



CT Pre-exposure Prophylaxis (PrEP)

Local Medical Services

HIV PREVENTION PROGRAM • May 2017

If you believe you were exposed to HIV in the past 72 hours (3 days), go immediately to an emergency room or urgent care clinic and ask for HIV Post-Exposure Prophylaxis (PEP)

What is Pre-exposure Prophylaxis (PrEP)?

“PrEP” stands for **Pre-Exposure Prophylaxis**. The word “prophylaxis” means to prevent or control the spread of an infection or disease. Pre-exposure prophylaxis is the use of antiretroviral (ARV) medication by HIV-negative individuals at high risk of HIV infection to reduce their risk.

As of December, 2016 the single FDA-approved option for PrEP is once-daily dosing of a medicine called [Truvada®](#) (emtricitabine/tenofovir). Truvada was approved for use as PrEP in 2012 but has been used successfully as a component of HIV treatment since 2005. When a negative person is exposed to HIV through sex or injection drug use, these medicines can work to keep the virus from establishing a permanent infection – keeping the individual HIV-negative. PrEP is currently recommended for certain sexually active gay, bisexual and other men who have sex with men (MSM), heterosexually active men and women, and intravenous drug users (IDU). The Centers for Disease Control and Prevention (CDC) estimates that [1 in 4 MSM and 1 in 5 IDU might be good candidates for PrEP](#). More information on PrEP is available on the CDC [website](#).

Why take PrEP?

With 50,000 new HIV infections each year in the United States, and no cure or vaccine available, prevention is key. PrEP has been shown to be highly effective and when taken every day may reduce a person’s risk of getting HIV by more than 90%. PrEP can be used in combination with condoms and other risk-reduction methods for even greater protection. Most people experience few if any side effects when taking PrEP.

How do I get PrEP?

PrEP is only available by prescription. If you are interested in PrEP and do not have somewhere you regularly receive medical care or have had difficulty discussing PrEP with your doctor or nurse practitioner, please refer to the following list. These facilities all have at least one provider

Connecticut Department of Public Health
410 Capitol Avenue, Hartford, CT 06134
www.ct.gov/dph

experienced with PrEP and offer respectful medical care to populations including MSM, IDU, and LGBT individuals. Some providers have indicated they have weekend and evening hours.

How do I pay for PrEP?

- **Uninsured:** You may qualify for free or low-cost health insurance. View your options at www.accesshealthct.com
- **Insured:** The maker of Truvada offers up to \$3600/year of medication co-pay assistance, regardless of financial need (no application required, just enter your information): www.gileadcopay.com
- **Not eligible for insurance:** Choose a federally qualified health center (FQHC) – these clinics will see undocumented and other patients ineligible for insurance on a sliding-scale fee basis. The maker of Truvada can provide PrEP medication free of cost (application required, needs doctor’s signature): www.gileadadvancingaccess.com/get-started-advancing-access

All major health insurance companies and state-provided insurance in CT will cover PrEP medication and the necessary medical care. Depending on your plan, you may be responsible for co-pays, co-insurance, and/or deductibles. A number of resources are available to help with these costs and can reduce or even eliminate what you pay out of pocket. Project Inform has an excellent flow-chart that explains your options for affording PrEP: http://www.projectinform.org/pdf/PrEP_Flow_Chart.pdf

Many of the medical providers listed on the following page will be able to offer assistance in signing up for health insurance and applying for payment assistance programs. If a site convenient to you cannot offer you such assistance, or you have other questions about whether PrEP may be right for you, please contact Daniel Davidson at the CT Department of Public Health @ 860-509-7754 or Daniel.davidson@ct.gov

More Information:

- **CDC Website:** <http://www.cdc.gov/hiv/basics/prep.html>
- **Project Inform PrEP information and educational materials:** www.projectinform.org
- **PrEPFacts consumer PrEP info:** <http://men.prepfacts.org/the-basics/>
- **Gilead Website:** <https://start.truvada.com/>
- **How PrEP Works Video:** <http://www.whatisprep.org/>
- **AIDS Project New Haven PrEP site:** <http://prepnav.org/>
- **DPH PrEP Provider List (This document, in case you’re looking at a printed copy):**
http://www.ct.gov/dph/lib/dph/aids_and_chronic/prevention/pdf/prep_services.pdf

PrEP Program	Address	Telephone	Program Contact	Program Email	Additional Information
Community Health Center, Inc.	5 North Main Street Enfield, CT 06082	860-347-6971 X4038	Idiana Velez HIV Education Coordinator	velezi@chc1.com	Primary care available on site
Community Health & Wellness Center	469 Migeon Avenue, Torrington, CT 06790	860-489-0931	Provider: Paul Anthony, MD		Primary care available on site Open Weekdays 7:30am- 6:00 pm
City of Hartford	131 Coventry Street Hartford, CT 06112	860-757-4846	Carol Steinke	Steic001@hartford.gov	
CCMC/UCONN Pediatric, Youth + Family HIV Program	CT Children's Medical Center 282 Washington St., 2L Hartford, CT 06106	860-545-9490, option 3	Gail Karas, RN	Gkaras@connecticutchildrens.org	Youth 14 and up
University of Connecticut Health Center	263 Farmington Avenue, Farmington, CT 06032	860-679-4225	Juliana Mantey, RN	mantey@uchc.edu	
Community Health Services	500 Albany Avenue Hartford, CT 06120	860-808-8749	Nitza Agosto HIV/EIS Program Manager and Juan Hernandez	Nitza.agosto@chshartford.org Juan.Hernandez@chshartford.org	Primary care available on site

