



# CT Pre-exposure Prophylaxis (PrEP)

## Local Medical Services

HIV PREVENTION PROGRAM • September 2017

**If you believe you were exposed to HIV in the past 72 hours (3 days), go immediately to an emergency room or urgent care clinic and ask for HIV Post-Exposure Prophylaxis (PEP)**

### What is Pre-exposure Prophylaxis (PrEP)?

“PrEP” stands for **Pre-Exposure Prophylaxis**. The word “prophylaxis” means to prevent or control the spread of an infection or disease. Pre-exposure prophylaxis is the use of antiretroviral (ARV) medication by HIV-negative individuals at high risk of HIV infection to reduce their risk.

As of December, 2016 the single FDA-approved option for PrEP is once-daily dosing of a medicine called [Truvada®](#) (emtricitabine/tenofovir). Truvada was approved for use as PrEP in 2012 but has been used successfully as a component of HIV treatment since 2005. When a negative person is exposed to HIV through sex or injection drug use, these medicines can work to keep the virus from establishing a permanent infection – keeping the individual HIV-negative. PrEP is currently recommended for certain sexually active gay, bisexual and other men who have sex with men (MSM), heterosexually active men and women, and intravenous drug users (IDU). The Centers for Disease Control and Prevention (CDC) estimates that [1 in 4 MSM and 1 in 5 IDU might be good candidates for PrEP](#). More information on PrEP is available on the CDC [website](#).

### Why take PrEP?

With 50,000 new HIV infections each year in the United States, and no cure or vaccine available, prevention is key. PrEP has been shown to be highly effective and when taken every day may reduce a person’s risk of getting HIV by more than 90%. PrEP can be used in combination with condoms and other risk-reduction methods for even greater protection. Most people experience few if any side effects when taking PrEP.

### How do I get PrEP?

PrEP is only available by prescription. If you are interested in PrEP and do not have somewhere you regularly receive medical care or have had difficulty discussing PrEP with your doctor or nurse practitioner, please refer to the following list. These facilities all have at least one provider

Connecticut Department of Public Health  
410 Capitol Avenue, Hartford, CT 06134  
[www.ct.gov/dph](http://www.ct.gov/dph)

experienced with PrEP and offer respectful medical care to populations including MSM, IDU, and LGBT individuals. Some providers have indicated they have weekend and evening hours.

### How do I pay for PrEP?

- **Uninsured:** You may qualify for free or low-cost health insurance. View your options at [www.accesshealthct.com](http://www.accesshealthct.com)
- **Insured:** The maker of Truvada offers up to \$3600/year of medication co-pay assistance, regardless of financial need (no application required, just enter your information): [www.gileadcopay.com](http://www.gileadcopay.com)
- **Not eligible for insurance:** Choose a federally qualified health center (FQHC) – these clinics will see undocumented and other patients ineligible for insurance on a sliding-scale fee basis. The maker of Truvada can provide PrEP medication free of cost (application required, needs doctor’s signature): [www.gileadadvancingaccess.com/get-started-advancing-access](http://www.gileadadvancingaccess.com/get-started-advancing-access)

All major health insurance companies and state-provided insurance in CT will cover PrEP medication and the necessary medical care. Depending on your plan, you may be responsible for co-pays, co-insurance, and/or deductibles. A number of resources are available to help with these costs and can reduce or even eliminate what you pay out of pocket. Project Inform has an excellent flow-chart that explains your options for affording PrEP: [http://www.projectinform.org/pdf/PrEP\\_Flow\\_Chart.pdf](http://www.projectinform.org/pdf/PrEP_Flow_Chart.pdf)

Many of the medical providers listed on the following page will be able to offer assistance in signing up for health insurance and applying for payment assistance programs. If a site convenient to you cannot offer you such assistance, or you have other questions about whether PrEP may be right for you, please contact Daniel Davidson at the CT Department of Public Health @ 860-509-7754 or [Daniel.davidson@ct.gov](mailto:Daniel.davidson@ct.gov)

