

# NAMI-CT AFFILIATE MEETINGS & SUPPORT GROUPS

(As of 06/14/10)

**Affiliates have many programs and activities that allow members to participate as much or as little as they like. Some sponsor regular, full affiliate meetings while others offer monthly support and/or education sessions. VISIT YOUR LOCAL AFFILIATE AND SEE WHAT YOU FIND!**

## **NAMI Elm City**

Call for meeting place/time  
Last Monday – 6:00 – 8:00pm  
AI (203) 858-0215

## **NAMI Fairfield**

First Congregational Church  
148 Beach Rd.  
1<sup>st</sup> & 3<sup>rd</sup> Wednesday - 7:30 - 9:00pm  
Betsy (203) 259-8396, ext. 30

## **NAMI Farmington Valley**

Valley Community Baptist Church  
Fellowship Hall  
590 West Avon Rd., Route 167  
3<sup>rd</sup> Monday – 7:00 – 8:30pm  
Marilyn (860) 480-9451

## **NAMI Manchester**

Center Church  
3<sup>rd</sup> Thursday - 7:00 - 8:30pm  
Mary (860) 645-9563

## **NAMI Hartford**

Call for meeting place/time  
Ben (203) 843-3897  
Iris (860) 882-0236

## **NAMI New Haven County (Support Grp. Only)**

Whitney Center, 200 Leeder Hill Drive  
6<sup>th</sup> Floor Conference Room  
3<sup>rd</sup> Wednesday - 7:00 - 9:00pm  
Laura (203) 389-6325

## **NAMI Newington**

Joseph Doyle Senior Ctr. 120 Cedar St.  
2<sup>nd</sup> Tuesday - 7:00 - 9:30pm  
(No meeting July & Aug.)  
Nancy (860) 523-4773

## **NAMI Shoreline**

Harbor Health Services,  
14 Sycamore Way  
2<sup>nd</sup> Thursday - 7:00 - 8:30pm  
Mary Alice (203) 481-8695  
Lois (203) 453-9793

## **NAMI Southeast CT**

South Eastern Mental Health Authority  
401 West Thames St., Bldg 301  
1<sup>st</sup> & 3<sup>rd</sup> Wednesday - 7:00 - 9:00pm  
Julia (860) 859-4658

## **NAMI Stamford/Greenwich**

Tully Health Ctr, 32 Strawberry Hill Court  
Conf. Rm. B, Stamford  
1<sup>st</sup> Wednesday - 7:30 - 9:00pm  
\*3<sup>rd</sup> Wed. Educational Meetings 7:30pm  
(\* call to see if scheduled)  
Peter (203) 322-3383  
Lorraine (203) 858-1477

## **NAMI Waterbury**

Old Russell School, 969 West Main St.  
2<sup>nd</sup> & 4<sup>th</sup> Wednesday - 7:00 - 8:30pm  
Karin (203) 264-4408

## **NAMI Windham County**

St. John Lutheran Church,  
445 Providence Rd. (Rt. 6), Brooklyn  
1<sup>st</sup> Tuesday - 7:00 - 9:00pm  
Ralph (860) 377-9682  
Gail (860) 974-0426

## **NAMI Windsor Locks**

VFW - Fairview St.  
4<sup>th</sup> Tuesday – 7:15 to 9:00pm  
Lois (860) 627-0741

## **NAMI Family Support Groups**

Many of our support groups are sponsored by local affiliates

## **Bristol (A program of NAMI Newington)**

CMHA, 81 North Main Street, Bristol  
4<sup>th</sup> Wednesday 6:00- 8:00pm  
Michele (860) 205-9542

## **East Lyme (A program of NAMI S.E. CT)**

East Lyme High School, Rm. 120  
1<sup>st</sup> Wednesday 7:00-8:30pm  
Joan (860) 739-8822  
Mary (860) 434-0737

## **Mansfield (program of NAMI Windham Cty)**

Natchaug Hospital  
189 Storrs Road (Rt. 195)  
2<sup>nd</sup> Monday - 6:30 - 8:30pm  
Dexter (860) 429-9844  
Carol (860) 423-7601

## **Meriden (program of NAMI Waterbury)**

Rushford Center,  
883 Paddock Ave.  
Last Wed. of the month 6:30 - 8:00pm  
Barbara (203) 710-3173

## **Middletown (unaffiliated)**

CVH, Bld. 16, small white house,  
Next door to chapel  
1<sup>st</sup> Meeting June 23<sup>rd</sup> after that,  
3<sup>rd</sup> Wed. 7:00 – 8:30pm  
Jackie (860) 342-2786

## **Middletown (unaffiliated)**

Middlesex Memorial Hospital, Room 1-A  
2<sup>nd</sup> Tuesday - 7:30 - 9:00pm  
Sue (860) 267-9731

## **Milford (unaffiliated)**

St. Andrews Episcopal Church  
283 Bridgeport Ave., Milford  
Starting Tuesday Oct. 14 7:30-9:00pm  
Ann (203) 543-8231

## **New Canaan**

### **(program of NAMI Stamford/Greenwich)**

Silver Hill Hospital, 208 Valley Road  
Jurgenson Bldg., Group Room 5  
2<sup>nd</sup> Tuesday, 7:00-8:30pm  
Peter (203) 322-3383  
Lorraine (203) 858-1477

## **Putnam (program of NAMI Windham Cty)**

Day Kimball Hospital, 320 Pomfret Street,  
RHF Conference Room  
3<sup>rd</sup> Monday – 6:00 pm  
Bill and Terri (860) 928-5947  
Renee (860) 961-0318

