

Problem and Compulsive Gambling 4 Question Screening Tool

Problem and compulsive gambling has grown to be a significant issue for Connecticut residents. Gambling problems are often found co-occurring with mental health, chemical dependency, family, work, legal and financial problems.

The four questions can aid you in identifying gambling problems. No single question is adequate in capturing the majority of those experiencing gambling problems. Answering “yes” to one or more of these questions is suggestive of a problem deserving further assessment.

Source: Walter Miller, LCSW, NCGC and Christopher Armentano, LCSW, NCGC DMHAS Problem Gambling Services.

Questions

- 1. Have you ever borrowed money in order to gamble or cover lost money?**
- 2. Have you ever thought you might have a gambling problem, or been told that you might?**
- 3. Have you ever been untruthful about the extent of your gambling, or hid it from others?**
- 4. Have you ever tried to stop or cut back on how much or how often you gamble?**

For more information on resources for problem gambling please contact the Connecticut Problem Gambling Helpline at 1-800-346-6238 or call the Connecticut DMHAS Problem Gambling Services at 1-860-344-2244.

Funded by Connecticut Department of Mental Health and Addiction Services

Better Choice Programs

Positive Directions

Bob Vietro
420 Post Road, West
Westport, CT 06880
203-227-7644 Specify Gambling Treatment

Connecticut Renaissance

Melodie Keen
83 Wall Street, P. O. Box 1520
Norwalk, CT 06852
And
141 Franklin Commons
Stamford, CT
203-866-2541 Specify Gambling Treatment

Regional Network Of Programs

Tom Creed Or Ron Lovelett
480 Bond Street
Bridgeport, CT 06610
Tel: 203-366-5817 Specify Gambling Treatment

Problem Gambling Services

John Sidoli Or David Spalding
Cvh, P. O. Box 351, Russell Hall
Middletown, CT 06457
And
1435 State Street
New Haven, CT 06511
And
2 Center Road, West
Old Saybrook, CT 06475 (Monday Am)
And
100 Bank Street
Seymour, CT 06483 (Tuesday)
860-344-2244 Fax: 860-344-2360
Director: Christopher Armentano

United Community & Family Services

Cheryl Molina
47 Town Street, Meadows Plaza
Norwich, CT 06360
860-823-3094 (Referrals And Urgent Matters)
860-892-7042 Ext. 401

John Ricci - 860-889-2375 (Ext. 396)
320 Pomfret Street
Putnam, CT 06260-1869 (Tuesday)
And
400 Bayonet Street
New London, CT 06320 (Friday)

Wheeler Clinic

Pat Devendorf, Scott Guay, Alison Osborne
Hartford Office (Monday, Thursday, Friday)
645 Farmington Avenue
Hartford, CT 06105
860-523-9788

Plainville Office (Wednesday)
91 Northwest Drive
Plainville, CT 06062
860-793-3500 Voice Mail 860-793-3791

Mcca Outpatient Counseling Center

Steven Helfeld
38 Old Ridgebury Road
Danbury, CT 06810
203-792-4515
And
20 Woodside Avenue, Unit A
Middlebury, CT 06762
203-598-0828

Mccall Foundation

Mike Norton
58 High Street
Torrington, CT 06790
860-496-2105

Morris Foundation

Eileen O'sullivan
402 East Main Street
Waterbury, CT 06702
203-755-1143 Ext. 330
Monday Thru Friday 8:30 am - 5:00 pm