### More Information:

- **CDC Website:** <http://www.cdc.gov/hiv/basics/prep.html>
- **Project Inform PrEP information and educational materials:** [www.projectinform.org](http://www.projectinform.org)
- **PrEPFacts consumer PrEP info:** <http://men.prepfacts.org/the-basics/>
- **Gilead Website:** <https://start.truvada.com/>
- **How PrEP Works Video:** <http://www.whatisprep.org/>
- **AIDS Project New Haven PrEP site:** <http://prepnav.org/>
- **DPH PrEP Provider List (This document, in case you’re looking at a printed copy):**  
[http://www.ct.gov/dph/lib/dph/aids\\_and\\_chronic/prevention/pdf/prep\\_services.pdf](http://www.ct.gov/dph/lib/dph/aids_and_chronic/prevention/pdf/prep_services.pdf)

PrEP Program	Address	Telephone	Program Contact	Program Email	Additional Information
Community Health Center, Inc.	5 North Main Street Enfield, CT 06082	860-347-6971 X3918	Idiana Velez* HIV Education Coordinator	<a href="mailto:Velez*i@chc1.com">Velez*i@chc1.com</a>	Primary care available on site
Planned Parenthood of Southern New England (PPSNE)	111 Hazard Avenue, Enfield, CT 06082	860-741-2197	Abigail Caldwell, APRN and Jennifer Bouley, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	WWW.PPSNE.ORG OR ZIPPER® in APP Store lists all services, locations & appointments
Community Health & Wellness Center	469 Migeon Avenue, Torrington, CT 06790	860-489-0931	Provider: Paul Anthony, MD		Primary care available on site Open Weekdays 7:30am- 6:00 pm
Planned Parenthood of Southern New England (PPSNE)	249 Winsted Road, Torrington, CT 06790	860-489-5500	Abigail Caldwell, APRN and Tammy Hreha, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	WWW.PPSNE.ORG OR ZIPPER® in APP Store lists all services, locations & appointments
University of Connecticut Health Center	263 Farmington Avenue, Farmington, CT 06032	860-679-4225	Juliana Mantey, RN	<a href="mailto:mantey@uchc.edu">mantey@uchc.edu</a>	
City of Hartford	131 Coventry Street Hartford, CT 06112	860-757-4846	Carol Steinke	<a href="mailto:Steic001@hartford.gov">Steic001@hartford.gov</a>	
CCMC/UCONN Pediatric, Youth	CT Children's Medical Center	860-545-9490, option 3	Gail Karas, RN	<a href="mailto:Gkaras@connecticutchildrens.org">Gkaras@connecticutchildrens.org</a>	Youth 14 and up

+ Family HIV Program	282 Washington St., 2L Hartford, CT 06106				
Community Health Services	500 Albany Avenue Hartford, CT 06120	860-808-8749	Nitza Agosto HIV/EIS Program Manager and Juan Hernandez	<a href="mailto:Nitza.agosto@chshartford.org">Nitza.agosto@chshartford.org</a>  <a href="mailto:Juan.Hernandez@chshartford.org">Juan.Hernandez@chshartford.org</a>	Primary care available on site
Planned Parenthood of Southern New England (PPSNE)	1229 Albany Avenue, Hartford, CT 06112	860-728-0203	Abigail Caldwell, APRN and Stephanie Blanchard, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Planned Parenthood of Southern New England (PPSNE)	1030 New Britain Avenue, West Hartford, CT 06110	860-953-6201	Abigail Caldwell, APRN and Jane Yousman, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
First Choice Health Center	94 Connecticut Blvd. East Hartford, CT 06108	860-528-1359	Haimavathi Bhat, DO		Primary care available Saturday Hours: 8am-1:30pm <a href="http://www.ehchc.org">www.ehchc.org</a>
Planned Parenthood of Southern New England (PPSNE)	319 Main Street, Manchester, CT 06040	860-643-1607	Abigail Caldwell, APRN and Caitlin Murphy, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments

