Demonstration of US Surgeon General's *My Family Health Portrait* Web site

Incorporating Family Health History Into Your Health Promotion Efforts Demonstration Workshop

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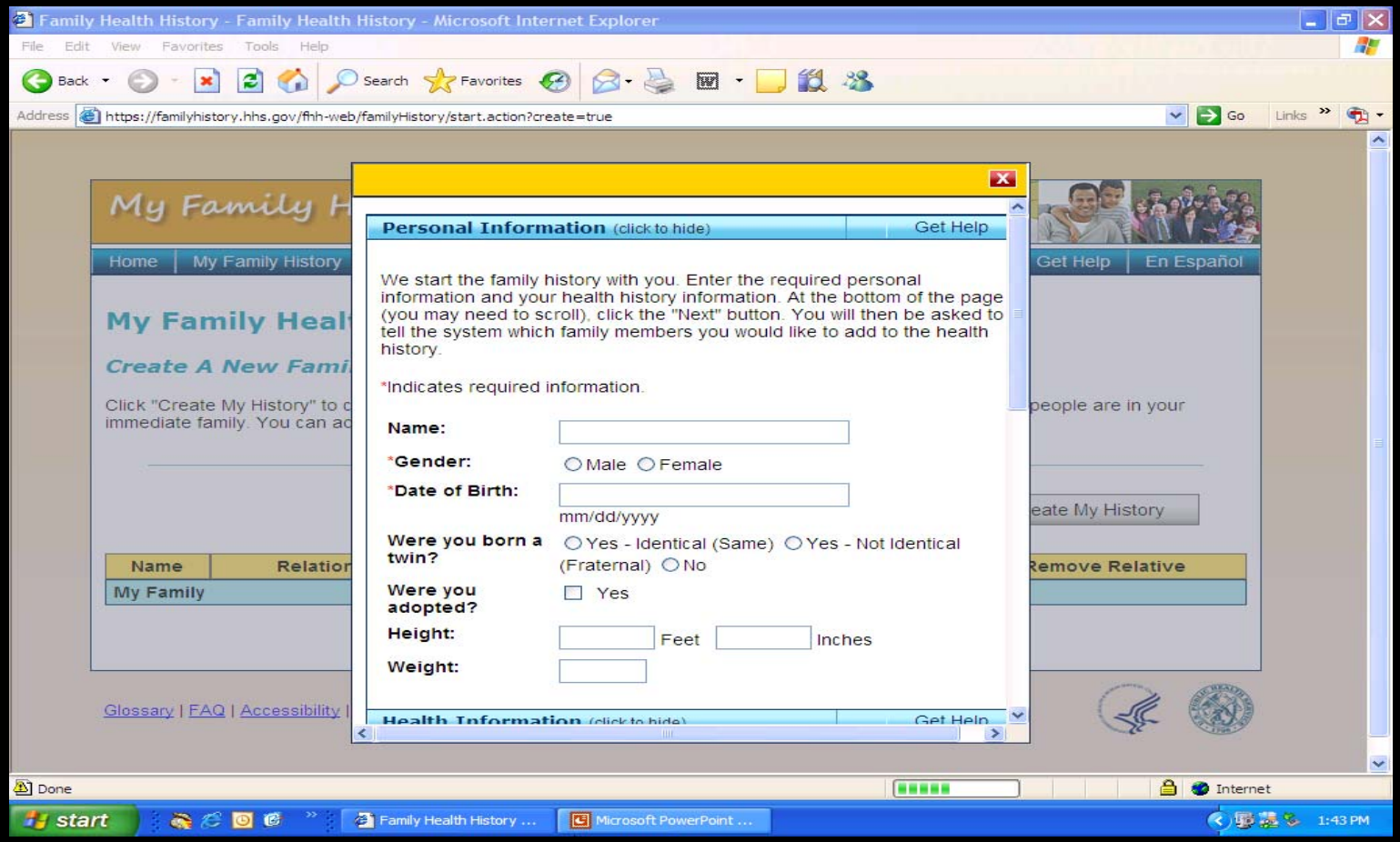
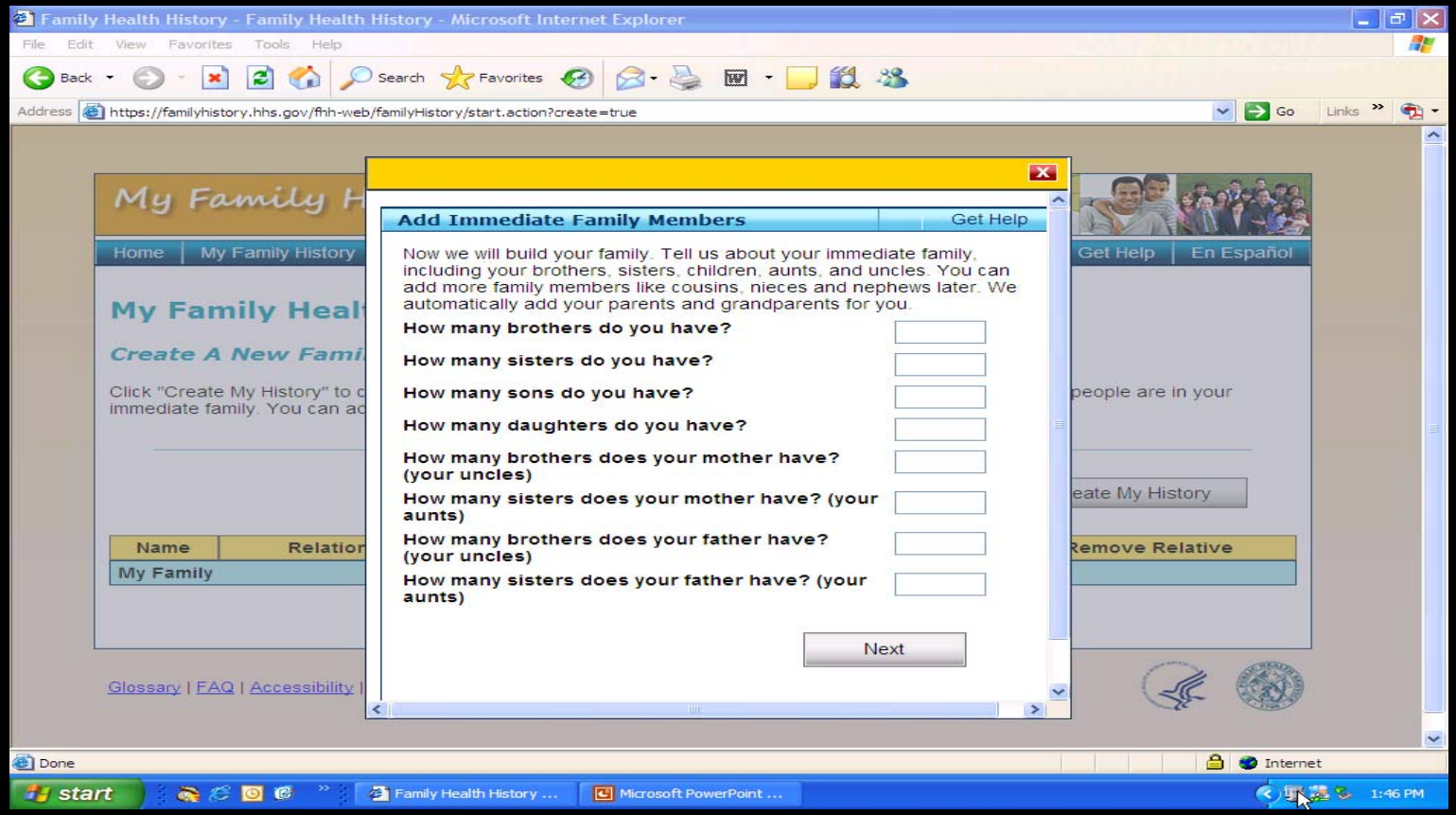
My Family Health Portrait
https://familyhistory.hhs.gov/fhh-web/home.action

