An estimated 80% of all teens are employed at some point during their high school years. Work is an important and beneficial experience for many teens. When part of a structured work-based learning experience, work outside of school can add relevancy to students’ classroom learning and help in future decision-making regarding further education and careers. However, young workers face many of the same occupational hazards as adult workers, especially when they are allowed to perform tasks that should be restricted to more experienced employees.

### National Data

- 70 teens die from work-related injuries every year in the United States.
- The leading causes of work-related deaths among teens are motor vehicle injuries, job-related homicides, and injuries associated with machinery/equipment.
- Teen workers are injured at higher rates than adult workers despite the fact that they typically work fewer hours than adults and are prohibited from high-risk occupations.
- 200,000 teens under the age of 18 years are injured on the job each year, according to National Institute for Occupational Safety and Health (NIOSH) estimates.
- 70,000 teens are injured seriously enough at work each year to receive treatment in hospital emergency departments.
- It’s estimated that only 1/3 of teens injured on the job seek medical treatment.

### Connecticut Data

- Over 144,000 Connecticut teens are working outside of school at some point during each year.
- Between 1997 and 2001, there were 1,418 workers’ compensation reports of injury among young workers ages 14-17 years in Connecticut.
- This number is most likely a conservative estimate of the true extent of the problem, since many injuries to young workers are not reported, and many other young workers are paid “under the table.”
- 95% of the reported injuries were to 16 and 17 year olds.
- 60% of the injuries involved male workers.
- Twice as many injuries were reported in restaurants as in any other type of workplace.
Connecticut Data

Distribution of Reported Known Injury Types among Young Workers, Connecticut, 1997-2001

The most commonly reported job-related injuries for Connecticut teens are:

- Lacerations
- Sprains or Strains
- Contusions
- Burns

Distribution of Reported Injuries to Young Workers by Selected Industry Types, CT, 1997-2001

The most frequently reported worksites for teen injuries include:

- Eating and Drinking Places
- General Merchandise Stores
- Food Stores
- Health Services
- General Government
About the Connecticut Young Worker Safety Team

The CT young Worker Safety Team is a collaboration among state, federal, local and regional agencies. Our members include the CT State Departments of Education, Labor and Public Health, the US Department of Labor, Capitol Workforce Partners, Capitol Region Educational Council, and the City of Middletown Health Department. The goal of this collaborative effort is to improve the health and safety of teens in the workplace through awareness, education, training and advocacy.

How Can You Prevent Young Worker Injuries

Effective injury prevention requires coordinated efforts among groups with an interest in the health and safety of youth. The Connecticut Young Worker Safety Team works to increase awareness among teens, parents, educators, youth program operators and youth serving organizations, employers, health care providers, and the general public.

Team Activities and Resources

- **Connecticut Work Safe!** - An interactive young worker safety curriculum designed to introduce teens to job safety issues is available in a “train-the-trainer” format. The Connecticut Work Safe curriculum covers the following topics:
  
  Common health and safety hazards  
  Control measures  
  State and federal labor laws  
  Sources of information and help

- Statistical and informational presentations on young worker safety
- Technical assistance on young worker safety issues
- Information on Connecticut and Federal child labor laws
- Related educational materials

For more information on the CT Young Worker Safety Team contact: Marian Storch at 860-509-7791, Judith Andrews at 860-713-6766 or Deborah Pease at 860-509-7771
Connecticut Young Worker Contacts and Resources

Connecticut Department of Labor
OSHA - 860-263-6900
(State/municipal worksite enforcement and consultation for state, municipal and private worksites)

Wage and Workplace Standards Division - 860-263-6791
(Connecticut laws regulating hours/occupations/industries teens can work, enforcement of state child labor laws)

Connecticut State Department of Education
School to Career (STC) - 860-713-6766

Connecticut Department of Public Health
Occupational Health Program - 860-509-7744
Injury Prevention Program - 860-509-7791

US Department of Labor
OSHA (private employers)
Hartford Office - 860-240-3152
Bridgeport Office - 203-579-5581
OSHA Referral Line - 1-800-321-OSHA
Wage and Hour Division - 860-240-4160
(Federal labor laws regulating hours/occupations/industries teens can work, enforcement of federal labor laws)

Additional Resources Related to Young Worker Health & Safety

US Department of Labor, OSHA
Teen Workers Website: http://www.osha.gov/SLTC/teenworkers/index.html

US Department of Labor, Wage and Hour
Youth Rules! Website: http://www.youthrules.dol.gov

CT Department of Labor: http://www.ctdol.state.ct.us

CT State Department of Education:
Work Based Learning: www.state.ct.us/sde/deps/Career/WB/index.htm
School to Career: www.state.ct.us/sde/deps/Career/STC/index.htm

CT Department of Public Health

National Institute for Occupational Safety and Health (NIOSH)
Young Worker Safety Publications: http://www.cdc.gov/niosh/topics/youth/
NIOSH Alert: Preventing Deaths, Injuries and Illness of Young Workers
Promoting Safe Work for Young Workers
Are You a Working Teen? What You Should Know about Safety and Health on the Job

University of California Labor Occupational Health Program
Young Worker Health and Safety website: http://www.youngworkers.org