

Beliefs About Medications

Please **circle** the degree to which you personally AGREE or DISAGREE with each statement.

1. Anxiety and Depression symptoms can usually be improved with medication.

1 2 3 4 5
Strongly DISAGREE DISAGREE Neutral AGREE Strongly AGREE

2. Medications are an important part of the treatment of anxiety and depression.

1 2 3 4 5
Strongly DISAGREE DISAGREE Neutral AGREE Strongly AGREE

3. Medications for anxiety and depression can help a person feel better physically.

1 2 3 4 5
Strongly DISAGREE DISAGREE Neutral AGREE Strongly AGREE

4. People with anxiety should avoid taking medications to help their anxious problems.

5 4 3 2 1
Strongly DISAGREE DISAGREE Neutral AGREE Strongly AGREE

5. Medications for anxiety and depression do not help a person cope better.

5 4 3 2 1
Strongly DISAGREE DISAGREE Neutral AGREE Strongly AGREE

6. Most medications for anxiety and depression are highly addictive.

5 4 3 2 1
Strongly DISAGREE DISAGREE Neutral AGREE Strongly AGREE