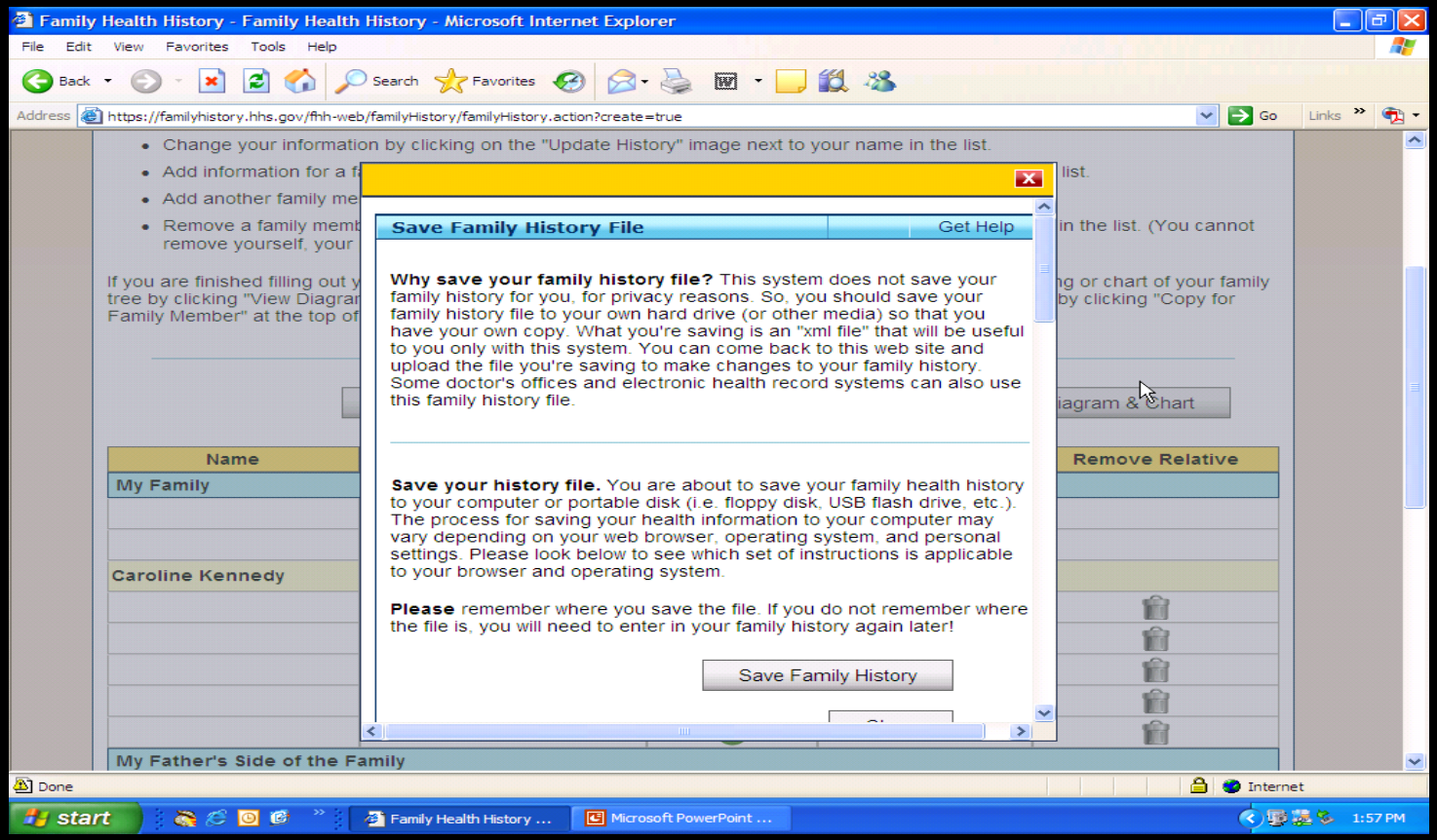
Introduction: Here is how the screen looks when you click on "Create a Family Health History". Now enter the information requested…



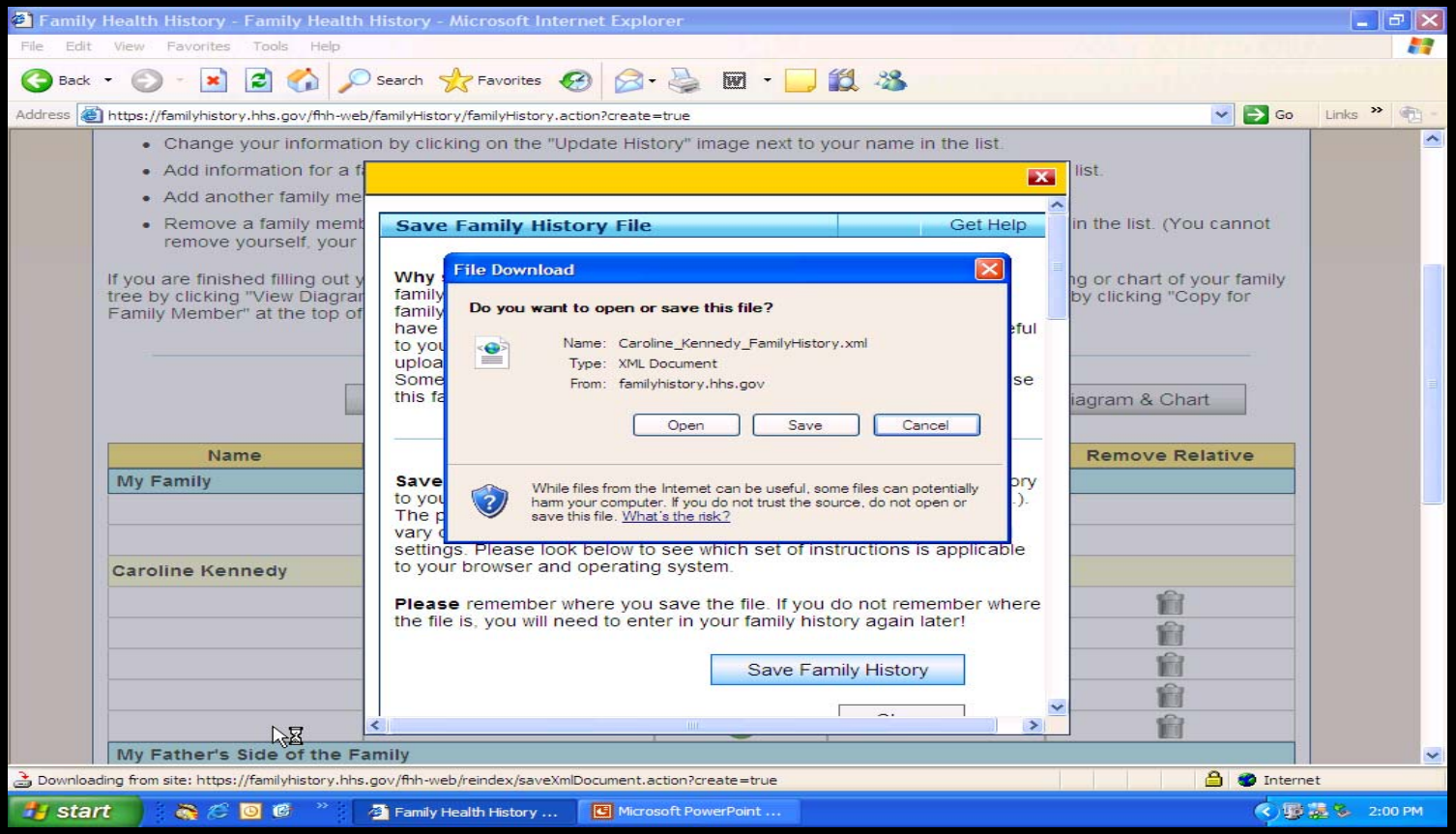
On the next screen, add the number of family members to include. Click “Next” and you will be asked to save…



