Compendium Program: 211 Info Line

Gender Specific for: BOTH; RT Program Code: 0
Open Close: False, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This is an information line to help callers find information, discover options, and provide assistance with such issues as food, housing, clothing, transportation, substance abuse, domestic violence, childcare or nearly every other need they may have. The 211 database is utilized by agency-wide staff who work with offenders in discharge planning and community reentry, and referred to in response to public inquiries of community resources.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; PCS - Bridgeport; PCS - Hartford; PCS - New Haven; PCS - Norwich/New London; PCS - Residential; PCS - Waterbury; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
All Facility Staff; Non-Contracted; Non-Residential

Treatment Types:
Aggression Replacement Training (ART); Behavior Modification (BM); Cognitive Behavioral Therapy (CBT); Education (Ed); Family Support (FS); Life Skills (LS); Medical (Med); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA); Victim Impact (VI)

Domains:
Abuse/Trauma; Anger/Hostility; Education; Employment, and Financial Situation; Employment/Financial; Family; Family and Social Support; Housing Safety; Mental Health; Neighborhood Problems; Parenting; Relationships; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

Types:
Basic Needs; Behavioral Services; Community Service; Domestic Violence; Education; Employment; Family & Social Services; Medical Services/Treatment; Mental Health Services/Treatment; Re-Entry; Shelter Housing Services; Substance Abuse Services/Treatment; Transportation; Vocational & Educational Services; Wellness Activities

Program Status:
Active Program Category Level: 3
<table>
<thead>
<tr>
<th><strong>Compendium Program:</strong></th>
<th>5 or 7 Day Job Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gender Specific for:</strong></td>
<td>BOTH; RT Program Code: L1</td>
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<tr>
<td><strong>Open Close:</strong></td>
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<td><strong>Facilities:</strong></td>
<td>BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI</td>
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<tr>
<td><strong>Auspices:</strong></td>
<td>Unknown</td>
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<tr>
<td><strong>Treatment Types:</strong></td>
<td>Life Skills (LS)</td>
</tr>
<tr>
<td><strong>Domains:</strong></td>
<td>Education, Employment, and Financial Situation; Employment/Financial</td>
</tr>
<tr>
<td><strong>Types:</strong></td>
<td>Unknown</td>
</tr>
<tr>
<td><strong>Program Status:</strong></td>
<td>Active Program Category Level: 2</td>
</tr>
</tbody>
</table>

Description:
Compendium Program: Alcoholics Anonymous
Gender Specific for: BOTH; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Addiction Services; Volunteer Services

Treatment Types:
Behavior Modification (BM); Substance Abuse (SA)

Domains:
Substance Abuse; Substance Abuse and Mental Health

Types:
Addiction; Re-Entry

Program Status:
Active Program Category Level: 3
Compendium Program: Anger Management Program

Gender Specific for: BOTH; RT Program Code: 26

Open Close: True, Session Group: False, Session Numbers: 10, Evidence Based: False

Description:
This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

Facilities:
BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

Auspices:
All Facility Staff; Programs & Treatment Unit

Treatment Types:
Aggression Replacement Training (ART); Life Skills (LS); Victim Impact (VI)

Domains:
Anger/Hostility; Criminal Attitudes and Behavioral Patterns

Types:
Anger Management; Mental Health; Self Improvement

Program Status:
Active Program Category Level: 1
Compendium Program: Arabic Language

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This is an introduction to the Arabic language. It is designed to teach the Arabic alphabet and basic everyday words. This will also include an introduction to Arabic writing.

Facilities:
BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; ENFIELD CI; MACDOUGALL CI; WILLARD CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious; Self Improvement

Program Status:
Active Program Category Level: 3
Compendium Program: Catholic Bible Study

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHERI CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3
Compendium Program: Catholic Faith Sharing

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
A sharing of bible readings following the Catholic seasonal calendar. Thoughts generated by the readings are discussed as they apply to daily life helping the inmate to change attitude, values and behavior.

Facilities:
CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3

Compendium Program: Catholic Prayer and Healing Program

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
A program of music, scriptural teaching and prayer that leads the inmate to an inner healing through self-examination, confronting personal weakness, changing lifestyles and in turn making positive moral and spiritual decisions.

Facilities:
CYBULSKI CI; OSBORN CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3
Compendium Program: Catholic Worship Service

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Worship Services

Program Status:
Active Program Category Level: 3
<table>
<thead>
<tr>
<th>Compendium Program: Certified Birth Certificate or Registration of Birth</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender Specific for: BOTH; RT Program Code: I2</td>
</tr>
<tr>
<td>Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
</tr>
<tr>
<td>Description: ****</td>
</tr>
<tr>
<td>Facilities: BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI</td>
</tr>
<tr>
<td>Auspices: Programs &amp; Treatment Unit</td>
</tr>
<tr>
<td>Treatment Types: Reintegration Enhancement/Relapse Prevention (RERP)</td>
</tr>
<tr>
<td>Domains: Education, Employment, and Financial Situation; Employment/Financial</td>
</tr>
<tr>
<td>Types: Re-Entry</td>
</tr>
<tr>
<td>Program Status: Active Program Category Level: 3</td>
</tr>
</tbody>
</table>
In this program minimum security inmates who are determined eligible and suitable, work for local towns, the Connecticut Department of Transportation, or eligible non-profit organizations providing various maintenance tasks. In addition to providing a community service, the experience assists inmates in developing good work habits. The inmates are supervised by trained employees from the jurisdiction where they work.
<table>
<thead>
<tr>
<th>Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender Specific for: BOTH; RT Program Code: 0</td>
</tr>
<tr>
<td>Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
</tr>
</tbody>
</table>

**Description:**

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

**Facilities:**

**Auspices:**

- **Treatment Types:**
  - Education (Ed)

- **Domains:**
  - Education; Education, Employment, and Financial Situation; Employment/Financial

- **Types:**
  - Re-Entry

**Program Status:**

- Active Program Category Level: 3
Compendium Program: CORP: Connecticut Offender Re-Entry Program

Gender Specific for: BOTH; RT Program Code: 28

Open Close: False, Session Group: True, Session Numbers: 35, Evidence Based: False

Description:
This program provides services for offenders with mental illness returning to the community after an extended period of incarceration. The emphasis is on reducing recidivism by identifying and intervening in those areas most in need. Individuals eligible for the services must have at least one year left to serve before release, have a mental health score of 3 or higher and are returning to a catchment area where CORP services are provided. Catchment areas include Hartford, New Haven, Bridgeport, Norwich/New London and Waterbury areas.