The Waterbury Hospital	140 Grandview Avenue, Suite L-01 Waterbury, CT 06708	203-574-4187	Dr. Steve Aronin	saronin@wtbyhosp.org	
Community Health Center, Inc.	51 North Elm Street Waterbury, CT 06702	860-347-6971 X4038	Idiana Velez HIV Education Coordinator	velezi@chc1.com	Primary care available on site
Community Health Center, Inc.	675 Main Street Middletown, CT 06457	860-347-6971 X4038	Idiana Velez HIV Education Coordinator	velezi@chc1.com	Primary care available on site Open until 7pm M-Th, Open Saturday
STD/Infectious Disease Clinic of Norwich	107 Lafayette St. Norwich, CT 06360	860-823-6545	Ann Hartman, RN, BSN Provider: Clifford Stirba, MD	Ann.hartman@hhchealth.org	
Community Health Center, Inc.	1 Shaws Cove New London, CT 06320	860-347-6971 X4038	Idiana Velez HIV Education Coordinator	velezi@chc1.com	Primary care available on site
Community Health Center, Inc.	114 East Main Street Clinton, CT 06413	860-347-6971 X4038	Idiana Velez HIV Education Coordinator	velezi@chc1.com	Primary care available on site
Dr. A.C. Demidont, LLC	54 Meadow St., 1st Floor New Haven, CT 06519	203-903-8308	A.C. Demidont, DO AAHIVS	www.facebook.com/DrDemidont/	Tuesday, Wed 9-5; Thrs 12-7

Yale New Haven Hospital (YNHH)-PrEP Services	20 York Street, CB84 New Haven, CT 06510	203-688-3184	Kelly Moore	Kelly.Moore@ynhh.org	
Nathan Smith Clinic-YNHH PrEP Services	15 York Street, New Haven, CT 06510	203-688-3184 203-688-5303	Kelly Moore Provider: Dr. Onyema Ogbuagu	Kelly.Moore@ynhh.org Onyema.ogbuagu@yale.edu	
Haelen Infectious Disease/YNHH PrEP Services	1450 Chapel Street New Haven, CT 06511	203-688-3184 203-789-4135	Kelly Moore Provider: Dr. Michael Virata	Kelly.Moore@ynhh.org Michael.virata@ynhh.org	
Fair Haven Community Health Center (FHCHC)	374 Grand Avenue New Haven, CT 06513	203-777-7411 x5264 203-752-5125	Provider: Dr. Krystn Wagner	k.wagner@fhchc.org	Primary care available on site
Cornell Scott Hill Health Corp	428 Columbus Avenue New Haven, CT 06519	203-503-3550	Delores Greenlee And Kathyleen Pitner	dgreenlee@cornellscott.org , kpitner@cornellscott.org	Open until 8pm M-F, 8:30a-12:30p Saturday
Yale University AIDS Program-Community Health Care Van	270 Congress Avenue New Haven, CT 06519	203-996-0161	Rodolfo Lopez Provider: Sharon Joslin, APRN	Sharon.joslin@yale.edu	

Community Health Center, Inc.	8 Delay Street Danbury, CT 06810	860-347-6971 X4038	Idiana Velez HIV Education Coordinator	velezi@chc1.com	Primary care available on site
Southwest Community Health Clinic (SCHC)	46 Albion Street Bridgeport, CT 06605	203-332-3518	Willy Quesada Provider: Gary Spinner, PA	wquesada@swchc.org	Primary care available on site
Southwest Community Health Clinic (SCHC)	968 Fairfield Avenue Bridgeport, CT 06605	203-332-3518	Willy Quesada Deanne Walsh, APRN	wquesada@swchc.org	Primary care available on site
Optimus Health Care, Inc.-PrEP Services	471 Barnum Ave Bridgeport, CT 06608	203-696-3260 X3435	Raphael Muniz RW Programs Administrator/ Coordinator	rmuniz@opthc.org	
Circle Care Center, World Health Clinicians, Inc	618 West Avenue, Norwalk, CT 06850	203-852-9525 Ext. 309	Trish Garton	TGarton@whcccc.org	Primary care available on site
Community Health Center, Inc.	49 Day Street Norwalk, CT 06854	860-347-6971 X4038	Idiana Velez HIV Education Coordinator	velezi@chc1.com	Primary care available on site

<p>Stamford Infectious Diseases</p>	<p>166 W Broad St Suite 202, Stamford, CT 06902</p>	<p>203-353-1427</p>	<p>Lori Conklin Providers: Lynda S. Streett, M.D. Ashah Shah, M.D.</p>	<p>LStreett@stamhealth.org AShah1@shipmds.org</p>	
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For more information or if you have questions about PrEP please contact Daniel Davidson at 860-509-7754 or daniel.davidson@ct.gov. For information about other high impact prevention programs please contact Marianne Buchelli, Health Program Supervisor at 860-509-8053 or marianne.buchelli@ct.gov.