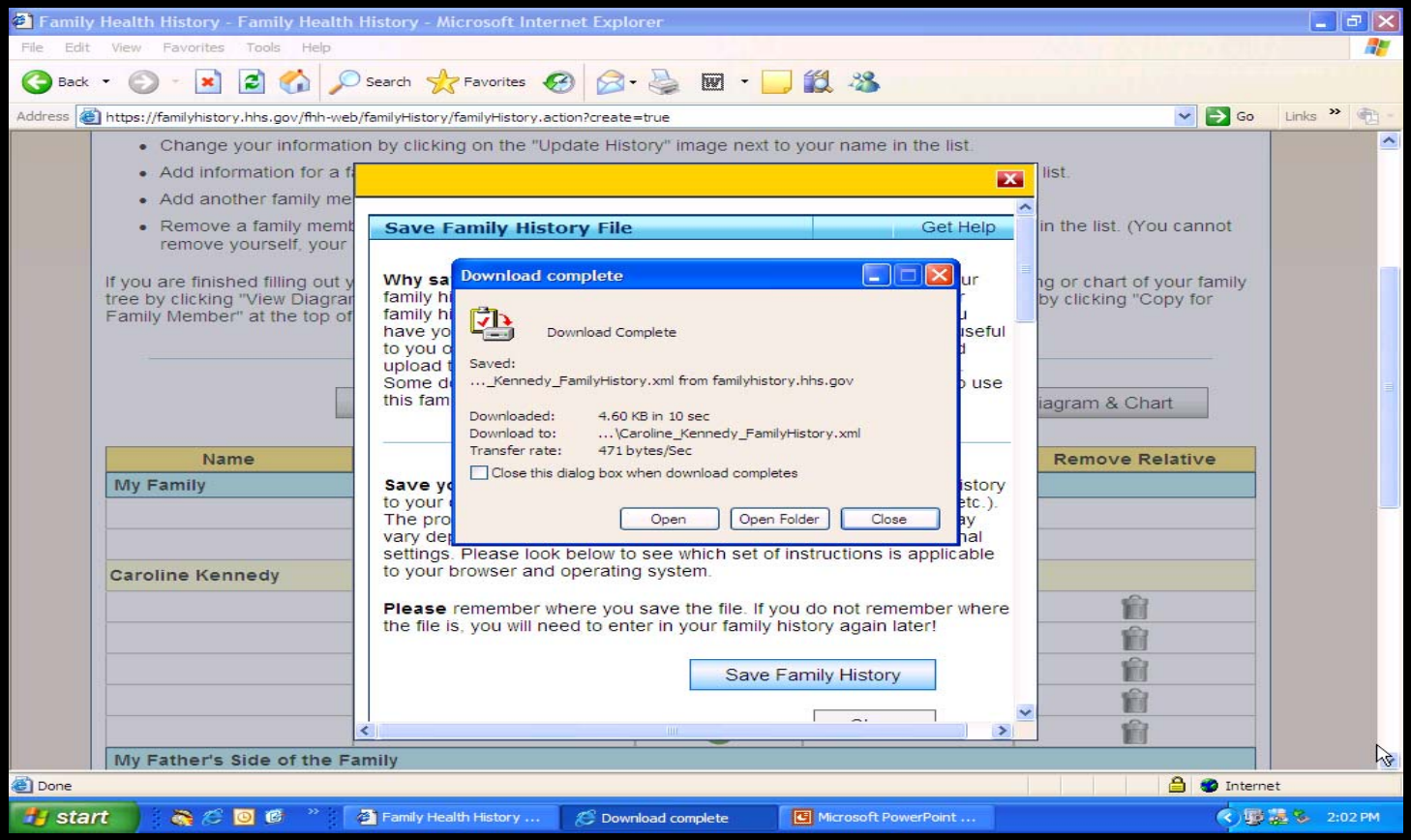
Pick “Save Family History.” Create a folder of where you want this file to be saved on your computer.



The program will have already given your file a name. You will get this screen. Click “Save”.



After clicking “Save” you will get this screen saying the download is complete. Choose “Close” to continue with entering data…

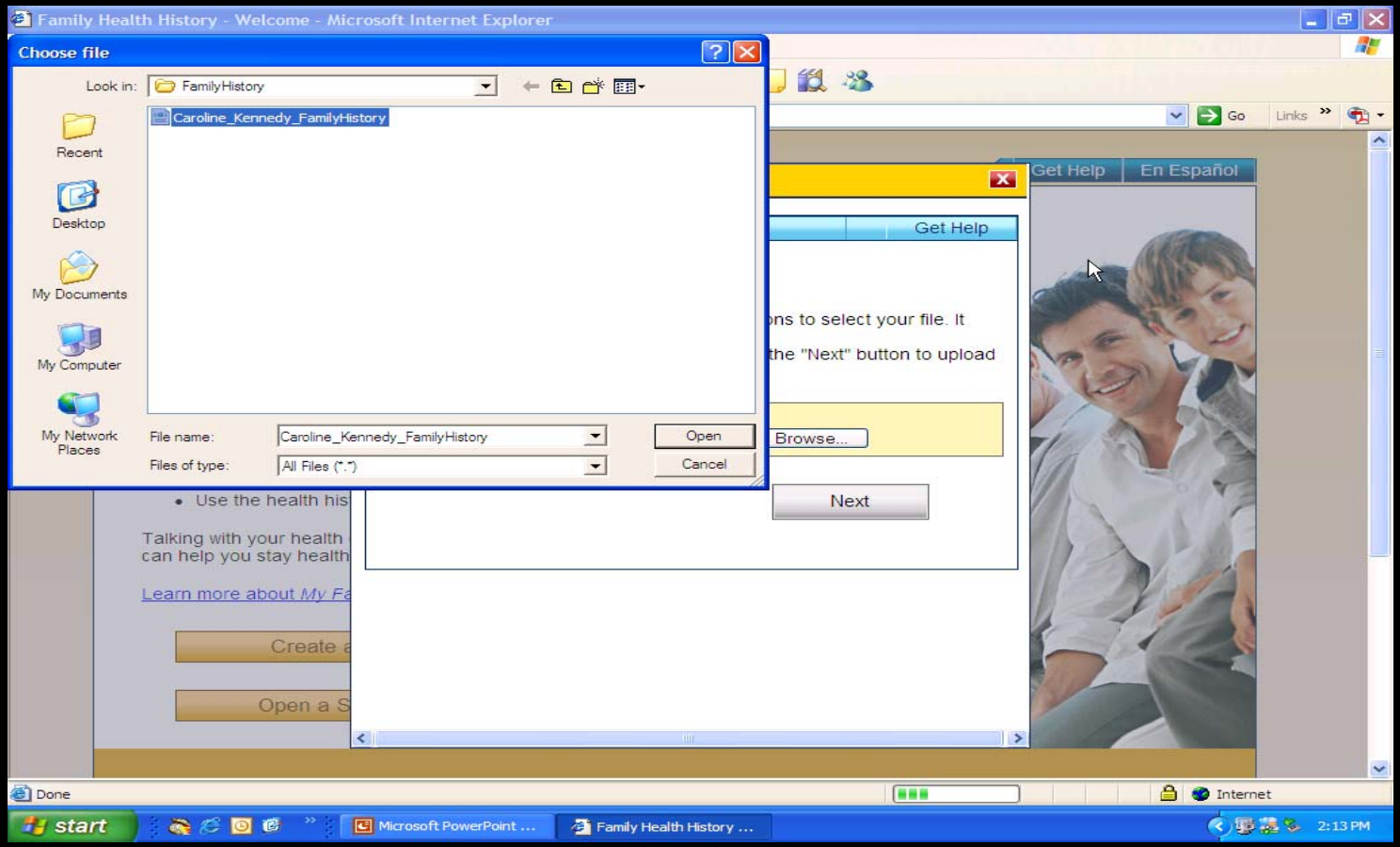


What happens if you were to choose “Open”?

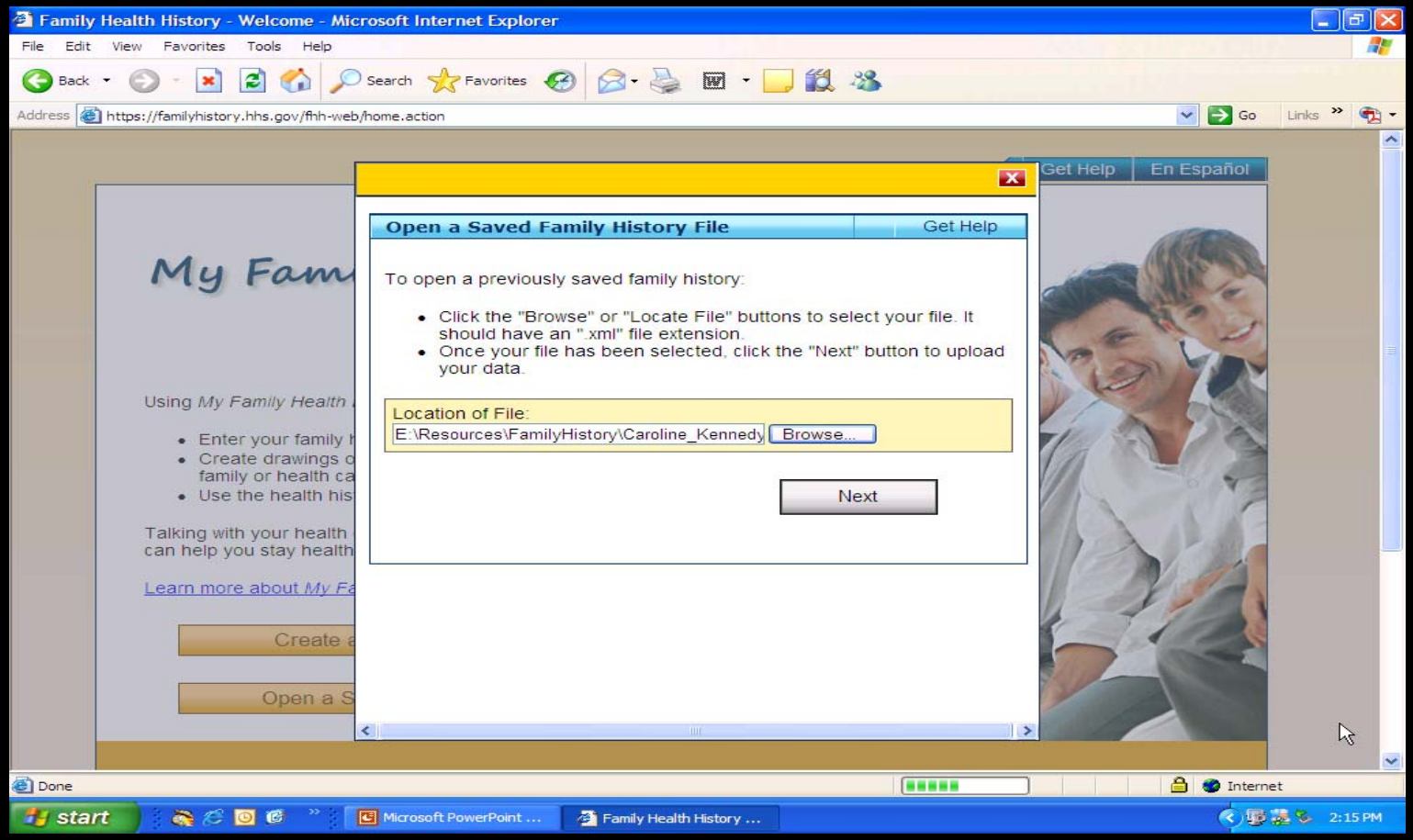
- After saving your file, you are given the option of opening the file. When you do this, you will be shown the file in the XML language. If you close the file at this point, you will end up exiting the entire program.
- If you do, then just reopen your Internet browser and type: https://familyhistory.hhs.gov/fhh-web/home.action
- Or, you can stay in the program by just choosing “Close”.