Planned Parenthood of Southern New England (PPSNE)	1548 West Main Street, Willimantic, CT 06226	860-423-8426	Abigail Caldwell, APRN and Beth Murana, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Planned Parenthood of Southern New England (PPSNE)	87 Westcott Road, Danielson, CT 06239	860-774-0533	Abigail Caldwell, APRN and Jessica Johnson, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
The Waterbury Hospital	140 Grandview Avenue, Suite L-01 Waterbury, CT 06708	203-574-4187	Dr. Steve Aronin	<a href="mailto:saronin@wtbyhosp.org">saronin@wtbyhosp.org</a>	
Community Health Center, Inc.	51 North Elm Street Waterbury, CT 06702	860-347-6971 X3918	Idiana Velez* HIV Education Coordinator	<a href="mailto:Velez*i@chc1.com">Velez*i@chc1.com</a>	Primary care available on site
Planned Parenthood of Southern New England (PPSNE)	969 West Main Street, Waterbury, CT 06708	203-753-2119	Abigail Caldwell, APRN and Antonietta Schaalman, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Community Health Center, Inc.	675 Main Street Middletown, CT 06457	860-347-6971 X3918	Idiana Velez* HIV Education Coordinator	<a href="mailto:Velez*i@chc1.com">Velez*i@chc1.com</a>	Primary care available on site Open until 7pm M-Th, Open Saturday
Planned Parenthood of	26 Woman's Way, Meriden, CT 06451	203-238-0542	Abigail Caldwell, APRN and	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services,

Southern New England (PPSNE)			Samantha Dobson, Health Center Manager		locations & appointments
Planned Parenthood of Southern New England (PPSNE)	100 Grand Street, New Britain, CT 06052	203-238-8097	Abigail Caldwell, APRN and Samantha Dobson, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
STD/Infectious Disease Clinic of Norwich	107 Lafayette St. Norwich, CT 06360	860-823-6545	Ann Hartman, RN, BSN Provider: Clifford Stirba, MD	<a href="mailto:Ann.hartman@hhchealth.org">Ann.hartman@hhchealth.org</a>	
Planned Parenthood of Southern New England (PPSNE)	12 Case Street, Norwich, CT 06360	860-889-5211	Abigail Caldwell, APRN and Janeen Ortiz, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Community Health Center, Inc.	1 Shaws Cove New London, CT 06320	860-347-6971 X3918	Idiana Velez* HIV Education Coordinator	<a href="mailto:Velez*i@chc1.com">Velez*i@chc1.com</a>	Primary care available on site
Planned Parenthood of Southern New England (PPSNE)	45 Franklin Street, New London, CT 06320	860-443-5820	Abigail Caldwell, APRN	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Planned Parenthood of	263 Main Street, Old Saybrook, CT 06475	860-388-4459	Abigail Caldwell, APRN and Jasmin	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services,

Southern New England (PPSNE)			Osorio, Health Center Manager		locations & appointments
Community Health Center, Inc.	114 East Main Street Clinton, CT 06413	860-347-6971 X3918	Idiana Velez* HIV Education Coordinator	<a href="mailto:Velez*i@chc1.com">Velez*i@chc1.com</a>	Primary care available on site
Dr. A.C. Demidont, LLC	54 Meadow St., 1st Floor New Haven, CT 06519	203-903-8308	A.C. Demidont, DO AAHIVS	<a href="http://www.facebook.com/DrDemidont/">www.facebook.com/DrDemidont/</a>	Tuesday, Wed 9-5; Thrs 12-7
Yale New Haven Hospital (YNHH)- PrEP Services	20 York Street, CB84 New Haven, CT 06510	203-688-3184	Kelly Moore*	<a href="mailto:Kelly.Moore@ynhh.org">Kelly.Moore@ynhh.org</a>	
Planned Parenthood of Southern New England (PPSNE)	345 Whitney Avenue, New Haven 06511	203-503-0450	Abigail Caldwell, APRN and Lauren Pereira, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Nathan Smith Clinic-YNHH PrEP Services	15 York Street, New Haven, CT 06510	203-688-3184 203-688-5303	Kelly Moore Provider: Dr. Onyema Ogbuagu	<a href="mailto:Kelly.Moore@ynhh.org">Kelly.Moore@ynhh.org</a> <a href="mailto:Onyema.ogbuagu@yale.edu">Onyema.ogbuagu@yale.edu</a>	
Haelen Infectious Disease/YNHH PrEP Services	1450 Chapel Street New Haven, CT 06511	203-688-3184 203-789-4135	Kelly Moore  Provider: Dr. Michael Virata	<a href="mailto:Kelly.Moore@ynhh.org">Kelly.Moore@ynhh.org</a> <a href="mailto:Michael.virata@ynhh.org">Michael.virata@ynhh.org</a>	



