REQUEST FOR QUALIFICATIONS

NADA Protocol/Auricular Acupuncture

Issued By: Department of Mental Health and Addiction Services (DMHAS)

Issued: June 14, 2018

Overview: The National Acupuncture Detoxification Association (NADA), a non-profit training and advocacy organization, encourages community wellness through the use of a standardized auricular acupuncture protocol for behavioral health, including substance use disorders, mental health disorders, and trauma. They work to improve access and effectiveness of care through promoting policies and practices which integrate NADA-style treatment with other behavioral health modalities. This program is free for selected agencies and is funded by the 2018 SAMHSA State Targeted Response (STR) grant awarded to DMHAS.

Eligibility: Agencies operated or funded by the Department of Mental Health and Addiction Services (DMHAS) that are in good standing

Project Period: Two 6-month cohorts: August 1, 2018 through April 30, 2019 (formal training/consultation period)

Informational Call-In: Agencies may participate in an optional call-in to ask questions prior to the submission of their response to this RFQ on:

Thursday June 21, 2018 at 10:00am
1-866-763-2652; code: 9022588#

If you have difficulty accessing the teleconference, please call (860) 967-8160

Application Response Deadline: July 3, 2018; 4:00pm

If you have questions about this RFQ, please contact Julienne Giard at (860) 418-6946 or Julienne.Giard@ct.gov
I. Background

What is the NADA model? The NADA model is a non-verbal approach to healing that involves the gentle placement of up to five small, sterilized disposable needles into specific sites on each ear. The recipients sit quietly in a group setting for 30-45 minutes. NADA ear acupuncture is an adjunct therapy, which is clinically effective, cost-efficient, drug-free and compatible cross-culturally. It can easily be established within mental health and substance use services or disaster relief settings or in any location that a group of people can sit together. The combined application of acupuncture with counseling, education, medical support and self-help groups, such as AA and NA, enhances opportunities for success.

II. Participating Organizations

The training and consultation offered through this initiative will be provided to a maximum of ten (10) organizations. Eligible organizations are described on page one.

III. Trainers

Katurah A. Bryant, RN, LMFT, LADC, NADA-RT
Katurah A. Bryant is a graduate of the University of Connecticut School of Nursing, and Southern Connecticut State University, with a graduate degree in Marriage and Family Therapy. She is a Licensed Marriage and Family Therapist, Licensed Alcohol and Drug Counselor, and a Certified Clinical Supervisor. Ms. Bryant was the Assistant Clinical Director at the Connecticut Mental Health Center-Substance Abuse Treatment Unit in New Haven, CT. Ms. Bryant is a Certified NADA Trainer. Katurah, under the guidance of Dr. Michael O. Smith, has developed a specialized NADA training for Physicians, and has conducted this training annually at the Yale University School of Medicine since 2009. Katurah is a founding partner of MPACT (Multicultural Perspectives in Assessment, Consultation and Training), specializing in Cultural Competence training in health care delivery; Culturally competent supervision; and staff development retreats since 1993. MPACT has conducted Cultural Competence and staff development training in Toronto, Canada, New York, Massachusetts, Tennessee, New Jersey and other places.

Denise M. Romano, FNP-BC, APRN, MSN, MA, HN-BC, NADA-RT, HSMI
Denise Romano is a Board-Certified Family Nurse Practitioner and Holistic Nurse with 38 years of professional experience in family medicine, holistic health, and comprehensive women’s health. She currently serves as a Family Nurse Practitioner in the Substance Abuse Treatment Research Unit at the Yale University School of Medicine and at the Smilow Cancer Center. Denise holds a Master of Science in Nursing from Pace University/NY Medical College, and a Master of Arts in Experiential Health and Healing from The Graduate Institute. From 2010-2015, she served as a Program Coordinator for The Integrative Health and Healing Master’s program at The Graduate Institute and currently holds a faculty position there for Mind-Body-Spirit Healing. Ms. Romano has certification as a NADA Acupuncture Detox Specialist and Trainer, is certified as a Holistic Stress Management...
Instructor and is a member of the American Holistic Nurses Association. She is a graduate of a 4 year program in Energy Medicine, is an ordained interfaith minister, a Reiki practitioner and a NADA Board member. Previous positions include family practice and clinical ecology at The Gesell Institute and Clinic Coordinator of Planned Parenthood of VA Beach, where she held an Adjunct Faculty position at Old Dominion University. She is currently pursuing a degree in Functional Medicine. Her passion is for teaching personal empowerment, preventative medicine, auricular acupuncture and holistic health.