If you accidentally exit the program, just restart with https://familyhistory.hhs.gov/fhh-web/home.action. This time, click "Open a Saved History File" …

Choose “Browse” to bring up the folder menu box and find the Family Health Portrait file you previously saved…



Clicking “Open” will insert the file into the “Browse” window…, then click “Next” to open the data entry window



This is how the data entry window looks. Just scroll down…

Family Health History - Family Health History - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Back Search Favorites

Address https://familyhistory.hhs.gov/fhh-web/familyHistory/familyHistory.action?create=true Go Links

My Family Health Portrait
A tool from the Surgeon General

Home | My Family History | Copy for Family Member | View Diagram & Chart | Get Help | En Español

My Family Health History

Update My Family History

On this screen you can:

- Change your information by clicking on the "Update History" image next to your name in the list.
- Add information for a family member by clicking on the "Update History" image next to their name in the list.
- Add another family member to your history by clicking "Add Another Family Member."
- Remove a family member from your history by clicking the "Remove Relative" image next to their name in the list. (You cannot remove yourself, your parents, or grandparents.)

If you are finished filling out your family health history, click "Save Family History." Then you can view a drawing or chart of your family tree by clicking "View Diagram and Chart" at the top of this page. You can also copy this for a family member by clicking "Copy for Family Member" at the top of this page.

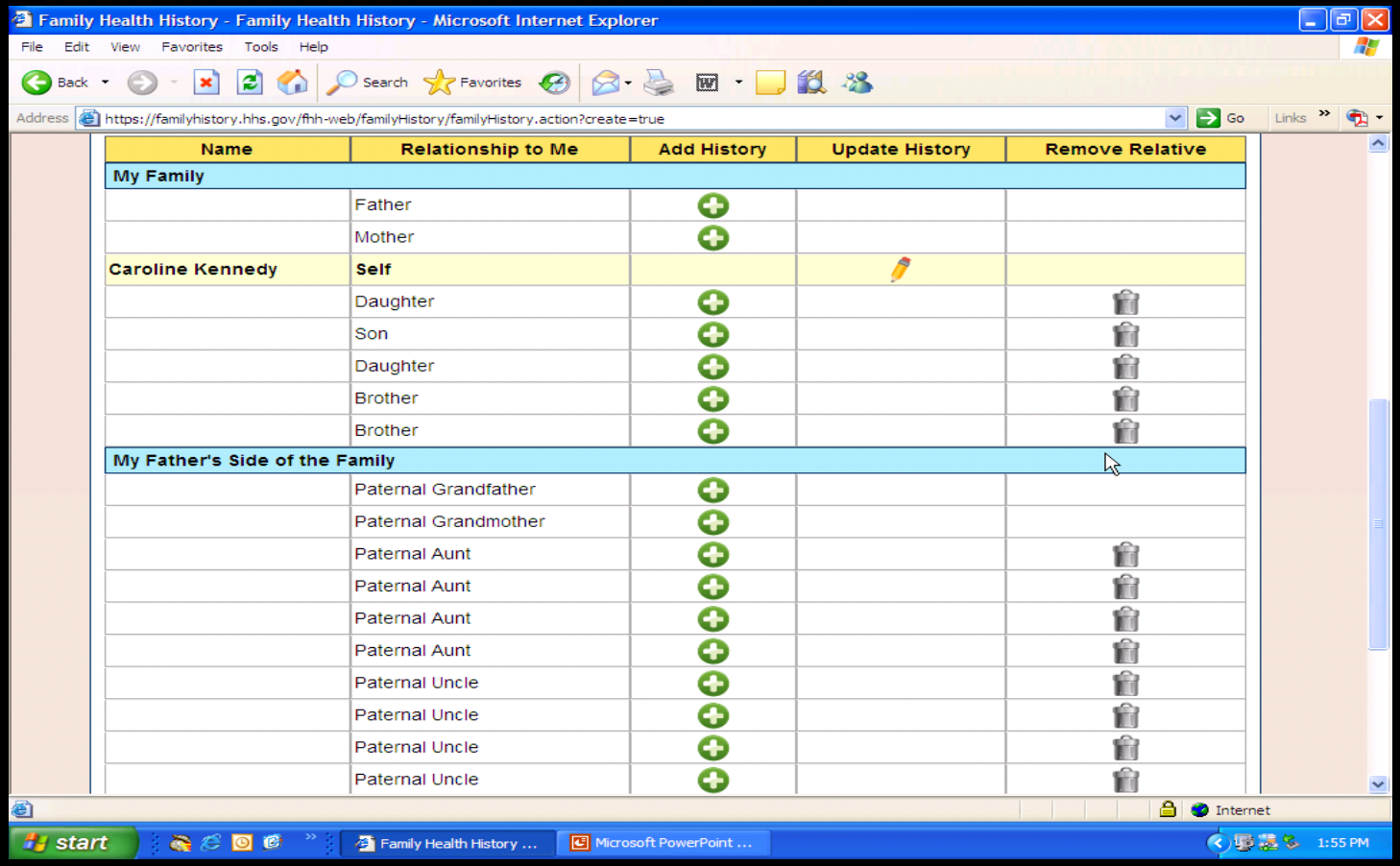
Add Another Family Member | Save Family History | View Diagram & Chart