## **Stamford(Spanish/Español)**

### **(program of NAMI Stamford/Greenwich)**

Stamford Community Ctr., 805 Atlantic St.  
2nd Wed. of the month 6:30 – 7:30pm  
Irma (203) 388-1625

## **Torrington (program of NAMI Litchfield)**

284 Chestnut Hill Road  
2<sup>nd</sup> Tuesday - 7:00 - 9:00pm  
Joan (860) 489-0018

## **Watertown (Spousal Support Group)**

### **(A program of NAMI Waterbury)**

First Congregational Church, DeForrest St.  
3<sup>rd</sup> Monday - 7:30 - 9:00pm  
Bev (860) 274-5841

## **Westport (program of NAMI Stamford/Greenwich)**

St. Vincent's Behavioral Health Services  
(formerly Hall-Brooke Behavioral Health Services)  
47 Long Lots Road, Community Room  
Last Tuesday, 6:30-8:00 p.m.  
Jim (203) 362-3929, Rob (203) 381-6981

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(As of 06/14/10)

Visit a Connection Support Group!  
Weekly support groups for people  
who are living with mental illness

**NAMI-CAN Support Groups**  
(NAMI-CT Child and Adolescent Network  
offers support for families of children  
and adolescents with behavioral  
health concerns)



## Madison

Depot in Madison  
Corner of Rt. 79 & old Rt. 79  
2<sup>nd</sup> Wednesday – 7:00 to 8:30pm  
Wendy (203) 401-1322  
[wendyjhansen@sbcglobal.net](mailto:wendyjhansen@sbcglobal.net)

## Manchester (A program of NAMI Manchester)

Faith Baptist Church,  
52 Lake Street, Manchester  
2<sup>nd</sup> Tuesday – 6:30 to 8:30pm  
Karen (860) 890-0299

## Meriden (Spanish/Español)

Meriden Public Library, Friends Room  
105 Miller Street, Meriden  
2<sup>nd</sup> Friday 2:00-4:45pm (starting Feb. 12<sup>th</sup>)  
4<sup>th</sup> Tuesday 6:00-8:00pm (starting Feb. 23<sup>rd</sup>)  
Marta (203) 535-4804 or (203) 630-0124

## Uncasville (A program of NAMI Southeast)

The Joshua Clinical Day School  
20 Maple Avenue, Uncasville  
2<sup>nd</sup> Friday 6:00-7:00pm Starting Feb. 12<sup>th</sup>  
Judy (860) 941-7479  
[judyCarlough@yahoo.com](mailto:judyCarlough@yahoo.com)

## Waterbury (A program of NAMI Waterbury)

Old Russell School, 969 West Main St.  
3<sup>rd</sup> Wednesday of the month 7–8:30pm  
Kim (203) 578-5447

## Waterbury (A program of NAMI Waterbury)

Waterbury Youth Service Bureau  
95 N. Main St.  
1<sup>st</sup> & 3<sup>rd</sup> Tuesday 10:00am to 12pm  
Debbie (203) 757-7569-home  
(203) 592-5537-cell

## Granby

Valley Community Church  
Youth Center  
345 Salmon Brook St.  
Next to Granby Pizza  
Tuesdays 7-8:30 PM  
Pete (203)715-2537

## Hartford

St Francis Med. Ctr.- Mt. Sinai Campus  
500 Blue Hills Avenue,  
Community Affairs Conf. Room 2<sup>nd</sup> Fl.  
(use main hospital entrance;  
go down 1 floor which will be 2<sup>nd</sup> floor  
(free parking available across the street)  
Saturdays 10:00 – 11:30am  
Sonya (860) 985-0078  
Pete (203) 715-2537

## Manchester

Center Congregational Church  
11 Center St  
Manchester, CT  
Use main entrance, turn right  
Wednesdays 7:00-8:30pm  
Jenn (860) 818-4085

## Meriden

Starting again in July 2010  
For more information, contact:  
Pete 203-715-2537

To inquire about being a NAMI  
Connection Recovery Support group  
facilitator please contact Pete at  
[connectionadmin@namict.org](mailto:connectionadmin@namict.org)  
or call (203) 715-2537

## New Haven

Stetson Branch Public Library  
200 Dixwell Ave. Dixwell Plaza  
Small meeting room in rear of Library  
Wednesdays 6 – 7:30 PM  
Rose (203)-787-9213

## Norwalk

Starting early July 2010  
Call or email Pete for more information  
(203) 715-2537  
[connectionadmin@namict.org](mailto:connectionadmin@namict.org)

## Putnam

Welcome Arms  
79 Woodstock Ave.  
Wednesdays – 6:30 to 8:00pm  
Ken (860) 481-0929

## Waterbury

First Congregational Church,  
The Hearth Room  
222 W. Main Street, Waterbury  
Fridays 3:45 – 5:15pm  
Antoinette (203) 755-3733  
Pete (203) 715-2537

## West Hartford

Covenant Congregational Church  
1 Westminster Dr.  
Off of Sedgwick Drive  
Use rear entrance next to road,  
go up the stairs, turn right  
Lounge Room  
Tuesdays 6:30-8 PM  
Kathy (860) 666-2200

## Willimantic

Lighthouse, 47 Arnolds Lane  
Mondays 6:00 – 7:30 PM  
Beth (860) 208-600

\* Be sure to check the NAMI-CT website  
for updated information on Connection  
groups in your area: [www.namict.org](http://www.namict.org) or  
[www.nami.org/connection](http://www.nami.org/connection)