or sneezing.