

**CONNECTICUT DEPARTMENT OF PUBLIC HEALTH  
HEALTH CARE AND SUPPORT SERVICES**

**MEDICAL NUTRITION THERAPY PROGRAMS**

**1. AIDS CONNECTICUT, INC.**

**Connections Wellness Center**

1229 Albany Ave. 3<sup>rd</sup> floor

Hartford, CT 06112

Telephone #: 860-547-1771

Referral process: Call for an appointment

**Nutritionist:** Linda Balsome

**2. AIDS PROJECT NEW HAVEN, INC.**

1302 Chapel Street

New Haven, CT 06511

Telephone #: 203-624-0947

Referral process: Call for an appointment

**Nutritionist:** Randi O'Brien

**3. ALLIANCE FOR LIVING, INC.**

154 Broad Street

New London, CT 06320

Telephone #: 860-447-0884 ext. 235

Referral process: Call for an appointment

**Nutritionist:** Tara Smith

**4. FAMILY CENTERS, INC.**

**Optimus Health Care Center**

1351 Washington Blvd.

Stamford, CT 06901

Telephone #: 203-621-3700 ext. 3846

Referral process: Call for an appointment

**Nutritionist:** Lisa LaSorsa

**5. HUMAN RESOURCES AGENCY OF NEW BRITAIN, INC.**

**Wellness Resource Center**

83 Whiting Street

New Britain, CT 06051

Tel. # 860-826-4741

Referral process: Call for an appointment

**Nutritionist:** Laura Koski

**6. MID-FAIRFIELD AIDS PROJECT, INC.**

618 West Ave.

Norwalk, CT 05850

Telephone #: 203-855-9535

Referral process: Call for an appointment

**Nutritionist:** Olivia Lincoln