Name	Relationship to Me	Add History	Update History	Remove Relative

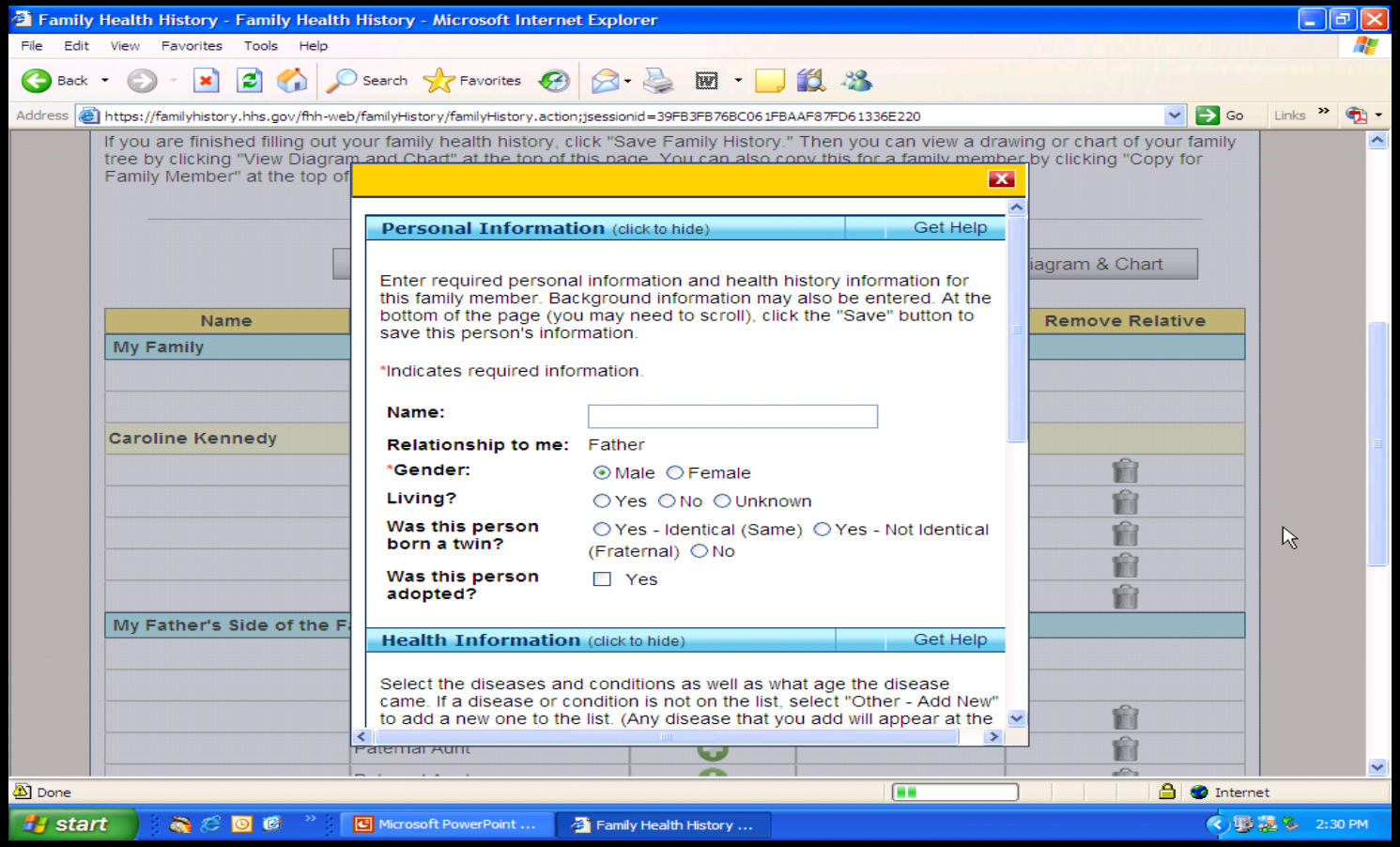
Done Internet

start Family Health History ... Microsoft PowerPoint ... 1:53 PM

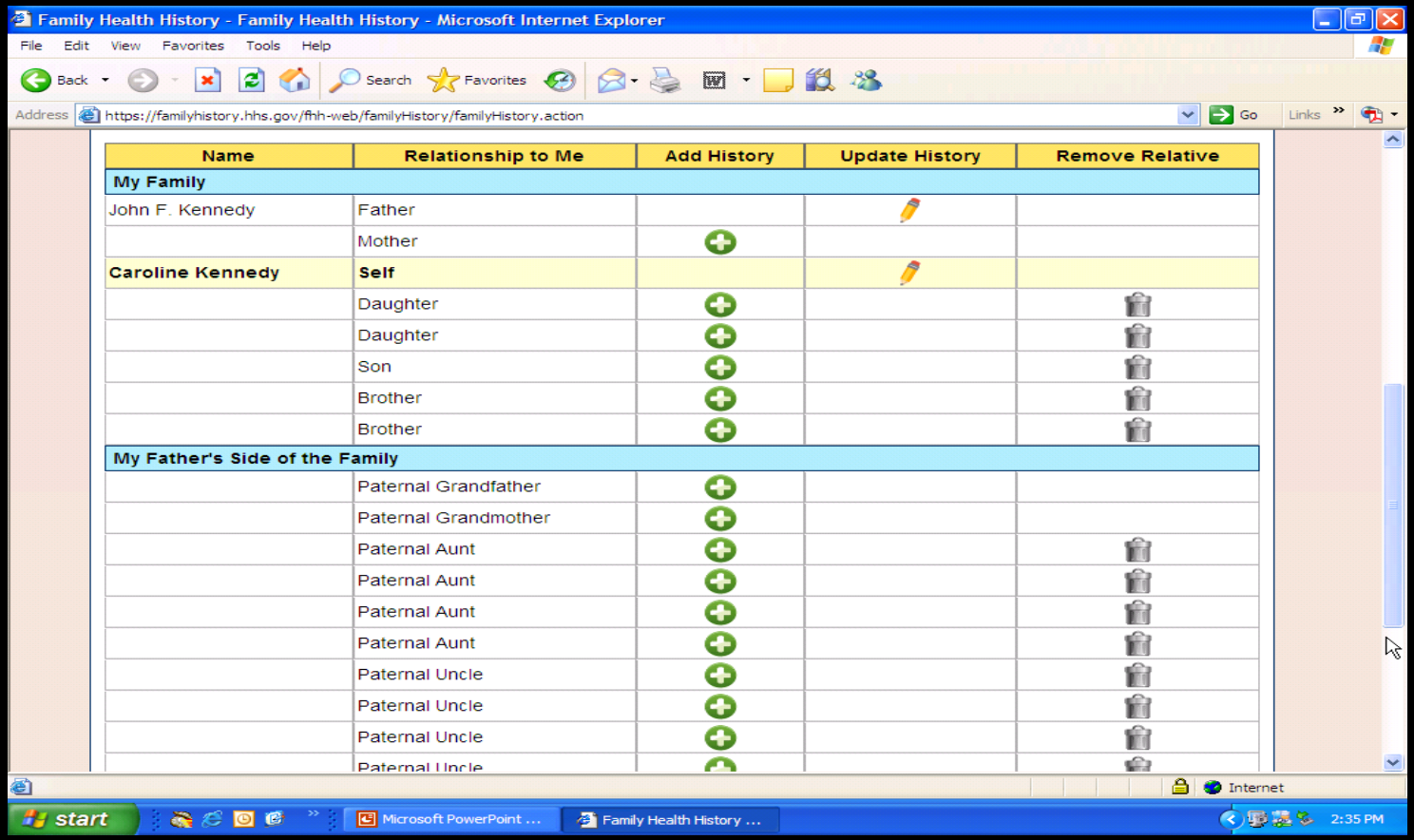
Click on a green circle with a cross in the “Add History” column to open the Personal Information Box for a specific person…



Enter the demographic, health information and family background for that individual, then click “Next” to go back to the main screen



Once completed, the green cross is gone, and a pencil appears under “Update History”



Name	Relationship to Me	Add History	Update History	Remove Relative
My Family				
John F. Kennedy	Father			
	Mother			
Caroline Kennedy	**Self**			
	Daughter			
	Daughter			
	Son			
	Brother			
	Brother			
My Father's Side of the Family				
	Paternal Grandfather			
	Paternal Grandmother			
	Paternal Aunt			
	Paternal Aunt			
	Paternal Aunt			
	Paternal Aunt			
	Paternal Uncle			
	Paternal Uncle			
	Paternal Uncle			
	Paternal Uncle			

Once all the data have been entered, the screen should look like this…

Family Health History - Family Health History - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Back Search Favorites