Fair Haven Community Health Center (FHCHC)	374 Grand Avenue New Haven, CT 06513	203-777-7411 x5264 203-752-5125	Provider: Dr. Krystn Wagner	<a href="mailto:k.wagner@fhchc.org">k.wagner@fhchc.org</a>	Primary care available on site
Cornell Scott Hill Health Corp	428 Columbus Avenue New Haven, CT 06519	203-503-3550	Delores Greenlee And Kathyleen Pitner	<a href="mailto:dgreenlee@cornellscott.org">dgreenlee@cornellscott.org</a> ,  <a href="mailto:kpitner@cornellscott.org">kpitner@cornellscott.org</a>	Open until 8pm M-F, 8:30a-12:30p Saturday
Yale University AIDS Program-Community Health Care Van	270 Congress Avenue New Haven, CT 06519	203-996-0161	Rodolfo Lopez Provider: Sharon Joslin, APRN	<a href="mailto:Sharon.joslin@yale.edu">Sharon.joslin@yale.edu</a>	
Community Health Center, Inc.	8 Delay Street Danbury, CT 06810	860-347-6971 X3918	Idiana Velez* HIV Education Coordinator	<a href="mailto:Velez*i@chc1.com">Velez*i@chc1.com</a>	Primary care available on site
Planned Parenthood of Southern New England (PPSNE)	44 Main Street, Danbury, CT 06810	203-743-2446	Abigail Caldwell, APRN and Billy Gramajo, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Planned Parenthood of Southern New England (PPSNE)	211 State Street, Bridgeport, CT 06604	203-366-0664	Abigail Caldwell, APRN and Isonia Cole, Health Center Manager	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments



Southwest Community Health Clinic (SCHC)	46 Albion Street Bridgeport, CT 06605	203-332-3518	Willy Quesada* Provider: Gary Spinner, PA	<a href="mailto:wquesada@swchc.org">wquesada@swchc.org</a>	Primary care available on site
Southwest Community Health Clinic (SCHC)	968 Fairfield Avenue Bridgeport, CT 06605	203-332-3518	Willy Quesada* Deanne Walsh, APRN	<a href="mailto:wquesada@swchc.org">wquesada@swchc.org</a>	Primary care available on site
Optimus Health Care, Inc.-PrEP Services	471 Barnum Ave Bridgeport, CT 06608	203-696-3260 X3435	Raphael Muniz RW Programs Administrator/ Coordinator	<a href="mailto:rmuniz@opthc.org">rmuniz@opthc.org</a>	
Circle Care Center, World Health Clinicians, Inc	618 West Avenue, Norwalk, CT 06850	203-852-9525 Ext. 309	Trish Garton	<a href="mailto:TGarton@whcccc.org">TGarton@whcccc.org</a>	Primary care available on site
Community Health Center, Inc.	49 Day Street Norwalk, CT 06854	860-347-6971 X3918	Idiana Velez* HIV Education Coordinator	<a href="mailto:Velez*i@chc1.com">Velez*i@chc1.com</a>	Primary care available on site
Stamford Infectious Diseases	166 W Broad St Suite 202, Stamford, CT 06902	203-353-1427	Lori Conklin Providers: Lynda S. Streett, M.D. Ashah Shah, M.D.	<a href="mailto:LStreett@stamhealth.org">LStreett@stamhealth.org</a> <a href="mailto:AShah1@shipmds.org">AShah1@shipmds.org</a>	

<p>Planned Parenthood of Southern New England (PPSNE)</p>	<p>35 Sixth Street, Stamford, CT 06905</p>	<p>203-327-2722</p>	<p>Abigail Caldwell, APRN and Doris Walden, Health Center Manager</p>	<p><a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a></p>	<p><a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations &amp; appointments</p>
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For more information or if you have questions about PrEP or other high impact prevention programs please contact Marianne Buchelli, Health Program Supervisor at 860-509-8053 or [marianne.buchelli@ct.gov](mailto:marianne.buchelli@ct.gov).