DPH-GO welcomes you to:

Incorporating Family History into Your Health Promotion Efforts

May 14, 2009 9:00am – 12:00pm

CVH, Middletown

DPH-Genomics Office

- Genomics Webpage link with DPH website at http://www.ct.gov/dph

Includes:

- **What's New –** Colorectal Cancer Resource Information
- **Education & Training**-i.e. 6 Weeks to Genomic Awareness
- **FAQ's**
- **Family Health History**
- **Genomics Publications:**
  - Family Health History & Chronic Disease workbook & guide
  - CT Genomics Action Plan, and two-year status update
  - Genetics Resources Directory
  - Understanding Genetics: A NE Guide for Patients and Professionals
  - Glossary of Common Genetic Terms *- and MORE*

Family Health History

- Where to begin?

Mr. & Mrs. George Fry

Family Health History Today

- Why is Family Health History important?
- How can I learn about my FHH?
- What information should be collected?
- What aspects of family history affect disease risk?
- Are there tools to assist in FHH collection?
- What do you do with FHH once collected?
- What will my health provider do with FHH information once it is collected?
- Could collecting one's FHH be harmful?
- How can FHH collection be promoted?

Let's turn to our panel of experts for answers…

Family Health History

OUTREACH STRATEGIES

Promoting FYY as a prevention strategy in:

Families

Communities

Clinical Settings

Diverse populations

Brainstorming Exercise: Let's use it!

- Identify target audience
  - Who will be the focus of your FHH outreach effort?
- Identify goal(s)
  - What do you hope to accomplish within this population?
- Identify issues for consideration
  - What issues do you need to be aware of in designing your outreach?
- Design a strategic methodology
  - What approach will provide the desired outcomes, how will you connect with this population or community?
- Brainstorm needed resources
  - What do you need to initiate the outreach effort?

    Identify a minimum of three elements.

Group Reports

- Common goals?
- Common issues?
- Common themes?
- Common needs?

Thanks for sharing

Incorporating Family History into Your Health Promotion Efforts

- Be sure to sign out
- Please complete your session evaluation on CT TRAIN and you will be mailed your Certificate of Completion

Thank you