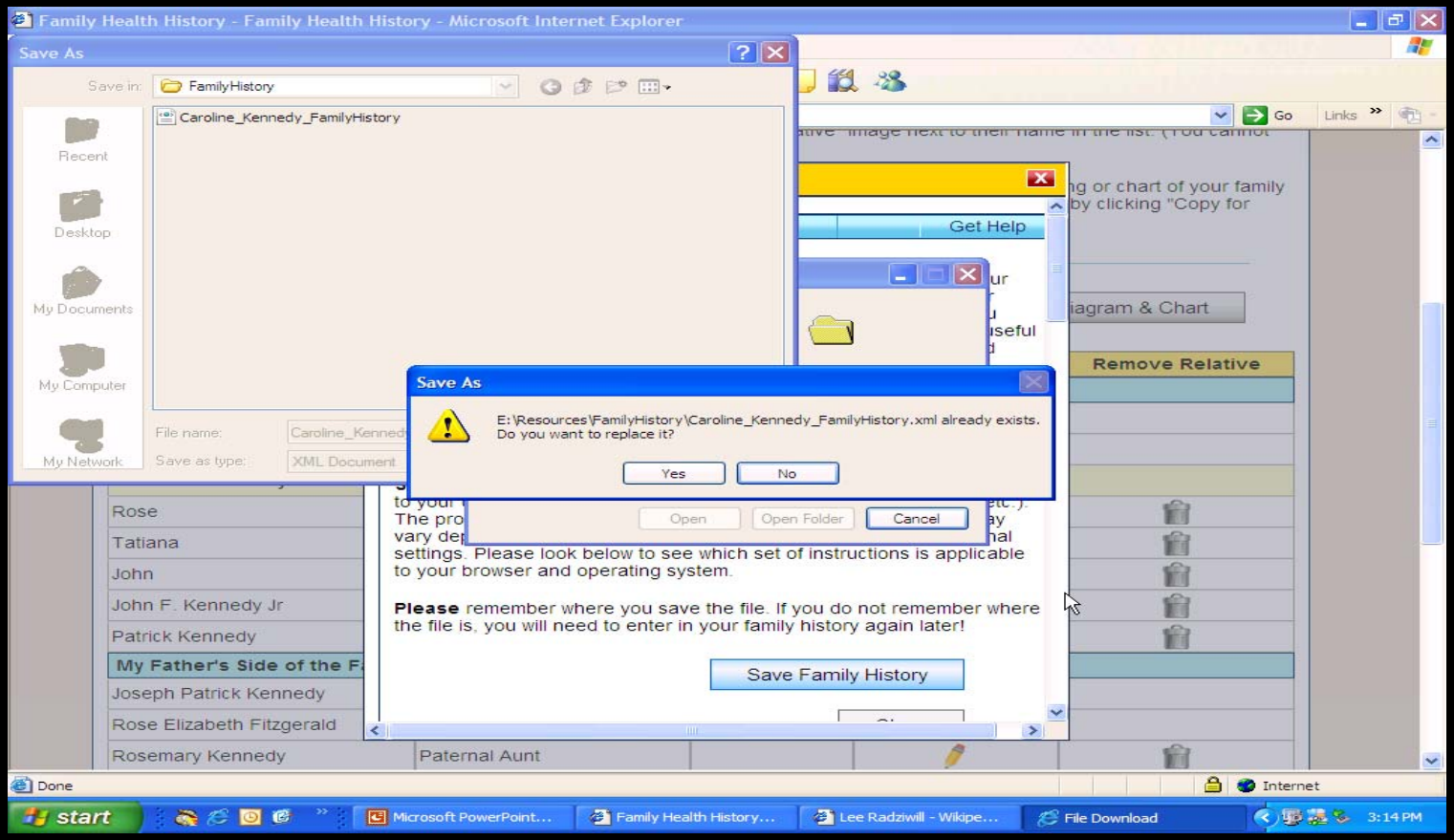
Address https://familyhistory.hhs.gov/fhh-web/familyHistory/familyHistory.action?removeRelativeId=18 Go Links

Name	Relationship to Me	Add History	Update History	Remove Relative
My Family				
John F. Kennedy	Father			
Jackie Kennedy	Mother			
Caroline Kennedy	**Self**			
Rose	Daughter			
Tatiana	Daughter			
John	Son			
John F. Kennedy Jr	Brother			
Patrick Kennedy	Brother			
My Father's Side of the Family				
Joseph Patrick Kennedy	Paternal Grandfather			
Rose Elizabeth Fitzgerald	Paternal Grandmother			
Rosemary Kennedy	Paternal Aunt			
Kathleen Agnes Kennedy	Paternal Aunt			
Eunice Mary Kennedy	Paternal Aunt			
Patricia Kennedy	Paternal Aunt			
Joseph Patrick Kennedy	Paternal Uncle			
Robert F. Kennedy	Paternal Uncle			
Edward M. Kennedy	Paternal Uncle			
Jean Ann Kennedy	Paternal Aunt			

Internet

start Microsoft PowerPoint … Family Health History … Lee Radziwill - Wikipe… 3:12 PM

You should then save the file. You will be asked if you want to replace an existing file, say “Yes”



You can view a diagram (family tree) and a chart of your Family Health Portrait file by clicking on “View Diagram and Chart” icon on Update Page’s Navigation Bar

You will then be taken to a page with the Diagram (family tree) and Chart Reports

Family Health History - Family Health History - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Back Search Favorites

Address https://familyhistory.hhs.gov/fhh-web/viewReport/viewReport.action Go Links

My Family Health Portrait
A tool from the Surgeon General

Home | My Family History | Copy for Family Member | View Diagram & Chart | Get Help | En Español

View Diagram & Chart

You can print your family health portrait in a diagram and chart form to share with your healthcare worker. Talking with your health care worker about your family health history can help you stay healthy!

If you would like to change the way the information below is shown, click "Change Report Options."

Change Report Options | Save Family History | Print History

Family Health Portrait - Diagram Report

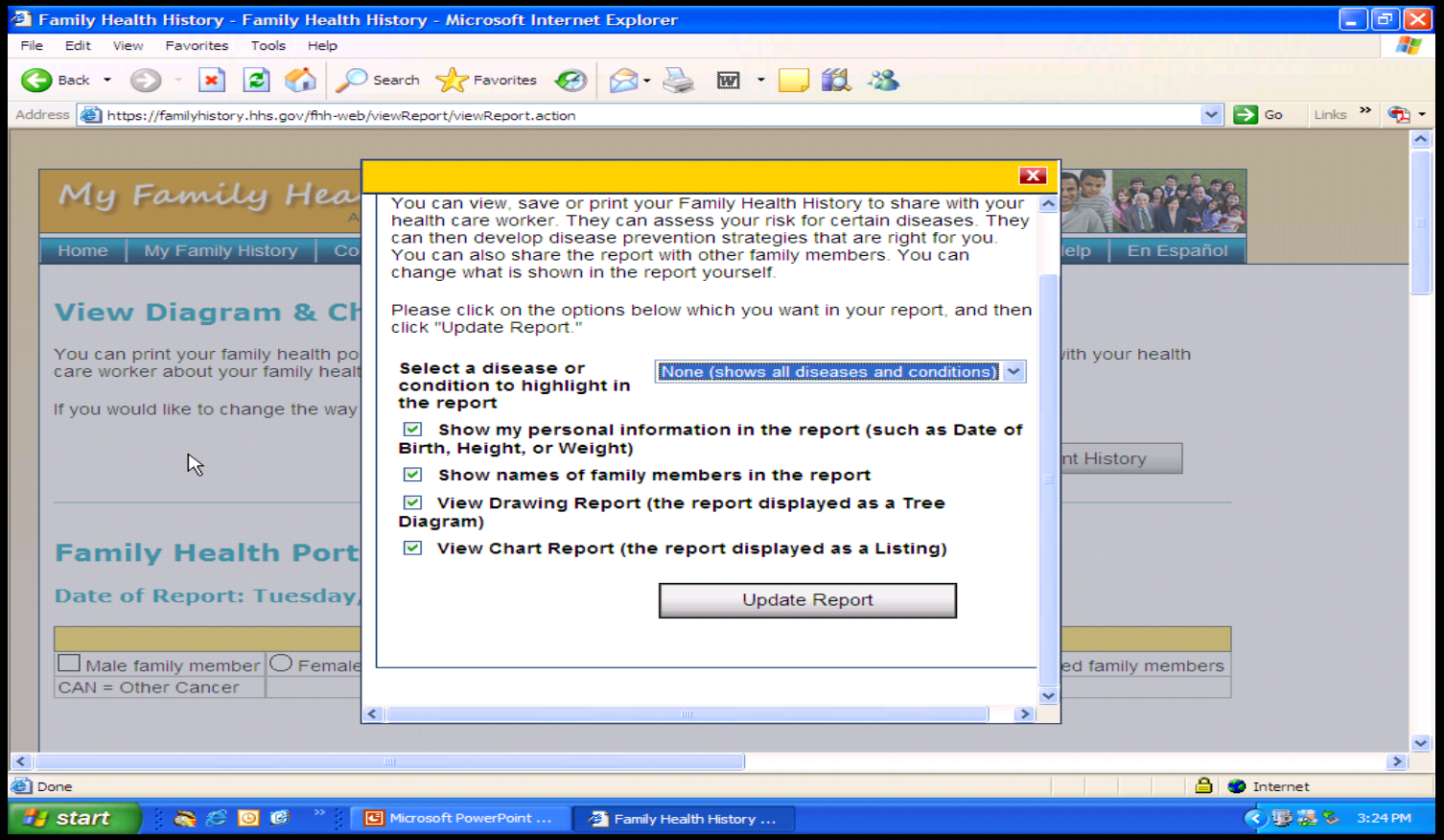
Date of Report: Tuesday, March 24, 2009 3:23 PM

Chart Legend			
Male family member	Female family member	Family members with a history of disease	Deceased family members
CAN = Other Cancer			

Done Internet

start Microsoft PowerPoint ... Family Health History ... 3:22 PM

You can choose what will show up on the visual report by making changes on the “Report Options” dialogue box…