Facilities:
CYBULSKI CI; GARNER CI; OSBORN CI; YORK CI

Auspices:
Contracted Program; Health Services; Volunteer Services

Treatment Types:
Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Family and Social Support; Mental Health; Substance Abuse and Mental Health

Types:
Mental Health; Re-Entry

Program Status:
Active Program Category Level: 2
Compendium Program: Current Events Group

Gender Specific for: MALE; RT Program Code: G8

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This group provides offenders with current information on events occurring in society by utilizing different media sources, including but not limited to newspapers, magazines, articles, journals and radio/television reports.

Facilities:
CYBULSKI CI; MANSON YI

Auspices:
Health Services

Treatment Types:
Mental Health (MH)

Domains:
Family and Social Support; Substance Abuse and Mental Health

Types:
Mental Health; Recreation; Social Rehabilitation

Program Status:
Active Program Category Level: 3
Compendium Program: Discharge Orientation

Gender Specific for: BOTH; RT Program Code: RD

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

Facilities:
BRIDGEPORT CC; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation; Family and Social Support

Types:
Re-Entry

Program Status:
Active Program Category Level: 3
### Compendium Program: DSS Connect Card

- **Gender Specific for:** BOTH; **RT Program Code:** I7
- **Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

- ***

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Programs & Treatment Unit

**Treatment Types:**
Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education, Employment, and Financial Situation; Employment/Financial

**Types:**
Re-Entry

**Program Status:**
Active Program Category Level: 3

### Compendium Program: DUI (Driving Under the Influence)

- **Gender Specific for:** BOTH; **RT Program Code:** 35
- **Open Close:** True, **Session Group:** False, **Session Numbers:** 14, **Evidence Based:** False

**Description:**
DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

**Facilities:**
CYBULSKI CI; OSBORN CI; ROBINSON CI; YORK CI

**Auspices:**
Addiction Services

**Treatment Types:**
Cognitive Behavioral Therapy (CBT)

**Domains:**
Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

**Types:**
Addiction

**Program Status:**
Active Program Category Level: 1
### Compendium Program: DUI Home Confinement Program: Track One

**Gender Specific for:** MALE; **RT Program Code:** V1

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
This program comprises screening, assessment and brief treatment (3 program sessions) in the Community Correctional Centers. Offenders in Track 1 will be recommended for release to the DUI Home Confinement Program upon successful completion of the program and with approval of the Warden. Offenders in Track One may be assessed as needing a higher level of care, and may be referred to Track Two.

Lesson I Program Orientation: Developing A working relationship Program overview, expectations, guidelines, identify what you want out of the program and what would you add to the program. Lesson 2 Alcohol and other drug impaired driving: The Laws and beyond the Law; Lesson 3, How Our thinking, attitudes and beliefs control our actions; Lesson 4; How behavior is learned and changed: learning self-control and driving with care; 5; Pathways to relapse and recidivism; Lesson Process and steps to preventing relapse and recidivism; Lesson 6-Preventing relapse and recidivism; building personal recidivism.

**Facilities:**
BRIDGEPORT CC; CORRIGAN CI; CYBULSKI CI; HARTFORD CC; NEW HAVEN CC; OSBORN CI

**Auspices:**
Addiction Services

**Treatment Types:**
Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

**Domains:**
Criminal Attitudes and Behavioral Patterns; Substance Abuse and Mental Health

**Types:**
Addiction

**Program Status:**
Active Program Category Level: 1
Compendium Program: DUI Home Confinement Program: Track Three
Gender Specific for: BOTH; RT Program Code: V3
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

Facilities:
CYBULSKI CI; OSBORN CI; ROBINSON CI; YORK CI

Auspices:
Addiction Services

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

Domains:
Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types:
Addiction

Program Status:
Active Program Category Level: 1
### Compendium Program: DUI Home Confinement Program: Track Two

**Gender Specific for:** BOTH; **RT Program Code:** V2

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

**Facilities:**
- CORRIGAN CI; CYBULSKI CI; OSBORN CI; ROBINSON CI; YORK CI

**Auspices:**
- Addiction Services

**Treatment Types:**
- Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

**Domains:**
- Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

**Types:**
- Addiction

**Program Status:**
- Active Program Category Level: 1
**Compendium Program:** Education Needs to be Identified by USD#1  
**Gender Specific for:** BOTH; **RT Program Code:** E1

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

**Facilities:**  
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHER CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**  
Unknown

**Treatment Types:**  
Education (Ed)

**Domains:**  
Education, Employment, and Financial Situation

**Types:**  
Unknown

**Program Status:**  
Active Program Category Level: 1
**Compendium Program: Educational, Career Resources and Job Fairs**

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

**Facilities:**
CYBULSKI CI; MACDOUGALL CI; MANSON YI; OSBORN CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Addiction Services; USD#1

**Treatment Types:**
Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education; Education, Employment, and Financial Situation; Employment/Financial; Family; Mental Health; Parenting; Peer Associations; Relationships; Self Efficacy; Substance Abuse

**Types:**
Academic Education; Re-Entry

**Program Status:**
Active Program Category Level: 3
**Compendium Program: Embracing Fatherhood**

**Gender Specific for:** MALE; **RT Program Code:** 04

**Open Close:** True, **Session Group:** False, **Session Numbers:** 10, **Evidence Based:** True

**Description:**

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

**Facilities:**

CYBULSKI CI; GARNER CI; MACDOUGALL CI; OSBORN CI

**Auspices:**

All Facility Staff; Programs & Treatment Unit

**Treatment Types:**

Family Support (FS)

**Domains:**

Family and Social Support

**Types:**

Family

**Program Status:**

Active Program Category Level: 2
<table>
<thead>
<tr>
<th>Compendium Program: Expired Photo Driver's License</th>
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<tbody>
<tr>
<td>Gender Specific for: BOTH; RT Program Code: I3</td>
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<tr>
<td>Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
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<tr>
<td>Description:</td>
</tr>
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<td>****</td>
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<tr>
<td>Facilities:</td>
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<td>BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE;</td>
</tr>
<tr>
<td>CHESHIRe CI; CORRIGAN CI; CYBULSKI CI; ENFIELD</td>
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<tr>
<td>CI; GARNER CI; HARTFORD CC; MACDOUGALL CI;</td>
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<tr>
<td>MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN</td>
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<tr>
<td>CI; RADGOWSKI CI; ROBINSON CI; WALKER RC;</td>
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<tr>
<td>WILLARD CI; YORK CI</td>
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<td>Auspices:</td>
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<tr>
<td>Programs &amp; Treatment Unit</td>
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<tr>
<td>Treatment Types:</td>
</tr>
<tr>
<td>Reintegration Enhancement/Relapse Prevention (RERP)</td>
</tr>
<tr>
<td>Domains:</td>
</tr>
<tr>
<td>Education, Employment, and Financial Situation</td>
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<tr>
<td>Types:</td>
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<tr>
<td>Re-Entry</td>
</tr>
<tr>
<td>Program Status:</td>
</tr>
<tr>
<td>Active Program Category Level: 3</td>
</tr>
</tbody>
</table>
Compendium Program: Facility Based Domestic Violence Program

Gender Specific for: MALE; RT Program Code: 02

Open Close: True, Session Group: False, Session Numbers: 15, Evidence Based: False

Description:
This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department’s community-based transitional supervision program for domestic violence offenders.