IV. Structure and Content of the Program

First Session participants training: August 7, 8, 9, 2018
Second Session participants training: November 13, 14, 15, 2018

This course is given by National Acupuncture Detoxification Association (NADA) registered trainers. The following areas will be addressed as part of the NADA curriculum. The NADA protocol use of Auricular Acupuncture is an adjunct treatment intervention in the treatment of addictive and co-occurring disorders. The following topics will be covered during this training program.

The NADA Acudetox Protocol.
- Auricular Acupuncture for Mental Health and Substance Use Disorders
- Acudetox-based Treatment Model
- Learning the NADA 5-Point Protocol
- Point descriptions and Locations
- Technique mastery
- Trial Treatments and Clinical Experience
- Ear Seeds/Beads/Sleep Mix Tea
- Partnership with clients
- Communal Treatment Approach/Effects
- Boundaries and Self Care
- Creating the therapeutic atmosphere
- Informed consent and Client information
- Documentation: Reports and Record Keeping
- The Nature of Substance Use Disorders and Recovery
- Models for Understanding Mental Health and Substance Use Disorders and Recovery
- Treatment Models
- Pharmacology of Psychoactive Substances
- Public Health and Regulatory Concerns
- Exposure Control/ Safety
- NADA clean needle technique
- Research and Acudetox
- Trends and Outcomes
- Future uses in the treatment of Mental Health and Substance Use disorders
Integration and Sustainability in Mental Health and Substance Use Services

- Applications and Outcomes
- Integration with the treatment Milieu
- Integration at a Systems Level
- Program Sustainability

Eastern Medicine in the context of Substance Use Disorders and Behavioral Health Treatment

- Eastern Medicine as Related to Behavioral Health and Recovery
- “Empty Fire” and Crisis management
- Client Management Issues and Strategies
- Special Populations: Understanding needs and the role of Acudetox in recovery process
- Ethical and Legal Issues
- ADS Code of Ethics
- Confidentiality/ HIPAA
- Consent to Treatment
- Compliance with all Federal, State and Local regulations: Overview of CT state regulations and example of agency protocols
- Supervision

You can read more about The National Acupuncture Detoxification Association (NADA) here: [https://www.acudetox.com/](https://www.acudetox.com/). Please note this training includes a NADA manual and initial supplies. Membership in NADA is $70 per year per clinician and is not included in this training.

V. Required Organizational Commitment

As part of the initiative, agencies will be expected to provide the following:

- Develop a team of four (4) staff members, with a **Master's degree or higher**, to participate in this training, the 3 monthly conference calls and implement auricular acupuncture services at your agency. (Please note: if sending 4 Master's level staff to this training for three days is an extreme hardship, you may send 2-3; please explain in application). We recommend 4 to assist in sustainability of the practice over time.
- Meet the requirement for psychiatric oversight. See Connecticut General Statutes Chapter 384c Acupuncturists, Sec. 20-206aa.
- Assemble and implement an agency NADA Steering Committee that includes a senior leader (CEO/ED or Clinical Director), supervisory staff, direct care staff, support staff and consumer representatives. The Committee is expected to meet at least monthly initially and quarterly thereafter and participate in conference calls and on-site consultations. A decision should be made as to where the team is located within the organization.
- Agency CEO/ED and NADA Steering Committee members to attend a portion of day one of the training on August 7 or November 13. This required overview will be necessary in order to assist with agency implementation plan. Other selected staff must be able to
attend the training on August 7, 8, 9, 2018 or November 13, 14, 15, 2018 and the scheduled monthly calls.