You can choose to show only the Chart Report

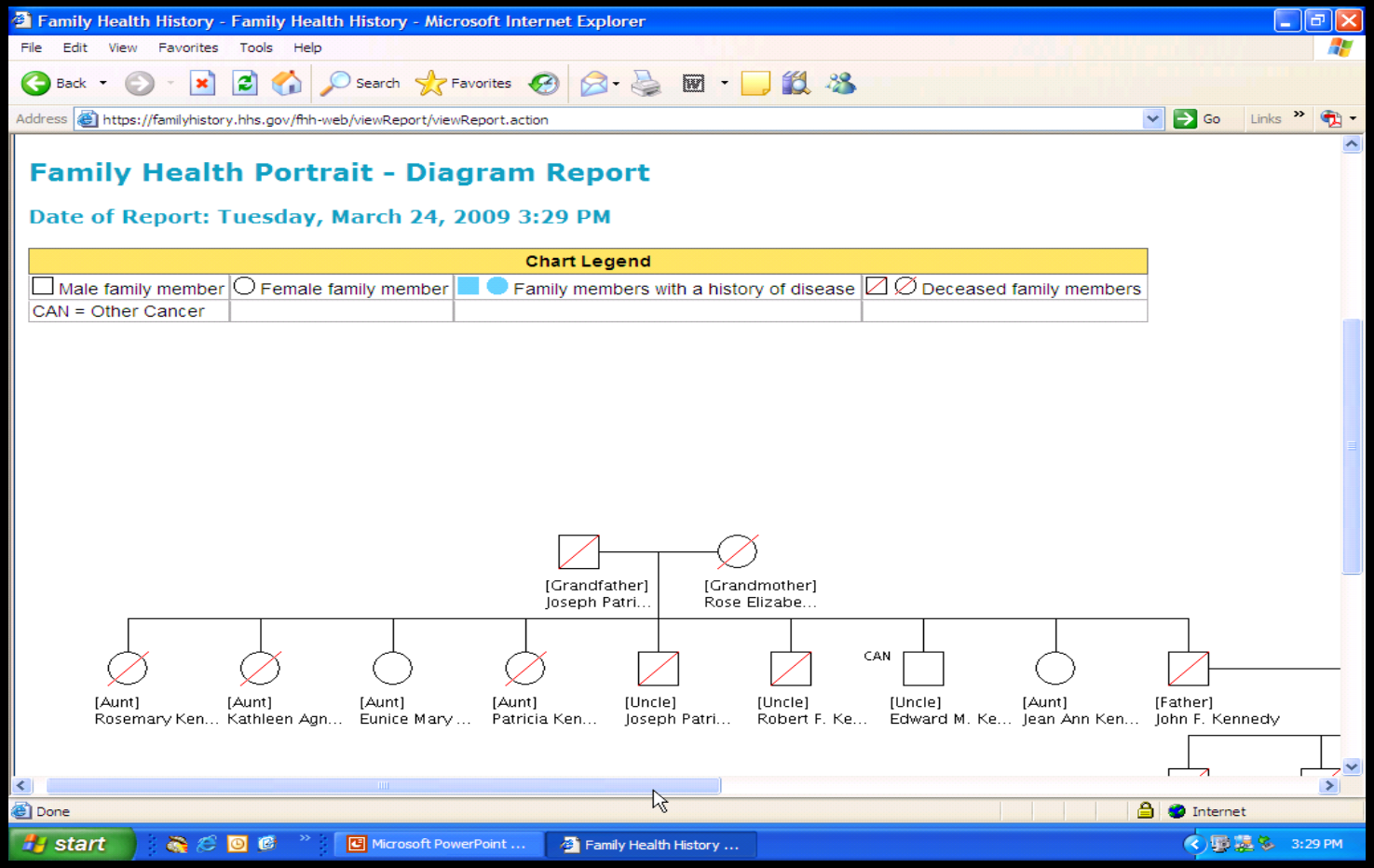
Adobe Acrobat Professional - [downloadPdf[1].pdf - Linked File]

Family Health Portrait - Chart Report

Mon, 30-Mar-2009

	Still living?	Heart Disease	Stroke	Diabetes	Colon Cancer	Breast Cancer	Ovarian Cancer	Additional Diseases
Caroline Kennedy (Self)								
Tatiana (Daughter)	YES							
John (Son)	YES							
Rose (Daughter)	YES							
John F. Kennedy (Father)	NO							Assassinated (40-49 years)
Jackie Kennedy (Mother)	NO							Other Cancer (60 years and older)
John F. Kennedy Jr (Brother)	NO							Drowned (30-39 years)
Patrick Kennedy (Brother)	NO							Hyaline Membrane Disease

Or, just the Diagram (Family Tree) Report



For a hard copy to share with your provider and others, just click "Print History"

Family Health History - Family Health History - Microsoft Internet Explorer

File Edit View Favorites Tools Help

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Change Report Options | Save Family History | Print History

Family Health Portrait - Diagram Report

Date of Report: Tuesday, March 24, 2009 3:31 PM

Chart Legend			
Male family member	Female family member	Family members with a history of disease	Deceased family members
CAN = Other Cancer			

javascript:window.print();

Internet

start | Microsoft PowerPoint ... | Family Health History ... | 3:31 PM

To save a copy of the report (Visual Family History), choose “Save Family History”

Family Health History - Family Health History - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Back Search Favorites

Address https://familyhistory.hhs.gov/fhh-web/viewReport/viewReport.action Go Links

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If you would like to change the way the information below is shown, click "Change Report Options."

Change Report Options | Save Family History | Print History

Family Health Portrait - Diagram Report

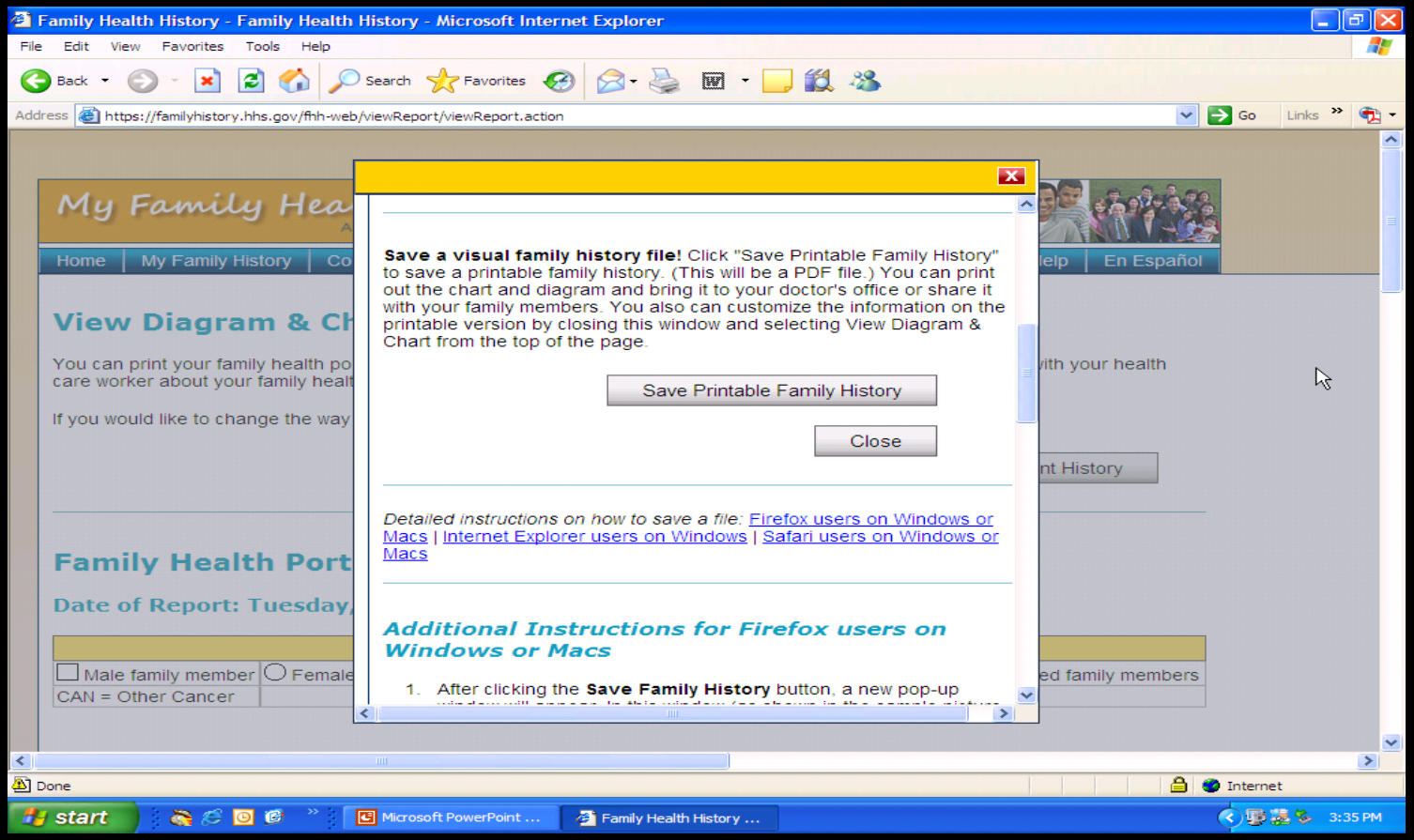
Date of Report: Tuesday, March 24, 2009 3:31 PM