Facilities:
BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI

Auspices:
All Facility Staff; Programs & Treatment Unit

Treatment Types:
Aggression Replacement Training (ART); Victim Impact (VI)

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Domestic Violence; Family

Program Status:
Active Program Category Level: 1
Compendium Program: Fresh Start Family Re-entry Program (Bridgeport)

Gender Specific for: MALE; RT Program Code: W8

Open Close: True, Session Group: False, Session Numbers: 12, Evidence Based: False

Description:
A contracted program that provides integrated counseling, therapy, psycho-educational, evidence-based programs and case management services for offenders on parole, probation, transitional supervision and those who have completed their sentence. The goal is to empower individuals, strengthen families and assist with the successful transition to family and community. Specific programs include; Life Skills, Parenting Education, Mentioning, Anger Management, Domestic Violence Services, Substance Abuse Relapse Prevention, Reentry Support Group, and Individual, Couples and Family therapy.

Facilities:
CYBULSKI CI

Auspices:
Contracted Program; Volunteer Services

Treatment Types:
Family Support (FS); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations; Substance Abuse and Mental Health

Types:
Re-Entry

Program Status:
Active Program Category Level: 3
### Compendium Program: General Referral for Addiction Services

**Gender Specific for:** BOTH  
**RT Program Code:** A1

**Open Close:** True,  
**Session Group:** False,  
**Session Numbers:** 1,  
**Evidence Based:** False

**Description:**

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Unknown

**Treatment Types:**
Substance Abuse (SA)

**Domains:**
Substance Abuse and Mental Health

**Types:**
Unknown

**Program Status:**
Active Program Category Level: 1

### Compendium Program: General Referral for Vocational Education

**Gender Specific for:** BOTH  
**RT Program Code:** E2

**Open Close:** True,  
**Session Group:** False,  
**Session Numbers:** 1,  
**Evidence Based:** False

**Description:**

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Unknown

**Treatment Types:**
Education (Ed)

**Domains:**
Education, Employment, and Financial Situation

**Types:**
Unknown

**Program Status:**
Active Program Category Level: 1
<table>
<thead>
<tr>
<th>Compendium Program: Good Intentions - Bad Choices</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender Specific for: BOTH; RT Program Code: CF</td>
</tr>
<tr>
<td>Open Close: True, Session Group: False, Session Numbers: 15, Evidence Based: True</td>
</tr>
<tr>
<td><strong>Description:</strong></td>
</tr>
<tr>
<td>This program features a three part DVD series that focuses on Relapse and Recidivism Prevention for addicts and offenders leaving treatment or an incarcerated setting re-entering society. This period of early reintegration is especially risky for addicts and offenders despite intentions of doing well and straightening out their lives because errors in thinking that are the result of years of an addictive and/or criminal lifestyle, and are not so easily or quickly resolved.</td>
</tr>
<tr>
<td><strong>Facilities:</strong></td>
</tr>
<tr>
<td>BROOKLYN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; OSBORN CI; WILLARD CI; YORK CI</td>
</tr>
<tr>
<td><strong>Auspices:</strong></td>
</tr>
<tr>
<td>Programming Unit - Facility Staff</td>
</tr>
<tr>
<td><strong>Treatment Types:</strong></td>
</tr>
<tr>
<td>Cognitive Behavioral Therapy (CBT)</td>
</tr>
<tr>
<td><strong>Domains:</strong></td>
</tr>
<tr>
<td>Anger/Hostility; Antisocial Attitudes; Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Relationships; Self Efficacy; Substance Abuse</td>
</tr>
<tr>
<td><strong>Types:</strong></td>
</tr>
<tr>
<td>Self Improvement</td>
</tr>
<tr>
<td><strong>Program Status:</strong></td>
</tr>
<tr>
<td>Active Program Category Level: 1</td>
</tr>
</tbody>
</table>
Compendium Program: High School Diploma Programs
Gender Specific for: BOTH; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
The USD #1 offers opportunities for earning a high school diploma through either USD #1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.

2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.

3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.

4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level: 1
Compendium Program: HIV Counseling, Testing & Risk Reduction Education

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; MANSON YI; NORTHERN CI; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Health Services

Treatment Types:
Family Support (FS): Medical (Med)

Domains:
Peer Associations

Types:
Health Education: Medical

Program Status:
Active Program Category Level: 3
### Compendium Program: HIV Support Services

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Healh Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department’s Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

**Facilities:**
- BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
- Health Services

**Treatment Types:**
- Medical (Med)

**Domains:**
- Peer Associations

**Types:**
- Health Education; Medical; Mental Health

**Program Status:**
- Active Program Category Level: 3
### Compendium Program: Inmate Certified Nurse's Aide Program

**Gender Specific for:** MALE; **RT Program Code:** 0  
**Open Close:** False, **Session Group:** True, **Session Numbers:** 6, **Evidence Based:** False

**Description:**
This program is licensed by the Connecticut Department of Public Health (DPH) with required re-licensure every two years. Classes are 190 hours multi-disciplinary team approach with specific mandated DPH subject matter. The students are taught and prepared so as to qualify them for the certification as a nurse aide (CNA). The main goal of the program is to provide skills to offenders so that they can transition and or assimilate into the healthcare workforce post discharge.

**Facilities:**
BRIDGEPORT CC; CORRIGAN CI; CYBULSKI CI; MACDOUGALL CI; OSBORN CI; ROBINSON CI; YORK CI

**Auspices:**
Health Services

**Treatment Types:**
Education (Ed); Life Skills (LS); Medical (Med)

**Domains:**
Education; Education, Employment, and Financial Situation; Employment/Financial

**Types:**
Career Technical Education; Re-Entry

**Program Status:**
Active Program Category Level: 1
Compendium Program: Inmate Photo Program

Gender Specific for: MALE; RT Program Code: M8

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women’s shelters, children’s hospitals, youth organizations, and youth at risk programs.