- Select an agency project manager or “NADA champion” to coordinate activities around this initiative. This person should have adequate release time from regular duties to fulfill the responsibilities of the initiative and the power/authority to implement change.
- Develop an Implementation Plan.
- Purchase supplies for ongoing implementation.
- Plan for internal/external marketing efforts.
- Provide this intervention to at least 40 individuals over the course of this 6-month project and commit to sustaining this service going forward.
- Collect some limited outcome data (pre and post) per participant.
- Provide release time to selected direct service and supervisory staff to complete all components of this initiative.

VI. Location of Trainings

This training consists of three days: five teams of Master’s Level (or higher) staff will be selected for each of the two sessions.

- First session: August 7, 8, 9, 2018, 9am-4pm
- Second session: November 13, 14, 15, 2018, 9am-4pm
- All training sessions will be held at The Connecticut Women’s Consortium, 2321 Whitney Avenue, Suite 401, Hamden, CT 06518
How to Respond to this RFQ

Please provide a letter from the Chief Executive Officer (CEO) or Executive Director (ED) with a statement of commitment to the Initiative. Attach to this letter a document not to exceed five (5) pages in length (single spaced) that addresses each of the items below:

1. **Identifying Information**: Name and address of agency, CEO/Executive Director, and contact person if other, with phone, fax, and email.

2. **Organizational Overview**: Provide a brief, one paragraph overview of your organization, including years in operation, mission/vision, organizational structure, range of services, number of staff, and number of clients served annually. Please attach a copy of your agency’s organizational chart.

3. **Implementation Leader and Selected Staff**: Provide the name of a single individual who will be identified as the “implementation leader”. The implementation leader ideally should have line authority over programs or a major and relevant institutional role. Please name and describe the Masters level (or higher) staff selected to be trained.

4. **Organizational Readiness**: Describe the readiness or capacity of your organization to participate and benefit from a new initiative. Identify any potential barriers to effective participation or successful implementation. Barriers might include, but are not limited to, an anticipated merger, significant staff turnover, an inability to provide release time for staff to attend training.

5. **Other Initiatives**: Identify any other major staff development initiatives at your agency that would take place concurrently with this project and whether these would compete with or complement this initiative.

6. **Implementation Approach and Ensuring Adherence**: Describe how your agency will implement this initiative and ensure adherence to the NADA model being trained; describe your experience with other initiatives and your efforts to sustain them within the organization. What kinds of internal marketing strategies will your agency use to promote and sustain the activities?

7. **Inclusion of Persons in Recovery**: Describe the mechanisms you would use to ensure individuals with lived experience are an integral part of how this program will be designed for your agency.

8. **Benefit of Participation**: Describe your interest in establishing this NADA protocol and how will this initiative be helpful to your organization.

9. Please feel free to provide other pertinent information.
Submission Requirements

All required information for this application must be submitted electronically to:

Julienne.Giard@ct.gov

Agencies will receive an electronic confirmation of all submissions within 24 business hours. Agencies should contact Julienne Giard at Julienne.Giard@ct.gov or (860) 418-6946 if a confirmation is not received. Only those agencies that receive an electronic confirmation are considered during the review process.

The deadline for agencies to submit their electronic response to the application is Tuesday, July 3, 2018, no later than 4:00 p.m. Local Time. The subject line of the email should read “NADA Protocol/ Auricular Acupuncture Response”.

Summary of Key Dates

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<td>Informational Call:</td>
<td>June 21 at 10am</td>
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<td>Deadline for Application Responses:</td>
<td>July 3, 2018 at 4:00pm</td>
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<td>Agencies Selected/Notified:</td>
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