Chart Legend			
Male family member	Female family member	Family members with a history of disease	Deceased family members
CAN = Other Cancer			

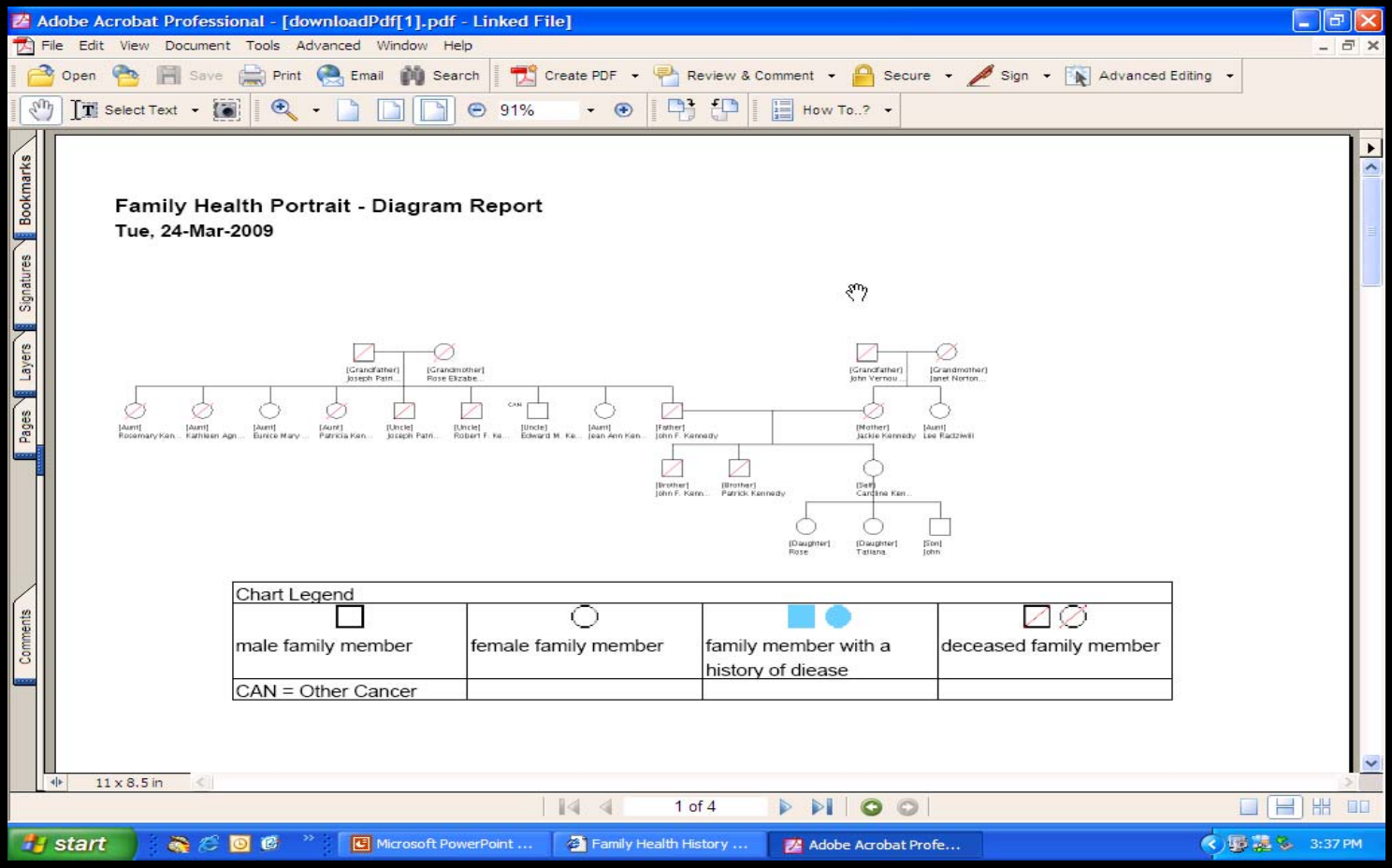
javascript://nop/ Internet

start Microsoft PowerPoint ... Family Health History ... 3:34 PM

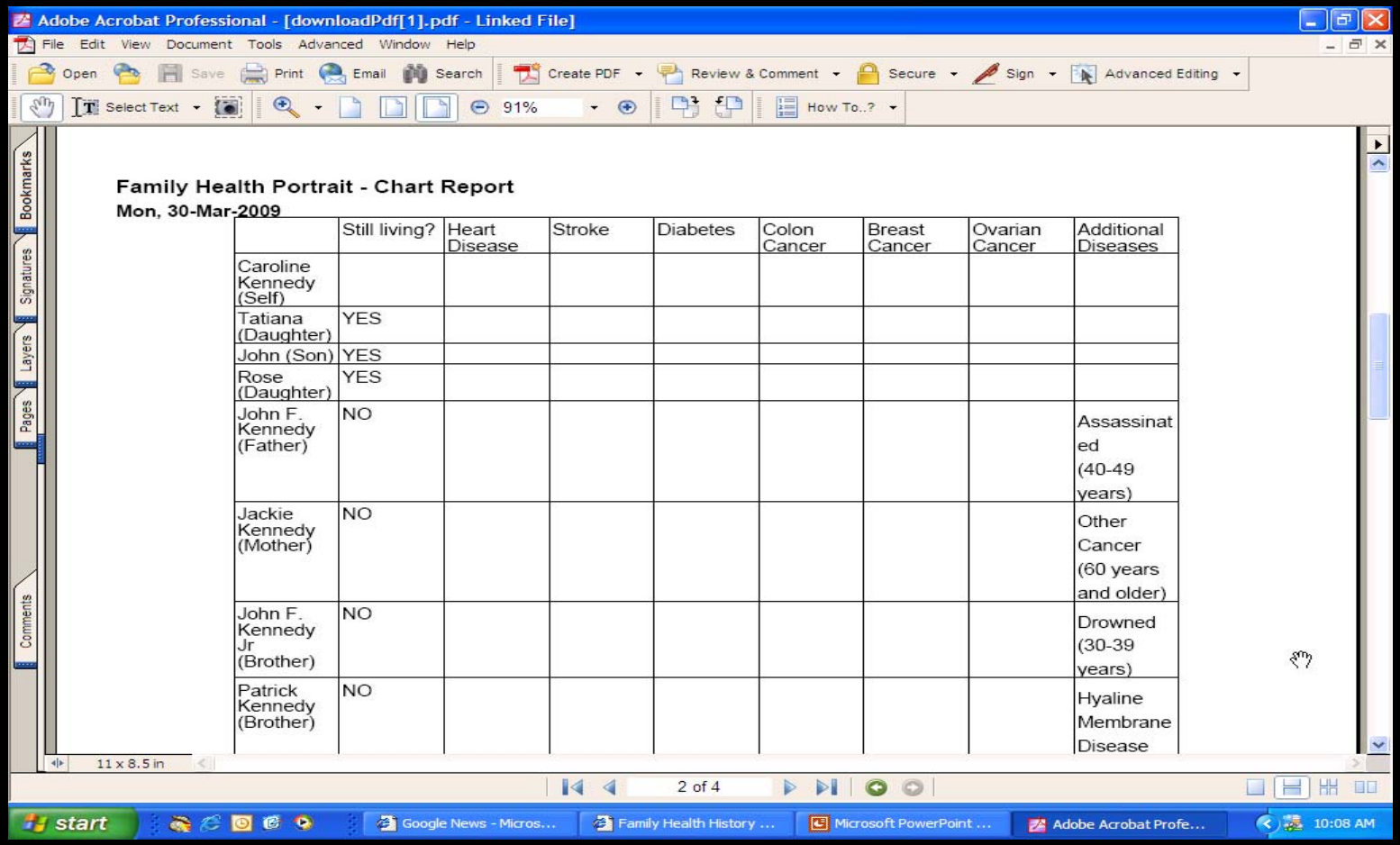
When the Save dialogue box appears, click “Save Printable Family History”



You will then get a PDF file of the Diagram (Family Tree) Report



And/Or, Chart Report (depending on what you choose in the Report Options box. You get both as part of the default settings)



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