Facilities:
CHESHIRE CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; MANSON YI; ROBINSON CI; WALKER RC; WILLARD CI

Auspices:
All Facility Staff

Treatment Types:
Family Support (FS)

Domains:
Family and Social Support

Types:
Community Service

Program Status:
Active Program Category Level: 0
### Compendium Program: Interactive Skill Building

**Gender Specific for:** MALE; **RT Program Code:** 84

**Open Close:** False, **Session Group:** True, **Session Numbers:** 8, **Evidence Based:** False

**Description:** Interactive Skill Building (ISB) is a program coordinated by a Correctional Recreation Supervisor to introduce inmates to a range of fitness activities. This activity may be offered to individuals, groups of 5 (or less) or larger groups. ISB introduces participants to the Rules of Good Sportsmanship and Physical Education/Recreation Game Rules. Coaching Goals, Exercise Guidelines, Officiating Guidelines and Team Concepts may be introduced in depth. Recreation Supervisors encourage inmates to better understand fitness, self-control and well being through Team Sports, including: Basketball, Handball, Soccer, Softball, Volleyball and Flag Football. In addition to Intramural Activities, inmates may be introduced to Calisthenics, Aerobics, Running/Walking, Weight Conditioning, Relaxation Techniques and Yoga. Other activities may include: Art Classes, Band/Music Programs, Table/Board Games; Creative Writing. Tournaments reinforcing personal development or self enrichment may include: Badminton, Bowling, Horseshoes, Paddleball, Ping-Pong, Frisbee and Boccee. Inmates may also be organized to provide Community Services, including: Conservation, Restoration & Beautification (Garden/Ground Projects), Photo Program Fundraisers. ISB may also include, Book Clubs/Reading Groups, Hobby Groups or encouragement to participate in other elective-voluntary activities.

**Facilities:**
BRIDGEPORT CC; CYBULSKI CI; NORTHERN CI; WILLARD CI

**Auspices:**
All Facility Staff

**Treatment Types:**
BehaviorModification (BM)

**Domains:**
Criminal Attitudes and Behavioral Patterns

**Types:**
Administrative Segregation; SRG

**Program Status:**
Active Program Category Level: 1
Compendium Program: Islamic Studies

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3

Compendium Program: Islamic Video

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This is a weekly instructional video focused on the historical background of Islam, prayer, customs, and traditions.

Facilities:
BROOKLYN CI; CYBULSKI CI; ROBINSON CI; WILLARD CI

Auspices:
Religious Services ; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3
**Compendium Program: Jehovah's Witness Bible Study**

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

**Facilities:**
CYBULSKI CI; ENFIELD CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; YORK CI

**Auspices:**
Religious Services; Volunteer Services

**Treatment Types:**
Unknown

**Domains:**
Unknown

**Types:**
Religious

**Program Status:**
Active Program Category Level: 3

**Compendium Program: Jehovah's Witness Collective Service**

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
This is the weekly Jehovah’s Witness worship service.

**Facilities:**
BROOKLYN CI; CHESHER CII; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; NORTHERN CI; OSBORN CI; RAGGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

**Auspices:**
Religious Services; Volunteer Services

**Treatment Types:**
Unknown

**Domains:**
Unknown

**Types:**
Religious

**Program Status:**
Active Program Category Level: 3
Compendium Program: Jewish Worship and Study
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
Jewish worship followed by study of the Hebrew Bible or Jewish history.
Facilities:
CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI
Auspices:
Religious Services
Treatment Types:
Unknown
Domains:
Unknown
Types:
Religious
Program Status:
Active Program Category Level: 3

Compendium Program: Job Center - Pre-Employment Workshops
Gender Specific for: BOTH; RT Program Code: J1
Open Close: True, Session Group: False, Session Numbers: 6, Evidence Based: False
Description:
The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.
Facilities:
CYBULSKI CI; YORK CI
Auspices:
Employment Services; Programs & Treatment Unit
Treatment Types:
Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)
Domains:
Education, Employment, and Financial Situation; Employment/Financial
Types:
Re-Entry; Self Improvement
Program Status:
Active Program Category Level: 2
Compendium Program: Jumah
Gender Specific for: MALE; RT Program Code: 0
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Worship Services

Program Status:
Active Program Category Level: 3
<table>
<thead>
<tr>
<th><strong>Compendium Program:</strong> Medication Assisted Treatment - MAT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gender Specific for:</strong> MALE; RT Program Code: 0</td>
</tr>
<tr>
<td><strong>Open Close:</strong> True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
</tr>
</tbody>
</table>

**Description:**
This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

**Facilities:**
CORRIGAN CI; CYBULSKI CI; MANSON YI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

**Auspices:**
Contracted Program

**Treatment Types:**
Cognitive Behavioral Therapy (CBT); Life Skills (LS); Substance Abuse (SA)

**Domains:**
Substance Abuse and Mental Health

**Types:**
Substance Abuse Services/Treatment

**Program Status:**
Active Program Category Level: 2
**Compendium Program: Men's Fraternity**

**Gender Specific for:** MALE; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
Men's Fraternity is a Protestant program that teaches practical Christian living principles based on Biblical teaching in a group format, using videos, lectures and workbooks with the goal to help inmates become better husbands, fathers and children.

**Facilities:**
CYBULSKI CI; HARTFORD CC; OSBORN CI; WILLARD CI

**Auspices:**
Religious Services; Volunteer Services

**Treatment Types:**
Unknown

**Domains:**
Unknown

**Types:**
Religious

**Program Status:**
Active Program Category Level: 3
Compendium Program: M-TREM: Men’s Trauma Recovery and Empowerment Model

Gender Specific for: MALE; RT Program Code: MT

Open Close: True, Session Group: False, Session Numbers: 24, Evidence Based: False

Description:
M-TREM is a 24 session group that meets twice a week, and is divided into four parts. It is a gender-specific, educational, skills oriented group, designed to address trauma. The group's emphasis is on making connections between abuse histories and current functioning and on assisting with recovery skill development.

Facilities:
CYBULSKI CI; OSBORN CI

Auspices:
Mental Health

Treatment Types:
Life Skills (LS); Mental Health (MH); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Family and Social Support; Substance Abuse and Mental Health

Types:
Mental Health

Program Status:
Active Program Category Level: 1
### Compendium Program: Narcotics Anonymous

