

The DMHAS Statewide Integrative Medicine Committee  
is excited to announce the first in a series of **free** biannual trainings on  
**Holistic Practices for Behavioral Health.**

Our first offering is:



**led by Reiki Master Donna Wertz, MSN, RN.**

Reiki is a healing technique based on the principle that the therapist can channel energy into the patient by means of touch, to activate the natural healing processes of the patient's body and restore physical and emotional well-being. Once participants have completed the course, they will be able to use level 1 Reiki healing techniques to assist clients in improving health and decreasing stress and anxiety. These techniques can be used with or without hands on touch making them safe to use across different behavioral health settings.

**This program has been approved for five Continuing Education Credit Hours by the National Association of Social Workers, CT, and meets the continuing education criteria for CT Social Work Licensure renewal.**

**Date/Location:**

**Wednesday October 18<sup>th</sup> 9am-3pm**  
**Connecticut Valley Hospital**  
**Beers Hall, 3<sup>rd</sup> Floor, Cocilovo Room**  
**Middletown, CT**

**Target Audience:** Social workers, other behavioral health clinicians and paraprofessionals

**Required Text:** Essential Reiki by Diane Stein (no cost as it will be provided to the participants)

**Please return the attached Registration Form by FAX to: 860-418-6690**

**Registration Deadline is Tuesday 10/10/17**

\*Space is limited to the first 20 participants. There will be a waitlist once the slots are reserved. Due to the limited space, please reserve early. If you need to cancel, please do this as soon as possible in order to give others an opportunity to attend.

For more information on the DMHAS Statewide Integrative Medicine Initiative, please see here:

[www.ct.gov/dmhas/IM](http://www.ct.gov/dmhas/IM)