**Gender Specific for:** MALE; **RT Program Code:** 0  
**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

**Auspices:**
Addiction Services; Volunteer Services

**Treatment Types:**
Substance Abuse (SA)

**Domains:**
Substance Abuse; Substance Abuse and Mental Health

**Types:**
Addiction

**Program Status:**
Active Program Category Level: 3
<table>
<thead>
<tr>
<th>Compendium Program: Native American Harvest Festival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender Specific for: MALE; RT Program Code: N/A</td>
</tr>
<tr>
<td>Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
</tr>
<tr>
<td>Description:</td>
</tr>
<tr>
<td>Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.</td>
</tr>
<tr>
<td>Facilities:</td>
</tr>
<tr>
<td>BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI</td>
</tr>
<tr>
<td>Auspices: Religious Services</td>
</tr>
<tr>
<td>Treatment Types: Unknown</td>
</tr>
<tr>
<td>Domains: Unknown</td>
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<tr>
<td>Types: Religious</td>
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<tr>
<td>Program Status: Active Program Category Level: 3</td>
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<tr>
<td>Program Status:</td>
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<td>----------------</td>
</tr>
<tr>
<td>Compendium Program: Native American Strawberry Festival</td>
</tr>
<tr>
<td>Gender Specific for: MALE; RT Program Code: N/A</td>
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<tr>
<td>Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
</tr>
<tr>
<td>Description:</td>
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<tr>
<td>Facilities:</td>
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<td>Auspices:</td>
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<td>Treatment Types:</td>
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<tr>
<td>Domains:</td>
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<tr>
<td>Types:</td>
</tr>
<tr>
<td>Compendium Program: Native American Video and Discussion</td>
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<td>--------------------------------------------------------</td>
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<tr>
<td><strong>Gender Specific for:</strong> MALE; <strong>RT Program Code:</strong> 0</td>
</tr>
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<td><strong>Open Close:</strong> True, <strong>Session Group:</strong> False, <strong>Session Numbers:</strong> 1, <strong>Evidence Based:</strong> False</td>
</tr>
<tr>
<td><strong>Description:</strong> This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.</td>
</tr>
<tr>
<td><strong>Facilities:</strong> BROOKLYN CI; CYBULSKI CI; MACDOUGALL CI</td>
</tr>
<tr>
<td><strong>Auspices:</strong> Religious Services; Volunteer Services</td>
</tr>
<tr>
<td><strong>Treatment Types:</strong> Unknown</td>
</tr>
<tr>
<td><strong>Domains:</strong> Unknown</td>
</tr>
<tr>
<td><strong>Types:</strong> Religious</td>
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<tr>
<td><strong>Program Status:</strong> Active Program Category Level: 3</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Compendium Program: Native American Worship</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gender Specific for:</strong> MALE; <strong>RT Program Code:</strong> 0</td>
</tr>
<tr>
<td><strong>Open Close:</strong> True, <strong>Session Group:</strong> False, <strong>Session Numbers:</strong> 1, <strong>Evidence Based:</strong> False</td>
</tr>
<tr>
<td><strong>Description:</strong> Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.</td>
</tr>
<tr>
<td><strong>Facilities:</strong> BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI</td>
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<td><strong>Auspices:</strong> Religious Services; Volunteer Services</td>
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<td><strong>Treatment Types:</strong> Unknown</td>
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<tr>
<td><strong>Domains:</strong> Unknown</td>
</tr>
<tr>
<td><strong>Types:</strong> Religious; Worship Services</td>
</tr>
<tr>
<td><strong>Program Status:</strong> Active Program Category Level: 3</td>
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</tbody>
</table>
Compendium Program: Native American Worship-Sweat Lodge

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Sweat lodge is a purification ceremony, which includes smudging. It is celebrated monthly.

Facilities:
CHESHIRE CI; CYBULSKI CI; ENFIELD CI; MACDOUGALL CI; OSBORN CI

Auspices:
Religious Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Worship Services

Program Status:
Active Program Category Level: 3

Compendium Program: OAP Refusal

Gender Specific for: BOTH; RT Program Code: PR

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Unknown

Treatment Types:
Unknown

Domains:
Criminal Attitudes and Behavioral Patterns

Types:
Unknown

Program Status:
Active Program Category Level: 1
**Compendium Program: Outside Clearance**

**Gender Specific for:** BOTH; **RT Program Code:** L4

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Unknown

**Treatment Types:**
Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education, Employment, and Financial Situation; Employment/Financial

**Types:**
Unknown

**Program Status:**
Active Program Category Level: 3

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**Compendium Program: Passport**

**Gender Specific for:** BOTH; **RT Program Code:** I8

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

****

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Programs & Treatment Unit

**Treatment Types:**
Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education, Employment, and Financial Situation; Employment/Financial

**Types:**
Re-Entry

**Program Status:**
Active Program Category Level: 3
Compendium Program: Peer Mentor Program  
Gender Specific for: MALE; RT Program Code: PM
Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False
Description:
Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

Facilities:
BROOKLYN CI; CYBULSKI CI; ENFIELD CI; OSBORN CI; ROBINSON CI

Auspices:
Addiction Services

Treatment Types:
Substance Abuse (SA)

Domains:
Peer Associations; Substance Abuse and Mental Health

Types:
Addiction

Program Status:
Active Program Category Level: 3
Compendium Program: Protestant - Alpha Program

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
The Alpha program is a course in basic Christianity based upon biblical principles utilizing videos and workbooks in a group setting. This program meets weekly and is conducted by both volunteers and staff.

Facilities:
CHESHIRE CI; CYBULSKI CI; ENFIELD CI; OSBORN CI; ROBINSON CI; WILLARD CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3
Compendium Program: Protestant Bible Study

Gender Specific for: BOTH; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHERINE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Religious

Program Status:
Active Program Category Level: 3
### Compendium Program: Protestant Choir

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

**Facilities:**

CHESHIRE CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI; ROBINSON CI; YORK CI

**Auspices:**

Religious Services; Volunteer Services

**Treatment Types:**

Unknown

**Domains:**

Unknown

**Types:**

Religious

**Program Status:**

Active Program Category Level: 3

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### Compendium Program: Protestant Bible Study (Spanish)

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

**Facilities:**

BRIDGEPORT CC; BROOKLYN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**

Religious Services; Volunteer Services

**Treatment Types:**

Unknown

**Domains:**

Unknown

**Types:**

Religious

**Program Status:**

Active Program Category Level: 3

As of: 10/13/2017
Compendium Program: Protestant Church Leadership Course

Gender Specific for: MALE; RT Program Code: 0

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
College level program offered through Midwestern Baptist Theological Seminary to increase inmates' knowledge of their faith and prepare them for lay leadership roles in the local church. Inmates who successfully complete 10 - three credit courses will earn a diploma in Biblical Studies.

Facilities:
CYBULSKI CI; WILLARD CI

Auspices:
Religious Services; Volunteer Services

Treatment Types:
Unknown

Domains:
Unknown

Types:
Academic Education; Religious

Program Status:
Active Program Category Level: 3
**Compendium Program: Protestant Discipleship Group**

*Gender Specific for: MALE; RT Program Code: 0*

*Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False*

*Description:*
This group is a structured biblical based activity to teach members self-discipline maturity in accordance to other faiths and to become a better member in our society. This group is conducted by a chaplain and/or volunteers.

*Facilities:*
CYBULSKI CI; ENFIELD CI

*Auspices:*
Religious Services

*Treatment Types:*
Unknown

*Domains:*
Unknown

*Types:*
Religious

*Program Status:*
Active Program Category Level: 3

---

**Compendium Program: Protestant Service**

*Gender Specific for: BOTH; RT Program Code: 0*

*Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False*

*Description:*
This is the weekly Protestant worship service.

*Facilities:*
BRIDGEPORT CC; BROOKLYN CI; CHESHER HISTORICAL CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*
Religious Services; Volunteer Services

*Treatment Types:*
Unknown

*Domains:*
Unknown

*Types:*
Worship Services

*Program Status:*
Active Program Category Level: 3
<table>
<thead>
<tr>
<th><strong>Compendium Program: Protestant Service (Spanish)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gender Specific for:</strong> MALE; RT Program Code: 0</td>
</tr>
<tr>
<td><strong>Open Close:</strong> True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
</tr>
<tr>
<td><strong>Description:</strong></td>
</tr>
<tr>
<td>This is the weekly Protestant worship service conducted in Spanish.</td>
</tr>
<tr>
<td><strong>Facilities:</strong></td>
</tr>
<tr>
<td>BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI</td>
</tr>
<tr>
<td><strong>Auspices:</strong></td>
</tr>
<tr>
<td>Religious Services; Volunteer Services</td>
</tr>
<tr>
<td><strong>Program Status:</strong></td>
</tr>
<tr>
<td>Active Program Category Level: 3</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th><strong>Compendium Program: Protestant Support Group</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gender Specific for:</strong> MALE; RT Program Code: 0</td>
</tr>
<tr>
<td><strong>Open Close:</strong> True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
</tr>
<tr>
<td><strong>Description:</strong></td>
</tr>
<tr>
<td>A developmental supervised group discussion based on Protestant Christian principles, intended to provide opportunities for inmates to develop role models, gaining insights into Christian living so that they may more fully integrate beliefs and behaviors. Program meets weekly and is led by volunteers and/or staff.</td>
</tr>
<tr>
<td><strong>Facilities:</strong></td>
</tr>
<tr>
<td>CYBULSKI CI</td>
</tr>
<tr>
<td><strong>Auspices:</strong></td>
</tr>
<tr>
<td>Religious Services</td>
</tr>
<tr>
<td><strong>Program Status:</strong></td>
</tr>
<tr>
<td>Active Program Category Level: 3</td>
</tr>
</tbody>
</table>
**Compendium Program: Ramadan, Eid-Ul-Fitr, Eid-Ul-Adha**

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True; **Session Group:** False; **Session Numbers:** 1; **Evidence Based:** False

**Description:**

Religiously Required Observations (Annual)

**Facilities:**
BRIDGEPOR T CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Religious Services

**Treatment Types:**
Unknown

**Domains:**
Unknown

**Types:**
Religious

**Program Status:**
Active Program Category Level: 3

---

**Compendium Program: Re-Entry and Discharge Planning**

**Gender Specific for:** BOTH; **RT Program Code:** M1

**Open Close:** True; **Session Group:** False; **Session Numbers:** 1; **Evidence Based:** False

**Description:**

**Facilities:**
BRIDGEPOR T CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Unknown

**Treatment Types:**
Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education; Education, Employment, and Financial Situation; Employment/Financial; Housing Safety; Substance Abuse

**Types:**
Unknown

**Program Status:**
Active Program Category Level: 2
Compendium Program: Reintegration Unit

Gender Specific for: MALE; RT Program Code: RU

Open Close: True, Session Group: False, Session Numbers: 999, Evidence Based: False

Description:
The Reintegration Unit at Willard Cybulski is a 110 bed unit for men who will be entering the community in the next 6 months to 4 years. The goal of the unit is to offer personalized programming and services to assist the men with their successful reintegration back into society. The final goal of the program is to break the cycle of recidivism and to help the man live successfully and happy in the community.

Facilities:
CYBULSKI CI

Auspices:
Programming Unit - Facility Staff

Treatment Types:
Education (Ed); Family Support (FS); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations

Types:
Family

Program Status:
Active Program Category Level: 0
<table>
<thead>
<tr>
<th>Compendium Program: Religious Library</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gender Specific for:</strong> MALE; RT Program Code: 0</td>
</tr>
<tr>
<td><strong>Open Close:</strong> True, <strong>Session Group:</strong> False, <strong>Session Numbers:</strong> 1, <strong>Evidence Based:</strong> False</td>
</tr>
</tbody>
</table>

**Description:**
A church guided individual session using written religious material such as periodicals, daily reflections and books.

**Facilities:**
BROOKLYN CI; CYBULSKI CI; ROBINSON CI; WILLARD CI

**Auspices:**
Religious Services

**Treatment Types:**
Unknown

**Domains:**
Unknown

**Types:**
Religious

**Program Status:**
Active Program Category Level: 3

<table>
<thead>
<tr>
<th>Compendium Program: School Record / Transcript</th>
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</thead>
<tbody>
<tr>
<td><strong>Gender Specific for:</strong> BOTH; RT Program Code: I4</td>
</tr>
<tr>
<td><strong>Open Close:</strong> True, <strong>Session Group:</strong> False, <strong>Session Numbers:</strong> 1, <strong>Evidence Based:</strong> False</td>
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</tbody>
</table>

**Description:**
****

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

**Auspices:**
Programs & Treatment Unit

**Treatment Types:**
Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education; Education, Employment, and Financial Situation

**Types:**
Re-Entry

**Program Status:**
Active Program Category Level: 3
Compendium Program: SMARTESS: Stress Management & Relaxation Techniques

Gender Specific for: MALE; RT Program Code: WA

Open Close: True, Session Group: False, Session Numbers: 3, Evidence Based: False

Description:
A 3 session program offered 1 time a week where offenders will learn various techniques to decrease their stress level and increase their awareness of healthy relaxation techniques. Offenders may be educated in the use of deep breathing exercises, guided imagery, meditation, progressive muscle relaxation and a simplified form of cognitive behavioral therapy to enhance their ability to cope with incarceration.

Facilities:
CYBULSKI CI; ROBINSON CI; WILLARD CI

Auspices:
Health Services

Treatment Types:
Life Skills (LS); Mental Health (MH)

Domains:
Family and Social Support; Substance Abuse and Mental Health

Types:
Mental Health; Self Improvement

Program Status:
Active Program Category Level: 3
### Compendium Program: Social Security Card

**Gender Specific for:** BOTH; **RT Program Code:** I5

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

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**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Programs & Treatment Unit

**Treatment Types:**
Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education, Employment, and Financial Situation; Employment/Financial

**Types:**
Re-Entry

**Program Status:**
Active Program Category Level: 3
**Compendium Program: Special Education and Pupil Services**

**Gender Specific for:** BOTH; **RT Program Code:** 0

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

**Facilities:**

BRIDGEPORT CC; BROOKLYN CI; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed)

**Domains:**

Education; Education, Employment, and Financial Situation; Employment/Financial

**Types:**

Academic Education

**Program Status:**

Active Program Category Level: 1
<table>
<thead>
<tr>
<th>Program Status:</th>
<th>Active Program Category Level:3</th>
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<tbody>
<tr>
<td>Compendium Program:</td>
<td>Sponsorship Behind the Walls</td>
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<tr>
<td>Gender Specific for:</td>
<td>MALE; RT Program Code: 0</td>
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<tr>
<td>Open Close:</td>
<td>True, Session Group:False, Session Numbers: 1, Evidence Based:False</td>
</tr>
<tr>
<td>Description:</td>
<td>This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.</td>
</tr>
<tr>
<td>Facilities:</td>
<td>BROOKLYN CI; CYBULSKI CI; OSBORN CI; RADGOWSKI CI; YORK CI</td>
</tr>
<tr>
<td>Auspices:</td>
<td>Addiction Services; Volunteer Services</td>
</tr>
<tr>
<td>Treatment Types:</td>
<td>Unknown</td>
</tr>
<tr>
<td>Domains:</td>
<td>Unknown</td>
</tr>
<tr>
<td>Types:</td>
<td>Addiction</td>
</tr>
</tbody>
</table>
### Compendium Program: Start Now: Unit 1

**Gender Specific for:** BOTH; **RT Program Code:** N1

**Open Close:** True, Session Group: False, Session Numbers: 10, Evidence Based: False

**Description:**

Start Now is a 32 session program broken down into 4 sections. Start Now is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self-talk, acceptance, positive coping skills, understanding grief/loss/anger/worry and anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

**Facilities:**

CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; WILLARD CI; YORK CI

**Auspices:**

Mental Health

**Treatment Types:**

Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH)

**Domains:**

Abuse/Trauma; Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Mental Health; Self Efficacy; Substance Abuse and Mental Health

**Types:**

Medical; Mental Health

**Program Status:**

Active Program Category Level: 2
Compendium Program: Start Now: Unit 2

Gender Specific for: BOTH; RT Program Code: N2

Open Close: True, Session Group: False, Session Numbers: 8, Evidence Based: False

Description:
Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry, anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

Facilities:
CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; WILLARD CI; YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH)

Domains:
Abuse/Trauma; Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Mental Health; Self Efficacy; Substance Abuse and Mental Health

Types:
Medical; Mental Health

Program Status:
Active Program Category Level: 2
**Compendium Program: Start Now: Unit 3**

**Gender Specific for:** BOTH; **RT Program Code:** N3

**Open Close:** True, **Session Group:** False, **Session Numbers:** 8, **Evidence Based:** False

**Description:**

Start Now is a 32 Session program broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/anger/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries, and problem solving.

**Facilities:**

CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; WILLARD CI; YORK CI

**Auspices:**

Mental Health

**Treatment Types:**

Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH)

**Domains:**

Abuse/Trauma; Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Mental Health; Self Efficacy; Substance Abuse and Mental Health

**Types:**

Medical; Mental Health

**Program Status:**

Active Program Category Level: 2
Compendium Program: Start Now: Unit 4

Gender Specific for: BOTH; RT Program Code: N4
Open Close: True, Session Group: False, Session Numbers: 6, Evidence Based: False

Description:
Start Now is a 32 Session program that is broken down into 4 sections. This is a manualized Dialectical Behavior Therapy that utilizes a workbook and teaches hygiene, the use of positive self talk, acceptance, positive coping skills, understanding grief/loss/angry/worry/anxiety and depression. It educates others to use positive coping skills such as imagery, focusing, active listening, open attitudes, setting boundaries and problem solving.

Facilities:
CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; WILLARD CI; YORK CI

Auspices:
Mental Health

Treatment Types:
Cognitive Behavioral Therapy (CBT); Life Skills (LS); Mental Health (MH)

Domains:
Abuse/Trauma; Anger/Hostility; Criminal Attitudes and Behavioral Patterns; Mental Health; Self Efficacy; Substance Abuse and Mental Health

Types:
Medical; Mental Health

Program Status:
Active Program Category Level: 2
<table>
<thead>
<tr>
<th>Compendium Program: State ID Card</th>
<th>Gender Specific for: BOTH; RT Program Code: I6</th>
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</thead>
<tbody>
<tr>
<td>Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False</td>
<td></td>
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</tbody>
</table>

**Description:**

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**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHEIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
Programs & Treatment Unit

**Treatment Types:**
Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education, Employment, and Financial Situation; Employment/Financial

**Types:**
Re-Entry

**Program Status:**
Active Program Category Level: 3
Support and Training Results in Valuable Employments (STRIVE) offers a unique attitudinal job readiness course in a simulated work environment that emphasizes personal accountability while focusing on developing job and communication skills, work readiness, workplace behavior, and the importance of proper appearance and a positive attitude. Participants will receive an interview-appropriate suit, case management, two years follow-up support, job leads and job development opportunities upon graduation.

Facilities:
CYBULSKI CI

Auspices:
Contracted Program; Employment Services

Treatment Types:
Education (Ed); Life Skills (LS)

Domains:
Education, Employment, and Financial Situation

Types:
Unknown

Program Status:
Active Program Category Level: 2
Compendium Program: Thresholds
Gender Specific for: BOTH; RT Program Code: 95
Open Close: True, Session Group: False, Session Numbers: 16, Evidence Based: False
Description:
This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

Facilities:
CHESHIRE CI; CYBULSKI CI; GARNER CI; MANSON YI; YORK CI

Auspices:
All Facility Staff; Contracted Program; Volunteer Services

Treatment Types:
Cognitive Behavioral Therapy (CBT); Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Anger/Hostility; Antisocial Friends; Criminal Attitudes and Behavioral Patterns; Self Efficacy

Types:
Anger Management; Self Improvement

Program Status:
Active Program Category Level: 3
Compendium Program: Tier Two Addiction Services Intensive Outpatient Program

Gender Specific for: BOTH; RT Program Code: 14

Open Close: True, Session Group: False, Session Numbers: 30, Evidence Based: False

Description:
The Tier Two Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

Facilities:
BROOKLYN CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; MANSON YI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Addiction Services

Treatment Types:
Cognitive Behavioral Therapy (CBT); Substance Abuse (SA)

Domains:
Criminal Attitudes and Behavioral Patterns; Substance Abuse; Substance Abuse and Mental Health

Types:
Addiction

Program Status:
Active Program Category Level: 1
**Compendium Program: Transitional Case Management (TCM)**

**Gender Specific for:** BOTH; **RT Program Code:** MC

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves and their ability to succeed.

**Facilities:**

CYBULSKI CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

**Auspices:**

Community Addiction Services; Contracted Program

**Treatment Types:**

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP); Substance Abuse (SA)

**Domains:**

Education; Employment/Financial; Housing Safety; Mental Health; Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

**Types:**

Re-Entry

**Program Status:**

Active Program Category Level: 2
**Compensium Program:** USD#1 - DOC Re-entry Curriculum

**Gender Specific for:** BOTH; **RT Program Code:** 87

**Open Close:** True, **Session Group:** False, **Session Numbers:** 21, **Evidence Based:** False

**Description:**
This 21 day program prepares inmates for their transition back into society. The class provides a variety of interactive and personal activities to assist inmates with acquiring identification, building employment skills, encouraging sound educational and career goal setting, and taking responsibility. All inmates who complete the Re-entry Class will have developed an Individual Transition Plans of contacts, addresses, and phone numbers for the community area he/she will be returning to, based on his/her needs. In addition, the inmates receive a portfolio including DMV, DOL, Social Security, SAGA, continuing education, housing, clothing, and 211 Info-line information.

**Facilities:**
CYBULSKI CI; ENFIELD CI; MANSON YI; OSBORN CI; YORK CI

**Auspices:**
USD#1

**Treatment Types:**
Education (Ed); Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Education; Education, Employment, and Financial Situation; Employment/Financial

**Types:**
Re-Entry

**Program Status:**
Active Program Category Level: 2
Compendium Program: USD#1 Adult Basic Education (GL 5-8)

Gender Specific for: BOTH; RT Program Code: 51

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education; Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level: 1
**Compendium Program: USD#1 Adult Basic Education (GL 9-12)**

**Gender Specific for:** BOTH; **RT Program Code:** 52

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

**Auspices:**
USD#1

**Treatment Types:**
Education (Ed)

**Domains:**
Education; Education, Employment, and Financial Situation

**Types:**
Academic Education

**Program Status:**
Active Program Category Level: 1

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**Compendium Program:** USD#1 Adult Basic Education 4 (GL 0-12)

**Gender Specific for:** BOTH; **RT Program Code:** 53

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

**Facilities:**
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

**Auspices:**
USD#1

**Treatment Types:**
Education (Ed)

**Domains:**
Education; Education, Employment, and Financial Situation

**Types:**
Academic Education

**Program Status:**
Active Program Category Level: 1
Compendium Program: USD#1 Family Education & Parenting

Gender Specific for: BOTH; RT Program Code: 37

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facilities:
BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; ENFIELD CI; MACDOUGALL CI; MANSON YI; OSBORN CI; WILLARD CI; YORK CI

Auspices:
All Facility Staff; USD#1

Treatment Types:
Education (Ed); Family Support (FS)

Domains:
Education; Education, Employment, and Financial Situation; Family; Family and Social Support; Parenting

Types:
Family; Self Improvement

Program Status:
Active Program Category Level: 2
Compendium Program: USD#1 GED/High School Diploma

Gender Specific for: BOTH; RT Program Code: 86

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

Facilities:
BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education; Education, Employment, and Financial Situation

Types:
Academic Education

Program Status:
Active Program Category Level: 1
Compendium Program: USD#1 Voc. Ed: Business Education

Gender Specific for: BOTH; RT Program Code: 63

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:
This program prepares students for entry-level employment requiring basic business skills.

Facilities:
CHESHIRE CI; CYBULSKI CI; YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education; Education, Employment, and Financial Situation; Employment/Financial

Types:
Career Technical Education; Re-Entry

Program Status:
Active Program Category Level: 1
The Computer Software Application Technology course is designed to provide students with an introduction to computer operations and with the application of various software packages and programs. Students begin by learning simple software programs and then progress to more sophisticated packages as their individual skills develop. Software programs introduced include but are not limited to the following: Access, Visual Basic, Adobe PageMaker, Excel, MicroSoft Works, Power Point, Micro-Soft Word, Micro-Soft for Windows, and Adobe Indesign Adobe Illustrator. Students design and complete projects using this software.

Facilities:
CYBULSKI CI; ENFIELD CI; MACDOUGALL CI; ROBINSON CI; WILLARD CI; YORK CI

Auspices:
USD#1

Treatment Types:
Education (Ed)

Domains:
Education; Education, Employment, and Financial Situation; Employment/Financial

Types:
Career Technical Education; Re-Entry

Program Status:
Active Program Category Level: 1
Compendium Program: Valid Photo Driver’s License

Gender Specific for: BOTH; RT Program Code: I1

Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False

Description:

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Facilities:
BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE; CHESHIRe CI; CORRIGAN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; NORTHERN CI; OSBORN CI; RADGOWSKI CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

Auspices:
Programs & Treatment Unit

Treatment Types:
Reintegration Enhancement/Relapse Prevention (RERP)

Domains:
Education, Employment, and Financial Situation; Employment/Financial

Types:
Re-Entry

Program Status:
Active Program Category Level: 3
**Compendium Program: Veterans Service Unit**

**Gender Specific for:** MALE; RT Program Code: VU

**Open Close:** True, **Session Group:** False, **Session Numbers:** 1, **Evidence Based:** False

**Description:**
The Veterans Service Unit is designed to assist incarcerated veterans through a collaboration between the Connecticut Department of Correction, US and Connecticut State Department of Veterans Affairs, State Vet Centers, the Connecticut Department of Labor and other community-based Veteran organizations to ensure the provision of centralized reentry services and integrated case management responsive to the needs of incarcerated veterans and to ensure a continuum of care from incarceration to release.

**Facilities:**
CYBULSKI CI

**Auspices:**
Programs & Treatment Unit

**Treatment Types:**
Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**
Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation; Family and Social Support; Neighborhood Problems; Peer Associations; Substance Abuse and Mental Health

**Types:**
Unknown

**Program Status:**
Active Program Category Level: 1
**Compendium Program:** VOICES  (Victim Offender Institutional Correctional Educational Services)  

**Gender Specific for:** BOTH; RT Program Code: 03  

Open Close: True, Session Group: False, Session Numbers: 15, Evidence Based: True  

**Description:**  
Victim Offender Institutional Correctional Educational Services. This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.  

**Facilities:**  
BROOKLYN CI; CYBULSKI CI; ENFIELD CI; GARNER CI; MACDOUGALL CI; MANSON YI; RADGOWSKI CI; ROBINSON CI; WILLARD CI; YORK CI  

**Auspices:**  
All Facility Staff; Contracted Program; Programs & Treatment Unit; Safe Passage; Volunteer Services  

**Treatment Types:**  
*Victim Impact (VI)*  

**Domains:**  
Anger/Hostility; Antisocial Attitudes; Criminal Attitudes and Behavioral Patterns  

**Types:**  
Anger Management; Family; Victim  

**Program Status:**  
*Active Program Category Level: 2*